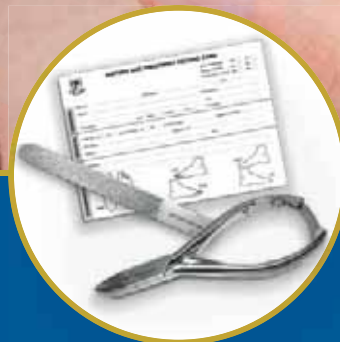


# Podiacare

H E A L T H C A R E



Product  
Catalogue  
2017/18



Supplying the professionals

# WELCOME TO PODIACARE HEALTHCARE

Podiacare Healthcare was created some years ago at the request of practitioners and has brought low prices and good quality to the profession, including some of the finest ranges of foot creams and treatments in Europe.

This catalogue replaces and supersedes all previous catalogues.

Prices are applicable from 1st January 2017 and exclude VAT.

We have included all the traditional products and preparations, which you regularly use, as well as some new items. If there are any additional items you would like us to carry, then please do let us know. Please send any feedback to [info@podiacare.co.uk](mailto:info@podiacare.co.uk).

## HOW TO ORDER

To supply your order we need the following:

- **Your Unique Account Number** (For non-members a Unique Number will be issued on your Invoice for future use).
- **Your Name**
- **Your Invoice Address and your Delivery Address** (only if different from the Invoice address). Please note that goods will not be left unsigned for unless prior instructions are given to Podiacare Healthcare to leave in a secure location at time of placing the order. The courier company will only accept alternate delivery instructions from their customer, Podiacare Healthcare, not a third party.
- **Your Cheque or your full Credit/Debit Card details**, (We respectfully ask that you double check that you have completed your cheque or credit card details correctly and in full before submitting your order). Please include the 3 digit security code on the reverse of your card (these can be found on the signature strip and are the last 3 digits of the printed number).
- The Product **CODE**, a short **DESCRIPTION** and the **QUANTITY** of the Product you wish to order.

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Podiacare Healthcare

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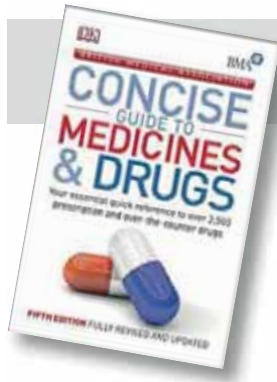
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## BMA Concise Guide to Medicines & Drugs 5e

B1602 - £9.99

Pages:  
480

BEST  
SELLER

Find out what you're taking with the *BMA Concise Guide to Medicine and Drugs*, the quick reference guide to more than 2,500 prescription and over-the-counter drugs from Britain's leading medical authority, the BMA.

Jargon-free and easy-to-follow, get all the vital information you need on today's drugs fast. Learn how they work, what they treat, their risks, benefits and side effects, and how to use them safely and effectively. Plus find detailed descriptions and facts on 278 commonly used medicines including the latest on travel immunisations.

The *BMA Concise Guide to Medicine and Drugs* is perfect for when you're off to the chemist or doctor.



## Clinical Biomechanics of the Lower Extremities

B1630 - £71.99

Pages:  
528

*Clinical Biomechanics of the Lower Extremities* is a comprehensive text addressing the principles of anatomic and biomechanical development and the clinical application of these principles to disease/disorder management. The emphasis of the book is on practical information applicable to the daily practice of lower extremity care. Topics covered include: the physical examination and the assessment of disorders having a biomechanical basis, casting techniques, prescription writing, orthotic trouble-shooting, splinting and shoe prescription for athletic activity.

Valmassy



## Clinical Medicine 9e

B1573 - £49.99 Kumar & Clark

Pages:  
1456

The ninth edition of this best-selling textbook of clinical medicine builds even further on its formidable, prize-winning formula of excellence, comprehensiveness and accessibility.

New to this edition:

- 2 new chapters: Global Health and Women's Health.
- 25 new authors.
- New online editor, Adam Feather, with a team of young doctors to augment the e-book which accompanies the print book with clinical tips, key learning points, drug tips, learning challenges, case studies and MCQs.
- Full text redesign to incorporate:

New system overview diagrams for clinical chapters.

New coloured headings to help identify content relating to disease, management, investigations etc.

New icons to aid text navigation.

11 new members and a new co-editor, Senaka Rajapakse, of the International Advisory Board.

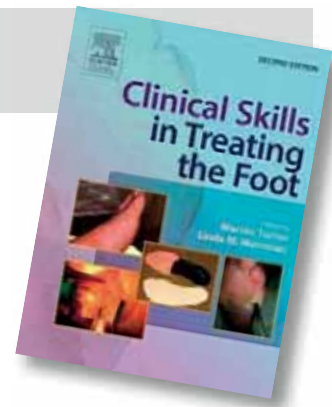
Approx. 1040 illustrations (860 in full colour)

Edited by Parveen Kumar, CBE, BSc, MD, DM (HC), FRCP, FRCP(Edin) and Michael L Clark, MD, FRCP

## Clinical Skills in Treating the Foot 2e

B1620 - £49.99

Pages:  
496



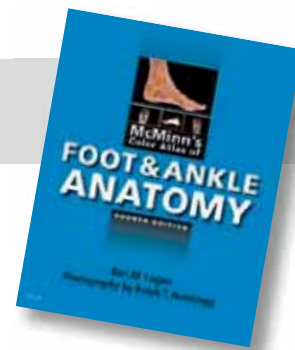
A textbook for students and others that looks at the treatment options for foot problems, how the appropriate selections should be made and how they should be incorporated into the management of the affected patient. This eagerly awaited new edition of *Clinical Skills in Treating the Foot* has been revised and updated with the needs of a broad range of health professionals in mind. For anyone treating patients with foot disorders, *Clinical Skills in Treating the Foot* will provide invaluable support through three key areas. The text is in 3 main sections: the essential principles of managing foot disorders; methods for managing foot conditions; and the management of specific client groups. Logical and clear text structure makes it easy to use for both clinical reference and student revision.

Turner & Merriman

## Color Atlas of Foot and Ankle Anatomy 4e

B1500 - £45.99

Pages:  
160



Phenomenal images of dissections, osteology, and radiographic and surface anatomy provide you with a perfect grasp of lower limb structures. You'll have an unmatched view of muscles, nerves, skeletal structures, blood supply, and more, plus new, expanded coverage of regional anesthesia injection sites and lymphatic drainage. Unlike the images found in most other references, all of these illustrations are shown at life size to ensure optimal visual comprehension.

McMinn

## Davidson's Principles and Practice of Medicine 22e

B1562 - £49.99

Pages:  
1392



More than two million medical students, doctors and other health professionals from around the globe have owned a copy of *Davidson's Principles and Practice of Medicine* since it was first published. Today's readers rely on this beautifully illustrated text to provide up-to-date detail of contemporary medical practice, presented in a style that is concise and yet easy to read. *Davidson's* provides the factual knowledge required to practise medicine, explaining it in the context of underlying principles, basic science and research evidence, and shows how to apply this knowledge to the management of patients who present with problems rather than specific diseases. The book has won numerous prizes including being highly commended in the British Medical Association book awards.

Davidson's global perspective is enhanced by the input of an international team of authors and a distinguished International Advisory Board from 17 countries. Building on the foundations laid down by its original editor, *Davidson's* remains one of the world's leading and most respected textbooks of medicine.

Approx. 1015 illustrations (825 in full colour)

Edited by Brian R. Walker, BSc MD FRCPE FRSE, Nicki R Colledge, BSc (Hons) FRCPE, Stuart H. Ralston, MD FRCP FMedSci FRSE and Ian Penman, BSc MD FRCPE

Colledge & Walker & Ralston





## Dermatology at a Glance

B2318 - £25.99

Pages:  
112

BEST  
SELLER

Following the familiar and easy-to-use at a Glance format, this brand new title provides a highly illustrated and accessible introduction to the structure and function of skin. It is the ideal guide for any medical student required to interview and examine patients, identify skin diseases, and develop a differential diagnosis and a treatment plan. Each chapter covers the epidemiology and pathogenesis of the disease, as well as presentations likely to be encountered in both clinical practice and exams.

### Dermatology at a Glance:

- Is comprehensively illustrated throughout with over 300 high quality colour slides and photographs.
- Covers the key aspects of the British Association of Dermatologists core curriculum.
- Includes 'Key points' and 'Warnings'.
- Features a self-assessment 'picture quiz' to help test learning and recognition, in preparation for dermatology tests.
- Includes a companion website at [www.ataglanceseries.com/dermatology](http://www.ataglanceseries.com/dermatology) featuring self-assessment case studies, key point revision documents, and an image bank from the book.

The descriptive diagrams and photographs, coupled with clear explanations, will help all medical students and health professionals get to grips with the identification and treatment of all of the most common skin diseases.

Chowdhury, Katugampola, Finlay

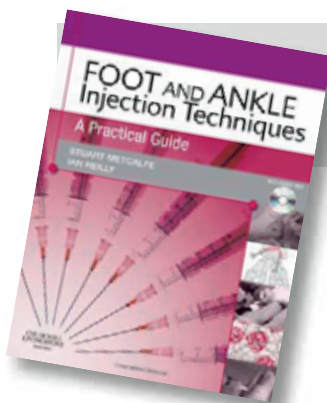


## Dermatology Essentials

B2319 - £38.99

Pages:  
1040

Dermatology Essentials, edited by world authorities Drs. Jean L. Bolognia, Julie V. Schaffer, Karynne O. Duncan, and Christine J. Ko, provides the **quick answers** you need on every important aspect of dermatology and guidance on their **application in your day-to-day practice**. Derived from the renowned authoritative reference work *Dermatology, 3rd Edition*, this **on-the-go reference** distills the **essential information** needed to quickly diagnose and manage a wide range of dermatologic disorders-without the need for any additional resources.



## Foot and Ankle Injection Techniques, A Practical Guide, 1st Edition

B2312 - £43.99

Pages:  
208

Foot and Ankle Injection Therapies provides the student and practising podiatrist with all they need to understand when, how and what to inject. To support the clinician and student, the text covers:

- Changes in legislation.
- The full range of injectable drugs available to the practitioner.
- Essential information on nerve physiology, drug action, equipment, patient selection, injection techniques and many other topics.
- A Step-by-step guide to injection techniques.
- Useful background information in introductory chapters.
- DVD with video clips to supplement the text.

Foot and Ankle Injection Therapies is designed with a lie-flat binding for ease of reference in the clinic. It contains many photographs and clear colour line illustrations of the techniques and underlying anatomy. Introductory chapters give useful background information, and the accompanying CD contains video clips to supplement the text. Edited by two highly respected podiatric surgeons and with contributions from other experts, Foot and Ankle Injection Therapies is a book no student or practitioner will want to be without.

Metcalfe & Reilly

**Handbook of Diabetes 4e**

B2261 - £59.50

Pages:  
248

Over three editions, the *Handbook of Diabetes* has built a reputation as an essential practical manual on the assessment and management of patients with diabetes. Previously written by Gareth Williams and John Pickup, the book has been completely revised by Rudy Bilous and Richard Donnelly to reflect recent changes in diabetes treatment and care. It contains information on the new IFCC units for measuring blood glucose and the latest drugs being used to combat diabetes, as well as alternative methods of insulin delivery.

The book has been fully updated and redesigned to make it even more user-friendly and contains case histories, practice points and landmark clinical trials, highlighted in colour in each chapter where appropriate. It also features an entirely new set of clinical photographs with an added bonus of all 250 images from the book available to view on the companion CD. The *Handbook of Diabetes* is the ideal practical handbook for all health professionals with an interest in diabetes care.

Bilous &amp; Donnelly

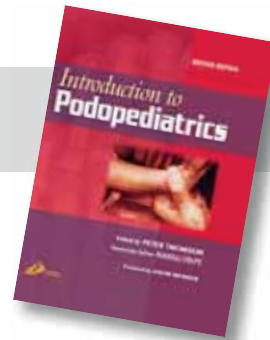
**Introduction to Podopediatrics 2e**

B1590 - £48.99

Pages:  
408

A concise but comprehensive introduction to the effective care of foot problems in children. Including coverage of the general specialist and medical conditions which may influence the course of the podiatric treatment. Written by a multidisciplinary international team of contributors under the editorship of a UK practitioner and an American educator and practitioner - both podiatrists.

Thomson

**Macleod's Clinical Examination 13e**

B2222 - £39.99

Pages:  
472

This classic textbook sets out clearly and concisely how to evaluate symptoms and elicit relevant physical signs. It describes the practical skills which every clinician must acquire and develop in order to evolve diagnostic procedures and management strategies and plans. 'Highly Commended' in the 2006 and 2010 BMA Medical Book Competitions, this Thirteenth Edition contains over 500 clinical photographs and diagrams to illustrate the text, with new topics added to make the book even more comprehensive.

**This Thirteenth Edition has four sections:**

- History taking and general examination.
- System examination covering symptoms and signs.
- Examination in special situations including babies & children and the critically ill.
- Assessing clinical examination technique.

Included on the Student Consult site are the specially-recorded videos demonstrating many of the clinical examination routines described in the main text.

Douglas, Nicol &amp; Robertson

**Managing the Diabetic Foot 3e**

B2262 - £39.99

Pages:  
240

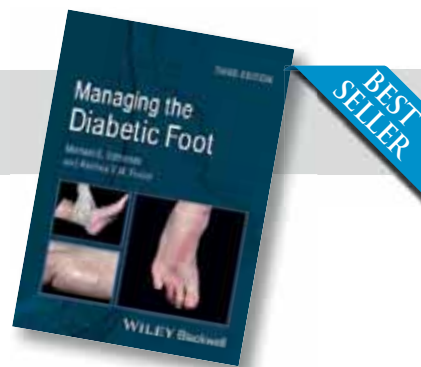
The 3rd edition of *Managing the Diabetic Foot* once again provides a practical, handy and accessible pocket guide to the clinical management of patients with severe feet problems associated with diabetes, such as ulcers, infections and necrosis. By focusing on the need for a speedy response to the clinical signs, it will enable doctors make rapid, effective management decisions in order to help prevent deterioration and avoid the need for eventual foot amputation.

Each chapter focuses specifically on the different stages of foot disease and the clinical management required at that particular stage, ie, the normal foot; high-risk foot, ulcerated foot, infected foot, necrotic foot and unsalvageable foot.

Full colour throughout, it will feature over 150 clinical photos, numerous hints and tips to aid rapid-reference, as well as the latest national and international guidelines on diabetic foot management.

*Managing the Diabetic Foot 3E*, is the ideal go-to clinical tool for all diabetes professionals, specialist diabetes nurses and podiatrists managing patients with diabetic foot problems.

Edmonds &amp; Foster





## Medical Pharmacology and Therapeutics 4e

B2314 - £44.99

Pages:  
744

The fourth edition of *Medical Pharmacology and Therapeutics* provides a complete basis for learning about safe and effective prescribing of modern medicines. It offers all the pharmacology medical students will need - from basic science pharmacology and pathophysiology, through to clinical pharmacology and therapeutics, in line with today's integrated curricula. The disease-based approach and clear presentation of how drugs are used in clinical practice sets it apart from other texts and helps make it such an invaluable guide for all health professionals from the start of their course until after they have qualified.

This new edition has been extensively revised and updated throughout.

### Key features include:

- Succinct explanations of the major pathogenic mechanisms of each disease and consequent clinical signs and symptoms
- Comprehensive reviews of major drug classes relevant to each disease
- A structured approach to the principles of disease management - outlining core principles of drug choice and planning a therapeutic regimen for common diseases
- Quick-reference drug compendia, which illustrate key similarities and differences among drugs in each class
- New sections on key and evolving topics, including headache and drug treatment in palliative care
- Re-worked art programme to further clarify complex areas
- Fully revised self-assessment questions and case-based exercises - to test understanding and aid revision

Approx. 156 illustrations (150 in full colour)

By Derek G. Waller, BSc, DM, MBBS, FRCP and Tony Sampson



## Medical Pharmacology at a Glance 8e

B2316 - £23.99

Pages:  
120

*Medical Pharmacology at a Glance* is recognised as an excellent starting point for pharmacology study. This international best-seller is the perfect companion for all medical and health students, providing an accessible, visual overview of pharmacology.

This 8th edition has been extensively updated, especially in the areas of anaesthetics, drugs used in AIDs, cardiovascular drugs, drugs used in anxiety, depression and schizophrenia, urological drugs, drug metabolism, as well as practical concerns such as drug indications and side effects.

### Medical Pharmacology at a Glance features:

- The basic principles of drug action, interaction, absorption and excretion
- Chapters based on diseases or syndrome, for efficient clinical learning
- An emphasis on drug mechanisms
- References to the pathophysiology of disease, to aid understanding of drug choice and action
- Case studies with questions and full explanation of answers
- A companion website at [www.ataglanceseries.com/pharmacology](http://www.ataglanceseries.com/pharmacology) featuring online cases and flashcards

Michael J. Neal



## Merriman's Assessment of the Lower Limb 3e

B2226 - £44.99

Pages:  
588

*Assessment of the Lower Limb* has established itself through two editions as the benchmark text book of lower limb examination and assessment. The third edition preserves the lucidity, logical approach and comprehensive coverage of its predecessors but adds many exciting features, including free online resources (Videos and images), many new contributors, through updating of all chapters - many of which have been completely rewritten - and an entirely new chapter on functional assessment.

Together with its companion volume (*Clinical Skills in Treating the Foot*) the new third edition of Merriman's *Assessment of the Lower Limb* is a truly indispensable guide for podiatry students and practitioners, as well as trainee general practitioners, medical students working in rheumatology, diabetology and orthopaedics, sports therapists and sports medicine trainees.

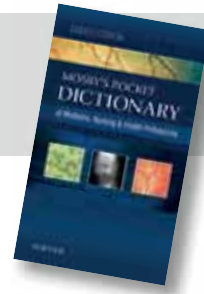
Yates (paperback)



## Mosby's Pocket Dictionary of Medicine, Nursing, and Health Professions – 8e

B1605 - £25.99

Pages:  
1488



What does that term mean? How is it even pronounced? Make sense of the complex world of health care with *Mosby's Pocket Dictionary of Medicine, Nursing & Health Professions*, 8th Edition. This comprehensive, portable dictionary offers a unique, strong focus on nursing and health science terminology. Featuring over 56,600 authoritative definitions of diseases, procedures, equipment, drugs, and more, it ensures you have the most reliable health science information right at your fingertips. Word roots and pronunciations help you learn and correctly use medical terminology, and alphabetized screened thumb tabs make finding definitions quick and easy.

By Mosby

## Neale's Disorders of the Foot – 8e

B1502 - £59.99

Pages:  
648



Neale's Disorders of the Foot remains the essential resource for students and practitioners of podiatry. All the common conditions encountered in day-to-day podiatric practice are reviewed and their diagnoses and management described along with areas of related therapeutics. Students will find in this one volume everything they need to know about foot disorders and their treatment in order to pass their examinations, while practitioners will continue to appreciate the book's accessibility and relevance to their daily practice. The new eighth edition is more indispensable than ever before with all contributions revised and brought up to date, colour photographs throughout, an all-new clear and accessible full colour design, and its own website including a full image library, video clips of key techniques and interactive self-assessment questions. Whether you need quick reference or more detailed information, the new and improved Neale's Disorders of the Foot is ready to serve the needs of a new generation of podiatry students and practitioners.

### Key Features:

All essential material on common foot disorders and their management is covered, which is required by those studying for their first degree in podiatry.

- Quick and easy access to information is offered through a detailed contents list, comprehensive index, and clear layout with good use of headings.
- Quick and easy learning features make this an ideal text for self-directed study and revision.
- Up-to-date information covers the conditions most commonly encountered in day-to-day practice.

Frowen, O'Donnell, Burrow & Lorimer

## Neale's Disorders of the Foot: Clinical Companion

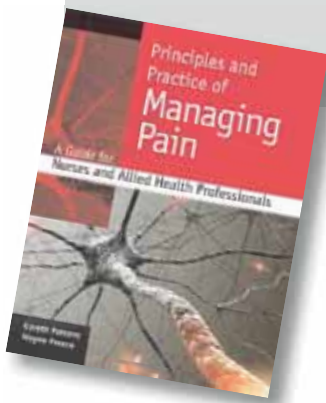
B1505 - £24.99

Pages:  
344



Neale's Disorders of the Foot Clinical Companion is the essential, portable complement to the new *Neale's Disorders of the Foot 8th Edition*. It is perfect for putting key information in clinical context. Students and practitioners will love its presentation of tips and valuable treatment notes in a handy format that is easy to refer to in the clinic.

All the common conditions encountered in day-to-day podiatric practice are dealt with, and there are many algorithms for ease of use. This *Companion* will prove to be a really valuable friend when you need rapid reference to treatment guidelines in the clinic.



## Principles and Practice of Managing Pain

**B1503** - £21.99

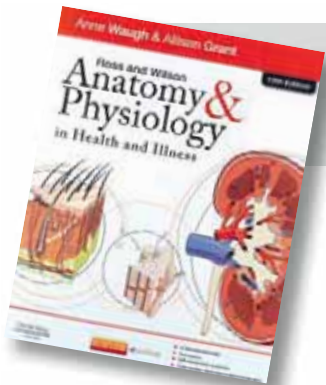
Pages:  
216

The book also considers the experience of pain from the patients' perspective, to help healthcare students better understand the needs of patients who are in pain and how they can improve the care they give.

Case studies, tools for decision making, insights on patient experiences and reflective exercises provide opportunities for you to reflect upon your own practice and to develop problem-solving and critical thinking skills. This practical introductory text provides an accessible guide to pain and how it affects patients and care giving. It considers:

- Different pain types including acute, chronic and palliative.
- Assessing pain.
- Treatment and pharmacology of pain control.
- Challenging situations and dilemmas.
- Communicating with patients in pain.
- Ethical and legal aspects of treating pain.

Parsons & Preece



## Ross and Wilson - Anatomy and Physiology in Health and Illness 12e

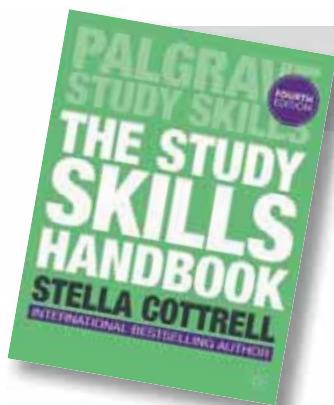
**B1515** - £30.99

Pages:  
522

*Ross and Wilson* has been the number one choice for over a million students since it first published, over 50 years ago. One of the world's most popular textbooks of anatomy and physiology, it introduces the structure and functions of the human body and the effects of disease or illness on normal body function. More than any other text *Ross and Wilson* uses easy-to-understand, straightforward language, enhanced by colour illustrations and a huge range of interactive online activities, to make learning more visual and engaging.

*Ross and Wilson* is essential reading for anyone embarking on a career as a healthcare professional, especially in the nursing and allied health professions, complementary / alternative medicine / as paramedics and ambulance technicians.

By Anne Waugh, BSc(Hons), MSc, CertEd, SRN, RNT, FHEA and Allison Grant, BSc, PhD, RGN



## The Study Skills Handbook 4e

**B1510** - £14.99

Pages:  
360

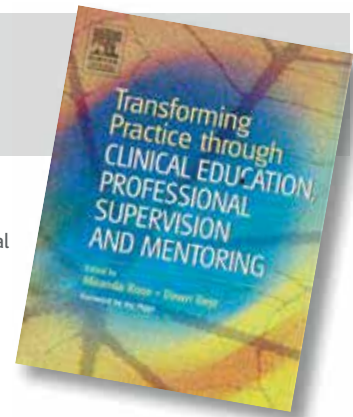
A no-nonsense, practical guide to help students maximize their potential during their study time. From preparing students for what to expect from Higher Education, encouraging them to think about the skills they already have, providing resources to help them evaluate and manage their own learning and develop good study habits, to helping them understand how learning, intelligence and memory work. The book is packed with sensible suggestions, self-check tables and lots of illustrations. The Study Skills Handbook is an invaluable companion for any student.

Cottrell

## Transforming Practice through Clinical Education, Professional Supervision and Mentoring

B1811 - £32.99

Pages:  
382



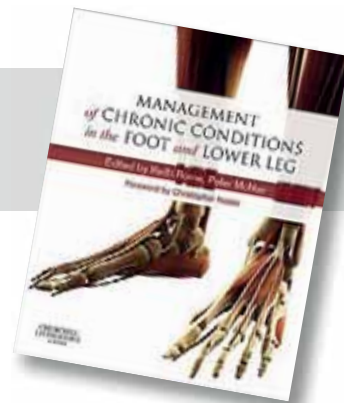
This publication aims to be a user-friendly resource for supervisors to develop their practice grounded in current theory and evidence. The publication extends beyond past notions of student supervision to include supervision of professionals in their work place and the emergent importance of professional mentoring for ongoing professional development. The publication is written from the perspective of a broad range of health science practitioners, including audiology, dietetics, nursing, occupational therapy, pharmacy, physiotherapy, podiatry, prosthetics and orthotics, radiography, and speech-language pathology. Acknowledging that health science professionals work in busy and often stressful environments, there is a deliberate intention to present complex theoretical material in a simple and person-centred format.

Rose & Best

## Management of Chronic Conditions in the Foot and Lower Leg

B1900 - £49.99

Pages:  
272



Bridging the gap between undergraduate and postgraduate knowledge and experience, this new full colour resource uses an interdisciplinary approach to help manage chronic conditions – osteoarthritis, Achilles tendinopathy, gout, rheumatic diseases, forefoot/rearfoot entities, stress fractures/reactions, cerebral palsy - in the lower limb and foot. Each chapter includes sections on predisposing factors, diagnosis, impairments, function, quality of life and management strategies while highlighting any complex features of a condition which may present. The latest advances are discussed with suggestions for new paths of research - 'future directions'. The text is further supported by additional commentaries from internationally renowned researchers who highlight the key elements of the work and provide a supplementary perspective of the particular clinical condition. A general view of the patient's needs is offered throughout, connecting clinical realities to real-world patient experiences.

Management of Chronic Conditions in the Foot and Lower Leg is a comprehensive, practical tool that can be used to inform daily decision making in practice as well as to support those who build policy and management strategies in the clinical areas covered.

## 50+ Foot Challenges 2e

B2304 - £27.99

Pages:  
384



The new edition retains all the benefits of the popular first edition but adds more cases, more illustrations, new sections and invaluable appendices. The same illustrated case-history format as in the first edition presents readers with the clinical problems of each disorder. In each case, a problem-solving approach is encouraged through a question-and-answer format. This guides the reader to the appropriate diagnosis and treatment plan. Clinical tips for improving practice are included and each study concludes with a short list of key points and references to further reading. All those involved in the care and management of patients with foot conditions will find this book an invaluable aide-memoire and guide to their daily practice.

By Colin Thomson, PhD, FCPod(S) and J. N. Alastair Gibson, MD, FRCS(orth)

*Editions are correct at time of going to press but are subject to change without notice.*

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**HEALTHCARE**

Manufacturers of Footcare Products, Instruments and Medical Equipment





# Hapla Clinically Proven Adhesive

## Hapla Felts

Pure 100% Wool Felts are used as a highly versatile padding which can be easily cut and shaped providing excellent pressure absorption. Available in two densities - Soft and semi-compressed. Newtype Felts are a mixture of wool and viscose which provide a cost effective alternative to 100% wool felt with good performance.



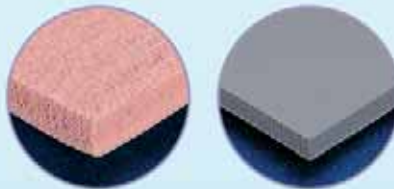
## Hapla Fleecy Web

100% cotton padding with a raised fleecy surface - widely used to protect sore and tender skin from friction and rubbing. Transverse stretch allows Fleecy Web to conform to the skin which prevents creasing and provides comfort. Also available as Fleecy Web Extra with increased density and high loft for additional comfort.



## Hapla Swanfoam

Closed cell latex foam bonded to a brushed fibre surface - absorbs pressure with instantaneous recovery, ideal for underfoot pressure redistribution.



## Hapla Foam-O-Felt

Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet where the natural fibro fatty tissue has broken down.



## Hapla Moleskin

A woven 100% cotton fabric which is lightly raised on one side. Used as a shield against abrasion and for splinting.

## Hapla Fleecy Foam

Fleecy Foam is a soft open cell polyurethane foam with the added strength of a bonded fleecy surface. Highly compressible with instantaneous recovery, ideal for light comfort cushioning. Hapla Fleecy Foam provides a smooth surface next to hosiery.

## Hapla Poron

A skinned closed cell polyurethane foam - absorbs and redistributes underfoot pressures, the material returns to its original thickness in a fraction of a second and will not bottom out.

## Hapla Nuprene

Nuprene is a soft open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfort cushioning.

## Hapla WAVE

### Premium muscle and joint support tape

Available in Blue or Black  
5cm x 5m Rolls



The principle of Hapla Wave Elastic Muscle Care Tape is to offer support and stability to muscles and joints without limiting their range of motion. The tape is applied in strips to effectively cover problem areas. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath.



For a range of Cuxson Gerrard products please visit: [www.podiacare.co.uk](http://www.podiacare.co.uk)

Hapla is a trademark of Cuxson Gerrard & Co. Ltd.

## With a range of professional attractive designs, we can supply all of your business stationery requirements...

Stand out from the competition and promote your business with our range of professional, personalised business stationery including business cards, letterheads and appointment cards.

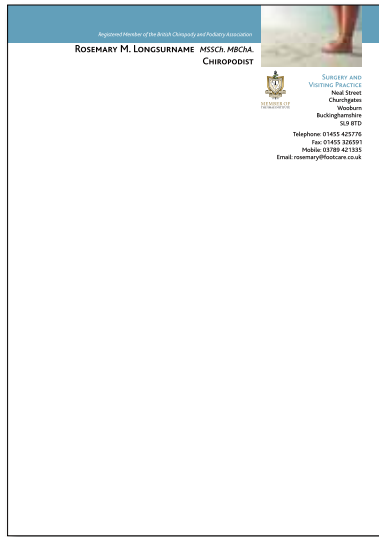
All stationery is printed on quality materials at a great price and comes in both full colour and black and white options to suit your budget. P&P £4.60 +VAT.

The order form may be downloaded from the homepage at [www.podiocare.co.uk](http://www.podiocare.co.uk) under the 'Business Stationery' link or by telephoning 01628 632449.

### Deluxe Colour Range

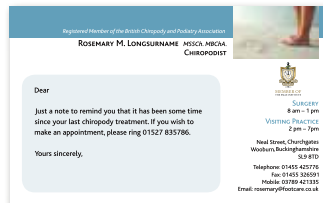
#### Deluxe Letterheads

**A1765** - £64.80 Colour - 100, **A1766** - £86.40 Colour - 200,  
**A1780** - £129.60 Colour - 500



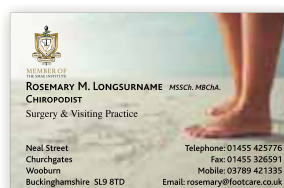
#### Deluxe Appointment Reminder Cards

**A1790** - £74.25 Colour - 100, **A1792** - £83.70 Colour - 200,  
**A1795** - £112.05 Colour - 500



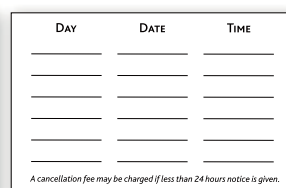
#### Deluxe Business Cards (Single Sided)

**A1762** - £48.60 Colour - 200



#### Deluxe Business Cards (Including appointments on reverse)

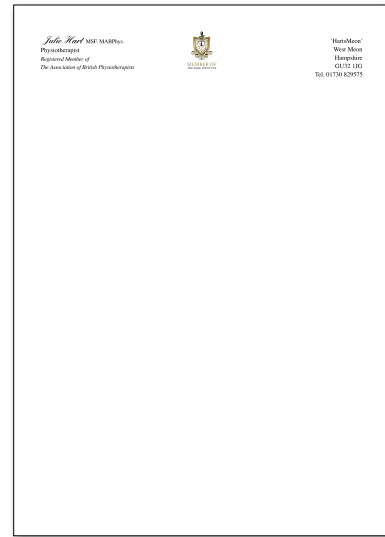
**A1751** - £54.00 Colour - 200  
**A1752** - £86.40 Colour - 500



### Traditional Colour Range

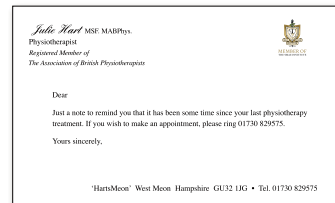
#### Traditional Letterheads

**A1565** - £64.80 Colour - 100, **A1566** - £86.40 Colour - 200,  
**A1580** - £129.60 Colour - 500



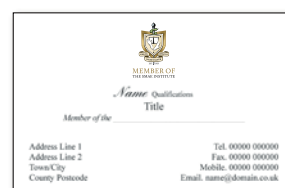
#### Traditional Appointment Reminder Cards

**A1590** - £74.25 Colour - 100, **A1592** - £83.70 Colour - 200,  
**A1593** - £112.00 Colour - 500



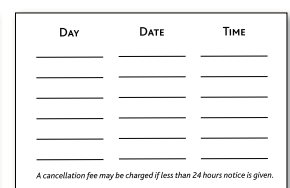
#### Traditional Business Cards (Single Sided)

**A1561** - £39.15 Colour - 100  
**A1562** - £48.60 Colour - 200  
**A1575** - £70.20 Colour - 500



#### Traditional Business Cards (Including appointments on reverse)

**A1550** - £43.20 Colour - 100  
**A1551** - £54.00 Colour - 200  
**A1552** - £89.60 Colour - 500





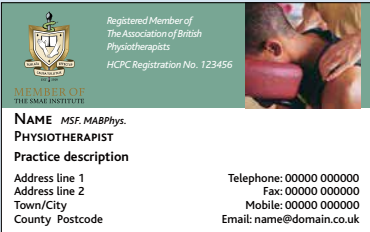
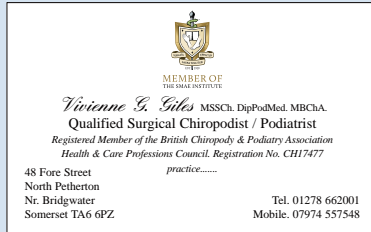




# Your Details

**PLEASE USE BLOCK CAPITALS**

To prevent misunderstandings and avoid possible delays when ordering letterheads or business cards, would you please ensure that you **print CLEARLY (in block capitals) the exact details you wish to appear on your chosen stationery.**

Please enter all information in BLOCK CAPITALS		SMAE Membership No. <input type="text"/>
Name:	Qualifications:	
Title: (i.e. Chiropodist, Physiotherapist, etc.)		
Are you HCPC Registered? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please enter HCPC Registration No. _____		
Please tick one: <input type="checkbox"/> Visiting practice <input type="checkbox"/> Surgery by appointment <input type="checkbox"/> Surgery & Visiting practice or any other concise wording to be included to describe your practice, or leave blank for no inclusion (26 letters max): _____		
Address:		
	Post Code	
Telephone:	Fax:	
Mobile:	Email:	
Please indicate your chosen design.		
 <p><input type="checkbox"/> <b>Series 1: Foot Health Professional</b> <i>Suitable for all foot health professionals (full colour)</i></p>	 <p><input type="checkbox"/> <b>Series 2: Sports Therapy</b> <i>Suitable for Sports Therapists (full colour)</i></p>	 <p><input type="checkbox"/> <b>Series 1 and 2: Deluxe B&amp;W</b> <i>Suitable for Chiropodists, Podiatrists, Foot Health Professionals, Sports Therapists and Physiotherapists (B&amp;W)</i></p>
 <p><input type="checkbox"/> <b>Series 1: Chiropody/Podiatry</b> <i>Suitable for Chiropodists and Podiatrists (full colour)</i></p>	 <p><input type="checkbox"/> <b>Series 2: Physiotherapy</b> <i>Suitable for Physiotherapists (full colour)</i></p>	 <p><input type="checkbox"/> <b>Series 1 and 2: Traditional</b> <i>Suitable for Chiropodists, Podiatrists, Foot Health Professionals, Sports Therapists and Physiotherapists</i> Colour logo <input type="checkbox"/> B&amp;W logo <input type="checkbox"/></p>
Do you require Appointment Schedulers printed on the reverse of your business cards? <input type="checkbox"/> Yes <input type="checkbox"/> No		

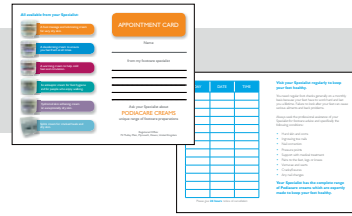
Please send this completed form to **Podiacare Limited, 149 Bath Road, Maidenhead, Berkshire SL6 4LA.** Orders cannot be accepted over the telephone. Please allow 14 working days for delivery. Thank you.





## Appointment Cards

**S4008** - £4.45



Appointment cards (Foldable) for the distribution to patients. Includes Day, Date & Time grid to record all future appointments.

Approx 50 cards  
**Size:** 6.5" x 5"

## Card Index Cabinets (NS)

**E6021** - £105.00 Single unit, Grey  
**E6026** - £164.00 Double unit, Grey

### Additional items

**E6030** - £4.20 Plastic Clips for stacking Card Index Cabinets (4/pack)  
**E6032** - £18.50 Lock for Card Index Cabinets  
**E6024** - £8.50 A-Z Dividers



Securely lockable, Card Index Cabinets are suitable for 5" x 3", 6" x 4" and 8" x 5" index cards. Single and double width units are available in Grey. A patented linking device enables rigid multi-unit arrangements. All units supplied with a 5-year guarantee.

**External measurements:** Single Unit: 8.5"H x 11.5"W x 16"D,  
**External measurements:** Double Unit: 8.5"H x 23"W x 16"D

## Gift Vouchers

**M8005** - £5.00 £5.00 Voucher  
**M8010** - £10.00 £10.00 Voucher  
**M8020** - £20.00 £20.00 Voucher



## Patient Record Cards

**S4002** - £4.20  
**S4003** - £4.20 Continuation Cards



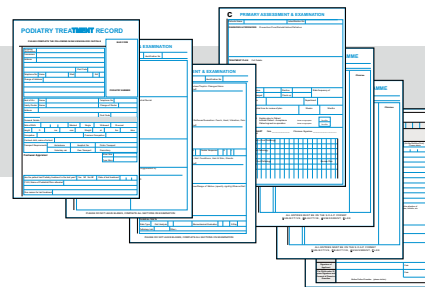
History and treatment record cards for the recording of patient, general, medical and examination information. Rear of card includes date & treatment and progress record space.

Treatment Record Cards – Continuation Cards. Used in conjunction with the Patient record cards, for the continued recording of patient treatment & progress.

Approx 100 cards  
**Size:** 8" x 5"

## Podiatry Treatment Record Set

**S4120** - £7.95 50 sets  
**S4121** - £7.95 Set of 50 Continuation Sheets



For the detailed recording of patient general information & treatment progress.

Continuation Sheets – Used in conjunction with the treatment record set, for the continued recording of patient treatment & progress.

A4 Format. 50 sets per pack. File in A4 or A5 cabinets.

## SMAE Graduate Lapel Badge

**S4510** - £3.50



Professional SMAE Graduate lapel badge to display on your clothing.

*Available to SMAE Institute qualified members only.*

*Illustrations not to scale*



## Anatomy of The Ankle Joint & Foot

**M6027** - £10.99 Laminated

The Anatomy of the Ankle Joint and Foot chart shows the major anatomical structures of the joint including bones, ligaments, tendons and muscles.

**Size:** 60cm x 42cm (A2)



## Foot and Ankle

**M6016** - £14.99 Laminated

Illustrates foot and ankle anatomy including bones, muscles and tendons. Shows medial, frontal, lateral, and plantar views as well as a cross section. Illustrates supination and pronation, hammertoe, bunion, sprains, fractures and fracture fixation.

**Size:** 67cm x 50cm



## Major Nerves of the Lower Limb – Anterior view

**M6040** - £10.99 Laminated

This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the anterior aspect showing which muscles each major nerve innervates.

**Size:** 60cm x 42cm (A2)



## Major Nerves of the Lower Limb – Posterior view

**M6041** - £10.99 Laminated

This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the posterior aspect showing which muscles each major nerve innervates.

**Size:** 60cm x 42cm (A2)



## Major Anterior Muscles

**M6010** - £12.99 Laminated

This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red making the chart colourful and easy to use.

**Size:** 85cm x 60cm (A1)

All charts are printed on high quality 170 gsm satin paper & gloss encapsulated (laminated) to a thickness of 250 micron for durability and hygiene.

## Major Posterior Muscles

M6011 - £12.99 Laminated

This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red, making the chart colourful and easy to use.

**Size:** 85cm x 60cm (A1)



## Major Muscle Attachment – Anterior view

M6012 - £12.99 Laminated

This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.

**Size:** 85cm x 60cm (A1)



## Anatomy of the Circulatory System

M6044 - £12.99 Laminated

This highly detailed chart illustrates how the heart, lungs and blood vessels act as a supply system providing the body with necessary fuels and oxygen contained in the blood. All the major arteries and veins are clearly identified and named.

**Size:** 85cm x 60cm (A1)



## Major Muscle Attachments – Posterior view

M6013 - £12.99 Laminated

This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.

**Size:** 85cm x 60cm (A1)



## Origin of Cutaneous Nerves – Anterior view

M6042 - £10.99 Laminated

This chart illustrates the origin of cutaneous nerves on the Anterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

**Size:** 60cm x 42cm (A2)



## Origin of Cutaneous Nerves – Posterior view

M6043 - £10.99 Laminated

This chart illustrates the origin of cutaneous nerves on the Posterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

**Size:** 60cm x 42cm (A2)



All charts are printed on high quality 170 gsm satin paper & gloss encapsulated (laminated) to a thickness of 250 micron for durability and hygiene.

High quality garments designed to give you a professional look, with a comfortable, practical fit. Larger sizes available upon request.



Fob watch - £5.50



- Fun, bright and bendy fob watches.
- High accuracy analogue quartz movement.
- Gel / Silicon Rubber Housing.
- Pin on construction.
- Ideal for infection prevention and control.

Please specify colour required when ordering.

<b>H5900</b>	Dark Blue.
<b>H5906</b>	Red.
<b>H5907</b>	Black.
<b>H5908</b>	Pink.
<b>H5909</b>	Purple.
<b>H5911</b>	White.
<b>H5912</b>	Green.

BEST SELLER



Metal Fob Watch

**H5905** - £6.00

This model is the best selling traditional metal fob watch. The watch has a highly polished silver finish and a clear mother of pearl dial. A safety catch is fitted over the pin.

Spare battery included.

BEST SELLER



Ladies Long Sleeve Coat (NS) - £20.99

- Square collar with concealed stud front fastenings.
- Breast pocket on the left, plus two hip pockets.
- Long sleeves and centre back vent.
- 65% Polyester / 35% Cotton.

**Ladies Sizes:**

<b>H1500</b>	Small	Chest size	92-96cm
<b>H1600</b>	Medium	Chest size	100-104cm
<b>H1700</b>	Large	Chest size	108-112cm
<b>H1800</b>	X-Large	Chest size	116-120cm
<b>H1900</b>	XX-Large	Chest size	124-128cm

Other sizes available. Please enquire.

† All measurements are body measurements.

Please specify size required when ordering.



Ladies Trouser - White (NS) - £13.99

White trouser with side elastication for comfort. Sewn in front creases. Side pockets. 65% Polyester / 35% Cotton.

<b>H4000</b>	Hip size 89cm
<b>H4100</b>	Hip size 94cm
<b>H4200</b>	Hip size 99cm
<b>H4300</b>	Hip size 104cm
<b>H4400</b>	Hip size 109cm
<b>H4500</b>	Hip size 114cm
<b>H4600</b>	Hip size 119cm

**Inside Leg:**

Short	27 inches
Regular	29 inches
Tall	31 inches
Extra Tall	33 inches

† All measurements are hip measurements.

Please specify size required and inside leg measurement when ordering.

BEST SELLER

NS denotes a non stock item. Please allow up to 21 days delivery.



## Ladies Comfort Stretch Tunic (NS) - £23.99

Women's comfort stretch tunic featuring double action back and side vents for a great fit. Features open-ended concealed zip for improved infection control.

- Concealed zip front
- Two hip pockets, one waterproof lined
- Waterproof lined chest pocket
- Machine washable
- Centre back length: 74-78cm (increases with size)
- 210gsm 67% polyester/33% cotton

<b>H5000</b>	Bust 84cm
<b>H5100</b>	Bust 88cm
<b>H5200</b>	Bust 92cm
<b>H5300</b>	Bust 96cm
<b>H5400</b>	Bust 100cm
<b>H5500</b>	Bust 104cm
<b>H5600</b>	Bust 108cm
<b>H5700</b>	Bust 112cm +

Please specify size required when ordering.  
Other sizes are available on request.



## Ladies Wrap Tunic (NS) - £19.99

<b>H0108</b>	Bust 84cm
<b>H0110</b>	Bust 88cm
<b>H0112</b>	Bust 92cm
<b>H0114</b>	Bust 96cm
<b>H0116</b>	Bust 100cm
<b>H0118</b>	Bust 104cm
<b>H0120</b>	Bust 108cm
<b>H0122</b>	Bust 112cm +



Peacock Amethyst Raspberry Hot Pink



Lagoon Navy Teal Cobalt

Easycare fabric, flattering cut and a comfortable two-way stretch make this a popular tunic.

- Asymmetrical with distinctive button fastening detail.
- Mandarin collar.
- Two concealed hip pockets.
- Single action back.
- Side vents.
- 200gsm 100% soft touch Polyester.
- Up to 60° wash.

Please specify size and colour required when ordering.  
Other sizes are available on request.



## Spare Buttons for Tunic Wrap

**H6711** - £3.99

10 spare buttons for Ladies Wrap Tunic.



## Ladies Tunic (Zip/Buttons) (NS) - £21.99

- 195gsm.
- 67% Polyester/33% Cotton.
- Centre front fastening.
- Side vents.
- Cap sleeves.
- 60° wash.
- Length: Graded by size.
- Sizes: 80 - 136cm (31½ - 53½ins).
- Available in white.

<b>H8200</b>	Bust 84cm
<b>H8300</b>	Bust 88cm
<b>H8400</b>	Bust 92cm
<b>H8500</b>	Bust 96cm
<b>H8600</b>	Bust 100cm
<b>H8700</b>	Bust 104cm
<b>H8800</b>	Bust 108cm
<b>H8900</b>	Bust 112cm+

Please specify size required when ordering.  
Other sizes are available on request.



NS denotes a non stock item. Please allow up to 21 days delivery.



### Ladies Round Collar Tunic with Navy Piping - £21.99

BEST SELLER

White short sleeve tunic with navy piping. Zip through front with pockets on the hips and breasts. Side vents and action back pleats for comfort. 65% Polyester / 35% Cotton.

<b>H6000</b>	Bust 84cm
<b>H6100</b>	Bust 88cm
<b>H6200</b>	Bust 92cm
<b>H6300</b>	Bust 96cm
<b>H6400</b>	Bust 100cm
<b>H6500</b>	Bust 104cm
<b>H6600</b>	Bust 108cm
<b>H6700</b>	Bust 112cm +

Also available:  
Bust 112cm  
Bust 120cm  
Bust 128cm  
Bust 136cm

† All measurements are body measurements.

**Please specify size required when ordering.**



### Men's Tunic with Navy Piping (NS)

**H9100** - £17.99

Features double action back and vents for comfort and ease of movement and an open-ended zip front.

- Open ended zip front.
- Two hip pockets, one chest pen pocket.
- Machine washable.
- Back length 76 - 80cm (increases with size).
- 195gsm 67% polyester/33% cotton.
- Chest sizes: 84cm, 88cm, 92cm, 96cm, 100cm, 104cm, 108cm, 112cm, 116cm, 124cm, 132cm, 140cm.

**Please specify size required when ordering.**



### Mens Tunic – white (NS)

**H9000** - £21.99

- 210gsm 65% Polyester/35% Cotton.
- Short sleeved.
- Mandarin collar with asymmetrical stud front.
- Left hip pocket & left breast pen pocket.

- Half belt back.
- Length: 76cm (30ins).
- Chest sizes: 84cm, 88cm, 92cm, 96cm, 100cm, 104cm, 108cm, 112cm, 116cm, 124cm, 132cm, 140cm.

**Please specify size required when ordering.**

† All measurements are body measurements.



### Mens Long Sleeve Coat (NS)

**H1000** - £15.49

- Square collar with concealed stud front fastenings.
- Breast pocket on the left, plus two hip pockets.
- Long sleeves and centre back vent.
- 65% Polyester / 35% Cotton.

Men	Sizes:		
<b>H1000</b>	Small	Chest size	92cm
<b>H1100</b>	Medium	Chest size	100cm
<b>H1200</b>	Large	Chest size	108cm
<b>H1300</b>	X-Large	Chest size	116cm
<b>H1400</b>	XX-Large	Chest size	132cm

Other sizes available. Please enquire.

† All measurements are body measurements.

**Please specify size required when ordering.**

NS denotes a non stock item. Please allow up to 21 days delivery.

## Ultra Lite Clogs (NS)

H7820 - £34.99

Toffeln UltraLite clogs are the ultimate in comfort and function. Specially designed fit enables feet to spread naturally and soft leather insoles relieve tired soles. Flexible, anti-static and slip resistant soles. Easy-to-clean leather uppers available in a wide range of colours.



- Easy to clean.
- Adjustable heel strap.
- Shock absorbent heel.
- Clogs navy, clogs black, sizes 3-12.
- All other clogs, sizes 3-8.
- Unisex.



Please specify size required when ordering.

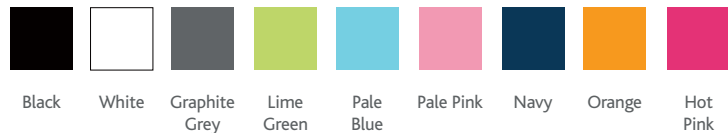
## Toffeln Ezi-Klog (NS)

H0051 Black - £30.99

With a better fit and latest styling, the slip resistant rubber outsole provides improved levels of safety. Sizes 3-12.

- Ezi-Klog is made from our lightweight E-tech™ material that is anti-bacterial, anti-microbial and recyclable.
- Lightweight.
- Adjustable heel strap.
- Closed-in heel.

- Shock absorbing heel.
- Side vents specially designed to prevent fluid penetration.
- Exceeds EN 347.
- Machine washable at 50°C.



Please specify size required when ordering.

## Unisex Surgical Scrub Trousers (NS)

H7100 - £10.99

- 150gsm 65% Polyester / 35% Cotton.
- Elasticated drawstring waist.
- Back pockets.
- Industrial launderable.
- Colour: Pale Blue.

### Inside leg:

short 29" (74cm),  
regular 31" (79cm),  
unhemmed 38" (96.5cm)

### Sizes available:

XS	: 61 – 66cm Waist
S	: 71 – 76cm Waist
M	: 81 – 86cm Waist
L	: 91 – 96cm Waist
XL	: 102 – 107cm Waist
XXL	: 112 – 117cm Waist

Please specify size and inside leg requirements when placing your order.

† All measurements are body measurements.



## Unisex Surgical Scrub Tunic (NS)

H7000 - £10.99

- 150gsm 65% Polyester / 35% Cotton.
- Side vents.
- Two hip pockets & left breast pocket.
- Industrial launderable.
- Colour: Pale Blue.  
Length: 29" (74cm).

### Sizes available:

XS	: 76 – 81cm Chest
S	: 86 – 91cm Chest
M	: 96 – 102cm Chest
L	: 107 – 112cm Chest
XL	: 117 – 122cm Chest
XXL	: 127 – 132cm Chest

Please specify size required when ordering.

† All measurements are body measurements.



NS denotes a non stock item. Please allow up to 21 days delivery.



## Practitioners Domiciliary Bag

**E4676 (Domiciliary bag)** - £145.00

**E4679 (Optional trolley)** - £25.00

**NEW**

An attractive, professional case which is lightweight and comes with shoulder straps and backpack straps. It also comes with a matching strong tote bag suitable for small domiciliary drill or spares/accessories. (Products not included).

Maximum recommended contents weight: 5kg

- 7 x Detachable transparent compartments, inc one opaque and one with Velcro dividers
- Isothermal compartment with elastic bands for the medicines (holds 43 ampoules)
- A5 size clip-board ideal for patient record cards
- Personal belongings compartment
- Shoulder strap, handle, hidden backpack and trolley belt

**Colour:** Blue

**Dimensions:** 40cm x 30cm x 13cm (L x H x W)

**Weight:** 3.2kg



## Chiro III Visiting Case

**E4612** - £154.99

Durable PVC case with internal pullout drawer system. Combination locks and side pockets.

**Dimensions:** 41cm x 22cm x 32cm (L x W x H)

**Weight:** 5.3kg



## Jumbo Box & Spare Drawers for Chiro III Visiting Case

### Jumbo Box

**E4635** - £86.90 Grey insert with all drawers fitted (foam not included)

### Spare Drawers

**E4630** - £2.20 1L

**E4631** - £2.80 2L

**E4632** - £4.40 1LA

**E4633** - £5.70 2LA

**E4634** - £10.30 4LA

1L	2L	2LA
1L	2L	
1LA	4LA	
1LA	4LA	
1LA	4LA	

**E4639** - £14.75 Foam Insert for Lid

**E4638** - £5.80 Drawer Foam Insert for Dropper Bottles



## Morgan Domiciliary Case

**E4660** - £44.99

Soft leather-look bag, equally suitable for those newly qualified as well as those looking for extra space to carry the essential supplies on a busy day. Small and light with many compartments, some with built in elastic/material pockets to hold individual items securely.

**Dimensions:** 48cm x 30cm x 27cm (L x W x H)

**Weight:** 1.5kg

**BEST SELLER**



## Multy's Domiciliary Bag

**E4565** - £44.00

- Black polyester soft multipurpose bag
- Great capacity main foamed space with a detachable divider
- 1 flat pocket, 2 net pockets
- 2 foamed medium capacity pockets
- Handles and shoulder strap
- Recommended contents weight: 3.5kg
- Dimensions: 34L x 20H x 20W cm
- Weight: 0.42kg empty





## Gloves

### Nutouch 1.5 Latex Powder Free Exam Glove - £4.50

- M9021** Extra Small      **M9024** Large
- M9022** Small            **M9025** Extra Large
- M9023** Medium



- A high quality latex glove that enhances dexterity and sensitivity when in use.
- Textured fingers and palms for enhanced grip.
- Protein levels are less than 50 micrograms per gram, lowering the incidence of allergic reaction.
- 100 gloves per box.

### Nutouch 1.5 Blue 9 Newton Nitrile Powder Free Exam Gloves - £4.75

- M9012** Small
- M9013** Medium
- M9014** Large



- A higher grade soft 9 Newton nitrile glove.
- Excellent quality glove with textured fingers for maximum grip, suitable for a wide variety of medical applications.
- Offers a latex free alternative suitable for latex allergy sufferers.
- 100 gloves per box.

### Nutouch 1.5 Blue Sensitive Nitrile Powder Free Gloves - £7.20

- M9002** Small
- M9003** Medium
- M9004** Large



- Specifically designed to provide a supple thin film barrier that enhances dexterity and sensitivity.
- Combines a latex-like feel with the benefits of nitrile.
- Contains no natural rubber latex, perfect for latex allergy sufferers.
- Beaded cuff to aid donning.
- 200 gloves per box. Excellent value when compared to boxes of 100 gloves.

### Nutouch 1.5 Clear Vinyl Powder Free Gloves - £3.70

- M9032** Small
- M9033** Medium
- M9034** Large



- Contains no natural rubber latex and offers extra protection against certain chemicals.
- 100% Latex free – 100% polyvinyl chloride.
  - 100 gloves per box.

### Clinic nitrile superlight gloves - £7.00

- M9016** Xtra Small      **M9019** Large
- M9017** Small            **M9020** Extra Large
- M9018** Medium



Box of 200 (180 in XL size) Fantastic Value, High Quality Nitrile Gloves  
 In our trials, feedback received stated: '...really are super-light - They improve the ability to feel the patient's foot but with no compromise to treatment, efficacy or infection control'.

### Latex Powder Free Sterile Surgical Gloves

**M4508 – M4513** - £32.50. 100 gloves per box

Micro roughened surgical gloves.  
 Gel coated for enhanced donning.  
 Superior tactile sensitivity.  
 Soft flexible feel.

Code	Size	Palm width (mm)	Length (mm)
<b>M4508</b>	6	77 +/- 5	Min. 275
<b>M4509</b>	6.5	83 +/- 5	Min. 280
<b>M4510</b>	7	89 +/- 5	Min. 280

Code	Size	Palm width (mm)	Length (mm)
<b>M4511</b>	7.5	95 +/- 5	Min. 285
<b>M4512</b>	8	102 +/- 6	Min. 285
<b>M4513</b>	8.5	108 +/- 6	Min. 285



## Protective Clothing



### Surgical Drape

**M4005** - £1.15 Single

Sterile surgical drape with Ø5cm adhesive fenestration, an essential item for minor surgical procedures.

**Size:** 75cm x 50cm



### Disposable Apron

**M4600** - £2.99 Pack of 100

Premium Blue Polythene aprons in an easy to use dispenser pack, providing a high level of hygiene and suitable for many applications.

**Size:** 27" x 42"



### Extra Filtration Face Mask

**M5010** - £1.35 Single

The ultimate solution for both comfort and protection. The masks protection exceeds EN149 Standard. Suitable for personal protection in both clinical and domiciliary settings.



### Face Mask

**M5053** - £0.75 Pack of 10

**M5053-50** - £2.99 Box of 50 - **£ SAVER**

Fluid resistant, comfortable, high filtration surgical 3 ply face mask, with strip which moulds over the nose for a close fit. Elastic loops over ears. 98% filtration and glass free filter. Contains latex.

**BEST  
SELLER**



### Face Mask

**M5058** - £0.90 Pack of 10

**M5058-50** - £4.00 Box of 50 - **£ SAVER**

Preformed facemask with elasticated headband, covering the nose and mouth.

- General purpose protection against non-toxic nuisance large particles.
- Strong and robust.



### Protex Face Mask

**M5062** - £3.80 Pack of 2

This slim lightweight design protects against particulate dusts, fumes and pollens. The advanced filtration system is at least 90% effective against fine dusts. The fold flat design fits the contours of the face and is comfortable to wear over a long period. 100% cotton inner lining.

### Boston Safety Eye Shield

M5077 - £2.50

Clear safety glasses that may be worn over spectacles.

- Wraparound clear visitors spectacle.
- Polycarbonate lens.
- Ventilated side arms.
- Width 157mm.



### Vegas Safety Eye Shield

M5078 - £3.00

Safety glasses. Not suitable for wearing over spectacles.

- Ultra lightweight
- Polycarbonate Wrap around lens.
- Low impact & 99.9% UV protected.
- Sleek contoured shape.
- Scratch resistant.
- One piece side arm.



## Skin Disinfectants

### Hospiguard Alcohol Hand Rub

P4460 - £3.99 500ml Pump Bottle

P4462 - £1.10 60ml

P4463 - £0.40 Retractable clip for 60ml

Contains aloe vera, skin conditioners and moisturisers to provide enhanced skin moisturising and conditioning. This assists in reducing skin sensitisation and irritation in environments where continual hand washing is required.

Proven to be effective against a wide variety of micro-organisms such as MRSA, Hep B, Tuberculosis, HIV, Listeria & E-coli.



### Desderman Pure Alcohol Gel

P4563 - £1.70 60ml

P4565 - £1.55 Retractable Belt Clip for 60ml

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 90 seconds.

- Easy and ready to use – quick drying without leaving a sticky residue.
- Colour and perfume free.
- Effective against bacteria (Tb, MRSA, VRE), fungi and viruses (Inc. HBV, HCV, HIV, Polio, Herpes Simplex, Adeno, Rota and Vaccinia virus) in 90 seconds.
- Suitable for frequent use.



### PRE-MIXED - CHLORHEXIDINE 2% in 70% IPA 500ML

P4400 - £8.49

- For general skin disinfection for hygiene purposes only
- Chlorhexidine Gluconate 2% w/v in Isopropyl 70% v/v combining immediate and sustained effect to prevent microbial re-growth
- Broad efficacy spectrum (incl. bacteria. MRSA, yeasts and enveloped viruses)





### Desderman® Pure Liquid

**P4405** - £6.15 500ml  
**P4410** - £8.95 1 Litre

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 30 seconds (hygienic) & 3 minutes (Surgical).

- Colour and perfume free.
- Excellent efficacy and increased skin compatibility.
- Balanced emollient ingredients protects against irritation and dryness.
- Effective against bacteria. (Tb, MRSA, VRE), fungi and viruses (inc. HBV, HCV, HIV, Polio, Herpes simplex, Adeno, Rota and vaccinia virus) in 90 seconds.
- Suitable for frequent use.



### Desderman Pure Gel

**P4406** - £6.15 500ml  
**P4407** - £8.95 1 Litre

A rapid acting hand rub for hygienic and surgical disinfection. To be used in conjunction with item (P4504 – Elbow dispenser) or with hand pump dispenser (P4546).

Available in 500ml or 1 Litre bottles.

NEW



### Elbow Dispenser

**P4504** - £36.50

Wall mounted dispenser for 500ml and 1 litre bottles.

Significantly reducing the risk of cross-contamination via hands. To be used in conjunction with (P4406 & P4407 Pure Gel).



### Esemtan Wash Lotion

**P4603** - £2.75 500ml

Gentle soap-free wash lotion designed for washing prior to surgical practice.

- Balanced emollient ingredients protect against irritation and dryness.
- Preserves the acidic protective layer of the skin.
- Suitable for all skin types.
- Fresh smell and pleasant colour for a cosmetic feel.



### Clinell Universal Wipes

**D5586** - £1.99 Pack of 50  
**D5587** - £5.99 Pack of 200

Clinell Universal Wipes provide a single, product to clean and disinfect hands, surfaces and equipment. Containing a unique, patented antimicrobial formula they can be used as a disinfectant, detergent and hand wipe - replacing the need for multiple wipes and surface cleaners. Proven to kill at least 99.999% of germs - Clinell Universal Wipes are one of the most effective antimicrobial products on the market.

NEW



## Readi Wipes

**D5569** - £5.95 Tub - 200 wipes



**BEST SELLER**

The effective antibacterial action of these alcohol based wipes ensures thorough cleaning of the skin. The wiper fabric is very strong and will not easily tear or perforate.

200 skin cleansing wipes in a resealable tub.

## Kodan Wipes

**P4560** - £8.49



For antiseptic treatment of small areas of skin and ideal for domiciliary work.

- Ready to use, pH balanced at 5.5 and dries quickly.
- Broad spectrum antiseptic, effective against bacteria, fungi and viruses (inc. HBV, HIV, Rota virus).
- Ideal for domiciliary visits.

90 skin cleansing wipes in a resealable tub.

## Surface Disinfectants

### Hospiguard Hard Surface Wipes

**D5585** - £4.45



Professional surface disinfection / cleaning wipe, formulated to both clean and disinfect hard surfaces, including medical furniture, equipment and non-invasive medical devices. For use in all areas that may present a risk from cross infection. Lemon fragrance.

200 wipes per pack.

### Mikrozyd Wipes

**D5590** - £7.05 Tub - 150 wipes

**D5592** - £6.35 Refill Pack - 150 wipes

**D5595** - £3.80 48 wipes handy pack



Alcohol based wipes for fast effective cleaning and disinfection of high risk contaminated surfaces.

- Ready-to-use & quick drying.
- No smearing or residues.
- Fast acting against bacteria (inc. MRSA, fungi and viruses (inc. HBV, HCV, HIV & adeno virus) in 2 minutes.
- Cost effective, minimum wastage.

### Mikrozyd Liquid

**P4539** - £18.15 1 Litre



**BEST SELLER**

For surface cleaning and disinfection. Alcohol based spray for fast effective cleaning and disinfection of high risk contaminated surfaces.

- Rapid and effective in a variety of applications.
- 1 litre ready-to-use bottle, includes spray nozzle.
- Dries rapidly leaving no smears or residue, ideal for use between patients.
- Aldehyde free.
- Fast acting against bacteria (inc. Tb), MRSA, Fungi, Viruses (inc. HBV, HCV, adeno, rota, papova, polio virus) in just 2 minutes.

### Mikrozyd Wipes

**D5594** - £3.80 Mikrozyd Premium Sensitive Surface Wipes - 48 wipes



Mikrozyd Premium Sensitive Wipes are alcohol-free surface disinfectant wipes for chairs, sensitive materials and work surfaces. New Mikrozyd Premium softpacks are resealable and perfect to carry around. The double thickness Premium Wipes offer enhanced cleaning with double coverage and still have all the Mikrozyd quality and efficacy you trust in a portable pack.

- Ideal for alcohol sensitive materials: leather (natural & artificial), perspex / plexiglas, soft PVC etc.
- Bactericidal, fungicidal & virucidal (incl. HBV, HIV, HCV and rota virus).
- Effective in 1 min.
- Prevents cracking & smearing.
- Resealable handy pack of 48 wipes.

### Hand Pump Dispenser

**P4546** - £4.00 for 1 litre and 500ml bottles



Dispenses 3ml per application includes 2 tubes.

### Hydrogen Peroxide Solution

**P4591** - £1.09 (3%) BP 10vols. 150ml



Through oxidation of this solution when used, it has a real use in clearing impacted debris from tissue. Particularly useful in clearing nail sulci.

### Irriclens

**D5630** - £4.90



Sterile Saline Aerosol. This saline solution is ideal for irrigating sensitive skin and flushing out minor abrasions to the skin.  
240ml

### Isopropyl Alcohol BP

**P4541** - £5.25 600ml



For all purpose cleaning. Can be used in conjunction with concentrated Chlorhexidine (P4522).



### Octenilin

**D5600** - £8.40 20ml



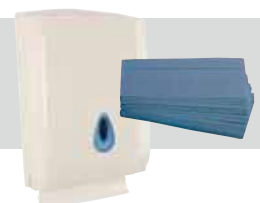
Wound gel for cleansing, moistening and decontamination of encrusted contaminated and chronic skin wounds.

- Creates an ideal wound healing environment to support the natural healing process.
- Contains Octenidine as a preservative, capable of inactivating pathogens.
- Colourless and odour absorbent.

### Paper Towel Dispenser

**E6050** - £13.95 Dispenser

**E6055** - £1.35 Paper Towels (176/pk)



Lockable white, impact resistant ABS plastic dispenser. Standard size holding 2-3 sleeves of towels.

## Zoff

D5970 - £4.99



Pack of 20 adhesive remover wipes.

- Easily removes unwanted adhesives.
- Individually wrapped.
- Impregnated with alcohol based solution for fast, effective adhesive remover.
- Can be used on skin, surface or instruments.
- Contains Aloe Vera extract and kind to the skin.

## Waste Disposal

### Clinical Waste Bags

M4599 - £7.99 10.5" x 18" approx. Pack of 200

M4540 - £3.15 11" x 17" x 26" approx. Pack of 50



Sacks for incineration and safe disposal of medical items. Yellow polythene bags.

### Sharps Disposal Bins

M4400 - £2.25 Sharpsbin Mini 0.6 Litre

M4401 - £2.75 Sharpsbin 5 Litre

M4402 - £3.75 Sharpsbin 11.5 Litre



For the safe collection of contaminated sharps and hazardous waste. Provides outstanding protection against sharps and leaking fluid.

## Miscellaneous

### Wiper Roll

D5825 - £1.85 Single



10 inches wide, extra absorbent.

### Couch Roll

D5820 - £3.40 Single

D5820-9 - £23.80 Pack of 9 - **£ SAVER**



20 inches wide, extra absorbent.

### Couch Roll Pink

D5821 - £3.40 Single

D5821-12 - £34.00 Pack of 12 - **£ SAVER**



20 inches wide, luxury, extra absorbent 2 ply Pink.

### Couch Roll Premium 3ply

D5822 - £3.81 Single

D5822-12 - £38.10 Pack of 12 - **£ SAVER**



Premium Luxury 3 Ply 20" White Couch Roll.

## Burs and Abrasive Discs

Autoclave Bur holders now available.  
See page 62 for more details.

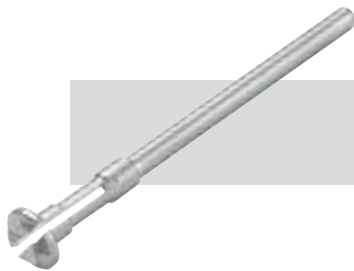
### Tungsten Carbide Burs

<b>E4730</b> £10.40 Tungsten	<b>E4731</b> £11.25 Tungsten	<b>E4732</b> £11.70 Tungsten	<b>E4733</b> £9.75 Tungsten
			
Tungsten burs to work through thick nails quickly and effectively. These sleeker designs allow for finer work on thin areas of nail.		Tungsten burs to work through thick nails quickly and effectively. These broader designs are ideal for working on larger areas of nail.	

### Diamond Burs

<b>E4701</b> £5.60 BUR 1	<b>E4702</b> £6.00 BUR 2	<b>E4703</b> £6.00 BUD 1 4.0mm	<b>E4704</b> £6.00 BUD 2 6.0mm	<b>E4705</b> £6.00 PEAR 1 4.0mm
				
Diamond burs for effective nail burring. These thin, needle-like burs are ideal for careful work in a nail sulcus.			Diamond burs for effective nail burring. These broader burs are ideal for routine, larger nail area reduction.	

<b>E4708</b> - £3.50 ROUND 1 1.0mm	<b>E4709</b> - £3.50 ROUND 2 2.7mm	<b>E4711</b> - £6.00 PEAR 2 6.0mm	<b>E4712</b> - £8.40 Cylinder	<b>E4715</b> - £10.20 Callous
				
Diamond burs for effective nail burring. These ball designs are ideal for work on subungual corns.		Diamond burs for effective nail burring. Larger head for gryphotc nails and or diffuse callus reduction.	Diamond burs for effective nail burring. Larger head for gryphotc nails and or diffuse callus reduction.	Diamond bur shaped for diffuse callous reduction.



### Mandrel

**E4200** - £2.65

Mandrel to fit Moore's disc.



### Moore's Discs

**E4210** - £2.65 7/8" Coarse  
**E4211** - £2.65 7/8" Medium  
**E4212** - £2.65 7/8" Fine

**E4310** - £2.65 3/4" Coarse  
**E4311** - £2.65 3/4" Medium  
**E4312** - £2.65 3/4" Fine

Actual Size:

3/4"

7/8"

Paper snap on abrasive discs.  
Can be used in both wet and dry conditions.



## Diagnostics

### Clip-on Aneroid Sphygmomanometer

T4660 - £14.99

- Dial clips to cuff for easy reading.
- Screw valve air release.
- Separate dial and inflation bulb.
- Adult velcro cuff.
- Supplied in storage pouch.
- 12 month warranty.



### Stethoscope

T4664 - £14.99 - Diamond Stethoscope

T4665 - £5.99 - Dual head Stethoscope

T4664

T4665



Used for listening to various sounds of heart lung and organs in human body. Both models provide good acoustic response and comfort fit.

**Size:** 28"

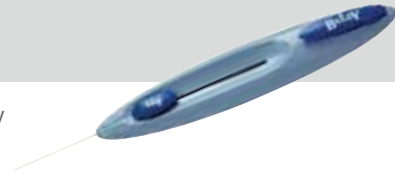
Colour may vary.

### Duraban Retractable Monofilament 10g

T4562 - £13.99

The Baileys **Monofilament** is an instrument used for testing peripheral neuropathy. It does this by applying a specific force to a point on the skin to assess the sensitivity of the skin at that point.

The monofilament material has been carefully selected for its consistent mechanical properties over a range of environmental conditions.



### Patella Reflex Hammer

T4564 - £6.50

Stainless Steel handle with two-position head.

Designed to perform reflex tests with less effort and greater patient comfort.



### Tip Therm®

T4566 - £17.30

The Tip Term® is ideal for testing temperature sensitivity. It is not dependant on a power source and is practically indestructible. It is light and portable.



### 128Hz Tuning Fork

T4560 - £24.95

#### Features

- Lightweight alloy tuning fork.
- Precision frequency balanced.
- 128Hz.



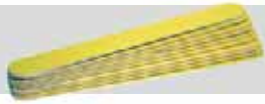
### Vibratip

E5600 - £9.99

- Uses vibration to test for peripheral neuropathy in the feet of diabetic patients
- Unlike tuning forks Vibratip is quick and easy to use
- Provides a consistent source of vibration so results are more reliable



## Files & Probes



### Emery boards

**T4692** - £1.90

Value pack of 10 7" Emery Boards. Used to gently file down and shape the edges of nails.



### Diamond Deb Files

**T4689** - £3.35 6" (15cm) Foot dresser

**T4690** - £3.60 8" (20cm) Foot dresser

**T4693** - £1.40 Single use 8"

Ideal for the removal of hard skin on the foot or thick toe nails.

BEST  
SELLER



### Premium Double Sided Foot File

**T4520** - £2.99

A high quality foot file, ideal for the removal of hard skin.

BEST  
SELLER

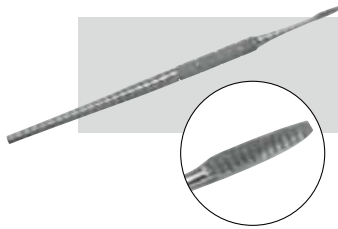


### Economy Double Sided Foot File

**T4521** - £0.99

- 9" (23cm)
- Plastic Handle
- Emery Coating

**This item is not autoclavable**



### Black's File

**T4613** - £4.50

**T4620** - £5.95 Extra fine (Double-ended)

An abrasive head allows for the smoothing off of tightly packed / difficult to reach areas of nail. Medium head.

**Size:** 13cm (T4613)  
15.5cm (T4620)

BEST  
SELLER



### Fellowship Black's File/Probe

**T4544** - £5.95

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Double ended.

**Size:** 13.5cm



### Nail Probe

**T4612** - £4.50 - Medium

**T4619** - £5.50 - Fine

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Swan neck.

**Size:** 12.5cm (T4612)  
14cm (T4619)



### Spatula Packer

**T4645** - £4.75

The spatula packer allows for the larger, flatter end to be used to scoop creams from pots / tubes and apply to the required location. The smaller end can double up as a 'packer' to pack an area of tissue with a specified material. Straight, double ended.

**Size:** 13cm



### Nail Curette – Double Ended

**T4646** - £6.99

The nail curette is used for removing non-living tissue around the cuticular, cleaning under the nail and along side walls.

**Size:** 14cm

### Nail Elevator

T4572 - £3.99

Instrument used to assist nail removal during nail surgery.

**Size:** 16cm (Double-Ended)



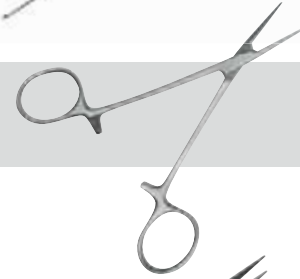
## Forceps & Scissors

### Mosquito Forceps

T4755 - £5.49

Forceps that are ideal for regular clinical as well as surgical use. A lockable handle provides the option of keeping them clamped if necessary. Straight head.

**Size:** 13cm



### Dissection Forceps

T4615 - £3.85

T4621 - £4.65 Adson (Fine)

Forceps that are ideal for regular clinical as well as surgical use. Narrow and serrated.

**Size:** 10cm (T4615)

12cm (T4621)



### Felt Scissors

T4600 - £5.95 (Straight)

Reinforced joint to tackle the deepest felts and foams effortlessly. Blunt/Sharp.

**Size:** 15.5cm



### Dressing Scissors

T4602 - £6.49 (Straight)

Designed for dressings. Blunt/Sharp.

**Size:** 13cm



## Miscellaneous

### Stainless Steel Instrument Tray

T4635 - £9.00

**Size:** 20cm x 15cm x 1.8cm



### Plastic Foot Tray

E4960 - £27.90 Foot tray (white)

E4962 - £8.50 Heel block

Assists in the collection of clinical waste.



### Flexible Foot Tray

E4963 - £27.95

Silicone/flexible foot tray available in pink, purple, blue, white and green.

The trays are resistant to all aggressive liquids such as acetone and alcohol. These fluids don't affect the color of the tray. The flexible tray is easy to maintain and cleaned with mild soap.

**Size:** 50cm width, 33cm length.



### Body Block

E4000 - £34.00

Bodyblock fills the gap in the market for a hygienic multidisciplinary, multipurpose support block. Its versatility is on account of different heights on each of its 4 sides creating different elevations. Simply flip it for a different height.

It can be used to support the head, legs, heels or arms and can also be used as knee spacer. It has applications within the health, beauty and exercise sectors and has the advantage of making the practitioner's task easier whilst keeping the client or patient comfortable and in an optimum position. Bodyblock is made of polyurethane and is CE marked. The most practical way a bodyblock can be cleaned is with surface medical disinfectant sprays but it can also be autoclaved or put in the dishwasher. It's so light it floats like a cork, weighing only 300g, yet robust enough to elevate the heaviest limbs.



## Cutters

**Cantilever Nail Cutter**

T4628 - £34.99

- 6" (15.5cm)
- Double Spring
- Lock & Knurled Handles
- Curved Blade



**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

**Cantilever Nail Cutter**

T4650 - £34.99

- 6" (15.5cm)
- Double Spring
- Lock & Knurled Handles
- Straight Blade



**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

**Nail Cutter**

T4644 - £14.85

- 6" (15.5cm)
- Double Spring
- Knurled Handles
- Straight Blade



**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

**Nail Cutter**

T4752 - £16.99

- 5.5" (14cm)
- Double Spring
- Lock & Diamond Knurled Handles
- Straight Blade

BEST  
SELLER

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

**Nail Cutter**

T4753 - £15.99

- 5.5" (14cm)
- Double Spring
- Lock & Diamond Knurled Handles
- Curved blade

BEST  
SELLER

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



## Nippers

### Fellowship Ingrowing Nipper

T4542 - £16.99

- 4" (10cm)
- Double Spring
- Knurled Handles
- Fine Blade

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### Ingrowing Nipper

T4611 - £14.99

- 5" (13cm)
- Double Spring
- Knurled Handles

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

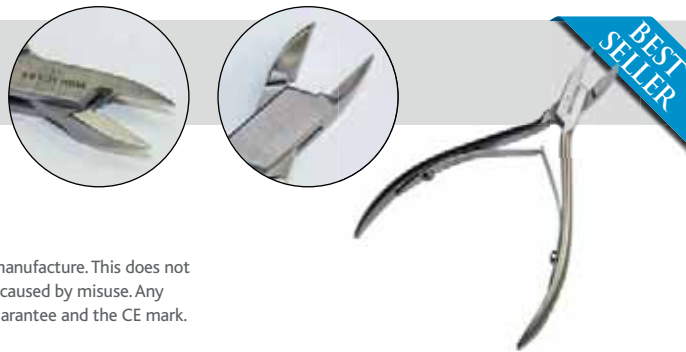


### Ingrowing Nipper

T4685 - £14.99

- 5" (13cm)
- Double Spring
- Knurled Handles

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

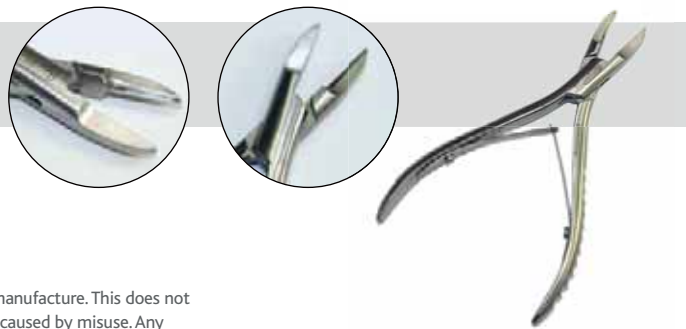


### Thwaites Nipper

T4503 - £10.99

- 5" (13cm)
- Double Spring
- Knurled Handles
- Spare Spring Included

**Product Guarantee.** Lifetime guarantee against defects in materials and manufacture. This does not cover consumables or disposable items, fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### Premixslip Instrument Lubricant

T5000 - £4.75 - 125ml Spray Bottle

T5001 - £9.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- Stops rusting, spotting and staining
- Keep box locks working perfectly freely.
- Protects sharps during autoclaving
- Non-Oily – Non Sticky – Non Toxic, Silicone free
- Will not interfere with steam sterilization.



## Scalpels &amp; Blades

Swann-Morton®



## Blade Disposal Unit

T4512 - £1.25

The Swann-Morton blade disposal unit will hold up to 100 blades, which makes it ideal for use in both standard practice, and domiciliary visits. It allows you to safely and quickly remove scalpel blades.

**FREE** with every 3 boxes of blades purchased.

BEST  
SELLER

## Scalpel Handle No. 3

T4516 - £2.50

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 6-16. Individually wrapped.

BEST  
SELLER

## Scalpel Handle No. 4

T4517 - £2.50

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 20 – 24. Individually wrapped.



## Scalpel Blade Applier &amp; Remover

T4581 - £5.99







Essential in avoiding the handling of possible contaminated blades.  
Stainless steel with a lockable handle.

■ 6" (15.5cm)



All surgical blades are provided in boxes of 100 individually sealed foil packs.

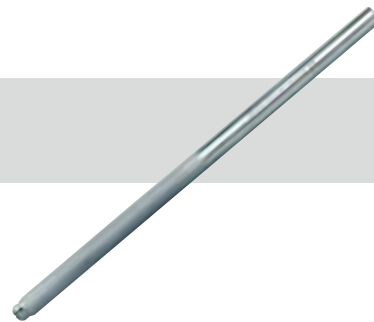
**FREE** unit with every 3 boxes of blades purchased

						
	No. 10	No. 11	No. 15	No. 15C	No. 15T	No. 20
Handles	No.3 £2.50 <b>T4516</b>	No.3 £2.50 <b>T4516</b>	No.3 £2.50 <b>T4516</b>	No.3 £2.50 <b>T4516</b>	No.3 £2.50 <b>T4516</b>	No.4 £2.50 <b>T4517</b>
Paragon Stainless Steel Sterile	£9.69 <b>T4513*</b>	£9.69 <b>T4523*</b>	-	-	£8.55 <b>T4514*</b>	£8.75 <b>T4515*</b>
Swann-Morton Red Carbon Steel Sterile	£7.99 <b>T4201</b>	-	£7.99 <b>T4202</b>	£7.99 <b>T4203</b>	£7.99 <b>T4204</b>	-
Swann-Morton Green Stainless Steel Sterile	£9.75 <b>T4101</b>	-	£9.75 <b>T4102</b>	-	-	-
	Ideal for large, diffuse areas of thick callus.	For broader callus areas that require a fine tip for accurate work.	Smaller blade head for fine callus work on small areas of callus.	Curved blade head for combination of callus and corn treatment.	Ideal for small, diffuse callus treatment and corn enucleation.	For very large areas of callus.

### SF1 Fine Handle

**T4518** - £11.55

SM61 fine blade holder. Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Swann-Morton stainless steel fine handle. Autoclavable.



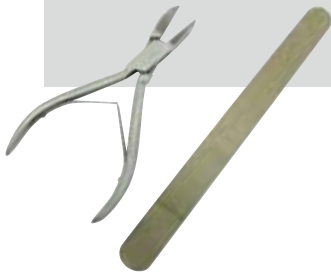
### SM61 Fine Blades

**T4519** - £19.00 Pack of 25

Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Sometimes referred to as a 'beaver' blade this is primarily a tool used in nail surgery, but specialist use for conservative management of onychocryptosis is also possible with this blade.



## Single Use Instruments



### Basic Assistant Instrument Pack

T4525 - £3.35 Single Use

- 14.5cm leaf spring nipper with concave blade.
- Metal foot file.
- Sterilised pack with a minimum of three years shelf life.



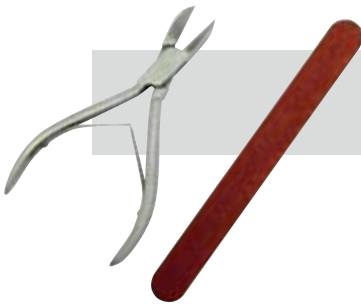
### Basic Instrument Pack

T4573 - £4.49 Concave blade - Single use

T4574 - £4.49 Straight blade - Single use

- Nipper with straight or concave blade.
- Metal foot file.
- Metal No 3 scalpel handle.
- Single end black file.
- Sterilised pack with a minimum of three years shelf life.

BEST  
SELLER



### Eco Assistant Instrument Pack

T4528 - £3.50 Single Use

- 14.5cm leaf spring nipper with concave blade.
- Wooden foot file.
- Sterilised packs with a minimum of three years shelf life.

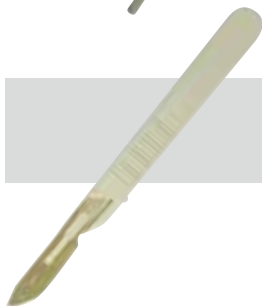


### Eco Instrument Pack

T4575 - £3.90 Single Use

- 14.5cm leaf spring nipper with concave blade.
- Wooden foot file.
- Plastic scalpel with integral blade No 15 blade.
- Single end black file.
- Sterilised pack with a minimum of three years shelf life.

BEST  
SELLER



### No. 15 Blade Scalpel

T4529 - £0.50 Single Use

Disposable plastic scalpels with fixed No. 15 Blade.  
Individually packed & sterile.

# Anti-fungal

## PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HPCPC number for all web/telephone orders.

### Lamisil

- PH4509 - £7.25 Lamisil Once
- PH4510 - £3.89 Lamisil Cream 7.5g
- PH4511 - £4.25 Lamisil Gel 15g
- PH4512 - £4.60 Lamisil Spray 15ml



Lamisil® AT 1% Cream, contains a fungicide ingredient: terbinafine, and treats Athlete's Foot with seven daily applications on average. Lamisil Once® is effective and more convenient only requiring one application.

### Canesten Clotrimazole Cream 1%

- PH3000 - £3.99 20g
- PH3001 - £8.99 50g



For fungal infections. This cream contains Clotrimazole (1% w/w).

# Caustics

### Caustic Applicators

- PH4808 - £41.99 75% Silver Nitrate individually sealed
- PH4810 - £43.99 95% Silver Nitrate individually sealed



A popular ONE USE, disposable, single patient applicator especially for chiropody use. A Silver Nitrate Tip moulded onto a 6-inch handle. 20 x 5 applicators.

### Caustic Pencil 95% Silver Nitrate

- PH4806 - £3.25



For the removal of warts (including verrucae), granulation tissue, for cautery and as a caustic on skin and mucous membranes.

### Glutarol

- PH4991 - £2.70 10ml

For the treatment of warts and verrucas.



### Occlusal Salicylic Acid

- PH5000 - £4.52 10ml
- PH5000-12 - £45.20 12 for the Price of 10 - **£ SAVER**

Contains 26% Salicylic Acid in a polyacrylic vehicle, which effectively softens the lesions and excess skin debris that is the source of discomfort and associated with verruca. Occlusal can be combined with other dermatological care including nitrous oxide therapy.





## PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number for all web/telephone orders.



### Salactol

**PH4994** - £2.25  
10ml bottle with spatula



For topical treatment of warts, verrucae, corns and calluses. PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number for all web/telephone orders.

## First Aid



### HSE First Aid Kit

**M5083** - £9.25 10 Person  
**M5084** - £7.90 10 Person Refill

Plastic moulded case with carry handle. Refillable.

**Contents:-** 20 x Adhesive plasters, 2 x Eye Pads, 4 x Triangular bandages, 6 x Safety pins, 2 x Large dressings (180 x 180mm), 6 x Medium dressing (120 x 120mm), 6 x Individually wrapped wipes, 1 x Pair of disposable gloves, 1 x First Aid Guidance leaflet.



### Small First Aid Kit

**M5080** - £5.75 1 Person

First Aid Kit for the Single practitioner, in a distinguishable green zipped bag.

**Contents:-**  
1 x Large sterile dressing  
2 x Non-woven triangular bandage  
2 x Pairs of medium sized gloves  
1 x Bag of safety pins  
2 x Alcohol free cleansing wipes  
6 x Assorted hypo-allergenic plasters



### Styptic Pencil

**P4804** - £1.15

Individual pencil with astringent properties, helps stop bleeding from minor wounds.



### Diastix Reagent Strips

**D9000** - £6.00

Diastix provide a rapid and convenient semi-quantitative method to test for the presence of glucose in urine. Supplied in a re-sealable container of 50 test strips.

## Hot and Cold Therapy



### Bio-Freeze Pain Relieving Gel

**P5002** - £6.90 3oz Roll On  
**P5003** - £6.90 4oz Tube  
**P5004** - £18.35 Pump Action 16oz Bottle

BIOFREEZE is a unique, effective analgesic formulated to provide a variety of benefits for therapy, pain relief etc. The result is a fast-acting, deep penetrating, long lasting pain reliever used for treating sore muscles, back, shoulder and neck pain, arthritis, ankle injuries, and joints.

## PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number for all web/telephone orders.

### Heat Pads

- D5580 - £1.40 Single
- D5580-6 - £8.00 Pack of 6



The Fast Aid Advanced Head Pad is able to provide deep, comforting warmth to areas of discomfort for up to 8 hours. The special pad warms the area it is applied to and is held in place by a hypoallergenic adhesive.

## Pain Relief

### Voltarol Emulgel 12 Hour

- PH5020 - £5.83 - 30g
- PH5021 - £8.24 - 50g



Voltarol® 12 Hour Emulgel® P 2.32% Gel for all day concentrated pain relief. For relief of inflammation, rheumatic pain, joint and muscular sprains, strains and bruises. Its cooling formula is non-greasy and non-staining.

## Local Anesthetic

### Anaphylactic Kit (NS)

- PH6000 - £72.20
- PH6005 - £6.80 Replacement Adrenalin 1ml x 10



An essential tool for every surgery, this great value Anaphylactic Response Kit contains everything required to respond effectively to an anaphylactic emergency.

#### Kit Contents:

Adrenaline 1:1000 1ml x 1 x 10amps, Chlorpherniramine 10mg/1ml x 1 x 5amps, Efcortisol 100mg/1ml x 5amps, Gelofusine Ecobag 500ml x 1, 2.5ml Luer Slip Syringe x 1, 21 x 1.5" Hypodermic Needle x 4, 23 x 0.25" Hypodermic Needle x 4, 25 x 1.5" Hypodermic Needle x 4, Solution Giving Set x 1, Guedel Airway Size 00 x 1, Guedel Airway Size 1 x 1, Guedel Airway Size 2 x 1, Guedel Airway Size 3 x 1, Guedel Airway Size 4 x 1, Guedel Airway Size 5 x 1, Merlin E Resus Mask x 1, 18g IV Cannula with Injection Port x 1, Storage Box and Wall Bracket.

### Needles 27g

- T4761 - £14.85 Box of 100



### Pre-injection Wipes

- D2033 - £1.15 Box of 100

- Individually wrapped skin preparation swabs (70% Isopropyl Alcohol).
- Disposable.
- Box of 100.



## Miscellaneous Items

### Dropper Bottles

- M6001 - £1.10 10ml Dropper bottle
- M6004 - £1.20 20ml Dropper bottle
- M6006 - £1.30 30ml Dropper bottle



### Spray Bottle

- M5999 - £1.70 150ml
- M5998 - £1.75 250ml





### Trigger Spray Bottle

M6000 - £0.99

500ml trigger spray bottle



### Tourniquets - £1.85

T4534 Small - Yellow (7mm internal dia.)

T4535 Medium - Brown (10mm internal dia.)

T4532 Large - Green (13mm internal dia.)

T4533 Extra large - Blue (14mm internal dia.)

T4531 Extra, extra large - Black (16mm internal dia.)

Individually wrapped, latex free tourniquets that come with a clear plastic loop to aid removal.

Sterilised packs with a maximum of three years shelf life

## Appliances



### Foam Impression Boxes

D5810 - £3.40

Foam impression box to allow for quick, effective and mess-free weight-bearing impressions for orthotic prescriptions. 2 blocks of foam per box.



### Gypsona Plaster of Paris Bandage

D5803 - £2.90 2.7m x 10cm

D5805 - £3.75 2.7m x 15cm

- Strong and fast setting plaster of paris bandages
- Creates a strong cast for immobilising broken and fractured limbs.



### Otoform Kc

P4535 - £23.50 800g economy pack with hardener (Spoon included)

P4536 - £11.60 170g standard pack with hardener (Spoon included)

P4549 - £4.00 5g tube of hardener

P4550 - £6.75 20g tube of hardener

Condensation-vulcanising impression material. The classic economic impression method. Kneadable, smooth and non-sticky with a slightly pressure-forming consistency for superior fitting. Silicone base material is mixed with 2% hardener paste.

Pack sizes: 800g tub + 20g hardener, 170g tub + 5g hardener.



### Tuli's Gel Heel Cups - £11.99

D5940 Standard - up to 80kg

D5945 Heavy duty - up to 80kg

D5942 Standard - over 80kg

D5947 Heavy duty - over 80kg

TuliGel is a specially formulated Polymer that is lighter, softer and more resilient than the material used in other heel cups. The unique character of TuliGel, combined with the patented waffle design, provides the ultimate in shock absorption.

Standard GEL Heel Cups are for everyday use.  
Heavy Duty GEL Heel Cups for high impact activities.



### PediRoller

M2001 - £3.95

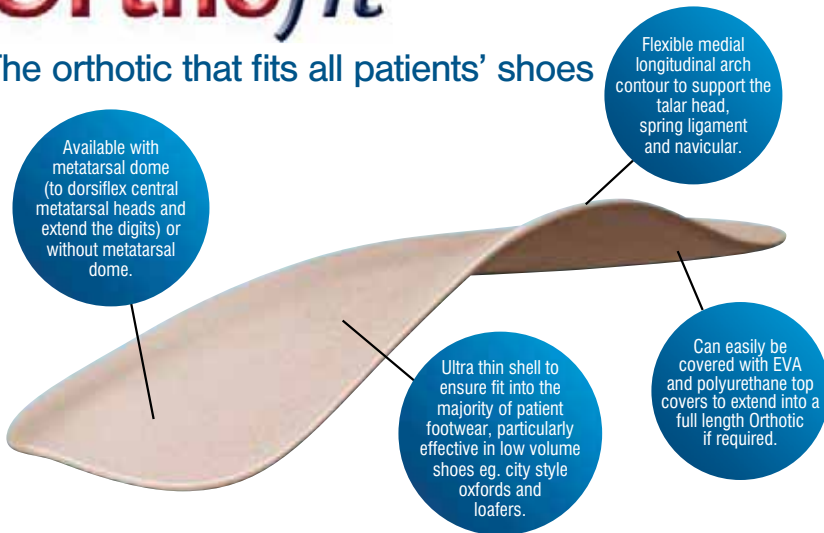
Carnation PediRoller offers immediate relief from common foot pain in the heel and arch. Excessive use of the plantar fascia, a tough band of tissue that supports the arch stretching like a bow string from the heel to the ball of the foot, causes it to become inflamed and very painful. The ridged design massages tired feet, reducing tension and stimulating circulation. It can be used as cold therapy by chilling or freezing before use which will help reduce inflammation and comfort pain. PediRoller when used daily, following activity, offers continuing relief and ongoing prevention of heel and arch pain.

Instruction sheet included for the treatment of heel pain..

NEW

# Orthofit

The orthotic that fits all patients' shoes



Orthofit is a revolutionary product that has been developed by a team of footcare professionals in both Europe and America. This partnership of podiatrists, orthotists and material engineers has produced an orthotic that will fit easily into any shoe.

## Elegantly Thin

Orthofit has been designed to offer the correct profile in an elegantly thin, yet exceptionally strong material. Its design means that the bulk so often present to achieve this profile in other orthotics, is not needed on Orthofit – meaning it will fit all patients' shoes.

## Exceptionally Strong

The ultra strong, technologically advanced high performance semi crystalline thermoplastic polymer material, comes with a lifetime guarantee.

## Easy to Fit

Can be used straight out of the pack or can be easily heat moulded, using the Orthofit oven, to suit a patients individual requirements.

## Easy to Customise

Orthofit's unique slim profile and exceptional strength means a custom orthotic can be created with or without a positive cast. This unique combination allows practitioners to customise or manufacture a prefab into a functional device, cost effectively, in just a few minutes without undue consideration of the patient's weight or activity.

### Orthofit with met dome (NS) - £15.75

<b>G2002</b>	Code 2	Mens 3	Womens 3-4
<b>G2003</b>	Code 3	Mens 4-5	Womens 5
<b>G2004</b>	Code 4	Mens 6	Womens 6-7
<b>G2005</b>	Code 5	Mens 7-8	Womens 8
<b>G2006</b>	Code 6	Mens 9	Womens 9
<b>G2007</b>	Code 7	Mens 10	Womens 10
<b>G2008</b>	Code 8	Mens 11	Womens 11

### Orthofit without met dome (NS) - £15.75

<b>G2501</b>	Code 1	Mens 2	Womens 2
<b>G2502</b>	Code 2	Mens 3	Womens 3-4
<b>G2503</b>	Code 3	Mens 4-5	Womens 5
<b>G2504</b>	Code 4	Mens 6	Womens 6-7
<b>G2505</b>	Code 5	Mens 7-8	Womens 8
<b>G2506</b>	Code 6	Mens 9	Womens 9
<b>G2507</b>	Code 7	Mens 10	Womens 10

### Orthofit Oven (NS) - £35.00

#### G2500

The beauty of Orthofit is that they can be used straight from the pack or customised to the patients' individual needs by heating in the Orthofit oven.



### D30 Support Orthotic - £35.00

#### G8000

A great all round device made of 100% D3O with a textured fabric cover, offering amazing levels of impact protection whilst providing good mid-foot support. An extra deep heel cup and high medial and lateral flanges give a good forward velocity control, which will off load shin pain. The medial flange is designed to sit in trainers and walking shoe. Stability of the device is supported by a unique mid-foot design, and the 1st met head aperture ensures good 1st ray function.

Please state size required when ordering.

Sizes: 5 – 14

### D30 Comfort Orthotic - £25.00

#### G8001

A simple and easy to fit insole made of 100% D3O. This product provides a great in shoe feel with a good arch profile. The device itself is made up of two materials, a soft heel pad and a slightly harder surrounding shell covered in a textured fabric and will fit into any shoe. A deeper heel cup and high flanging will offer a moderate level of control. The aim of this device is to provide general comfort, specifically in the heel.

Please state size required when ordering.

Sizes: 5-6, 7-8, 9-10, 11-12, 13-14



# Powerstep

**The Podiatrist's Prescription  
for pain relief!**

## Powerstep Heel & Arch Supports

The design of Powerstep is optimised to provide complete heel and arch support and stability.

Powerstep's prescription-level support, with calibrated flexibility for comfort and a stabilising heel cradle, is presented as a highly attractive professionally finished orthotic.

Fully covered with an antibacterial fabric from heel to toe, Powerstep is the affordable prefabricated orthotic you'll be proud to prescribe.



### Powerstep Full-Length (NS) - £16.70

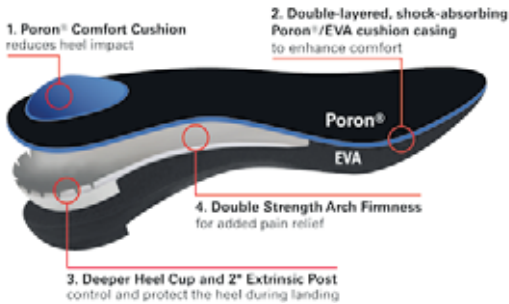
Relieves heel and arch pain with a full length support and comfort from heel to toe.

<b>G1000A</b>	Code A	Mens 3-3 1/2	Womens 4 1/2 - 5	<b>G1000F</b>	Code F	Mens 8-8 1/2	Womens 9 1/2 - 10
<b>G1000B</b>	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6	<b>G1000G</b>	Code G	Mens 9-9 1/2	Womens 10 1/2 - 11
<b>G1000C</b>	Code C	Mens 5-5 1/2	Womens 6 1/2 - 7	<b>G1000H</b>	Code H	Mens 10-10 1/2	Womens 11 1/2 - 12
<b>G1000D</b>	Code D	Mens 6-6 1/2	Womens 7 1/2 - 8	<b>G1000I</b>	Code I	Mens 11-1 1/2	Womens N/A
<b>G1000E</b>	Code E	Mens 7-7 1/2	Womens 8 1/2- 9	<b>G1000J</b>	Code J	Mens 12-12 1/2	Womens N/A



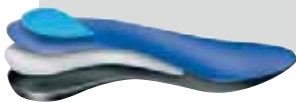
### Powerstep Pro Control (NS) - £23.99

Powerstep Pro Control is the latest addition to the Powerstep Pro line of products and now offers pain relief and prevention designed specifically for mild to moderate overpronators. The exclusive Foot Secure System features a deeper heel cup with a subtle yet important \*two degree exterior post\* to correct the alignment issues experienced by overpronators. You'll find all the quality craftsmanship of other Powerstep Pro products in Pro Control as well, including a Poron heel Comfort Cushion, double layer EVA cushion casing, anti-microbial top cover, and a double strength arch support.



<b>G4000</b>	Code a	Mens 2-2 1/2	Womens 3 1/2 - 4
<b>G4000A</b>	Code A	Mens 3-3 1/2	Womens 4 1/2 - 5
<b>G4000B</b>	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6
<b>G4000C</b>	Code C	Mens 5-5 1/2	Womens 6 1/2 - 7
<b>G4000D</b>	Code D	Mens 6-6 1/2	Womens 7 1/2 - 8
<b>G4000E</b>	Code E	Mens 7-7 1/2	Womens 8 1/2 - 9
<b>G4000F</b>	Code F	Mens 8-8 1/2	Womens 9 1/2 - 10
<b>G4000G</b>	Code G	Mens 9-9 1/2	Womens 10 1/2 - 11
<b>G4000H</b>	Code H	Mens 10-10 1/2	Womens 11 1/2 - 12
<b>G4000I/J</b>	Code I/J	Mens 11-12 1/2	Womens N/A
<b>G4000K</b>	Code K	Mens 13-13 1/2	Womens N/A

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HPC number for all web/telephone orders.



### Powerstep Pro Full Length (NS) - £21.70

The orthotic that delivers the desired control along with immediate comfort. The unique double-layered shock absorbing Poron®/EVA cushion means Powerstep Pro delivers levels of comfort not usually associated with an orthotic.

<b>G3000</b>	CODE A	Mens 2 - 2 1/2	Womens 3 1/2 - 4	<b>G3000F</b>	CODE F	Mens 8 - 8 1/2	Womens 9 1/2 - 10
<b>G3000A</b>	CODE A	Mens 3 - 3 1/2	Womens 4 1/2 - 5	<b>G3000G</b>	CODE G	Mens 9 - 9 1/2	Womens 10 1/2 - 11
<b>G3000B</b>	CODE B	Mens 4 - 4 1/2	Womens 5 1/2 - 6	<b>G3000H</b>	CODE H	Mens 10- 10 1/2	Womens 11 1/2 - 12
<b>G3000C</b>	CODE C	Mens 5 - 5 1/2	Womens 6 1/2 - 7	<b>G3000I/J</b>	CODE I/J	Mens 11- 12 1/2	Womens NA
<b>G3000D</b>	CODE D	Mens 6 - 6 1/2	Womens 7 1/2 - 8	<b>G3000K</b>	CODE K	Mens 13 - 13 1/2	Womens NA
<b>G3000E</b>	CODE E	Mens 7 - 7 1/2	Womens 8 1/2 - 9				

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HPC number for all web/telephone orders.



### Powerstep Slim Tech 3/4 (NS) - £16.70

Relieves heel and arch pain with a full length support and comfort from heel to toe.

<b>G1500</b>	Code a	Mens 3-3 1/2	Womens 4 1/2 - 5	<b>G1500D</b>	Code D	Mens 9-9 1/2	Womens 10 1/2 - 11
<b>G1500A</b>	Code A	Mens 4-5 1/2	Womens 5 1/2 - 7	<b>G1500E</b>	Code E	Mens 10-10 1/2	Womens 11 1/2 - 12
<b>G1500B</b>	Code B	Mens 6-7 1/2	Womens 7 1/2 - 9	<b>G1500F</b>	Code F	Mens 11-12	Womens N/A
<b>G1500C</b>	Code C	Mens 8-8 1/2	Womens 9 1/2 - 10				



## Cotton and Animal Wool

### Animal Wool

D4580 - £1.50



For Chiropody use.  
Effective relief from friction and pressure.  
25g Lambs wool

### Cotton Buds

D5401 - £1.30



Double ended cotton buds. 100% cotton. Approximately 200.

### Cotton Wool

D5541 - £3.40

BP quality 500g absorbent cotton wool roll.  
13" wide, extra absorbent.



### Cotton Wool Balls

D5545 - £1.60

BP quality large size cotton wool balls.  
Approximately 200.



## Dressings

### Acrytensil

P4855 - £3.00 Standard - Skin dressing - 10ml  
P4851 - £3.00 Extra Hard - Nail dressing - 10ml  
P4862 - £1.65 Solvent - 10ml



Acrytensil is a quick drying, porous plastic dressing for nails and skin.

#### Uses include:

- A dressing for fissures and breaks in the skin.
- As a securing agent for stainless steel braces.
- As an aid in the treatment of onychomycosis.
- As a light application to protect unbroken chilblains.

### Kaltostat

D5626 - £9.85 5cm x 5cm (box of 10)

Calcium sodium alginate wound dressing.  
Absorbent and haemostatic.





### Mefix

- D5621 - £2.19 2.5cm x 10m
- D5622 - £2.65 5cm x 10m
- D5623 - £4.65 10cm x 10m

Soft and elastic self adhesive fabric which gives excellent air permeability. Also autoclavable. 5m length available in three sizes.



### Mepore

- Mepore Roll**
- D5531 - £4.00 4cm x 5m
- D5532 - £6.00 7cm x 5m

- Mepore Dressing**
- D5534 - £7.30 6cm x 7cm (pack of 60)

Mepore is an air permeable, self-adhesive dressing ideal for low to moderately exuding wounds. Its skin friendly water based, solvent free polyacrylate adhesive, provides a gentle but secure fixation.



### Non-Adherent Sterile Dressing

- D2030 - 0.10p Single
- D2030 -100 - £3.75 Box of 100 - **£ SAVER**

Individually wrapped dressings 5cm x 5cm. Sterile, highly absorbent dressing pads. Ideal for use on abrasions, lacerations and moderately exuding wounds.



### Skintact

- D5568 - £1.35 5cm x 5cm (pack of 10)
- D5568-100 - £11.99 5cm x 5cm (pack of 100) - **£ SAVER**

Skintact is a high quality, sterile, perforated film absorbent dressing that is used as a low adherent wound contact layer. The dressing is the same on both sides, which prevents it being used wrong side down. It consists of two layers of perforated film with an inner absorbent layer. The perforations allow drainage of exudate to the absorbent layer where fluid is wicked laterally, extending the time before strike through occurs.

Skintact is suitable for the management of minor wounds, cuts and grazes and is ideal for use in chiropody thanks to the two low adherent sides, for use between toes. Dressings are supplied in individual sterile packs, in dispensing boxes of 100.



### Softsorb Swabs

- D2031 - £0.15 - Pack of 5

- Non woven swabs.
- 4 ply.
- Sterile.
- 7.5 x 7.5cm



### Bactigras Dressings

- P4524 - £16.80 - 5cm x 5cm (pack of 50)

This is a great antiseptic/antimicrobial dressing in the management of small to moderate wounds. Bactigras consists of a cotton leno-weave fabric, impregnated with Soft Paraffin BP.

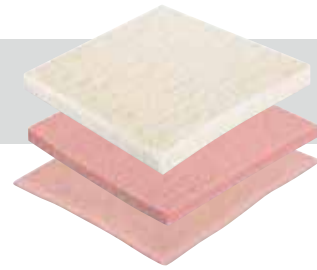
Chlorhexidine is an antimicrobial agent that is active against a wide range of Gram-positive and Gram-negative bacteria but inactive against spores, fungi and viruses it is more effective against Gram-positive than Gram-negative organisms, and some species of Pseudomonas and Proteus are of limited sensitivity.



## Felts and Foam

### Assorted Padding Set

**D4561** - £11.40



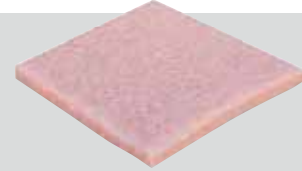
This kit represents excellent value when compared to buying the items individually. Adhesive backing.

**Comprises:**

- 1 x 5mm felt
- 1 x 7mm felt
- 1 x 7mm swanfoam
- 1 x fleecy web

### Fleecy Foam

- D6006** - £1.95 5mm (1 Sheet)
- D6006-4** - £7.80 5mm (4 Sheets)
- D6008** - £2.15 7mm (1 Sheet)
- D6008-4** - £8.60 7mm (4 Sheets)



Fleecy Foam is a soft open cell polyurethane foam with the added strength of a bonded fleece surface. Highly compressible with instantaneous recovery, ideal for light comfort cushioning e.g. both malleoli and exostoses associated hallux abducto-valgus. Hapla Fleecy Foam provides a smooth surface next to hosiery. Adhesive backing.

**Size:** 22.5 x 45cm

### Fleecy Web

- D4568** - £1.65 (1 sheet)
- D4568-4** - £6.60 (4 sheets)
- D4575** - £9.99 - Fleecy Web Roll 7.5cm x 5m - Pink
- D4576** - £9.99 - Fleecy Web Roll 5cm x 3m - White

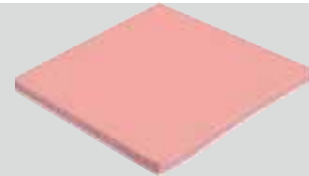


100% cotton padding with a raised fleecy surface – especially designed to protect sore and tender skin from friction and rubbing. Transverse stretch allows Fleecy Web to conform to the skin and the various convex and concave surfaces of the feet, which prevents creasing and provides comfort. Adhesive backing.

**Size:** 22.5 x 40cm

### Foam-O-Felt

- D6002** - £4.20 5mm (1 Sheet)
- D6002-4** - £16.80 5mm (4 Sheets)
- D6004** - £5.75 7mm (1 Sheet)
- D6004-4** - £23.00 7mm (4 Sheets)

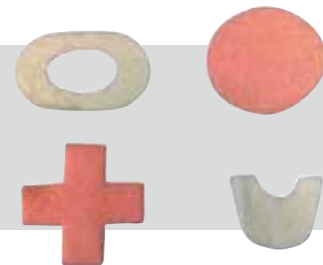


Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet where the natural fibro fatty tissue has broken down, particularly over the metatarsal heads and the heel. Adhesive backing.

**Size:** 22.5 x 45cm

### Hapla Pre-cut Paddings

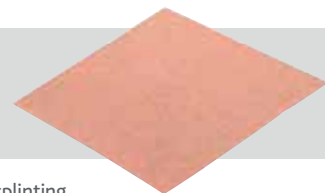
- D2000** - £3.10 Round Bunion Fleecy Web
- D2001** - £3.95 St George Cross Fleecy Web
- D2002** - £2.75 Crescent Corn 5mm Felt
- D2003** - £3.95 Oval Bunion 3mm Felt



36 per pack.  
Adhesive backing.

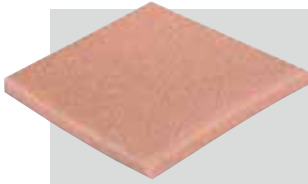
### Moleskin

- D6010** - £4.25 23cm x 70cm Roll
- D6012** - £11.65 23cm x 3.0m Roll



A woven 100% cotton fabric, which is lightly raised on one side. Used as a shield against abrasion and for splinting. Adhesive backing.

**Size:** 23 x 70cm

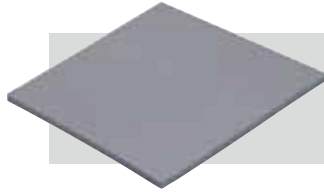


### Nuprene

- D6014 - £1.90 5mm (1 Sheet)
- D6014-4 - £7.60 5mm (4 Sheets)
- D6016 - £2.25 7mm (1 Sheet)
- D6016-4 - £9.00 7mm (4 Sheets)

Nuprene is a soft open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfort cushioning. Adhesive backing.

**Size:** 22.5cm x 45cm sheet  
**Available in two thicknesses:** 5mm and 7mm.

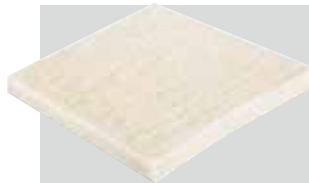


### Poron

- D6020-4 - £10.30 Non Adhesive 3.2mm (4 Sheets)
- D6022-4 - £16.15 Adhesive 3.2mm (4 Sheets)

A skinned, closed cell polyurethane foam – offering highly efficient, long lasting underfoot pressure absorption and redistribution. The material returns to its original thickness in a fraction of a second and will not bottom out. Ideal for insole use within footwear on top of or underneath the existing shoe insole.

**Size:** 22.5 x 31.5cm



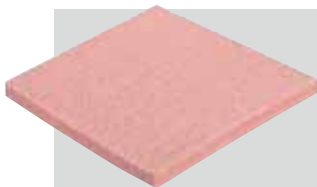
### Semi-Compressed Felts

- D4562 - £3.40 5mm (1 sheet)
- D4562-4 - £13.60 5mm (4 sheets)
- D4563 - £4.35 7mm (1 sheet)
- D4563-4 - £17.40 7mm (4 sheets)



A mixture of 70% wool and 30% viscose which provide a cost effective alternative to 100% wool felt with good performance. A highly versatile padding which can be easily cut and shaped, providing excellent pressure absorption and redistribution. Available in single sheets for low volume users. Ideal for use when making chairside replaceable padding.

**Size:** 22.5cm x 45cm sheet  
**Available in two thicknesses:** 5mm and 7mm.

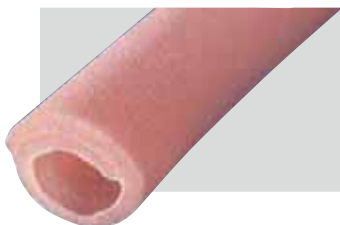


### Swanfoam

- D4564 - £2.30 5mm (1 sheet)
- D4564-4 - £9.20 5mm (4 sheets)
- D4565 - £2.80 7mm (1 sheet)
- D4565-4 - £11.20 7mm (4 sheets)

Closed cell latex foam bonded to a brushed fibre surface - absorbs pressure with instantaneous recovery, ideal for underfoot pressure redistribution and making replaceable cushioning chairside padding. Adhesive backing.

**Size:** 22.5cm x 45cm sheet  
**Available in two thicknesses:** 5mm and 7mm.



### Tubular Foam (Tofoam)

- |                            |                            |
|----------------------------|----------------------------|
| D5521 - £3.80 size A 15mm  | D5525 - £4.30 size C 21mm  |
| D5522 - £4.05 size Ax 15mm | D5526 - £4.65 size Cx 21mm |
| D5523 - £4.05 size B 18mm  | D5527 - £4.65 size D 25mm  |
| D5524 - £4.30 size Bx 18mm | D5528 - £4.90 size Dx 25mm |



Medical polyurethane foam on a 100% cotton stockinette core - protect digits and tender areas from friction and pressure. Also offers light interdigital separation. Available with or without overlap according to protection required.

Packs of 12 x 25cm lengths

**'X' sizes:** Foam tube comes with a larger overlap

## Gauze and Applicators

### Haplanet

**D5511** - £1.95 size 00 **D5512** - £2.00 size 01 **D5513** - £2.10 size 12



100% viscose in a 20m roll. Available in three sizes.

**00** – Small toes and fingers

**01** – Toes and fingers

**12** – Bulky dressings on toes and fingers.

### PodoPro Tubular Gauze

**D5501** - £1.50 Green Grade - 100% Viscose Size 00

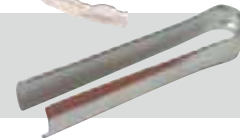
**D5502** - £1.60 Green Grade - 100% Viscose Size 01

**D5503** - £2.00 Green Grade - 100% Viscose Size 12

**D5504** - £1.80 Blue Grade - 100% Cotton Size 00

**D5505** - £1.99 Blue Grade - 100% Cotton Size 01

**D5506** - £2.80 Blue Grade - 100% Cotton Size 12



20m roll.

### Tubigauze Applicator

**T4754** - £3.49

An applicator to provide ease in the application of small, digital dressings.

**Size:** 00

### Tubinette Gauze Applicator

**D5563** - £7.99



Stainless steel applicator for use with all three sizes of tubinette gauze.

## Tapes

### HaplaWave Tape

**D4594** - £4.75 Blue **D4595** - £4.75 Black



Brand New HaplaWave Muscle Care Tape is a Premium Muscle and Joint Support Tape.

Foot Healthcare Professionals use this stretchy, hypo allergenic adhesive tape to provide muscle support and stability without limiting joint range of motion. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath. Can be used as part of a care package for conditions such as turf toe, Morton's Neuroma and metatarsalgia, plantar fasciopathy and heel fat pad atrophy, posterior tibial tendon damage, Achilles' insertional and mid portion tendonitis, peroneal muscle and chronic lateral ankle instability etc.

### Elastic Adhesive Bandage

**D5980** - £2.40 2.5cm **D5982** - £3.05 5cm **D5984** - £3.99 7.5cm



These bandages allow for strapping up and limiting the motion of painful or problematic tissues / joints.

4.5m length available in three widths.

### Hapla-Band

**D4590** - £8.30 1.25cm (4 rolls)

**D4592** - £8.10 5cm (2 rolls)

**D4591** - £5.40 2.5cm (2 rolls)

**D4593** - £5.90 7.5cm (1 roll)



Flesh coloured, thin hypoallergenic bandage, Hapla-Band has elastic wrap threads which allow the bandage to stretch and recover longitudinally whilst remaining laterally rigid. Due to the extensibility of the strapping it is ideal where a light compression is required in conjunction with padding. Supplied on backing paper it can be easily and accurately cut to size. 10m roll available in four widths.

Adhesive backing.

### Non Stretch Sports Tape

**D5986** - £1.75 2.5cm **D5988** - £2.82 3.8cm **D5990** - £3.30 5cm



This non-stretch sports tape allows for strapping up and limiting the motion of painful or problematic tissues / joints.

13.7m length available in three widths.

Adhesive backing.





Podiatrists have noted a frequent **ageing of the natural ball of the foot** with their patients. The ageing of the natural footpad is very painful and needs a **long-lasting solution**: Millet Innovation has developed a **substitute** for the human footpad:

\* 3 patented materials:

**EPITHELIUM 26®:**

Adheres to the skin and prevents friction. Washable.

**EPITHELIUM 29™:**

Helps to evenly distribute pressure across the surface of the lesion, prevents friction and can be used as a dressing.

**EPITHELIUM™ Activ:**

Gives long lasting protection by evenly distributing pressure and mimicking the properties of normal healthy plantar skin. Washable.



**Blister Protectors for Diabetics**

D5183 - £5.20



- Protects the epidermis and provides relief when a blister has formed but has not burst.
- Epithelium™ Activ self-adhesive gel limits rubbing on the surface of the skin.
- Repositionable, they unfold without any pain even on hairy areas.
- Can be used in all shoes (town, sport, house).
- Washable by hand with soap and water.
- Life span: 5 uses on average.

Pack of 2



**Anti Crack Heel Protection**

D5169 - £12.49



To effectively protect and relieve cracked, painful heels. The protection distributes pressures exerted on the fissures and relieves pain when walking. It also provides continuous moisturisation of the heel with Epithelium. Washable at 40°C



**Callous Patch for Diabetics**

D5180 - £6.00



- The effectiveness of these self-adhesive dressings is due to Epithelium™ Activ silicone gel which evenly distributes pressure.
- May be worn in all types of shoes (formal, sport, house).
- Hand-washable with soap and water.
- Lasting quality: One dressing can be used up to 5 times (not to be worn at night).

Pack of 3



**Digitop with Epithelium 26®**

D5060 Pack of 2 - 23mm width - £7.20

D5061 Pack of 2 - 26mm width - £7.20

D5062 Pack of 2 - 36mm width - £7.20



Alleviation of pain caused by apical heloma's, corns and ingrowing toenails.

- Epithelium 26® redistributes the pressure on the toes and protects them from trauma.
- Easy to position.
- The elastic material of the Digitop helps it to stay in place.
- Thin, soft and comfortable.
- In 3 sizes, will fit any toe.



## DIGITUBES® with Epithelium™

D5070 - £8.00 1 each of all 3 sizes

Preventive care and reduction of pain caused by blisters, heloma's, calluses and hammer toes.

Available in 3 sizes: 22mm, 25mm & 33mm

- Distributes pressure & relieves pain instantly.
- Minimal thickness (1mm) of gel for comfort.
- Seamless to avoid irritation.
- Available in 3 sizes (S,M,L).
- 3 x 10cm tubes per pack - cut to size.
- Durable & cost-effective.
- Hand washable in warm soapy water.
- Average lifespan of 1 month.



## Double Protection Cushions with Epithelium26®

D5010 1 pair - small - £19.30

D5011 1 pair - medium - £19.30

D5012 1 pair - large - £19.30

- Contains Epithelium 26®: Distributes pressure and relieves pain instantly.
- Minimal thickness 2mm of cushion under the ball of the foot and 1 mm pad placed on the bunion = efficient protection with no added pressure in the shoe.
- Available in 3 sizes (S, M, L).
- Durable & cost-effective.
- Machine washable at 40°C.
- Average lifespan of 6-12 months.



## Hallux Valgus Bunion – Corrective Orthosis

D5055 - Small - £16.95

D5056 - Medium - £16.95

D5057 - Large - £16.95

To correct and limit the development of Hallux valgus (bunion) while relieving joint pains.

- Corrective orthosis can easily fit in all kinds of footwear due to its flexible and ultra thin patented design.
- The patented external tendon in silicone EPITHELIUM™ FLEX enables the straightening-up of the big toe and also enable the absorption of pressures on the bunion and thus relieve pain.
- The EPITHELIUM™ patch creates a comfortable end-stop with the shoe-support and thereby allows pushing the first metatarsal back.
- The extra thin metatarsal bangle of contention shall inhibit the squashing and the widening of the forefoot.
- Machine-washable at 40°C. A long lasting life span.



## Hallux Valgus Protection for Diabetics

D5181 - £6.00

- The self-adhesive dressings provide relief thanks to Epithelium™ Activ silicone gel which spreads pressure and reduces rubbing that causes pain.
- Very thin, they can be used in all shoes.
- Washable with soap and water.
- Life span: 5 days on average / dressing (can be worn at night).



Pack of 2

## Hammer Toe Cushions with Epithelium™

D5150 Small - 1 pair women - £12.65

D5151 Large - 1 pair men - £12.65

- These Epithelium™ pads are placed under the toes, allowing the toes to comfortably stretch and thereby limit the formation of soft and dorsal corns.
- Their shape means they adapt perfectly to the space located under the toes.
- The flexible elastic band is placed around the third toe to hold the pad in place.
- These pads are pleasant to wear thanks to the material selected for its softness and ability to absorb perspiration.
- Wear directly against the skin. Wear socks, tights or stockings over the device for optimal comfort.
- Can be machine-washed at 40°
- Duration of use: several months on average.





### Plantar Cushions with Epithelium 26®



- D5000** 1 pair - small - £16.95
- D5001** 1 pair - medium - £16.95
- D5002** 1 pair - large - £16.95

Relief of pain caused by dropped forward metatarsal arch or subluxation of a metatarsal head.

Contains Epithelium 26®:

- The only patented silicone gel on the market.
- Substitute for the natural plantar pad.
- Distributes pressure & relieves pain instantly.
- Minimal thickness (2mm) of cushion for comfort.
- Each pack contains left & right cushion.
- Durable & cost-effective.
- Machine washable at 40°C.
- Average lifespan of 6-12 months.



### Prevention Plaster with Epithelium 28®



**D5050** - £6.99

Ideal for biomechanical dressings.

- Each sheet is 1mm thick with fabric on one side and self-adhesive on the other.
- Ideal for Hallux Valgus care, a protective dressing with Epithelium 28® alleviates pain caused by friction and excessive pressures.
- The cloth support enables an optimal use even after several washings.
- Sheet size is 4" x 4".



### Protection For Hallux Valgus with Epithelium 26®



- D5040** Shoe size 3 – 5½ - £11.50
- D5041** Shoe size 5½ – 7½ - £11.50
- D5042** Shoe size 8 – 10½ - £11.50

A simple mechanical protection to avoid friction and reduce the pain of Hallux Valgus.

The Epithelium 26® is only 1mm thick, so there is no extra pressure on the bunion.

Sold singly.



### Sheet Of Epithelium Active®

**D5115** - £14.00

Prevention of blisters caused by friction (walking, new shoes).

- Corns and Calluses.
- Local inflammation.
- Epithelium Active® is self-adhesive.
- It can be removed without discomfort.
- Minimal thickness (1mm).
- Distributes the pressure over the protected area.
- Can be easily cut to the required size.
- 20cm x 20cm sheet.
- Fabric one side.

## Sheet Of Epithelium 29®

**D5125** Gel square - £11.50  
**D5128** Fabric one side - £15.00



- Epithelium 29® is also ideal for biomechanical dressings.
- After callus treatments.
- Over Hallux Valgus or Quintus Varus.
- An excellent load distributor and a great abrasion inhibitor.
- It is naturally self-adhesive.
- Sheet size is 20cm x 20cm.
- Available in 2mm thickness, in two versions:
  1. Plain gel version: alleviates pain between the toes and is very comfortable.
  2. Single-sided fabric: reinforces and improves the life of the plasters.

## Toe Separators with Epithelium™

**D5080** Pack of 6 - small - £6.90  
**D5081** Pack of 4 - large - £6.90



Separates toes by a few millimetres to prevent friction, chaffing, and the formation of interdigital heloma's.

- Load distribution and anti-friction properties.
- Its shape and adhesiveness keeps it in place.
- A very soft gel which adapts to the shape of the foot.
- Available in 2 sizes:
  1. Large fits between the 1st and 2nd toes.
  2. Small fits between the other toes.



## Toe Tip Protections For Hammer Toes with Epithelium 26®

**D5170** 1 pair - shoe size 3 – 5½ - £12.65  
**D5171** 1 pair - shoe size 5½ – 7½ - £12.65  
**D5172** 1 pair - shoe size 8 – 10½ - £12.65



- Hammer toes.
- Claw toes.
- Dorsal corns.
- Can be machine-washed at 40°C.
- Average duration of use: several months.
- When the Epithelium 26® toe protector is placed on top of toes, it distributes pressure and limits the formation of corns on the tops of toes.
- The integrated protective gel is only 1mm thick.
- The fabric is soft and absorbs perspiration, making this device very comfortable to wear.
- Provides warmth to the tips of toes, even with poor circulation.

## Verruca Patch for Diabetics

**D5182** - £7.55



- Relieves pain from walking thanks to Epithelium™ Activ gel that spreads pressure.
- The occlusiveness of the gel encourages the verruca to disappear.
- Very thin, they can be used in all shoes (town, sport, house).
- Washable with soap and water.

Life span: 5 days / dressing on average.  
 Pack of 5.



# Hapla-gel

## The softer way to protect feet

An advanced polymer gel system of dressings and appliances for the relief of pressure and friction, containing mineral oil to soften and lubricate the skin for greater comfort.

### Medical Grade Gel

Hapla-gel is made from pure medical grade ingredients. It is non toxic and hypoallergenic.

### Moisturises and Lubricates

The mineral oil in Hapla-gel slowly permeates the skin during wear to soften and lubricate and help keep it supple.

### Washable, Reusable, Durable

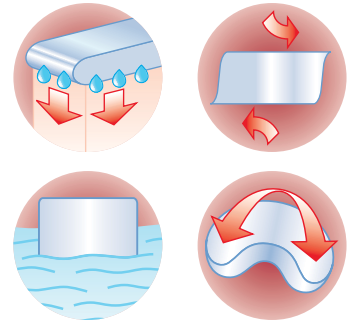
Careful hand washing and care of Hapla-gel extends the life of the product allowing repeated use after many applications without loss of the original properties.

### Protects and Cushions

Pressure is absorbed and redistributed by Hapla-gel's soft elastic structure, which allows movement at one surface without influencing movement at the other, removing the effect of friction on the skin.

### Conforms for greater Comfort

Hapla-gel's softer gel structure allows flow when weight or pressure is applied providing greater comfort even over bony prominences. Once the pressure is removed the gel rapidly returns to its original shape.



### Hapla-gel starter kit (Refillable)

D5688 - £37.00

This fantastic Starter Pack is a convenient and cost effective way to store and use Hapla-Gel products. The pack offers a selection of the most popular professionally used Hapla-Gel items, making it ideal as a starter pack or for continued use.

Packs of Hapla-Gel products sold separately for individual use & for the refilling of this starter pack can be purchased at Podiatcare.

NEW



### Digital Cap - £3.45

D5673 Small  
D5674 Medium



Elasticated closed end tube with a full polymer gel lining. 2 pieces fully lined with gel pad.

- All round protection including the apex of the toe.
- Ideal for hammer toes.
- Can be cut to a shorter length if required.
- Sizes: Small & Medium.



### Digital Pad

D5670 - £5.45 Small  
D5671 - £5.60 Medium  
D5672 - £5.95 Large



Elasticated tube with circular polymer gel pad. 6 pieces fully lined with gel pad.

- Protects against pressure and friction on corn sites.
- Softens corns helping and relieving the build up of hard skin.
- Sizes: Small, Medium, Large.



### Digital Strip

D5677 - £11.75 Small  
D5678 - £11.75 Medium  
D5679 - £12.00 Large



Elasticated tube with a cushioning strip of polymer gel on the inside. 1 x 71cm strip.

- Thicker gel for extra protection.
- Pressure relief for top, bottom or side of toe.
- Cut to size as required.
- Sizes: Small, Medium, Large.





### Digital Tube

- D5676 - £7.75 Small
- D5695 - £8.20 Medium
- D5696 - £8.35 Large



Elasticated tube with full polymer gel lining. 2 x 15cm tube fully lined with gel.

- All round toe protection.
- Slim design for inshoe comfort.
- Cut to size as required.
- Sizes: Small, Medium, Large.

### Gel Dot

- D5694 - £6.85



Preformed 100% polymer gel with concave centre. 12 gel pieces.

- Non adhesive soft gel dots offer surrounding protection from pressure or friction on sore spots.
- Can be held in place on skin using retention tape.
- One size.

### Metatarsal Band

- D5690 - £6.99 Small
- D5691 - £7.15 Large



Elasticated band with an internal plantar metatarsal shaped gel pad. 1 pair with internal gel pad.

- Protection and cushioning for the full plantar metatarsal area.
- Hallux stitch helps to maintain position and alignment or can be cut if preferred.
- Sizes: Small & Large.
- Small: Size 2-6.
- Large: Size 6.5-12.

### Bunion Sleeve

- D4530 - £5.99 Small /Medium
- D4531 - £6.15 Large



- Superb protection and relief from corn and callus over the bunion joints.
- Washable.
- S/M or L/XL.
- Stretch to fit.

### Toe Separator

- D5680 - £2.85 Small
- D5681 - £3.05 Medium
- D5682 - £3.30 Large



Preformed 100% polymer gel. 6 piece pack.

- Designed to fit comfortably between toes to reduce pressure and friction.
- Can be trimmed if required.
- Sizes: Small, Medium, Large.

### Toe Spreader

- D5683 - £4.85 Small
- D5684 - £5.00 Medium
- D5685 - £5.15 Large



Preformed 100% polymer gel. 6 pieces.

- Interdigital application protecting and realigning hallux valgus and overlapping toes.
- Soft gel design offers excellent comfort.
- Sizes: Small, Medium, Large.



## Podiacare Products

In formulating this unique range of footcare preparations, the natural power of essential oils has been harnessed to provide an effective means to smooth and soften dry skin and to bring relief to sore feet. Some essential oils may improve the circulation whilst others bring a lasting freshness and safeguard against fungal infection.

### Creams



#### Barrier Cream

**P4621** - £4.90 50ml

**P4621-6** - £24.50 6 for the price of 5 - **£ SAVER**

**P4621-12** - £49.00 12 for the price of 10 - **£ SAVER**

BEST  
SELLER

A natural cream which creates a barrier to help prevent the spread of infection whilst swimming. Contains essential oils which have been shown to promote healing.



#### Deodorising Cream

**P4572** - £4.90 50ml pot

**P4572-6** - £24.50 6 for the price of 5 - **£ SAVER**

**P4572-12** - £49.00 12 for the price of 10 - **£ SAVER**

BEST  
SELLER

Controls the foul-smelling foot all day with one application. A combination of essential oils which safely deodorise and reduce offensive odour. Natural antiseptics control fungal infections and irritation between toes.



#### Hydromid Skin Softening Cream

**P4593** - £6.20 50ml

**P4593-6** - £31.00 6 for the price of 5 - **£ SAVER**

**P4593-12** - £62.00 12 for the price of 10 - **£ SAVER**

BEST  
SELLER

Powerful skin softening cream ideal for use on cracked and fissured feet, leaving the skin softer and pleasant smelling.



#### Warming Cream

**P4573** - £4.90 50ml pot

**P4573-6** - £24.50 6 for the price of 5 - **£ SAVER**

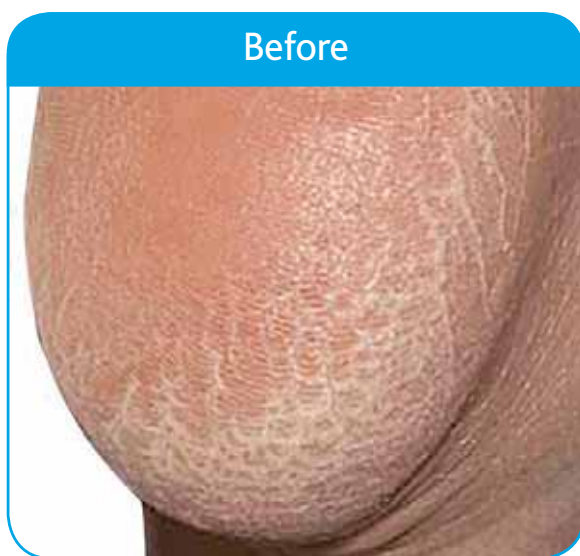
**P4573-12** - £49.00 12 for the price of 10 - **£ SAVER**

BEST  
SELLER

An invigorating cream to help cold feet warm through. Naturally selected oils to invigorate and improve circulation, producing a warming effect to control and improve cold feet.

# NOW YOU KNOW WHY SPLITZ REALLY WORKS

*Splitz - clinically formulated for lasting soft, smooth feet.*



## Splitz Cream

**P4570** - £6.95 30ml

**P4570-6** - £34.75 6 for the price of 5 - **£ SAVER**

Rough skin, dry heels, split heels, fissures are one of the major problems confronting all practitioners.

Up until now the only products available have been those that just soften the skin and hopefully keep it supple, but do not actually resolve the problem satisfactorily.

Splitz Cream has been specially formulated after several years research.

Its preparation is unique in so far that whilst other products merely moisturize the skin, Splitz Cream gets to the cause of the problem and helps heal fissures, dry and rough skin rapidly.

**Said to be the best product available to professionals.**



**BEST  
SELLER**

## The Original Foot Massage and Lubricating Cream

**P4571** 50ml - £4.90

**P4571-6** - £24.50 50ml (6 for the price of 5) - **£ SAVER**

**P4585** 100ml tube - £8.70

**P4585-6** - £43.50 100ml tube (6 for the price of 5) - **£ SAVER**

Contains a unique combination of high quality essential oils with their natural power to give a long lasting and refreshing effect. Now in its 20th year.

**BEST  
SELLER**

**P1002** - £2.70

**P1002-5** - £13.50 (6 for the price of 5) - **£ SAVER**

## Aloe Vera Soothing Gel 75ml

Soothing – cooling Aloe Vera is unsurpassed. It is a refined gel enhancing the properties of Aloe Vera. Aloe Vera is noted for helping healing in a variety of minor conditions including small burns and itching.



**BEST  
SELLER**

**P1001** - £3.20

**P1001-6** - £16.00 (6 for the price of 5) - **£ SAVER**

**P1001-12** - £32.00 - (12 for the price of 10) - **£ SAVER**

## Aromall Gold Hydrating Cream 125ml

Aromall® Gold Hydrating Cream is probably the best in moisturising skin creams. It really does help the skin to return to its normal texture.

**PH Coded Products**

PH coded products can only be purchased by qualified members/persons, please state your membership/HPC number for all web/telephone orders.

**Concentrated Chlorhexidine**

**P4522** - £4.25 250ml

For use as an antiseptic in conjunction with IPA (Isopropyl alcohol).

5% solution.



**Thuja Occidentalis**

**P4660** - £11.95 5ml

Thuja Occidentalis - Affects the virus in-situ, on verrucas. It is especially effective on skin tags but must not be used the eyes or orifices. Useful when verrucas affect the hands and fingers. Remember many pharmaceutical remedies have emerged from plants – digitalis for example originally came from the foxglove before being made synthetically.

Buds Extract 1:2  
Alcohol Content 55-65%  
Water Content 34-45%  
5ml Bottle



**Marigold Tincture**

**P4650** - £5.45 10ml

**P4650-6** - £27.25 6 for the price of 5 - **£ SAVER**

**P4650-12** - £54.50 12 for the price of 10 - **£ SAVER**

Used by practitioners for those difficult warts, and effective too. An ideal mild styptic with anti-verruca properties.



**Phytonail Nail Hygiene**

**PH4596** - £4.98 10ml

**PH4596-6** - £24.90 6 for the price of 5 - **£ SAVER**

**PH4596-12** - £49.80 12 for the price of 10 - **£ SAVER**

Cosmetic treatment for discoloured nails. Helps to restore nails to their former state when used regularly.



**Tea Tree Oil**

**P7001** - £2.50 10ml

**P7001-6** - £12.50 6 for the price of 5 - **£ SAVER**

**P7001-12** - £25.00 12 for the price of 10 - **£ SAVER**

Enhanced with lavender and effective in onychomycosis, compliments nature's antiseptic, antifungal and virucidal properties.



**TT50 Verruca Cream**

**P4575** - £4.45 30ml

**P4575-6** - £22.25 6 for the price of 5 - **£ SAVER**

A deeply penetrating cream that contains Oil of Maleluca and urea to penetrate deeply and help fight HPV, the cause of verrucae.





## Autoclaves



## PodiaClave Autoclave 134°C

E1733 - £995.00

E1720 - £44.00 Printer paper (10 rolls)

E1721 - £4.70 Printer paper (single roll)

BEST  
SELLER

Ideal for the mobile practitioner, the PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

**Specifications:**

Dimensions: W: 340mm x H: 355mm

Chamber capacity: 9 litres

Max. Nett weight: 5.6 kg

Sterilising temperature: 134°

**More features and benefits:**

- Lightweight and portable for flexibility of use.
- Supplied complete with printer and instrument basket.
- Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year warranty\* for peace of mind. (Warranty excludes lid gaskets and internal furniture).
- Replacement Gasket can be purchased separately from Podiacare.



## Prestige 2100 Classic Autoclave 134° C

E4718 - £949.99

The 2100 Classic remains the proven choice for all healthcare professionals – whatever their sterilising needs.

**Specifications:**

Dimensions: W: 340mm x H: 355mm

Chamber capacity: 9 litres

Max. Nett weight: 7.1 kg

Sterilising temperature: 134°

**More features and benefits:**

- An interlock system prevents the lid from being removed whilst pressure remains in the vessel.
- A two stage 'over pressure' protection system incorporating a calibrated pressure release valve and a gasket blowout slot.
- Superb engineering – the Classic 134 is manufactured in the UK and comes with a full one year warranty\* for peace of mind. (excludes lid gaskets and internal furniture).
- Replacement Gasket can be purchased separately from Podiacare.
- Supplied with Instrument basket.

*\*Please note: Prestige Medical warranties are only valid in Great Britain; they do not have engineers in Ireland. Customers must register their product after purchase by returning the completed warranty card to Prestige Medical.*

## Autoclaves Accessories

### Autoclave Brush

M4628 - £3.40

Instrument scrubbing brush. Fully autoclavable.



### Instrument Cleaning Brush

M4629 - £3.35

Wire cleaning brush for instruments.



### Autoclave Cleaning Solution

E4601 - £15.99 1 Litre

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.



### Autoclave Test Strips

M4612 - £20.75 TST Autoclave Test Strips 121° C - £20.75

M4613 - £18.95 TST Autoclave Test Strips 134° C - £19.99

M4616 - £18.95 TST Autoclave Test Strips 126° C - £19.99

#### TST Autoclave Test Strips

The TST Steriliser Control system only registers a pass when it has been subjected to the required heat/time ratio in saturated steam. Should one of the criteria be missing, TST Control will not register a pass. System works on 121° C for 15 minutes and 134° C for 3 minutes.

Pack of 100 strips.

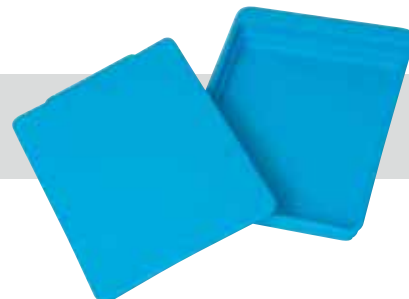


### Blue Autoclavable Tray with Lid

M4596 - £5.99

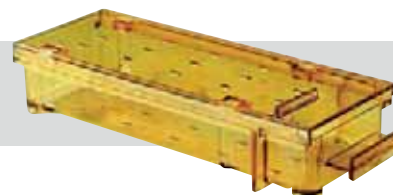
Plastic trays with lids, autoclavable up to 134°.

**Size:** 195mm x 135mm



### Cassette for Prestige Classic 2100

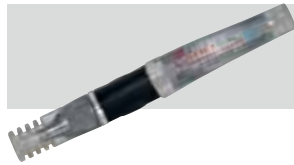
E4663 - £35.99





### Cassette Rack for Prestige Classic 2100

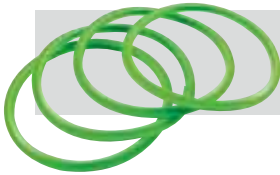
**E4664** - £110.00 Cassette rack + 3 Cassettes  
**E4665** - £15.30 Cassette rack only



### Metallic Lubricating Pen

**T4700** - £4.99

Easy to use dispenser.  
 For applying to instruments prior to autoclaving.



### Replacement Gasket for 126° Autoclave

**E4654** - £29.99

Replacement gasket for Prestige 2100 autoclaves (sold individually).



### Replacement Gasket for 134° Autoclave

**E4647** - £29.99

Replacement gasket for 134° autoclave (sold individually).



### Standard Instrument Basket for Prestige Classic 2100/Podiaclave

**E4653** - £42.50



### Sterilization Pouches

**M4610** - £6.80 Pouch size 90 x 230 (mm)  
**M4611** - £10.99 Pouch size 133 x 254 (mm)  
**M4619** - £5.99 Pouch size 60 x 100 (mm)

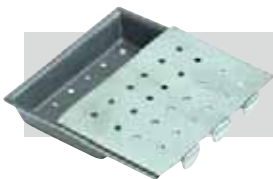
- High quality sterilisation pouches at low prices.
- Self seal, transparent pouches.
- Suitable for steam or gas sterilisation.
- Accurate sterility indicator.
- CE marked.
- 200 Pouches per pack.



### Bur Holder - Cylinder

**E4900** - £9.90

Autoclavable Bur Box - Cylinder



### Bur Holder - Sliding Box

**E4901** - £7.85

Autoclavable Bur Box - Sliding

## Dopplers

### Mini Dopplex Doppler (NS)

- E4765** - £239.99 - D900 Mini Doppler
- E4767** - £240.00 - 4Mhz High Sensor Vascular Probe
- E4768** - £240.00 - 5Mhz High Sensor Vascular Probe
- E4769** - £280.00 - 8Mhz EZ8 High Sensor Wide Beam Vascular Probe



### Sonotrax Vascular Doppler

**E4740** - £192.50

Supplied complete with a 4MHz waterproof probe, the Sonotrax Vascular Doppler provides healthcare professionals with a cost-effective and versatile solution for routine examinations.

**Features:**

- High-quality sound from 0.5W built-in speaker.
- Supports interchangeable Sonotrax probes.
- Dial operated volume control.
- Automatic power off.
- Requires a single 9 v battery [not supplied].
- Complete with carry case and full user instructions.

**Specifications:**

- Dimensions: 32 x 85 x 138mm (D x W x H)
- Weight: 290g



### Ultrasonic Gel

**E4770** - £2.50

Available in 60gm tubes. Essential for effective identification of Doppler sounds, and provides patient comfort during Doppler scanning.



*NS denotes a non stock item. Please allow up to 21 days delivery.*

## Drills

### Hadewe Helius 40 Dust Extraction Drill (NS)

**E7014** - £890.75

Introducing the Hadewe Helius 40 Drill.

This drill is widely popular due to the easy handling and low noise level. The drill provides a powerful suction and an integrated labyrinth technology makes this drill one of the most quiet units in the market.

The handpiece motor is designed for long working hours and skin particles are removed via the effective point suction at the top of the handpiece. This ensures for optimal hygienic and effective work. This drill is certified as a class 2A EU-Medical Device unit for the professional, medical Podiatry field.



#### Features

- Silent soundproofing.
- Slim and easy to handle handpiece.
- Easy to clean unit surface.
- New smaller unit size allows transportation to become easy.
- Modern, easy to clean membrane keyboard.
- Regular and reverse switch (left/right).
- Suitable for all common burs 2,35mm.
- Low vibration and quiet running.

#### Technical Details

- Total weight : 4.0kg.
- Size : W 313 x H 142 x D 235 mm.
- Voltage 240V, 50 Hz, 550 W, <59 dBA.
- Handpiece : 17-22mm, length: 163mm, weight: 138g.

Please note that this is a non stock item. Please allow up to 10 working days for delivery.

### Twister Portable Drill

**E6073** - £365.55

The upgraded Twister features an attractive modern design, up-to-date microprocessor technology and a keyboard with soft keys. The softkeys allow the user to vary the speed with the 'plus' or 'minus' keys or programme speed settings that can be accessed via the three memory keys. There is also the option to reverse the direction of rotation or pause rotation using these keys. Practical storage for the handpiece is integrated into the device. The slim shaped gripping case makes fatigue-free and comfortable handling, in both the fist and in the writing position, possible.

Mains operated.

#### Specifications:

Voltage: 230 Volt / 50/60 Hz  
 Power input: 30 Watt  
 Speed: Max. 30,000 rpm  
 Controller dimensions: L: 160mm x H: 100mm x D: 205mm  
 Weight: 1.4kg  
 Handpiece dimensions: L: 125mm  
 Handpiece weight: 105gms

Designed and manufactured by a leading German manufacturer.

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.



### Accessories for Twister Drill (NS)

**E6075** - £39.90 Foot Switch ON/OFF

**E6076** - £70.80 Variable Pedal

*NS denotes a non stock item. Please allow up to 21 days delivery.*



## Genius Spray Jet Drill (NS)

E6065 - £1,150.00

NEW

Podotronic Spray device with new pump technology.

With a high performance compressor combined with a medical pump, ensure the finest nebulous spray which is stageless and adjustable. In addition, the level of spray intensity can be adapted to the individual needs of the podiatrist.

Familiar features such as the memory function, to store the speed and spray intensity settings are easy to operate using the soft keys on the front of the GENIUS.

A stand-by function for the spray and a general stand-by for all other functions, as well as the podoTRONIC spray handpiece ensuring the finest spray are a matter of course. The Voluminous water reservoir (410ml) allows a long operation time and its advantageous position with pull-off / plug-in system makes refilling quick and easy.

The handpiece is equipped with a brushless motor and operates at a speed of up to max 40,000 RPM. The new ergonomic shape makes the handpiece particularly easy-to-grasp, not least because of its low weight of only 112g.

- LED handpiece drill option available on request.
- Mains operated.

### Control Unit

Dimension – 242(W) x 180(D) x 135(H)mm

Dimension – 140(L) x 17-22-24(D)mm

Weight unit – 3.0 set

Weight handset – 112g

Max speed – 40,000 RPM

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.



## Saeyang K38 Micromotor Drill

E6090 - £299.99

BEST SELLER

Lightweight design and ideal for domiciliary use.

- Compact and simple design with digital RPM speed display.
- Non-stage speed control dialling system.
- LED display for battery charging level.
- Automatic safety overload protection and overload warning LED.
- Automatic power saving function after three minutes under no operation.
- Select button switch for hand and foot mode (foot pedal not included).
- Available in red.

### Motor Handpiece

RPM – 0 – 30,000

Weight – 140g

Dimension – 118(L) x 23(D)mm

Motor Cable Length – 1.5m

### Control Unit

Dimension – 67(W) x 128(D) x 30(H)mm

Output – DC 12V 2A

Weight – 277g

Battery Capacity – 1,800mAh (Li-ion)

Working Time – 3 hours (continuous)

Charging Time – 3 hours

Direction – Forward and reverse

This drill comes with the superior dental hand-piece, not the standard hand-piece. Hand-piece can be autoclaved if required and cleaned/lubricated without disassembly.



NS denotes a non stock item. Please allow up to 21 days delivery.



### Gigasept Instru AF Bath

**E4672** - £29.00

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

**Dimensions:** (W) 28cm x (H) 12.6cm x (L) 18cm



### Gigasept Instru AF Solution

**P4540** - £42.00 2L Solution

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anticorrosives make Gleam II particularly kind to metal items..

- Broad spectrum of efficacy (inc. HBV, HCV, HIV, Tb) in 15 minutes at 3% dilution.
- Cost effective solution.
- Can be used for up to 7 days unless heavily soiled.

2 Litre



### Ultrasonic Cleaner Solution

**E4714** - £35.10

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.

Dilution ratio: 1 part solution to 10 parts water.



### Paraffin Wax Bath (NS)

**E4110** - £90.65

Ideal for chronic arthritis & joint pain sufferers for the relaxation and repair of stiff muscles, dry skin, tired & over worked hands & feet and much more.

Paraffin therapy is one of the most effective methods of applying deep heat to relieve pain and stiffness. The warm paraffin also moisturizes for healthier looking, softer skin.

Paraffin bath comes with fully adjustable thermostat, lid and plastic filter. (Supplied without wax and accessories).

**Capacity:** 3kg



### Wax Bath Accessories

**E4604** - £6.60 Lavender Wax

**E4684** - £6.60 Peach Wax

#### Lavender Wax for Wax Bath

Paraffin Wax with Lavender and Ylang Ylang, 100% pure paraffin wax in 453g bags for application by brush or wax bath. Low melting point wax suitable for use with Therabath. Lavender has soothing properties to calm and relieve stress. Good for skin irritation and rheumatic joints.

#### Peach Wax for Wax Bath

Peach helps to detoxify, freshen and relax tired muscles while moisturising dry skin.

*NS denotes a non stock item. Please allow up to 21 days delivery.*

## Stools & Chairs

See page  
**76**  
for stools with  
an incorporated  
footrest

### Saddle Stool (NS)

F4051 - £170.00

The saddle stool offers the very best in anatomically correct seating.

#### Features:

- 1 year unconditional guarantee
- Fire retardant vinyl
- Height adjustment available
- Available in black or white

**Seat:** 38cm x 35cm

**Supporting weight:** 300lb

**Height adjustment:** 47-59cm

**Material:** PU and sponge



### Contemporary Saddle Stool (NS)

F4049 - £60.00

Assisted posture without backrest, this ergonomically designed saddle seat has a modern look for the professional treatment room and has a polished chrome footrest. Revolving seat guarantees correct, natural posture and gas lift height adjustment from 48 - 61 cm high, guarantees correct position for treatment.

**Supporting weight:** 280lb



### Compact Stool (NS)

F5520 - £60.00

Gas lift height adjustment stool. A thick (6cm) comfortable, white round foam seat (35cm diameter) and a chromed steel foot ring for comfort and 5 castors for ease of movement. Height adjustment from 51 to an extra high 65cm. Compact rolling base for portability and tight fit areas - only 48cm diameter.

**Supporting weight:** 280lb



NS denotes a non stock item. Please allow up to 21 days delivery.



### Operators Stool with Backrest (NS)

F5522 - £101.65

Generously upholstered with a fully adjustable lumbar support backrest that tilts back to give you maximum comfort. Gas lift instant height adjustment from 48cm to 60cm. Black 5-star base with easy glide double castors.

White contoured seat and back. Also available in black. Please state colour required when ordering.



### Operators Chair (NS)

F4050 - £140.00 Basic Operators Chair

This Operators chair is made with extremely durable high specification quality vinyl which is perfect for health care environments.

**Features:**

- Vinyl high back operator chair
- Features gas lift height adjustment
- Height adjustable back
- 2 year manufacturer guarantee
- Minimal assembly required

**Basic Chair**

**Seat:** 45 cm wide x 44 cm **Back:** 44 cm wide x 41 cm **Base:** 63 cm diameter

Available in the following colours. Colours shown are not exact. Please state colour required when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery.

## Electric Couch (NS)

F4016 - £892.95

This British made electric couch is high quality all round giving you a trouble free, long life versatile couch. Its main feature is that it has two headrests; one at 89cm length and the other at 60cm which can be raised to +55° and lowered to -45°. The couch is covered with 7.5cm thick upholstery, has lockable wheels and is fully CE compliant. Hand held electric lift controller gives smooth and silent height adjustment. The headrest and footrest are gas-lift assisted.

**Dimensions:** L - 212 x W - 70 x H - 58/95cm

This couch is specially made to order. Please allow 2 – 6 weeks for delivery. Please state colour required when ordering.



## Skinmate Elite Couch (NS)

F6001 - £1199.00

A functional design providing the performance you expect for treatment success, allowing access from every angle.

- Infinitely adjustable to ensure that therapist stature is not compromised and correct working posture is guaranteed.
- The simple elegance of the contoured cushions give a greater work surface and increased client comfort.
- Articulating, infinitely adjustable backrest for maximum comfort and access, finished with 7.5cm deep luxury upholstery.
- Tilt adjustment for comfortable knees up positioning.
- Twin headrest features, one that is long and rounded, used for the chair position, massage and body treatments. The other is short and contoured for facial work and specialised procedures.
- Small base frame foot print will give maximum leg and knee room with the additional benefit of remaining exceptionally sturdy and stable without losing flexibility.
- Effortless, silent lift height adjustment that descends low enough for wheelchair transfer.
- A superior performance couch that gives universal flexibility.
- Abrasion resistant upholstery that is hard wearing, also providing the benefit of low surface friction.
- Unique foldaway, reversible armrests, that become part of the upholstery when not in use.
- The couch is finished with a durable, powder coated, scratch proof frame with locking castors for ease of movement.
- A removable extension cushion is also available to increase the overall length of the couch for treating male or taller patients.
- 3 Year Guarantee on Electric motors.



*NS denotes a non stock item. Please allow up to 21 days delivery.*



# Plinth | 2000



## Plinth 503CD (NS) \*

**F4004** - £1,125.00

**F4026** - £30.00 Breathing Slot

**F4028** - £50.00 Foot Switch - Height only

Entry level single motor chiropody/podiatry chair, extremely strong, stable and versatile being suitable for biomechanics and multi disciplinary use both in clinics and surgeries. This chair offers excellent access and patient comfort and is available with optional footswitch.

### Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam, hardwearing anti-microbial vinyl, removable fold back arm rests, divided legs, extending and removable heel pads, able to lift 225kg from its lowest height, full choice of accessories and colours.

### Dimensions:

Height – 46 to 95cm approx

Width – 65cm Length – 185cm



## Plinth 503CDT (NS) \*

**F4006** - £1,575.00 503CDT

**F4020** - £210.00 Motorised back rest

**F4028** - £100.00 Foot Switch - Height only

This twin motor chair is the most popular and has all the features of model 503CD but with the added benefit of seat tilt, greatly enhancing patient comfort and allowing the foot end to rise to a full 60" (153cm), for unrivalled access whilst doing heelwork or for operating when standing up. Recommended optional extras are motor back and foot switch.

### Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam, hardwearing anti-microbial vinyl, full tilt, removable fold back arm rests, divided legs, extending and removable heel pads, able to lift 160kg from its lowest height, full choice of accessories and colours.

### Dimensions:

Height – 46 to 95cm approx

Width – 63cm Length – 185cm



## Plinth 50CD (NS) \*

**F4024** - £1,700.00 50CD

### Podiatry Chair

With ever increasing issues over handling overweight or obese patients, we have frequently been asked to develop a chair to meet these changing needs. With a 320kg lifting capacity, unbeatable strength, stability, hoist access and all the usual Plinth 2000 features mean that this is the ultimate solution should the need arise to treat clinically obese patients.

### Features:

Unique lifetime guarantee, easy electric operation, motorised backrest, fully hoist accessible, divided legs, removable fold back arm rests, low running costs, high density fire retardant foam, breathing hole, hardwearing anti-microbial vinyl, able to lift 320kg from its lowest height, full choice of accessories and colours.

### Dimensions:

Height – 48cm (19") approx to 99cm (39") approx

Width – 78cm (31") Length – 183cm (72")

*NS denotes a non stock item. Please allow up to 21 days delivery.*

# Plinth | 2000

## Plinth 93CD (NS) \*

F4042 - £1,250.00 Model 93CD

### Divided Leg 90° Drop Chair

New single motor treatment chair with a full 90° leg drop and shorter seat allowing unrivalled patient comfort and access. This model has all of the features of the 500 range but is stronger, more versatile and features smooth gas spring operated back and foot rests. Single leg version also available as Model 93C.

#### Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam, hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design, able to lift 225kg from its lowest height, full choice of accessories and colours.

#### Dimensions:

Height – 46 cm (18") approx to 95 cm (37") approx  
Width – 63 cm (25")  
Length – 172 cm (68")



#### Plinth is available in a selection of colours:



## Podiacare Economy Couch (NS) \*

F4000 - £650.00

Our great value, flexible three section treatment couch is ideal for clinics. It is suitable for a wide range of techniques and can be made even more versatile by the addition of a few optional accessories.

This height adjustable couch has been designed to be clean and simple whilst offering a truly stable solution for examination and treatment. With a high quality motor and 'twin lift' frame this couch will provide outstanding service for years to come.

\* Carriage charge applies

#### Features

- Easy clean powder coated frame in off white.
- Twin lift design.
- Strong friction free backrest & footrest support.
- 4 toe braked castors for easy movement.
- Able to lift 160kg (25 stone).
- Face hole fitted as standard.
- UK made.
- CE marked.
- Motor meets IEC 601.1.
- Fire retardant upholstery to BS7176 and BS5852.
- Choice of 3 colours - white, blue, beige.
- Wide choice of accessories Fast delivery in 7 days.

#### Dimensions:

Height – 50cm to 96cm  
Width – 64cm  
Length – 180cm

#### Optional Accessories

- Paper Towel Holder
- Cot Sides
- Foot Switch
- Fold Back Arm Rests



High quality upholstery is a must for any good treatment couch being the interface between the couch and patient it must remain clean and resistant to damage. We use only the best quality vinyl proven over many years and most feature an anti-microbial additive to help prevent cross infection.

\* Carriage charge applies. NS denotes a non stock item.

Please allow up to 21 days delivery.

## Lamps



### Classic Fluorescent Magnifying Lamp

F7000 - £67.95

BEST  
SELLER

All metal body, switch and starter on the head with FREE G-Clamp included.

3 diopter glass lens giving 1.75 magnification.

Supplied complete with a lead lightbulb, giving a brighter light.



### Deluxe Magnifying Lamp

F7004 - £71.15

This lamp has an optimum wide view, clear 3 diopter (1.75) magnification lens.

The slimline head allows access to work underneath. Perfect stability is provided by the 80cm extending arm, with fewer moving parts for fast easy adjustment. A G-clamp is provided that mounts onto any flat surface, trolley or table.

2 x 9 watt energy saving Natural light bulbs.



### Portable Magnifying Lamp

F7007 - £41.85

BEST  
SELLER

White ABS body on an 80cm extending spring balanced arm. Circular 10cm diameter 3 diopter clear lens. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.



### Slimline Magnifying Lamp

F7006 - £58.00

A 12.5cm diameter, 3 diopter clear, glass lens with diffuser and 22 watt fluorescent Natural light bulb for optimum visual output and low heat.

The slimline head allows access to work underneath, with a 90cm extending arm that is perfectly balanced for extra stability, with fewer moving parts for fast easy adjustment. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.

## Standard Lamp

F7002 - £52.85

The basic lamp in the range has a white body and comes with an extending spring balanced arm. A sturdy G-clamp will attach the lamp to any flat surface.



## Fixed Height Lamp Stand (NS)

F7014 - £56.00

Fixed height white lamp stand with rolling base with 5-star free wheeling castors. Suitable for all lamps shown in this catalogue. Our lower priced lamp stand.



## Height Adjustable Lamp Stand (NS)

F7003 - £90.35

Heavy duty lamp stand on a 5 star free wheeling rolling base. Height adjustable chrome stem with twin locking nuts.

(not suitable for F7004).



## Woods Lamp (NS)

F7009 - £99.99

The Wood's Lamp is a simple non-invasive device used for the diagnosis of infective and pigmentary dermatoses.

- 4 tube hand held unit, mains operated with ON/OFF switch.
- Lens magnification is 3 diopter.
- Blackout hood supplied.



NS denotes a non stock item. Please allow up to 21 days delivery.

## Furniture



### Moveable Work Station (NS)

F6202 - £307.60

A neat compact, lightweight unit with height adjustable leg and four castors to allow for mobility. The four storage drawers pull out to full length, with two of them having removable dividers. The pull down shutter covers the drawers to keep the clinic tidy. Comes complete with a standard lamp that is attached by a G-clamp. Can be set up for either left or right handed use.

**Dimensions:** 98cm W x 48cm D x 74cm H



### Contemporary Work Station (NS)

F6203 - £229.00

A stylish moveable work station with four storage drawers for dressings, creams and or stationery. Comes complete with a modern slimline lamp which sits on any flat surface.

**Dimensions:** 111cm W x 48cm D x 74cm H



### Hygienic Storage Unit (NS)

F4013 - £149.00

A self contained mobile store for instruments and supplies. The 6 extra side shelves are ideal for storing creams and solutions. Accessible from both sides of the trolley are 4 pullout drawers, 2 of which are divisional and a pullout disposable/waste bin is located in the lower part of the trolley.

**Dimensions:** 46.5cm W x 40cm D x 89cm H

*NS denotes a non stock item. Please allow up to 21 days delivery.*



## Stainless Steel Surgery Trolley (NS)

F5581 - £199.50

- Top shelf with guard lip on 3 sides and drop lip on front.
- Bottom shelf for storage of equipment.
- Four anti-static 75mm castors, complete with bumpers, and brakes on 2 castors.
- Green ABS plastic corner protectors.

**Dimensions:** 600(l) x 400(w) x 850(h) mm, (24" x 16" x 34") **Weight:** 9kg 2 year warranty



## 3-Tier Trolley (NS)

F4015 - £89.99

White steel frame trolley with 3 easy wipe wooden shelves. Includes a lamp holder on the steel end frame. 4 easy roll castors with the front ones being lockable.

**Dimensions:** 78 x 39 x 80cm high



## Dressings Trolley (NS)

F4060 - £200.00

Strong, robust construction and powder coated steel frames ensure this trolley will provide practical storage for many years. 2 shelves, 1 drawer

**Depth:** 45cm **Width:** 61cm **Height:** 75cm (approx)

**Features:** 1 year unconditional guarantee. Supplied assembled.



NS denotes a non stock item. Please allow up to 21 days delivery.



### Gas Lift Podiatry Stool with Foot Rest (NS)

**F8010** - £119.99

This model features a wide diameter seat of 45 cm.  
Dimensions: 62 x 51 x 49 cm high.

Gas lift seat adjustment giving height positioning for the Practitioner. The footrest is both height and angle adjustable for client comfort.

**Supporting weight:** 280lb



### Podiatry Stool with Foot Rest (NS)

**F8011** - £84.99

A dedicated Podiatry Stool with chrome tubular frame, padded, upholstered seat and foot cushion holder in white.

Footrest double adjustable for height and tilt. Suitable for client sitting in standard height seat. The reach between the footrest and the seat is adjustable.

**Supporting weight:** 280lb

### Hadewe Adjustable Foot Rest

**F4033** - £79.99

BEST  
SELLER



Weighing just over 1kg, the Hadewe Foot Rest is lightweight making it easily portable and therefore perfect for use during domestic work. The Foot Rest can easily be manipulated to achieve the perfect foot position through the adjustable height setting (between 460-670 mm) and ability to alter the angle of the cushion. The extra reinforced steel joint also allows you to put up to 20kg of weight on the Foot Rest (Cushion Measurement 220 x 170 x 50 mm) and the legs are designed to spread wide the aid stability when in use.

A carry bag (W 690 x H 320 x D 240 mm) is also included with the Foot Rest to assist with transportation and storage of the product.



### Sturdy Foot Rest (NS)

**F4030** - £58.00

A highly versatile, sturdy, stable patients Footrest. The moulded padded footrest holds the patients leg steady. Height and tilt adjustable.

**Height range:** 45 - 55cm. **Weight:** 2.5 kg **Please note:** this footstool does not fold down.

*NS denotes a non stock item. Please allow up to 21 days delivery.*

## Surgery Starter Kits

We are pleased to offer you these value packages that will allow you to start up in business or refurbish an existing room.



### Starter Kit A (NS) - £1149.94

F8100

**Includes:**

- 1 Electric Couch (F4016)
- 2 3-Tier Trolley (F4015)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 7 Heavy Duty Lamp Stand (F7003)

### Starter Kit C (NS) - £1360.74

F8300

**Includes:**

- 1 Electric Couch (F4016)
- 2 3-Tier Trolley (F4015)
- 3 Additional Station (F4014)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 7 Heavy Duty Lamp Stand (F7003)

### Starter Kit B (NS) - £1367.55

F8200

**Includes:**

- 1 Electric Couch (F4016)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 6 Moveable Work Station (F6202)
- 7 Heavy Duty Lamp Stand (F7003)



All sales are subject to the following terms and conditions. No other conditions shall apply unless agreed in writing prior to placing an order.

#### VAT

Prices quoted are exclusive of VAT and VAT at the current rate will be added to all invoices (except on items which are zero rated for VAT).

#### PRICES

Prices may be changed without prior notice. Podiacare Ltd reserves the right to correct clerical omissions and errors in this price list.

For all current pricing, please visit us online.

#### ORDERS

**Due to credit card / bank charges there is a minimum NET order value £10.00** (i.e. all orders must be to the value of £10.00 NET or above).

Orders below £10.00 net will be charged at the £10.00 net minimum order value rate. Cash transactions are excluded from this clause.

All prices are subject to VAT at the current rate.

#### LIMIT OF LIABILITY

Podiacare Ltd cannot be held responsible in the event of goods not of our manufacture being faulty or delivered late by the delivery agent.

#### PAYMENT

Orders, including those paid by installments, must be accompanied by payment in full with a cheque or credit/debit card details. Please make cheques payable to 'Podiacare Ltd'.



#### INSTALLMENTS

Payment by installments is only available on specific items/values as indicated by the company.

Dates to be entered on installment cheques will be supplied in advance by Podiacare Ltd. An administration charge will be applied on default of payment and settlement in full of any outstanding balances automatically becomes due.

**Goods remain the property of Podiacare Ltd until payment has been received in full and the final payment has been cleared. On default of payment, we reserve the right to recover the goods and to enter the buyer's premises to do this.**

#### WARRANTY

Carriage charges are excluded under all warranties of goods/equipment.

#### STOCK AVAILABILITY

NS denotes a non-stock item. Please allow up to 21 days for delivery.

#### CARRIAGE (UK MAINLAND ONLY)

All orders of **FIFTY POUNDS NET OR MORE** will be **DELIVERED FREE OF CHARGE** to UK Mainland only.

All orders under **FIFTY POUNDS NET** will carry a charge of **£4.60 NET** for administration, handling and delivery.

For carriage to non-mainland UK (including The Channel Islands, The Scottish Highlands and Islands, The Isle of Man, the Republic of Ireland and Northern Ireland) delivery will be charged at the current rates applicable. We will endeavour to use the most economical means of carriage available. To place orders for non-mainland UK please contact us on 01628 632449 or orders@podiacare.co.uk

#### DELIVERY

Whilst every effort is made to deliver orders within 5 working days, Podiacare Ltd accepts no responsibility or liability for any kind of failure to deliver within the time quoted due to reasons beyond our control.

Goods will be delivered, by our appointed carrier, to the address given by you at the time of ordering. It is important that this address is accurate. In most instances the parcel will not be left without a signature. If you ask for your delivery to be left somewhere without a signature then this is done at your own risk, we will not be liable for the theft / loss of your package. Please provide us with a delivery address where the parcel can be signed for between 8:00am and 6:00pm. We are able to arrange delivery to your place of work if this is more convenient. We cannot be held liable for any consequential loss caused by late delivery or failure to deliver by our appointed carrier.

**Please note: we are unable to deliver outside the U.K. and Republic of Ireland**





### URGENT 24-HOUR DELIVERY (Monday-Thursday only, excludes bank holidays)

#### Order Line 01628 632449

Orders must be placed by 11.00 am. This option is only available to the UK mainland.

Next day delivery will be an additional charge of £9.00 net to your order.

The company reserves the right to select the method of delivery.

The company reserves the right to supply orders in partial shipments and invoice these shipments separately (this will not affect free delivery on orders over £50.00).

### RETURNED GOODS - CONDITIONS

Podiacare Ltd. operates a policy of **NO RETURNS** on Creams and Medicaments under any circumstances. Podiacare will only accept returns of other goods by previous agreement from Podiacare Ltd.

All goods returned should be accompanied by a returns number, the Buyer's customer number and the invoice number on which the goods were supplied. A credit note cannot be issued if this information is not supplied.

Subject to the above conditions, Podiacare Ltd will accept for credit at a sum equal to that which the Buyer paid for the goods;

- a) Items returned to and received by Podiacare Ltd in a readily re-saleable condition within 10 days of delivery to the buyer.
- b) Items received by the Buyer in an unusable condition; provided that Podiacare Ltd is notified within 3 days of delivery and that the Buyer returns such items unless otherwise instructed, in writing, by Podiacare Ltd.

**Creams and or Medicaments will only be accepted for return and credit for the following reasons:**

- To correct an error in delivery
- In response to a product or batch recall instigated by a manufacturer.
- Where products or packages are alleged to be faulty.

All claims for shortages or damaged goods must be made within 3 days from receipt of delivery unless Podiacare Ltd have notified you that there will be a delay in delivery. It is the responsibility of the customer to adequately pack the goods, and return via recorded or registered post. Podiacare Ltd will not take responsibility for lost or damaged goods sent to us.

### ORDER QUERIES

Podiacare Ltd operates a policy of **NO RETURNS**.

#### INCORRECTLY SUPPLIED ITEMS

We will only accept return of items incorrectly supplied, by prior agreement between Podiacare Ltd and the customer. The customer must make notification of error to Podiacare Ltd within 3 days from receipt of delivery.

#### INCORRECTLY ORDERED ITEMS

Items incorrectly ordered by the customer will not be exchanged. i.e.: If you place an order and fail to give both the product code and a description of the item, Podiacare Ltd reserve the right to either supply, in their considered opinion, the item you require or not supply at all.

#### SHORTAGE OF ITEMS

Items that are to follow will be notified in your delivery. Any shortages excluding items to follow must be reported to Podiacare Ltd within 3 days from receipt of delivery.

#### DAMAGED AND FAULTY ITEMS

Subject to the above conditions, Podiacare Ltd will accept back for replacement, items that are damaged or faulty providing notification is made within 3 days from receipt of delivery.

#### PRODUCT RECALL

Items will be accepted for return or credit in response to a product or batch recall instigated by a manufacturer.



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# Supplying the professional

BEST SELLING  
**PodiaClave Autoclave**

**£995**

 Follow us @Podiacare



## PodiaClave Autoclave

Ideal for the mobile practitioner. The PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

### Specifications:

Dimensions: W: 340mm x H: 355mm  
Chamber capacity: 9 litres  
Max. net weight: 5.6 kg  
Sterilising temperature: 134° (Degrees C)

### Key features:

- Lightweight and portable
- Supplied complete with printer and instrument basket
- Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year's warranty for peace of mind and comes complete with after sales support.

(Gaskets, printer paper and internal furniture sold separately)

**FREE**  
instrument  
basket  
included

**FREE!**  
WORTH  
£15.99

### PLUS FREE Autoclave Cleaning Solution

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.



## OFFER ENDS DECEMBER 2017

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**PODIACARE**  
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Manufacturers of Footcare Products,  
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