

PODIACARE™ HEALTHCARE

Manufacturers of Footcare Products,
Instruments and Medical Equipment



CATALOGUE 2021-22



SUPPLYING THE
PROFESSIONAL

WELCOME TO PODIACARE HEALTHCARE

Podiacare Healthcare was created some years ago at the request of practitioners and has brought low prices and good quality to the profession, including some of the finest ranges of foot creams and treatments in Europe.

This catalogue replaces and supersedes all previous catalogues.

At the time of publishing all prices are updated and applicable from 01 March 2021* and EXCLUDE VAT.

Please visit our website www.podiicare.co.uk for the updated prices and additional products.

We have included all the traditional products and preparations, which you regularly use, as well as some new items. If there are any additional items you would like us to carry, then please do let us know. Please send any feedback to info@podicare.co.uk.

HOW TO ORDER

To supply your order we need the following:

- **Your Unique Account Number** (*For non-members a Unique Number will be issued on your Invoice for future use*).
- **Your Name**
- **Your Invoice Address and your Delivery Address** (*only if different from the Invoice address*). Please note that goods will not be left unsigned for unless prior instructions are given to Podiacare Healthcare to leave in a secure location at time of placing the order. The courier company will only accept alternate delivery instructions from their customer, Podiacare Healthcare, not a third party.
- **Your Credit/Debit Card details (for phone/post orders)** (*Please ensure your cheque details are correct and in full before submitting your order*). Preferably please contact us for a total beforehand. For orders posted to us, please do not include any card details. Once the order is received the Podiacare team will contact you for these details.
- The Product **CODE**, a short **DESCRIPTION** and the **QUANTITY** of the Product you wish to order.

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Pharmaceutical (PH) & Prescription Only Medicine (POM)

Pharmaceutical (PH) / Prescription Only Medicines (POM) Products PH/POM products can only be purchased by qualified practitioner, who will be asked to provide details upon placing an order (e.g. HCPC Registration Number, Membership Number). These products cannot be sold "over the counter" to members of the public.

Foot Orthotics

Foot orthotics should only be purchased by a suitably qualified Practitioner.

Follow us:  @Podicare  Podicare Healthcare

METHODS OF ORDERING:

By web: www.podiicare.co.uk

By telephone: **01628 632 449**
Mon-Fri 9am-5pm (Bank Holidays Excluded)
01628 637 625
24 Hour Answer Phone

By post: Complete the PODIACARE order form and Payment details and return to:
Podicare Ltd.
149 Bath Road
Maidenhead, Berkshire SL6 4LA

Visit our shop: Situated next to the car park at
The New Hall (8.00am - 5.00pm)

Delivery/Shipping* All orders of £50.00 NET or above (excluding VAT) will be delivered FREE OF CHARGE to UK Mainland only, excluding Scottish Highlands.

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*Prices subject to change

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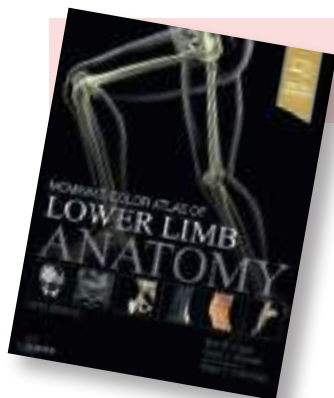
If you have any queries or questions relating to your order you may contact us by e-mail at orders@podicare.co.uk

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McMinn's Color Atlas of Lower Limb Anatomy 5e

B1500 - £53.99

Pages:
192

REVISED
EDITION

Understand foot ankle and lower limb anatomy visually and clinically.

McMinn's Color Atlas of Lower Limb Anatomy is the ideal study aid or trusted visual reference for the range of students and practitioners who require a detailed understanding of the anatomy of the foot ankle and lower limb. It provides you with the perfect grasp of all the important lower limb structures that are likely to be encountered in practice or in the anatomy lab. Superb images of dissections osteology radiographic and surface anatomy offer an unmatched view of muscles nerves skeletal structures blood vessels and more. Figures are accompanied by concise notes and commentaries as well as orientational artworks to help you locate the structure accurately on the body.

This updated fifth edition offers increased clinical relevance and features an entirely new chapter on *Imaging of the Lower Limb* reflecting the very latest modalities and techniques. It also comes with the complete enhanced eBook for the first time:

- All new state-of-the-art clinical imaging chapter – provides new insights and reflects anatomy as seen in modern practice
- Easily correlates essential anatomy with clinical practice – through over 200 high-quality photographs combined with explanatory illustrations for more complex areas and concise accompanying notes throughout
- Bonus information in Appendices – including practical guidance to administering nerve blocks accurately and effectively in the regional anaesthesia section Expert Consult™ eBook version included with purchase – this enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices



Professional Practice for Podiatric Medicine

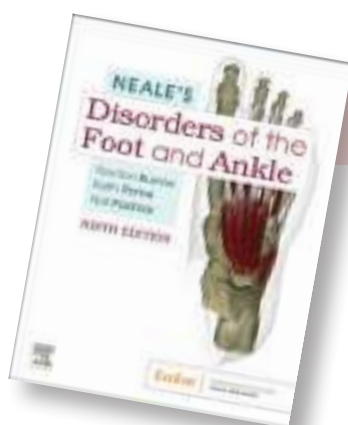
B1501 - £25.99

Pages:
114

Professional Practice for Podiatric Medicine provides an overview of the challenges facing podiatric clinicians in the United Kingdom. The notion of professionalism and the constructs that underpin service delivery are of increasing concern in the current healthcare climate. The topics covered in this text are timely and relevant to new and current clinicians. Podiatry has undergone many changes over the last two decades, and the foremost change has been an increasing emphasis on professionalism in clinical practice. In this book, several experienced podiatric practitioners and healthcare educators contribute chapters on different aspects of podiatry. Principles of leadership and management (which impact on individual career paths) are discussed, alongside the processes of appraisal, work loading and continuing professional development that will shape the future of podiatry.

Contents include:

- Professional Identity
- Clinical Professional Practice
- Mentorship for Podiatric Practice
- Healthcare Organisations and Podiatry
- Management and Leadership for Podiatry
- Building Strategic Curricula in Podiatric Medicine
- Human Factors and Critical Reflexivity in Podiatric Practice



Neale's Disorders of the Foot – 9e

B1502 - £64.99

Pages:
688

Now in its 9th edition and fully updated to reflect 21st century podiatric practice *Neale's Disorders of the Foot and Ankle* continues to be essential reading for students entering the profession, qualified podiatrists and other health care professionals interested in the foot. Written by a renowned team of expert editors and international contributors it gives up-to-date, evidence-based content of the highest quality. Podiatric students should find everything they need within its covers to pass their exams, whilst qualified clinicians will find it a useful reference during their daily practice. All the common conditions encountered in day-to-day podiatric practice are reviewed and their diagnoses and management described along with areas of related therapeutics.

Key Features:

- Fully illustrated in colour throughout including over 500 photographs and illustrations
- Complete coverage of podiatric conditions, including: *Circulatory Disorders, Rheumatic Diseases, Imaging, Foot Orthoses, Pediatric Podiatry, Podiatric Sports Medicine, Podiatric Surgery, Leprosy and Tropical Medicine*
- Brand new chapters covering key topics including *Complimentary and Integrated Medicine, Forensic and Legal Medicine, Evidence Based Practice in Podiatry and Pharmacology & Therapeutics*

Neale's Disorders of the Foot: Clinical Companion

B1505 - £27.99

Pages:
344



Neale's Disorders of the Foot Clinical Companion is the essential, portable complement to *Neale's Disorders of the Foot*. It is perfect for putting key information in clinical context. Students and practitioners will love its presentation of tips and valuable treatment notes in a handy format that is easy to refer to in the clinic.

All the common conditions encountered in day-to-day podiatric practice are dealt with, and there are many algorithms for ease of use. This Companion will prove to be a really valuable friend when you need rapid reference to treatment guidelines in the clinic.

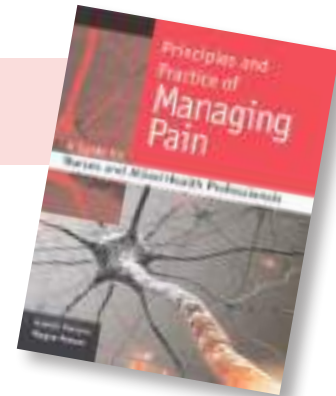
Key Features:

- **Practical** – puts key information in clinical context
- **Portable** – fits easily into your bag
- **Integrated** – referenced back to *Neale's Disorders of the Foot* so the two work together

Principles and Practice of Managing Pain

B1503 - £29.99

Pages:
216



Principles & Practice of Managing Pain, considers the experience of pain from the patients' perspective, to help healthcare students better understand the needs of patients who are in pain and how they can improve the care they give. Case studies, tools for decision making, insights on patient experiences and reflective exercises provide opportunities for you to reflect upon your own practice and to develop problem-solving and critical thinking skills.

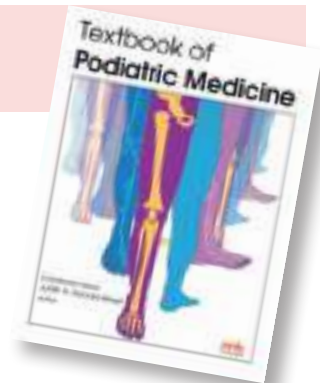
Principles and Practice of Managing Pain is ideal for students preparing to practice in a health care environment. This practical introductory text provides an accessible guide to pain and how it affects patients and care giving. It considers:

- Different pain types including acute, chronic and palliative
- Assessing pain
- Treatment and pharmacology of pain control
- Challenging situations and dilemmas
- Communicating with patients in pain
- Ethical and legal aspects of treating pain

Textbook of Podiatric Medicine

B1506 - £78.99

Pages:
583

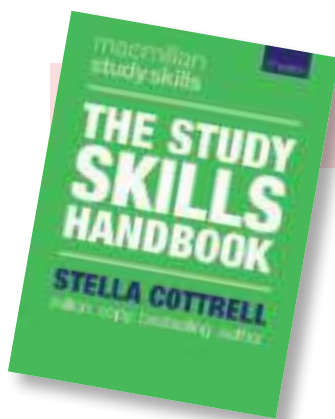


Globally, podiatric medicine has evolved significantly in both its depth and scope of practice. Continual innovation and a dynamic response to the call for evidence-based practice have led to a rapid revolution in podiatric education, research and practice.

This landmark publication offers a single source of reference for the structural and functional capacity of all major body systems. It also provides an insight into the social complexities of working with patients, their families and carers in everyday clinical practice. In adopting this holistic approach to patient care, this text is the first in the discipline to integrate sociological perspectives, public health education and the complexities of mental illness with traditional chapters on human anatomy and physiology. Edited and authored by an international team of experts on podiatric medicine, science and health, and utilising the latest research, this comprehensive textbook is destined to become a seminal text for the next generation of podiatrists, both as students and as healthcare professionals.

Contents include:

- The cardiovascular system
- The peripheral vascular system
- The respiratory system
- The neurological system
- The musculoskeletal system
- The renal system
- The hepatic system
- Immunology
- Inflammatory response and healing
- Clinical consultation
- Infection control and infection control in podiatric medicine
- Diabetes
- Rheumatology
- Neurology
- Dermatology
- Tissue viability and the management of chronic wounds
- Local analgesia
- Understanding complex mental illness
- Gerontology
- Sociological perspectives in healthcare
- Health promotion for podiatric practice
- Biomechanics and kinesiology
- Podopaediatrics • Sports injuries in the lower limb
- An introduction to evidence-based practice and research
- Medicines and podiatric practice



Macmillan - The Study Skills Handbook 5e

B1510 - £17.01

Pages:
432

REVISED
EDITION

This is the ultimate guide to study skills, written by million copy bestselling author Stella Cottrell. Her tried and tested approach, based on over twenty years' experience of working with students, has helped over a million students to achieve their potential. When it comes to studying, there is no one-size-fits-all approach. This engaging and accessible guide shows students how to tailor their learning to their individual needs in order to boost their grades, build their confidence and increase their employability.

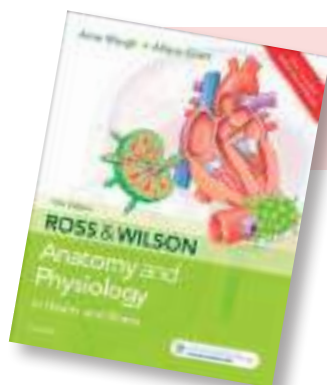
Fully revised for the fifth edition, it contains everything students need to succeed. This is an invaluable resource for undergraduate students of all disciplines, and is also ideal for postgraduates, mature students and international students. It prepares students for what to expect before, during and after their studies at university.

Key Features:

- Helps students to identify their individual learning style and use it to learn more effectively
- Comprehensive coverage of all the core study skills, including critical thinking, research, academic writing, revision strategies, team work and many more
- Contains a wealth of examples, checklists and hands-on activities to help students apply what they have learnt to their own experiences
- Accessible to visual learners and students with specific learning needs, such as dyslexia

New to Edition 5

- Additional material on writing skills, including proofreading, editing and writing for different assignments
- New chapters on managing stress and student wellbeing at university, learning in diverse and international contexts and writing essays
- More emphasis on reflective learning
- Extended guidance on how to balance study with work
- More use of visuals to summarise key learning points



Ross and Wilson - Anatomy and Physiology in Health and Illness - 13e

B1515 - £32.99

Pages:
522

The new edition of the hugely successful Ross and Wilson *Anatomy & Physiology in Health and Illness* continues to bring its readers the core essentials of human biology presented in a clear and straightforward manner.

Fully updated throughout, the book now comes with enhanced learning features including helpful revision questions and an all new art programme to help make learning even easier.

The 13th edition retains its popular website, which contains a wide range of 'critical thinking' exercises as well as new animations, an audio-glossary, the unique Body Spectrum® online colouring and self-test program, and helpful weblinks. Ross and Wilson *Anatomy & Physiology in Health and Illness* will be of particular help to readers new to the subject area, those returning to study after a period of absence, and for anyone whose first language isn't English.

Key Features:

- Latest edition of the world's most popular textbook on basic human anatomy and physiology with over 1.5 million copies sold worldwide
- Clear, no nonsense writing style helps make learning easy
- Accompanying website contains animations, audio-glossary, case studies and other self-assessment material, the unique Body Spectrum® online colouring and self-test software, and helpful weblinks
- Includes basic pathology and pathophysiology of important diseases and disorders
- Contains helpful learning features such as Learning Outcomes boxes, colour coding and design icons together with a stunning illustration and photography collection
- Contains clear explanations of common prefixes, suffixes and roots, with helpful examples from the text, plus a glossary and an appendix of normal biological values
- Particularly valuable for students who are completely new to the subject, or returning to study after a period of absence, and for anyone whose first language is not English

Davidson's Principles and Practice of Medicine 23e

B1562 - £52.99

Pages:
1440



More than two million medical students, doctors and other health professionals around the globe have owned a copy of *Davidson's Principles and Practice of Medicine* since it was first published. Now in its 23rd Edition, this textbook describes the pathophysiology and clinical features of the most frequently encountered conditions in the major specialities of adult medicine and explains how to recognise, investigate, diagnose and manage them.

Taking its origins from Sir Stanley Davidson's much-admired lecture notes, Davidson's has endured because it keeps pace with how modern medicine is taught and provides a wealth of information in an easy-to-read, concise and beautifully illustrated format. This book will serve readers everywhere as a core text that integrates medical science with clinical medicine, conveying key knowledge and practical advice in a highly accessible and readable format.

Key Features:

- The opening section describes the fundamentals of genetics, immunology, infectious diseases and population health, and discusses the core principles of clinical decision-making and good prescribing
- A new second section on emergency and critical care medicine encompasses poisoning, envenomation and environmental medicine, and introduces a new chapter on acute medicine and critical illness
- The third section covers the major medical specialities, each thoroughly revised and brought fully up to date. Two new chapters on maternal and adolescent/transition medicine complement the one on ageing and disease. A new chapter on medical ophthalmology has been included
- Clinical Examination overviews summarise the main elements for each system and now feature in the biochemistry, nutrition and dermatology chapters
- Presenting Problems sections provide a clear pathway for the assessment of and approach to the most common complaints in each speciality
- Practice Point summaries detail the practical skills that medical students and junior doctors must acquire
- Emergency boxes emphasise the core knowledge needed to manage acutely ill patients
- In Old Age, In Pregnancy and In Adolescence boxes highlight differences in the practice of medicine in these patient groups, and illustrate the interfaces between medical, obstetric and paediatric services
- The text is extensively illustrated, with over 1000 diagrams, clinical photographs, and radiology and pathology images
- The global perspective is enhanced by an International Advisory Board of experts from 17 countries, and by authors from around the world

Kumar and Clark's Clinical Medicine

B1573 - £56.99

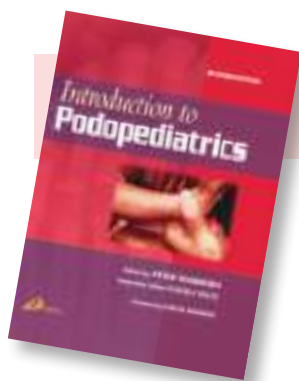
Pages:
1456



The ninth edition of this best-selling textbook of clinical medicine builds even further on its formidable, prize-winning formula of excellence, comprehensiveness and accessibility.

Key Features:

- 2 new chapters: Global Health and Women's Health
- 25 new authors
- New online editor, Adam Feather, with a team of young doctors to augment the e-book which accompanies the print book with clinical tips, key learning points, drug tips, learning challenges and case studies.
- Full text redesign to incorporate:
- New system overview diagrams for clinical chapters
- New coloured headings to help identify content relating to disease, management, investigations etc.
- New icons to aid text navigation
- 11 new members and a new co-editor, Senaka Rajapakse, of the International Advisory Board



Introduction to Podopediatrics 2e

B1590 - £59.99

Pages:
408

A concise but comprehensive introduction to the effective care of foot problems in children. Including coverage of the general, specialist and medical conditions which may influence the course of the podiatric treatment.

Written by a multidisciplinary, international team of contributors under the editorship of a UK practitioner and an American educator and practitioner - both podiatrists.



BMA Concise Guide to Medicines & Drugs 6e

B1602 - £10.05

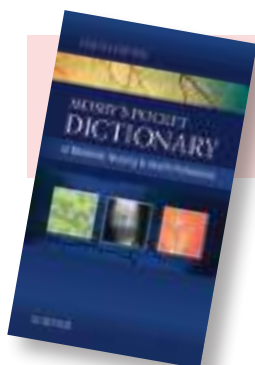
Pages:
480

REVISED
EDITION

The essential quick reference to more than 2,500 medicines and drugs.

Find out all you need to know about the prescription drugs and medicines currently on the market with this fully-updated guide to using medication safely and effectively.

Concise Guide to Medicine and Drugs is an easy-to-use edition which provides clear explanations on how drugs work and gives advice on the uses, actions, risks, and side effects associated with the most widely used prescription medicines and over-the-counter drugs. Updated information on travel vaccinations and childhood immunisation schedules help make this an indispensable handbook for every household.



Mosby's Pocket Dictionary of Medicine, Nursing and Health Professions 8e

B1605 - £29.99

Pages:
1488

What does that term mean? How is it even pronounced? Make sense of the complex world of health care with *Mosby's Pocket Dictionary of Medicine, Nursing & Health Professions*, 8th Edition.

This comprehensive, portable dictionary offers a unique, strong focus on nursing and health science terminology. Featuring over 56,600 authoritative definitions of diseases, procedures, equipment, drugs, and more, it ensures you have the most reliable health science information right at your fingertips. Word roots and pronunciations help you learn and correctly use medical terminology, and alphabetized screened thumb tabs make finding definitions quick and easy.

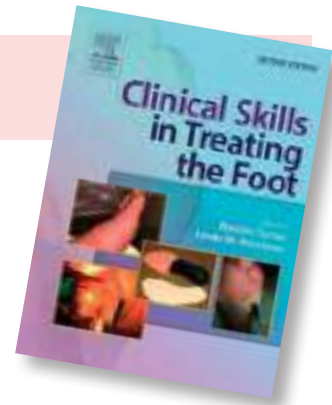
Key Features:

- Emphasis on nursing and health science terminology supports health science students and practicing professionals
- Over 56,600 definitions provide you with necessary information
- Revised by an experienced educator, Marie O'Toole, and an expert team of health professionals, nurses, and doctors, so definitions are brief, pertinent, and – most important of all – accurate!
- Practical alphabetical organization without subentries makes it easier for you to find terms
- British spellings assist you in recognizing alternate spellings
- Pronunciations for key terms help you use terminology correctly in everyday practice
- A Spanish/English Appendix and commonly used abbreviations, printed on the front and back endsheets, make dictionary an indispensable reference
- Alphabetized screened thumb tabs save you time locating terms
- Included etymologies build professional vocabulary and understanding of medical terminology
- Small trim size makes dictionary easy to transport

Clinical Skills in Treating the Foot 2e

B1620 - £55.99

Pages:
496



The eagerly awaited new edition of *Clinical Skills in Treating the Foot* has been revised and updated with the needs of a broad range of health professionals in mind. For anyone treating patients with foot disorders, *Clinical Skills in Treating the Foot* will provide invaluable support through three key areas:

Section 1 is concerned with the general principles of managing foot disorders and the context in which treatment of the foot takes place. Included are chapters on treatment planning, evidence based practice, governance and audit, clinical protocols, clinical emergencies and health promotion.

Section 2 examines the application of clinical therapeutics to foot disease and includes chapters on operative techniques, surgery and the foot, pharmacology, physical therapy, mechanical therapeutics, chairside devices, prescription devices and footwear therapy.

Section 3 considers the particular needs of special groups and includes chapters on the adult foot, the child's foot, sports injuries and management of tissue viability.

With its clarity of text and liberal use of case studies and illustrations, the latest edition of *Clinical Skills* will be required reading for practising and student podiatrists. It will also be a valuable reference and guide for all others involved in the provision of treatment of the foot. This book has been written as a companion volume to the editors' B2226 - *Assessment of the Lower Limb*.

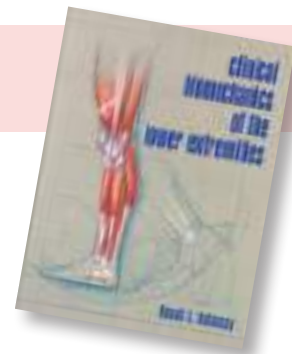
Key Features:

- Written by an experienced team of clinicians who also understand the needs of students as well as practitioners
- Logical and clear structure makes it easy to use for both clinicians and students
- Each chapter is self-contained and can be used for independent reading topics
- Case histories and clinical comment sections illustrate important clinical points
- Key points and summaries provides assistance for learning and review
- Features approximately 400 illustrations

Clinical Biomechanics of the Lower Extremities

B1630 - £89.99

Pages:
528



This book is a comprehensive text addressing the principles of anatomic and biomechanical development and the clinical application of these principles to disease/disorder management.

The emphasis of the book is on practical information applicable to the daily practice of lower extremity care.

Topics covered include:

- The physical examination and the assessment of disorders having a biomechanical basis
- Casting techniques
- Prescription writing
- Oorthotic trouble-shooting
- Splinting and shoe prescription for athletic activity

Transforming Practice through Clinical Education, Professional Supervision and Mentoring

B1811 - £37.99

Pages:
384



This important resource investigates topics related to clinical education, professional supervision, and mentoring. Beyond student supervision, it discusses supervision of professionals in the work place and the emerging importance of professional mentoring for ongoing professional development. Its broad perspective is relevant to a wide range of health professions, including audiology, dietetics, nursing, occupational therapy, pharmacy, physiotherapy, podiatry, prosthetics and orthotics, radiography, and speech-language pathology. Complex theoretical material is presented in a straightforward, "person-centered" approach that makes information easily accessible and applicable to practice.

Key Features:

- Written by multidisciplinary experts with academic and research backgrounds who also possess extensive practical experience in a variety of professional health fields
- Reader-friendly, engaging material is grounded in current theory and evidence
- Three distinct but interrelated fields - clinical education, professional supervision, and mentoring - are addressed together in one book for the first time
- Supervision of professionals in their workplace is covered, as well as professional mentoring for ongoing professional development
- Presents complex theoretical material in an engaging, "person-centered" approach
- Acknowledges the importance of psychological well-being with chapters on the self in supervision and finding meaning and preventing burnout



Management of Chronic Conditions in the Foot and Lower Leg

B1900 - £49.99

Pages:
272

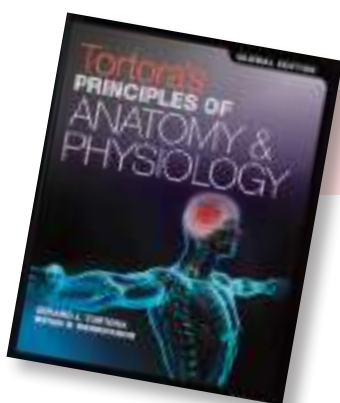
Bridging the gap between undergraduate and postgraduate knowledge and experience, this new full colour resource uses an interdisciplinary approach to help manage chronic conditions – osteoarthritis, Achilles tendinopathy, gout, rheumatic diseases, forefoot/rearfoot entities, stress fractures/reactions, cerebral palsy – in the lower limb and foot.

Each chapter includes sections on predisposing factors, diagnosis, impairments, function, quality of life and management strategies while highlighting any complex features of a condition which may present. The latest advances are discussed with suggestions for new paths of research – 'future directions'. The text is further supported by additional commentaries from internationally renowned researchers who highlight the key elements of the work and provide a supplementary perspective of the particular clinical condition. A general view of the patient's needs is offered throughout, connecting clinical realities to real-world patient experiences.

Management of Chronic Conditions in the Foot and Lower Leg is a comprehensive, practical tool that can be used to inform daily decision making in practice as well as to support those who build policy and management strategies in the clinical areas covered.

Key Features:

- Clear content and structure supported by full colour illustrations
- Includes less discussed conditions such as gout and cerebral palsy
- Focus on pain, impairment, function, quality of life and management strategies
- Critical reflections by experts highlight current clinical practice and thinking in research
- Provides a sound interpretation of research findings
- Features patient-reported outcome measures and health related behaviour strategies



Tortora Principles of Anatomy & Physiology

B2020 - £55.99

Pages:
1288

The phenomenally successful Principles of Anatomy and Physiology continues to set the discipline standard with the 15th edition.

Designed for the 2-semester anatomy and physiology course, *Principles of Anatomy and Physiology* combines exceptional content and outstanding visuals for a rich and comprehensive classroom experience. Enhanced for a digital delivery, the 15th edition, gives students the ability to learn and explore anatomy and physiology both inside and outside of the classroom.

New to this Edition

- Packaged as a set, comprising the textbook and a single-colour study guide
- The study guide is designed to reinforce the learning from the textbook and includes:
 - Chapter reviews
 - Features such as Clinical Connections, disorders and medical terminology
 - Self-quizz questions (with solutions)



Macleod's Clinical Examination 14e

B2222 - £42.99

Pages:
400

This classic textbook aims to assist clinicians develop the consultation skills required to elicit a clear history, and the practical skills needed to detect clinical signs of disease.

Where possible, the physical basis of clinical signs is explained to aid understanding.

Formulation of a differential diagnosis from the information gained is introduced, and the logical initial investigations are included for each system.

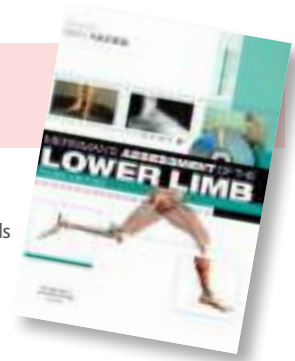
Key Features:

- The first part of the book addresses the general principles of good interaction with patients, from the basics of taking a history and examining, to the use of pattern recognition to identify spot diagnoses
- The second part documents the relevant history, examination and investigations for all the major body systems

Merriman's Assessment of the Lower Limb 3e

B2226 - £48.99

Pages:
584



This is the benchmark textbook of lower limb examination and assessment.

The third edition preserves the lucidity, logical approach and comprehensive coverage of its predecessors but adds many new exciting features, including an all-new design, new contributors, thorough updating of all chapters – many of which have been completely rewritten – and an entirely new chapter on functional assessment.

The DVD provides extensive videos of assessment techniques and illustrations: practitioners with patients and models show how to assess all parts of the lower limb, and evaluate various conditions.

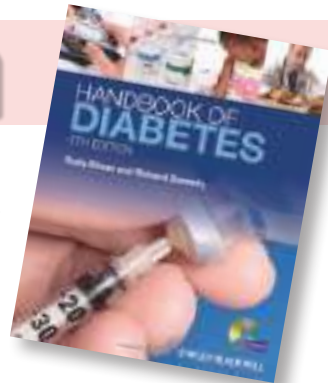
Key Features:

- DVD incorporating videos and illustrations:
 - invaluable footage of assessment techniques
 - downloadable full-colour figures and extra radiological photographs
- Many new contributors bringing fresh expertise and insights for today's student
- All chapters thoroughly rewritten and updated
- New chapter on functional assessment
- All-new design
- Case histories help put learning in context

Handbook of Diabetes 4e

B2261 - £68.99

Pages:
248



Over three editions the *Handbook of Diabetes* has built a reputation as an essential practical manual on the assessment and management of patients with diabetes. Previously written by Gareth Williams and John Pickup, the book has been completely revised by Rudy Bilous and Richard Donnelly to reflect recent changes in diabetes treatment and care. It contains information on the new IFCC units for measuring blood glucose and the latest drugs being used to combat diabetes, as well as alternative methods of insulin delivery.

The book has been fully updated and redesigned to make it even more user-friendly, and contains case histories, practice points, and landmark clinical trials highlighted in color in each chapter where appropriate. It also features an entirely new set of 250 clinical photographs.

The *Handbook of Diabetes* is the ideal practical handbook for all health professionals with an interest in diabetes care.

Managing the Diabetic Foot 3e

B2262 - £42.99

Pages:
240



The 3rd edition of *Managing the Diabetic Foot* once again provides a practical, handy and accessible pocket guide to the clinical management of patients with severe foot problems associated with diabetes, such as ulcers, infections and necrosis. By focusing on the need for a speedy response to the clinical signs, it will enable doctors to make rapid, effective management decisions in order to help prevent deterioration and avoid the need for eventual foot amputation.

Each chapter focuses specifically on the different stages of foot disease and the clinical management required at that particular stage, ie, the normal foot; high-risk foot, ulcerated foot, infected foot, necrotic foot and unsalvageable foot.

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Managing the Diabetic Foot 3E, is the ideal go-to clinical tool for all diabetes professionals, specialist diabetes nurses and podiatrists managing patients with diabetic foot problems.



50+ Foot Challenges 2e

B2304 - £30.99

Pages:
384

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The new edition retains all the benefits of the popular first edition but adds more cases, more illustrations, new sections and invaluable appendices.

The same illustrated case-history format as in the first edition presents readers with the clinical problems of each disorder. In each case, a problem-solving approach is encouraged through a question-and-answer format. This guides the reader to the appropriate diagnosis and treatment plan.

Clinical tips for improving practice are included and each study concludes with a short list of key points and references to further reading. All those involved in the care and management of patients with foot conditions will find this book an invaluable aide-memoir and guide to their daily practice.

Key Features:

- Presentation of over 60 conditions that all foot clinicians are likely to encounter
- Cases conveniently organised into sections for ease of reference
- Text profusely illustrated (in black and white) with photographs, line drawings and radiographs
- Form and structure concise that makes it easy to use for both quick reference and self-assessment
- Written by a podiatrist and orthopaedic surgeon



Foot and Ankle Injection Techniques, A Practical Guide 4e

B2312 - £47.99

Pages:
208

Foot and Ankle Injection Techniques provides the student and practising podiatrist with all they need to understand when, how and what to inject.

To support the clinician and student, the text covers:

- Changes in legislation
- The full range of injectable drugs available to the practitioner
- Essential information on nerve physiology, drug action, equipment, patient selection, injection techniques and many other topics
- A step-by-step guide to injection techniques
- Useful background information in introductory chapters
- Written by two highly respected consultant podiatric surgeons

Key Features:

- Online resources including video clips to supplement the text
- Abundant photographs and clear line illustrations of the techniques and underlying anatomy



Medical Pharmacology and Therapeutics 5e

B2314 - £51.99

Pages:
744

Medical Pharmacology & Therapeutics, now in its fifth edition, offers medical students all they need to know to become safe and effective prescribers.

It forms a complete, integrated resource for basic pharmaceutical science, pathophysiology, clinical pharmacology, and therapeutics.

The fifth edition has been extensively revised and updated throughout. Key features include:

Key features:

- Clear, disease-based approach
- Presentation of how drugs are used in clinical practice
- Succinct explanations of the major pathogenic mechanisms of each disease and consequent clinical signs and symptoms
- Comprehensive reviews of major drug classes relevant to each disease
- Structured approach to the principles of disease management – outlining core principles of drug choice and planning a therapeutic regimen for common diseases
- Quick-reference drug compendia illustrating key similarities and differences among all BNF-listed drugs in each class

Medical Pharmacology at a Glance 9e

B2316 - £28.99

Pages:
120



The internationally best-selling *Medical Pharmacology at a Glance* is the ideal companion for all medical and healthcare students, providing a visual overview of pharmacology, and describing the basic principles of drug action, interaction, absorption, and excretion. Clear and accessible chapters organised around common diseases and conditions facilitate efficient clinical learning, and include references to drug classes and side effects, disease pathophysiology, prescribing guidelines, and more.

Now in its ninth edition, this leading guide has been thoroughly updated to reflect current guidelines and drug information. This edition features new and revised illustrations, additional pedagogical tools, and enhanced online content. Widely recognised as both the best introduction to medical pharmacology and the perfect revision tool for USMLE and pharmacology exams, this invaluable guide.

Key Features:

- Covers a wide range of drugs used to treat conditions such as hypertension, anaemias, cancer, and affective disorders
- Explains drug mechanisms and the principles of drug action
- Discusses practical topics including drug misuse, drug indications, and side effects
- Includes a companion website featuring online cases, flashcards, and a list of core drugs

Dermatology at a Glance

B2318 - £27.99

Pages:
112



Following the familiar and easy-to-use at a Glance format, this brand new title provides a highly illustrated and accessible introduction to the structure and function of skin. It is the ideal guide for any medical student required to interview and examine patients, identify skin diseases, and develop a differential diagnosis and a treatment plan. Each chapter covers the epidemiology and pathogenesis of the disease, as well as presentations likely to be encountered in both clinical practice and exams.

Key Features:

- Is comprehensively illustrated throughout with over 300 high quality colour slides and photographs
- Covers the key aspects of the British Association of Dermatologists core curriculum
- Includes 'Key points' and 'Warnings'
- Features a self-assessment 'picture quiz' to help test learning and recognition, in preparation for dermatology tests
- Includes a companion website at www.ataglanceseries.com/dermatology featuring self-assessment case studies, key point revision documents, and an image bank from the book

The descriptive diagrams and photographs, coupled with clear explanations, will help all medical students and health professionals get to grips with the identification and treatment of all of the most common skin diseases.

Dermatology Essentials

B2319 - £49.99

Pages:
1040



Dermatology Essentials, edited by world authorities Drs. Jean L. Bolognia, Julie V. Schaffer, Karynne O. Duncan, and Christine J. Ko, provides the **quick answers** you need on every important aspect of dermatology and guidance on their **application in your day-to-day practice**. Derived from the renowned authoritative reference work *Dermatology, 3rd Edition*, this **on-the-go reference** distills the **essential information** needed to quickly diagnose and manage a wide range of dermatologic disorders-without the need for any additional resources.

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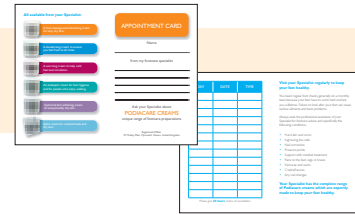
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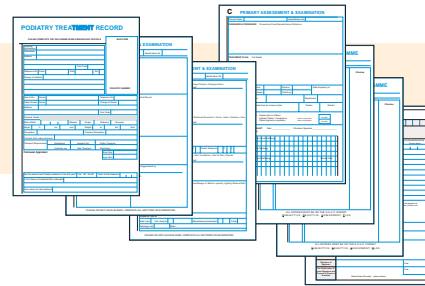
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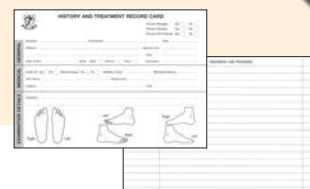
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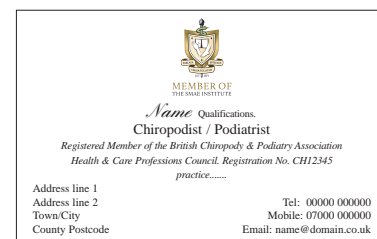
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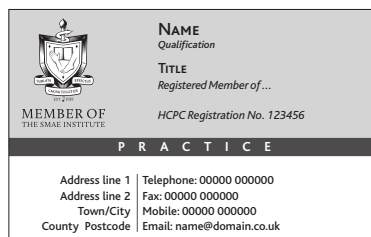
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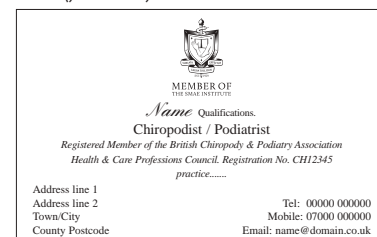
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Foot and Ankle Anatomy

M6027 - £10.99

The Anatomy of the Ankle Joint and Foot chart shows the major anatomical structures of the joint including bones, ligaments, tendons and muscles. The ankle joint is a synovial hinge joint and the foot is made up of a complex series of joints which allow a combination of movements including dorsi flexion plantar flexion inversion and eversion. These movements are illustrated on the chart together with the muscles that are responsible for each action. Anterior medial lateral and posterior views are shown on the chart as well as information about Activities of Daily Living which involves the ankle and foot. This colourful chart was originally designed prior to 'the digital age' with all images being hand drawn and painted by an acclaimed anatomical illustrator.

Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. Designed as a useful reference resource for medical practices, physiotherapists, occupational therapists, hospitals and medical institutions, it is an ideal learning tool for anatomy students and a practical visual aid for explaining anatomical problems to patients.

Size: 60cm x 42cm (A2)



Foot and Ankle

M6016 - £25.99

Illustrates foot and ankle anatomy including bones, muscles and tendons. Shows medial, frontal, lateral, and plantar views as well as a cross section. Illustrates supination and pronation, hammertoe, bunion, sprains, fractures and fracture fixation.

Size: 67cm x 50cm (A2)



Lower Limb Nerves Anterior

M6040 - £9.99

This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the anterior aspect showing which muscles each major nerve innervates. The Lumbar Plexus is shown and identifies the nerves that arise from the lumbar vertebrae L1 to L5. Major nerves such as; the Femoral nerve, Common Peroneal, Deep Peroneal nerves, Obturator nerve and others have information about where the nerve arises and which muscle(s) it supplies.

Illustrated with great precision, this chart was originally designed prior to 'the digital age', all images being hand drawn and painted by an acclaimed anatomical illustrator.

Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. Designed as a useful aid and reference resource for medical practices, physiotherapists and specialist clinics for educational purposes and to identify and demonstrate nerve damage to patients.

Size: 60cm x 42cm (A2)



Lower Limb Nerves Posterior

M6041 - £9.99

This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the posterior aspect showing which muscles each major nerve innervates. The Lumbar Plexus is shown and identifies the nerves that arise from the lumbar vertebrae L1 to L5. Major nerves such as; the Femoral nerve, Common Peroneal, Deep Peroneal nerves, Obturator nerve and others have information about where the nerve arises and which muscle(s) it supplies.

Illustrated with great precision, this chart was originally designed prior to 'the digital age', all images being hand drawn and painted by an acclaimed anatomical illustrator.

Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. Designed as a useful aid and reference resource for medical practices, physiotherapists and specialist clinics for educational purposes and to identify and demonstrate nerve damage to patients.

Size: 60cm x 42cm (A2)

Skeletal Muscles Anterior

M6010 - £11.99

This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red making the chart colourful and easy to use.

Illustrated with great precision, these charts were designed prior to 'the digital age', all images being originally hand drawn and painted by an acclaimed anatomical illustrator. The Chartex Anatomy Charts not only provide information about how muscles work but also highlight the fact that muscles work in synchronised patterns.

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Size: 85cm x 60cm (A1)



Skeletal Muscles Posterior

M6011 - £11.99

This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red making the chart colourful and easy to use.

Illustrated with great precision, these charts were designed prior to 'the digital age', all images being originally hand drawn and painted by an acclaimed anatomical illustrator. The Chartex Anatomy Charts not only provide information about how muscles work but also highlight the fact that muscles work in synchronised patterns.

Printed on quality 170 gram satin paper, available as A1 size, 250 micron encapsulated (laminated) for durability and hygiene. One of a set of 4 muscle charts designed as a useful aid and reference resource for; medical clinics, doctors surgeries, schools, universities, physiotherapy departments and health and fitness clubs.

Size: 85cm x 60cm (A1)



Muscle Attachment Anterior

M6012 - £11.99

This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure. Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure. Identifying how muscles attach onto the bones helps to explain how a muscle or group of muscles work to produce body movement. This unique feature makes the chart different to other anatomy charts, the additional information benefiting students and practitioners involved in understanding or teaching anatomy.

Illustrated with great precision, these charts were designed prior to 'the digital age', all images being originally hand drawn and painted by an acclaimed anatomical illustrator. Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. One of a set of 4 muscle charts designed as a useful aid and reference resource for; medical clinics, doctors surgeries, schools, universities, physiotherapy departments and health and fitness clubs.

Size: 85cm x 60cm (A1)



Cardiovascular System

M6044 - £11.99

The Cardiovascular System Chart illustrates and identifies Major Arteries and Major Veins of the Human Body. Describing function and connections of Arteries, Veins and Organs of the Circulatory System. Text boxes and diagrams provide information on: Major Arteries, Major Veins, Heart, Lungs and Respiration, Hepatic Portal System, Capillaries and Blood.

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Size: 85cm x 60cm (A1)





Charts

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Muscle Attachment Posterior

M6013 - £11.99

This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure. Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure. Identifying how muscles attach onto the bones helps to explain how a muscle or group of muscles work to produce body movement. This unique feature makes the chart different to other anatomy charts, the additional information benefiting students and practitioners involved in understanding or teaching anatomy.

Illustrated with great precision, these charts were designed prior to 'the digital age', all images being originally hand drawn and painted by an acclaimed anatomical illustrator. Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. One of a set of 4 muscle charts designed as a useful aid and reference resource for; medical clinics, doctors surgeries, schools, universities, physiotherapy departments and health and fitness clubs.

Size: 85cm x 60cm (A1)



Cutaneous Nerves Anterior

M6042 - £9.99

This chart illustrates the origin of cutaneous nerves on the Anterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve. There is a considerable degree of overlap when assessing which nerve root may be damaged. The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply. Similar descriptive information is also written on the dermatome supply.

Illustrated with great precision, these charts were originally designed prior to 'the digital age', all images being hand drawn and painted by an acclaimed anatomical illustrator. Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. Designed as a useful aid and reference resource for medical practices, physiotherapists and specialist clinics for educational purposes and to identify and demonstrate nerve damage to patients.

Size: 60cm x 42cm (A2)



Cutaneous Nerves Posterior

M6043 - £9.99

This chart illustrates the origin of cutaneous nerves on the Posterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve. There is a considerable degree of overlap when assessing which nerve root may be damaged. The left side of the body shows the posterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply. Similar descriptive information is also written on the dermatome supply.

Illustrated with great precision, these charts were originally designed prior to 'the digital age', all images being hand drawn and painted by an acclaimed anatomical illustrator. Printed on quality 170 gram satin paper & 250 micron encapsulated (laminated) for durability and hygiene. Designed as a useful aid and reference resource for medical practices, physiotherapists and specialist clinics for educational purposes and to identify and demonstrate nerve damage to patients.

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	Bust order size (cm)		80	84	88	92	96	100	104 / 108	112	116	120	124 / 128	132	136
body measurements	Bust	ins	31	32	34	36	38	40	42	44	46	48	50	52	54
		cm	79	81.5	86.5	91.5	96.5	101.5	106.5	111.5	116.5	121.5	126.5	131.5	136.5
	Waist	ins	25	26	28	30	32	34	36	38	40	42	44	46	48
		cm	63.5	66	71	76	81	86	91	96	101	106	111	116	121
	Hips	ins	34	35	37	39	41	43	45	47	49	51	53	55	57
		cm	86.5	89	94	99	104	109	114	119	124	129	134	139	144

Alternative sizes available upon request.

Ladies Slim-Leg Trousers (NS)

H0150 - £24.50

Fashion forward slim leg women's trouser, designed to co-ordinate with our tunic collection. Available in 5 classic and vibrant colours these are a must have to complete and smart and professional outfit.

- Slim leg
- Hook and bar waist fastening
- 200gsm 100% stretch soft-touch polyester

Inside Leg:

Short (S)	29ins
Regular (R)	31ins
Tall (T)	33ins
Extra Tall (A)	36ins



Amethyst Black Charcoal Sailor Navy White

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



Ladies Trousers (NS)

H4000 - £15.99

Flat front trouser with back elastication for comfort. Smart sewn-in creases.

- Zip fly with hook and bar
- No pockets
- Sewn-in front creases
- Machine washable and industrially launderable
- 195gsm 65% polyester/35% cotton
- Also available in Sailor Navy

Inside Leg:

Short (S)	27ins
Regular (R)	29ins
Tall (T)	31ins
Extra Tall (A)	33ins

All measurements are hip measurements.



Sailor Navy Black White

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Ladies Comfort Tunic

H5400 - £19.99

BEST
SELLER

Non-fade fabric ensures a long lasting professional look. Features an action back and pleat for comfort, pockets and an open-ended zip front for improved infection control. Available in a wide choice of colours. (select below)

- Non-fade fabric
- Two hip pockets, one chest pen pocket
- Machine washable and industrially launderable
- Back length 71 - 77cm (increases with size)
- 195gsm 65% polyester/35% cotton



White Pale blue Hospital blue Bottle green Sailor navy Convoy grey

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.



Ladies Round Collar Tunic in White with Navy Piping

H6000 - £19.99

BEST
SELLER

White short sleeve tunic with navy piping. Open-ended zip for improved infection control and two hip and chest pockets. Side vents and double action back pleats for comfort.

- Concealed open-ended zip front
- Two hip and chest pockets
- Double action back
- Machine washable and industrially launderable
- Centre back length 75-81cm
- 210gsm 67% polyester/33% cotton

Please refer to the sizing guide and measure carefully before selecting your size and measurements.



Ladies Contrast Trim Tunic (NS)

H4801 - £22.99

Contemporary asymmetrical design with V shaped neckline and shaped contrast pocket top detail.

- Concealed zip front
- Two hip pockets with shaped contrast pocket top detail
- Double action back and vents
- 195gsm 67% polyester/33% cotton
- Centre back length 72 - 78cm (increases with size)
- Machine washable and industrially launderable
- Sizes 6-26



White Aqua Green Hospital Blue Lilac Pale Blue Purple Sailor Navy / White Sailor Navy / Red

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Ladies Tunic (White with Zip/Buttons) (NS)

H8200 - £20.99

Women's mock fastening tunic with contemporary button detail for a distinctive, smart and professional look

- 195gsm 65% polyester/35% cotton
- Centre front fastening by concealed zip
- Side vents
- Cap sleeves
- Hip pockets
- Available in white

Please refer to the sizing guide and measure carefully before selecting your size and measurements.



Ladies Wrap Tunic (NS)

H0108 - £18.99

Easycare fabric, flattering cut and a comfortable two-way stretch make this a popular tunic.

- Asymmetrical with distinctive button fastening detail
- Mandarin collar
- Two concealed hip pockets
- Single action back
- Side vents
- 200gsm 100% soft touch Polyester
- Sizes 6-26



BEST
SELLER



Peacock Amethyst Raspberry Hot Pink Black White Red Lagoon Navy Teal Cobalt Olive Charcoal

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.

Spare Buttons for Tunic Wrap

H6711 - £4.49

10 spare buttons for Ladies Wrap Tunic (H0108)



Ladies Long Sleeve Coat (NS)

H1500 - £22.99

- Square collar with concealed stud front fastenings
- Breast pockets on the left, plus two hip pockets
- Long sleeves and centre back vent
- 67% Polyester/33% Cotton
- Machine Washable
- Length 92cm

Please refer to the sizing guide and measure carefully before selecting your size and measurements.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Mens Clothing

Menswear size guide

Alpha order size		XS	S		M		L		XL		2XL		3XL		4XL	
Chest	ins	32-34	36	38	39	41	42	44	46		49		52		56	
	cm	80-88	92-96		100-104		108-112		116		124		132		140	
Waist	ins	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54
	cm	66	71	76	81	86	91	97	102	106	112	117	122	127	132	137

Alternative sizes available upon request.



Mens Tunic with Piping (NS)

H9100 - £17.99

Features double action back and vents for comfort and ease of movement and an open-ended zip front. Now available in 7 colours.

- Open ended zip front
- Two hip pockets, one chest pen pocket
- Machine washable
- Back length 76 - 80cm (increases with size)
- 195gsm 67% polyester/33% cotton



Aqua Bottle Green Hospital Blue Pale Blue Royal Blue Navy White

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.



Mens Tunic - Round/Standup collar (NS)

H9000 - £21.99

Men's asymmetric stud front tunic is ideal to create a professional medical uniform. Features a half belt back and practical pockets.

- Half belt back
- Short Sleeved
- Mandarin Collar
- Left hip and chest pockets
- Back length 76cm (30inches)
- 210gsm 67% polyester/33% cotton
- Machine Washable



Bottle Green Hospital Blue Pale Blue Royal Blue Navy White

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.



Mens Long Sleeve White Coat (NS)

H1000 - £16.99

Men's stud coat that offers fuller length protection. Features three practical pockets with concealed stud front for a professional look. Durable polyester/cotton construction.

- Concealed stud front
- Two hip pockets, one chest pocket
- Back vent
- Machine washable and industrially launderable
- Length 100cm / 39ins
- 245gsm (210gsm white) 67% polyester/33% cotton

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Men's Concealed Elasticated Waist Trousers

H8900 - £17.99

Men's innovative trousers with hidden elasticated waistband - a garment that moves with you, giving you extra comfort and a great fit. Feature two hip pockets, back welted pocket and zip fly with hook and bar fastening.

- Zip fly, hook and bar fastening
- Two hip pockets and back welt pocket
- Machine washable and industrially launderable
- 195gsm 67% polyester/33% cotton

Inside Leg:

Regular (R)	31ins
Tall (T)	32ins
Extra Tall (A)	36ins



Black

Sailor
Navy



Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.

Unisex Clothing

Unisex Surgical Scrub Trousers (NS)

H7100 - £9.99

Unisex scrub trousers suitable for a professional healthcare uniform. Lightweight, hardwearing and practical with one back pocket.

- Elasticated drawstring waist
- Machine washable and industrially launderable
- Inside leg: Short (S) 29ins, Regular (R) 31ins, Tall (T) 33ins, Unhemmed (U) 38ins
- 145gsm 65% polyester/35% cotton

Sizes available:

XS	: 61 – 66cm Waist
S	: 71 – 76cm Waist
M	: 81 – 86cm Waist
L	: 91 – 96cm Waist
XL	: 102 – 107cm Waist
XXL	: 112 – 117cm Waist



Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Unisex Surgical Scrub Tunic (NS)

H7000 - £9.99

Lightweight, comfortable, quality unisex scrubs in a practical design for easy wear. With side vents for a better fit against the hip.

- Two hip pockets, one chest pocket
- Colour: Pale Blue
- Side vents
- Back length 74cm
- Machine washable and industrially launderable
- 145gsm 67% polyester/33% cotton

Sizes available:

XS	: 76 – 81cm Chest
S	: 86 – 91cm Chest
M	: 96 – 102cm Chest
L	: 107 – 112cm Chest
XL	: 117 – 122cm Chest
XXL	: 127 – 132cm Chest



Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and measurements.

Please specify size and colour required when ordering.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Toffeln UltraClog Lite (NS)

H7820 - £38.99

BEST
SELLER

Toffeln UltraLite clogs are the ultimate in comfort and function. Specially designed fit enables feet to spread naturally and soft leather insoles relieve tired soles. Flexible, anti-static and slip resistant soles. Easy-to-clean leather uppers available in a wide range of colours.

- Easy to clean
- Adjustable heel strap
- Shock absorbent heel
- Clogs navy, clogs black, sizes 3-12
- All other clogs, sizes 3-8
- Unisex

Please specify size and colour required when ordering.



Toffeln Ezi-Klog (NS)

H0051 £32.99

With a better fit and latest styling, the slip resistant rubber outsole provides improved levels of safety. Sizes 3-12.

- Ezi-Klog is made from our lightweight E-tech™ material that is anti-bacterial, anti-microbial and recyclable
- Lightweight
- Adjustable heel strap
- Closed-in heel
- Shock absorbing heel
- Side vents specially designed to prevent fluid penetration
- Exceeds EN 347
- Machine washable at 50°C

Please specify size and colour required when ordering.



Fob watch

H5900 - £4.85

NEW
LOWER
PRICE!

BEST
SELLER

- Fun, bright and bendy fob watches
- High accuracy analogue quartz movement
- Gel / Silicon Rubber Housing
- Pin on construction
- Ideal for infection prevention and control



Please specify colour required when ordering.

Dark Blue, Light Blue, Royal Blue, Red, Black, Pink, Hot Pink, Purple, White, Dark Green, Light Green



Metal Fob Watch

H5905 - £6.20

This model is the best selling traditional metal fob watch. The watch has a highly polished silver finish and a clear mother of pearl dial. A safety catch is fitted over the pin.

Spare battery included.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Lightweight Domiciliary Bag

E4661 - £89.99

This lightweight bag is only 1.1kg, made from a material called Ripstop and is ideal for domiciliary work.

- Various fold down compartments
- Large central storage unit
- Many useful pockets, some with elastic to hold small items securely
- Sharps bin and a small separate bag included (as shown)
- Carry handles, a detachable shoulder strap and useful backpack straps for ease

Colour: Black

Dimensions (L x W x D): 43 x 25 x 19cm

Weight (Empty): 1.1Kg

Maximum Recommended Weight: 3.5Kg

(Products not included)



Practitioners Domiciliary Bag

E4676 (Domiciliary bag) - £145.00

E4679 (Optional trolley) - £26.99

An attractive, professional case which is lightweight and comes with shoulder straps and backpack straps. It also comes with a matching strong tote bag suitable for small domiciliary drill or spares/accessories.

- 7 x Detachable transparent compartments, inc one opaque and one with velcro dividers
- Isothermal compartment with elastic bands for the medicines (holds 43 ampoules)
- A5 size clip-board ideal for patient record cards
- Personal belongings compartment
- Shoulder strap, handle, hidden backpack and trolley belt
- 2 Years Warranty

Colour: Navy Blue

Dimensions (L x W x D): 40 x 30 x 13cm

Weight (Empty): 3.2Kg

Maximum Recommended Weight: 5Kg

(Products not included)



Multy's Domiciliary Bag

E4565 - £47.99

Soft leather-look bag, equally suitable for those newly qualified as well as those looking for extra space to carry the essential supplies on a busy day. Small and light with many compartments, some with built in elastic/material pockets to hold individual items securely.

- Black polyester soft multipurpose bag
- Great capacity main foamed space with a detachable divider
- 1 flat pocket, 2 net pockets
- 2 foamed medium capacity pockets
- Handles and shoulder strap

Colour: Black

Dimensions (L x W x D): 34 x 20 x 20cm

Weight (Empty): 0.42g

Maximum Recommended Weight: 3.5Kg

(Products not included)



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Chiro III Visiting Case

E4612 - £195.99

Durable PVC case with internal pullout drawer system.
Combination locks and side pockets.

Colour: Black

Dimensions (L x W x D): 41 x 22 x 32cm

Weight (Empty): 6.25Kg

Maximum Recommended Weight: 12.00Kg



Jumbo Box & Spare Drawers for Chiro III Visiting Case

E4635 Jumbo Box – £99.99

Jumbo Box – Grey insert with all drawers fitted (foam not included)

Spare Drawers

E4630 - £2.95 1L **E4634** - £10.99 4LA

E4631 - £3.35 2L **E4639** - £30.50 Foam Insert for Lid

E4632 - £4.90 1LA **E4638** - £5.80 Drawer Foam Insert for Dropper Bottles

E4633 - £5.99 2LA

1L	2L	2LA
1L	2L	
1LA	4LA	
1LA	4LA	
1LA	4LA	



Autoclave Carry Case

E1731 - £26.99

The safe, easy and professional way of transporting your Classic autoclave.

- Lightweight, yet strong, with a fully lined interior
- 2 carry handles and a removable/adjustable padded shoulder strap for extra comfort
- For use with:
 - E1733 - PodiaClave Autoclave with printer
 - E4718 - Prestige 2100 Classic Autoclave

Colour: Black

Dimensions (L x W x D): 34 x 28 x 6cm

Weight (Empty): 0.5Kg

Maximum Recommended Weight: 2.00Kg



Hadewe Adjustable Footrest Bag

F4034 - £14.20

A carry bag for the F4033 - Hadewe Adjustable Footrest to assist with transportation and storage of the product.

Dimensions (L x W x D): 69 x 32 x 24 cm

NEW



Saeyang (K38 / Mini-Cro) E-File Carry Case

E6092 - £25.50

A handy carry case for your E6090 - Saeyang K38 Micromotor Drill.

Tailor-made to perfectly fit your drill and its accessories.

Made from an easy clean wipeable fabric with two handles for secure carrying.

Dimensions (L x W x D): 34 x 28 x 6cm

(Products not included)



NEW

Nytraguard Bluple Nitrile Powder Free Gloves

100 Gloves per box

M1300 Extra Small
M1301 Small
M1302 Medium
M1303 Large
M1304 Extra Large

200 Gloves per box

M4604 Extra Small
M4605 Small
M4606 Medium
M4607 Large
M4608 Extra Large



Now available in boxes of 100 or 200, providing excellent value and our best value nitrile gloves. Nitrile is rapidly becoming the material of choice for many FHPs and Podiatrists as it has similar properties to latex, but benefits from being free of any natural rubber proteins. A medical grade, super lightweight glove giving you a high degree of comfort, great sensitivity and toughness.

- High stretch and elasticity – very high degree of comfort and fit
- Maximum biological resistance – for protection
- High durability – tear and puncture resistance
- Fingertip textured – for added finger grip with smoother palms for patient comfort
- Excellent barrier protection – effective against all biological organisms
- Latex free – free from natural rubber latex proteins
- Super lightweight, thin wall construction – very high sensitivity
- Easy donning – inside of glove specially treated for ease of donning
- Powder free – for hygiene and convenience
- Choose 100 or 200 gloves per box
- Available in 5 sizes

Vinoguard Essentials Powder Free Clear Vinyl Gloves

M4579 Extra Small (premium range)
M4580 Small
M4581 Medium

M4582 Large
M4583 Extra Large (premium range)



Vinyl is a synthetic polymer, more commonly known as polyvinyl chloride (PVC). Vinyl gloves are a low cost option for minimal risk tasks, as they are of lower performance than nitrile and latex gloves.

The Vinoguard® range comply fully with The Medical Devices Directive, and may, therefore be used for medical examination purposes, as well as general purpose tasks.

- Smooth finish - silky finish either wet or dry, ideal for washing patients and fragile skin
- Regulatory compliance - medical grade and minimal risk PPE, for low-risk tasks
- Cost effective - low cost, suitable for general purpose and patient care tasks
- Available in 5 sizes
- Low elasticity - looser fit, but strong enough to prevent ripping on donning
- Latex free - to prevent Type I (natural rubber latex) allergies
- Barrier protection - basic protection against biological organisms
- Powder free
- 100 Gloves per box

Cyraguard Essentials High Dexterity Latex Powder Free Gloves

M4499 Extra Small
M4500 Small
M4501 Medium

M4502 Large
M4503 Extra Large



Cyraguard® Essentials is a regular gauge high quality latex glove, for increased sensitivity of touch and comfort. Stringently tested and approved for medical examinations, this versatile glove offers a lower cost latex glove for a wide range of clinical and general purpose tasks. A high quality latex glove that enhances dexterity and sensitivity when in use.

- Regular construction - provides the ultimate in sensitivity
- Ultimate stretch - for the ultimate in comfort and fit
- Medium durability - for tear and puncture resistance
- Maximum biological resistance - for best protection
- High grip - naturally grippy material
- Available in 5 sizes
- Easy donning - for speed and convenience
- Advanced manufacturing - minimises free natural rubber latex proteins
- Powder free - convenience & reduced natural rubber latex allergy risk
- Colour – cream
- 100 gloves per box

Due to current market and global situations, alternative brands and updated prices for PPE products are available online at www.podiacare.co.uk
Size guide for gloves available from the HSE site at www.hse.gov.uk/skin/employ/glovesizes.htm



Nutouch 1.5 Blue 9 Newton Nitrile Powder Free Exam Gloves

M9011 Extra Small M9014 Large
M9012 Small M9015 Extra Large
M9013 Medium

BEST
SELLER

- A higher grade soft 9 Newton nitrile glove
- Excellent quality glove with textured fingers for maximum grip, suitable for a wide variety of medical applications
- Offers a latex free alternative suitable for latex allergy sufferers
- 100 gloves per box



Nutouch 1.5 Clear Vinyl Powder Free Gloves

M9031 Xtra Small M9034 Large
M9032 Small M9035 Extra Large
M9033 Medium

Contains no natural rubber latex and offers extra protection against certain chemicals.

- 100% Latex free – 100% polyvinyl chloride
- 100 gloves per box



Nutouch 1.5 Latex Powder Free Exam Glove

M9021 Extra Small M9024 Large
M9022 Small M9025 Extra Large
M9023 Medium

- A high quality latex glove that enhances dexterity and sensitivity when in use
- Textured fingers and palms for enhanced grip
- Protein levels are less than 50 micrograms per gram, lowering the incidence of allergic reaction
- 100 gloves per box



Nutouch 1.5 Blue Sensitive Nitrile Powder Free Gloves

M9001 Xtra Small M9004 Large
M9002 Small M9005 Extra Large
M9003 Medium

- Specifically designed to provide a supple thin film barrier that enhances dexterity and sensitivity
- Combines a latex-like feel with the benefits of nitrile
- Contains no natural rubber latex, perfect for latex allergy sufferers
- Beaded cuff to aid donning
- 200 gloves per box. Excellent value when compared to boxes of 100 gloves



Latex Powder Free Sterile Surgical Gloves (NS)

M4508 50 gloves per box

Micro roughened surgical gloves. Gel coated for enhanced donning.
Superior tactile sensitivity. Soft flexible feel.
Available sizes: 6-9

Please note that this is a non-stock item. Please allow up to 14 days delivery (subject to availability).

Protective Clothing

Disposable Aprons / Gowns

M4600 - £3.99 – Pack of 100 aprons **M4601** - £9.00 – Roll of 200 aprons **M4602** - £6.00 – Single gown with thumb loop

APRONS

White Polythene aprons in an easy to use dispenser pack, providing a high level of hygiene and suitable for many applications.

Size: 27" x 42"

GOWNS

Premium disposable gown made from CPE.

Size: 41" x 41"



Com-Fit Masks Super High Filtration Face Masks

M5000 Box of 40

Provides a higher level of protection.

- Two-way DELNET® film barrier provides fluid protection with excellent breathability
- 99% at 0.1 micron, fluid resistant at 80mm/Hg
- Delta P of 2.7
- Foam strip keeps glasses fog free
- Hypoallergenic and latex free
- Produced to EN 14683 Type II



Face Mask (Ear Loop)

M5053 Box of 50

Nuguard Earloop facemasks are highly comfortable, light and breathable. Made with an integral nose bridge that conforms to the contours of your face. Suitable for general medical, veterinary or surgical use providing protection against airborne germs and infection.

- Fibreglass free
- Blue in colour
- Latex free, reducing the risk of associated allergies (including elasticated ear loops)
- Economical, light and breathable
- 3ply filter construction, type II – filtration efficiency exceeds 98% (meltblown filter)
- Non sterile
- Non-woven inner layer
- Produced to EN14683 specifications



IIR Fluid Resistant Face Masks

M5010 Pack of 50

This product is mainly used for basic protection of medical personnel or related personnel, as well as protection against blood, body fluids and splashes during usage.

- Type IIR Fluid Resistant Ear Loop Masks
- BS EN14683:2019 Compliant
- Non-woven sanitary fabric.
- CE Marked, Class 1, Non-Sterile



Face Mask FFP2 & FFP3

M5062 Pack of 2 x FFP2 Masks

M5063 Pack of 1 x FFP3 Mask

M5062 - PROTEX FACE MASK S2 (FFP2)

- Single use filtering mask for use against solid and non-volatile liquid particles
- At least 90% effective against fine dusts and can be used for protection where the level of contamination is up to 10 times of Occupational Exposure Limit
- Comfortable during an 8 hour shift
- Advanced filtration system for medium performance
- 100% soft cool cotton linings which moulds easily to shape of face
- Easy to breathe and talk through
- Not washable



M5063 - PROTEX FACE MASK S3 (FFP3)

- Single use filtering mask for use against solid and non-volatile liquid particles
- At least 98% effective against fine dusts and can be used for protection where the level of contamination is up to 20 times of Occupational Exposure Limit
- Comfortable during an 8 hour shift
- Advanced filtration system for optimum performance
- 100% soft cool cotton linings which moulds easily to shape of face
- Easy to breathe and talk through
- Not washable



Due to current market and global situations, alternative brands and updated prices for PPE products are available online at www.podiacare.co.uk
Size guide for gloves available from the HSE site at www.hse.gov.uk/skin/employ/glovesizes.htm



Face Shield / Visor

M5070 - £1.99

- Thickness - 0.26mm
- Material: PET
- Measurements: - 33cm x 21cm
- Anti-fogging
- With sponge inner band for comfort
- Product may vary from image
- Disposable

NEW



Boston Safety Eye Shield

Boston Safety Eye Shield

M5077 - £3.00

Clear safety glasses that may be worn over spectacles.

- Wraparound clear visitors spectacle
- Polycarbonate lens
- Ventilated side arms
- Low impact and 99.9% UV protection
- Width 157mm
- Conforms to EN166 and ANSI Z87.1



Vegas Safety Eye Shield

Vegas Safety Eye Shield

M5078 - £3.25

Safety glasses. Not suitable for wearing over spectacles.

- Ultra lightweight
- Polycarbonate Wrap around lens
- Low impact & 99.9% UV protected
- Sleek contoured shape
- Scratch resistant
- One piece side arm
- Conforms to EN166 -1F



Bioguard Alcohol Hand Gel

Previously known as Hospiguard

P4460 - £3.99 - 500ml Pump Bottle P4462 - £2.15 - 60ml with retractable clip

With Aloe Vera, Skin Conditioners and Moisturisers

- Powerfully Effective: Independently tested to European and British Standards EN1500, EN13727, EN12504 and EN 14476
- Effective against bacteria and viruses
- User Friendly: Contains ALOE VERA and cosmetic grade skin conditioners (emollients) to safeguard users hands and reduce the likelihood of irritation and sensitisation
- Dermatologically Tested: Product has been dermatologically tested to be proven safe and kind to skin
- Superior cleansing & disinfection action: Proven to be fast acting
- Environmentally friendly: Proven by independent audits to be non-toxic, biodegradable and non-accumulative in the eco system
- High Alcohol Levels: Product contains 85% (w/w) of Alcohol
- Non Sticky & Quick Drying: Encouraging healthcare professionals and visitors to more regularly clean and sanitise their hands
- 500ml pump bottle and 60ml hand gel available

NEW
LOWER
PRICE!



Churchill (Black)

Cambridge Mask™ Pro

GREY

M5048 Dorian (M) - £19.85

M5049 Dorian (L) - £19.85

NAVY

M5056 Admiral (M) - £19.85

M5057 Admiral (L) - £19.85

BLACK

M5050 Churchill (S) - £19.85

M5051 Churchill (M) - £19.85

M5052 Churchill (L) - £19.85



Admiral (Navy)



Dorian (Grey)

- Unique triple filter technology
- Adjustable ear loops
- Antibacterial and virus protection

Cambridge Mask™ masks are N99 tested as opposed to the next level down, N95 and filter out dust, pollution particles such as PM10, PM2.5 and PM0.3 as well as bacteria and viruses using a unique triple layer filtration system. The first layer catches larger pollution particles such as dust and PM10, followed by the Three-Ply Micro Particulate Filter which stops nearly 100% of smaller particulate matter such as PM2.5 and PM0.3. The last layer has been developed by UK's Ministry of Defence and filters out viruses, bacteria and gas pollution such as Volatile Organic Compounds (VOCs), Ozone, Benzathine and Formaldehyde.

To complement the powerful PRO masks, the BASIC range was created to allow even more people gain access to clean air. New Lab tested filtration technology filters over 95% of pollution, gases, and bacteria and viruses up to 300 hours of use (pro). Trusted by people at risk of respiratory diseases, living in or travelling to areas with high air pollution levels. Protection against odours, all PM; PM2.5, PM0.3, pollen, smoke and pathogens such as viruses and bacteria.

Couch and Wiper Roll

Wiper Roll

D5825 - £1.55 Single

Wiper Rolls are half the width of a couch roll and are suitable for wiping, as a cover for small areas or as a temporary bib. For clinical use they are strong with easy to tear, perforated sheets. They are made from soft, 2 ply paper to increase durability and retain their strength even when wet.

- Hygienic surface cover for small areas
- Perforated, easy to tear sheets
- Economical for general wiping and cleaning of equipment and furniture
- 2 ply, strong construction, in white
- Roll size: 25cm x 40m



NEW
LOWER
PRICE!

Premium Couch Roll Blue – 3 Ply

D5822 - £3.90 Single

D5822-12 - £42.90 Pack of 12 - **£ SAVER**

3 ply luxury couch roll, heavyweight and manufactured in the UK from 100% recycled material. Soft and absorbent and with easy tear perforations, each roll is individually wrapped and fits most dispensing systems. Ideal for where that extra quality and strength is required.

- Roll size: 50cm x 36m
- 12 rolls per case

MULTI-BUY OFFER: 12 for the price of 11 (1 FREE Roll)



Couch Roll

WHITE

D5820 - £2.66 Single

D5820-9 - £23.92 Pack of 9 - **£ SAVER**

BLUE

D5821 - £2.66 Single

D5821-9 - £23.92 Pack of 9 - **£ SAVER**

Durable, soft and strong for patient and customer care. With a wide range of uses in both a clinical and beauty environment, they feature easy to tear, perforated sheets. 2 ply structure for increased strength, absorbency and softness. They can be used to cover a surface, or as a wipe, providing effective protection and improved hygiene and infection control.

- Hygienic cover for couches
- Strong, durable, 2 ply paper
- Dimensions 500mm x 40m
- Nine rolls per case

MULTI-BUY OFFER: 9 for the price of 8 (1 FREE Roll).



NEW
LOWER
PRICE!

Skin Disinfectants

Fastaid 70% IPA Hand Disinfectant Wipes

D5588-50 - £4.00 - 50 wipes

The Antibacterial Hand Wipes are the most effective antibacterial wipes on the market as, not only do they disinfect your hands, they also clean your hands - something that alcohol gel hand rubs fail to do.

Can be used on feet to disinfect and clean. Using a formula developed by medical doctors, the wipes work in 10 seconds killing 99.999% of germs which make them ideal for healthcare professionals in the field. Antibacterial Hand Wipes are also dermatologically tested and contain aloe vera and moisturisers to help maintain healthy skin.

- Disinfects and cleans hands
- Kills at least 99.999% of germs
- Dermatologically tested
- Individually wrapped wipes



NEW



Care Cleanse – Skin Cleansing Wipes

D5569 - £4.05 200 wipes

**NEW
LOWER
PRICE!**

Skin Cleansing Wipes are highly effective wipes that can be used as a convenient and efficient method of cleansing, which is gentle to the skin. These medium sized wipes are made from a strong and durable non-woven material to ensure they retain their integrity during use.

- Gentle cleansing wipe, specially formulated with mild surfactants to cleanse the skin leaving it feeling soft but non greasy
- Alcohol or Lanolin free
- Lightly Fragranced to leave the skin clean and fresh
- PH Balanced
- Supplied in a handy dispensing tub with resealable flip top lid
- 20x20cm
- 200 wipes per tub



Conti Skin Cleansing Wipes

D5570 - £2.35 50 wipes

**NEW
LOWER
PRICE!**

**BEST
SELLER**

Gently cleanses and moisturises skin to leave it soft and smooth. Kind to skin formula contains very mild surfactants to clean skin with no drying effects. Good for hand hygiene as well as an effective body wipe.

- Ideal for patients with sensitive skin
- Alcohol and lanolin free
- 33 x 22cm
- 50 wipes per pack

Note: Previously known as Oasis Moist Skin Cleansing Wipes



Chlorhexidine 0.5% Premixed in Ethanol 70% Pink

P4530 - £5.79 600ml Refill

P4531 - £3.35 200ml Spray Bottle

Chlorex Pink – A skin preparation for rapid disinfection which provides reassuring protection for personal skin hygiene. Available as a 600ml refill or 200ml spray bottle.



Chlorhexidine 2% Premixed in 70% IPA

P4400 - £16.55

**BEST
SELLER**

This product is a fast acting skin disinfectant and is effective against a wide range of bacteria, yeasts and viruses. Chlorhexidine 2% is a biocide and not indicated for therapeutic application.

- For general skin disinfection for hygiene purposes only
- Chlorhexidine Gluconate 2% w/v in Isopropyl 70% v/v combining immediate and sustained effect to prevent microbial re-growth
- Broad efficacy spectrum (incl. bacteria, MRSA, yeasts and enveloped viruses)
- 500ml in a 600ml Bottle



Concentrated Chlorhexidine

P4522 - £4.50 250ml

**BEST
SELLER**

For use as an antiseptic in conjunction with IPA (Isopropyl alcohol).
5% solution.



Surgical Spirit

P4500 - £2.35 200ml

Surgical spirit is a solution of ethanol, methanol and some other ingredients. The important application of surgical spirit is to disinfect small cuts and for sterilising and hardening the skin.

Surgical spirit works against bacteria, virus and fungus.

Hydrogen Peroxide (H₂O₂) Solution 200ml

P4591 - £1.25 (3%) BP 10vols. 200ml

A mild anti-bacterial skin disinfection, particularly useful in clearing nail sulci.

Hydrogen Peroxide 3% in a 200ml bottle.



Laufwunder Nail and Skin Softener (Salu)

P4594 - £7.55 Small 50ml

P4595 - £30.15 Large 250ml

A gentle product for softening cuticles, skin around the nail and the nail itself.

Ideal as a pre-treatment for softening tissue before cutting nails.

Alternative to P4591 - Hydrogen Peroxide Solution 200ml



NEW

Sterile (Distilled) Water

P4501 - £2.45 1 Litre

Sterile Water is suitable for general surgery use.

Suitable for use in Autoclaves.



NEW
LOWER
PRICE!

BEST
SELLER

Irriclens Sterile Saline Solution Aerosol

D5630 - £5.65

This saline solution is ideal for irrigating sensitive skin and flushing out minor abrasions.

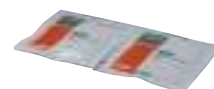
- A clear, odourless, sterile aqueous solution containing 0.9% w/w sodium chloride Ph.Eur in a non metered aerosol can
- Irriclens sterile saline solution will spray in any position even if held upside down
- For the topical irrigation and cleansing of wounds
- Preservative free
- 0.9% w/w Sodium Chloride Ph.Eur



Zoff

D5970 - £6.50 - Pack of 20

- Easily removes unwanted adhesives
- Can be used on skin, surface or instruments
- Individually wrapped
- Contains Aloe Vera extract and kind to the skin
- Impregnated with alcohol based solution for fast, effective adhesive remover



Desderman Pure

P4405 - £6.30 500ml Liquid

P4406 - £6.30 500ml Gel

P4407 - £9.75 1 Litre Gel

P4408 - £1.85 100ml Gel

P4410 - £9.75 1 Litre Liquid

P4546 - £4.99 Pump dispenser

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 30 seconds (hygienic) & 3 minutes (Surgical).

- Colour and perfume free
- Effective against bacteria (Tb, MRSA, VRE), fungi and viruses (inc. HBV, HCV, HIV, Polio, Herpes simplex, Adeno, Rota and vaccinia virus) in 90 seconds
- Excellent efficacy and increased skin compatibility
- Suitable for frequent use
- Balanced emollient ingredients protects against irritation and dryness

See page 41 for **Spray bottles**





Clinisept+

D5627 - £6.49 - Clinisept+ Aftercare (100ml)

D5628 - £8.49 - Clinisept+ Antimicrobial Prep & Procedure (250ml)

NEW

Clinisept+ is a fast-acting cleanser and antimicrobial solution that can be used for both pre-procedure and after procedure skin cleaning. Clinisept+ provides highly effective microbial control but because of its gentle oxidising method of action doesn't itself inhibit skin recovery: it causes no stinging, sensitising, or irritation and neither does it dry the skin. Clinisept+ is suitable for use on normal and sensitive skin.

Clinisept is suitable for use before, during and following every podiatry procedure to keep skin clean and provide optimum conditions for skin recovery.

Clinisept+ products are effective in seconds and deliver more effective protection against bacteria than traditional skin cleansing chemistries. But they are also more 'skin compatible' than traditional skin cleansing chemistries: Clinisept+ has a skin neutral pH, contains no alcohol, is non-irritant to skin and eyes and does not cause respiratory irritation.

Both products are produced in an ISO13485 Medical Device facility and have been subject to extensive efficacy and dermatological testing.

Surface Disinfectants



Clinell Universal Wipes

D5586-40 - £2.35 Pack of 40

D5587-100 - £6.85 Pack of 100

D5587-200 - £8.35 Pack of 200

**BEST
SELLER**

Clinell Universal Wipes provide a range of products for surface disinfection and cleaning of non-invasive medical devices. Containing a unique, patented antimicrobial formula they can be used as a detergent and disinfectant wipe - replacing the need for multiple wipes and surface cleaners. Proven to kill at least 99.999% of germs - Clinell Universal Wipes are one of the most effective antimicrobial products on the market.

This revolutionary formula contains a mix of different biocides. Each biocide has a different mechanism of action, reducing the risk of germs developing resistance. According to European standard tests: EN1275, EN1276, EN12054, EN14245, EN14561, EN14562 & EN14563



Clinell Universal Sanitising Wipes Canister and Refill Pack

D5585 - £5.55 - Tub -100 wipes

D5589 - £3.55 - Refill pack -100 wipes

Clinell Universal Wipes provide a range of products for surface disinfection and cleaning of non-invasive medical. Containing a unique, patented antimicrobial formula they can be used as a detergent and disinfectant wipe - replacing the need for multiple wipes and surface cleaners. Proven to kill at least 99.999% of germs - Clinell Universal Wipes are one of the most effective antimicrobial products on the market.

This revolutionary formula contains a mix of different biocides. Each biocide has a different mechanism of action, reducing the risk of germs developing resistance. According to European standard tests: EN1275, EN1276, EN12054, EN14245, EN14561, EN14562 & EN14563

Clinell Universal Sanitising Wipes Canister Refill (100) available to buy separately, please select required item.



Sanisafe I.P.A. - Disinfection Wipes

D5584 - £5.55 - 200 Wipes

Disposable disinfection wipes for medical devices. 70% alcohol based disinfectant wipe.

- Sani-Cloth 70% Isopropanol for disinfecting surfaces, medical and other general devices including patient shared equipment
- Provides a broad range of kill with a 1 minute contact time
- Wipe size: 200 x 200mm
- High dosage liquid on the wipes guarantees good surface coverage
- Alcohol wipes comply to Medical Device Directive as a class IIa medical device
- Lint free
- Ingredients: Propan-2-ol 70 %v/v

Fastaid 70% IPA Surface Disinfectant Wipes

D5571 - £4.50 – 50 wipes



The Antibacterial Surface Wipes are a most effective antibacterial wipe.

- 70% Isopropyl Alcohol (IPA) Surface Disinfectant Wipes
- Kill 99.9% of bacteria and viruses
- Individually wrapped for hygiene and ease
- 70% IPA kills many viruses and other dangerous organisms
- Hygienic, single-use packaging
- Ideal for pockets, handbags and the car
- For use in hospitals, clinics, and care homes
- Perfect for use at home or work
- Suitable for most hard surfaces and objects
- Individually wrapped wipes

Mikrozid Wipes Canister and Refill Pack

D5590 - £7.05 Tub - 150 wipes D5592 - £6.35 Refill Pack - 150 wipes D5596 - £10.05 Jumbo Tub - 200 wipes



Unique alcohol formulation for complete virucidal protection in the disinfection and cleaning of high risk contaminated surfaces.

- Blend of two alcohols for a very high performance against viruses within one minute contact time
- Cleaning and disinfection, 2 complete actions with 1 product
- Added surfactants for boosted cleaning performance
- Effective against bacteria (inc. TB), yeast and viruses (inc. HBV, HIV, HCV and Rotavirus)
- Quick drying and residue free
- 150 wipes (14.5 x 18 cm) per tub/refill pack
- Ready to use

Mikrozid AF Wipes Premium

D5595 - £4.05 - 50 wipes



Unique alcohol formulation for complete virucidal protection for the cleaning and disinfection of hard surfaces.

- Blend of two alcohols for a very high performance against viruses within 1 min contact time
- Cleaning and disinfection, 2 complete actions with 1 product
- Added surfactants for boosted cleaning performance
- Broad spectrum of efficacy
- High quality fleece wipes for double the coverage
- 20 x 20cm
- Pack of 50

Alcohol-based rapid disinfection of medical devices and surfaces in all areas where there is an increased risk of infection and where short contact times are required, e.g. patient treatment units, operating tables and nearby work surfaces and surfaces of medical equipment.

Mikrozid Sensitive Wipes Premium

D5594 - £4.05 - 50 wipes



Alcohol free, dual action cleaner and disinfectant wipes for alcohol sensitive surfaces For the disinfection of medical devices and other environmental surfaces. Especially suitable for surfaces sensitive to alcohol (e.g. leather, PVC and acrylic glass).

- Ideal for alcohol sensitive materials: leather (natural & artificial), perspex / plexiglas, soft PVC etc
- Bacterial, fungicidal & virucidal (incl. HBV, HIV, HCV and rota virus)
- Effective in 1 minute
- Prevents cracking and smearing
- Double thickness for enhanced cleaning
- Ideal for all surfaces including podiatry chairs and alcohol sensitive materials
- Added surfactants for boosted cleaning performance
- Cleaning and disinfection, two complete actions with one product
- Broad spectrum of efficacy
- High quality fleece wipes for double the coverage
- 20 x 20cm

Mikrozid Universal Wipes Premium

D5593 - £7.34 - 100 wipes



Material-friendly rapid cleaning and disinfection wipes impregnated with an low-alcoholic solution.

- Good material compatibility (e.g. tablets)
- Rapid effect (Noro 30 sec)
- Effective according to EN 16615 (4-field test) in 1 minute
- Dermatologically tested
- High quality and big wipes (20x20cm)
- Colourant and fragrance free
- Outstanding cleaning performance
- Alcohol-based rapid disinfection of medical devices in all areas and all kinds of wipeable surfaces with an increased risk of infection, where short contact times are required and where a material friendly disinfectant is needed, e.g.:
- Patient treatment units and nearby surfaces
- Examination couches
- Operating tables and nearby work surfaces
- Surfaces of medical equipment
- Keyboards or touch pads of sensitive communication equipment, e.g. smartphones or tablets



Mikrozyd Liquid

P4539 - £18.95 1 Litre

BEST
SELLER

Unique alcohol formulation for complete virucidal protection in the disinfection and cleaning of hard surfaces.

- Blend of two alcohols for a very high performance against viruses within one minute contact time
- Cleans and disinfects, two complete actions with one product
- Added surfactants for boosted cleaning performance
- Effective against bacteria (inc. TB), yeast and viruses (inc. HBV, HCV and Rotavirus)
- Quick drying and residue free
- Ready to use solution
- Aldehyde free
- Comes with spray nozzle



Isopropyl Alcohol BP (IPA)

P4541 - £5.55 600ml

BEST
SELLER

For all purpose cleaning. Isopropyl alcohol pH Eur 70% w/v in purified water. For the rapid disinfection of hard surfaces. Kills 99.99% of bacteria in 2 minutes.

Pre and Post Op Disinfectant Solution (when used with P4522 Concentrated Chlorhexidine and P4501 Distilled/Purified Water)

Mixing percentages (IPA & Chlorhexidine)

70% Isopropyl Alcohol	78%
100% Purified Water	20%
5% Chlorhexidine Gluconate	2%
TOTAL	100%

Instrument Cleaning



Gigasept Instru AF Bath

E4672 - £30.50

Plastic bath with lid and lift out basket.

High performance dual action liquid concentrate for cleaning and disinfection of instruments.

- 3 litre capacity.
- Fully autoclavable.
- Shortened contact time with ultrasonic baths

Dimensions (L x W x H): 28 x 18 x 12.6cm

Use in conjunction with P4540 - Gigasept Instru AF Solution



Gigasept Instru AF Solution

P4540 - £49.00 2L Solution

Suitable for manual cleaning and disinfection of thermostable and thermolabile instruments of all types (excluding flexible endoscopes).

Thanks to its excellent cleaning performance - especially in an ultrasonic bath - and its comprehensive microbiological efficacy, Gigasept® Instru AF offers all important product features for instrument reprocessing in hospitals and practices.

- Aldehyde-free
- Very good cleaning performance
- Broad spectrum of microbiological efficiency
- Shortened contact time in ultrasonic bath
- Cost effective - 3% concentration makes 66L solution from a 2L bottle
- Size: 2 Litre

Instructions for use

Gigasept® Instru AF is a concentrate and is diluted with cold water to produce the desired application concentration.

Ultrasonic Cleaner Solution

E4714 - £35.10

Gleam II Ultrasonic Cleaner Solution will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types.

Special anti-corrosives make Gleam II particularly kind to metal items.

- 2 litre
- Biodegradable
- Dilution ratio: 1:10 dilution ratio



Autoclave Cleaning Solution

E4601 - £13.99 1 Litre

Formulated to remove grease and grime from the internal surfaces within autoclaves whilst preventing the formation of harmful limescale deposits.

Used routinely, this solution will keep all internal surfaces thoroughly clean, scale and odour free helping to ensure peak operating performance is maintained throughout the working life of the autoclave.

NEW
LOWER
PRICE!



Miscellaneous

Spray Bottles (Atomiser Spray)

M5999 - £1.50 150ml

M5998 - £1.85 250ml

HDPE Bottles with an Atomiser Spray Cap, which makes this semi-transparent bottle great for packaging products such as IPA, Chlorhexidine, etc.



Trigger Spray Bottle 250ml

M6000 - £1.35

HDPE Bottle with a Trigger Spray Cap. Perfect for packaging and dispensing medical products. Suitable for products such as IPA, Chlorhexidine, etc.

NEW
LOWER
PRICE!

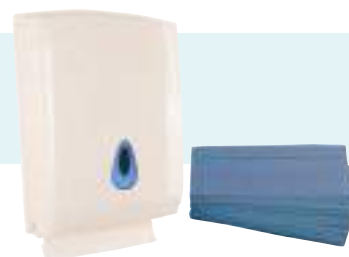


Paper Towel Dispenser

E6050 - £16.35 Dispenser

E6055 - £1.58 Paper Towels (176/pk)

Lockable white, impact resistant ABS plastic dispenser. Standard size holding 2-3 sleeves of towels.



Surgical Drape

M4005 - £1.30 Single

Sterile surgical drape with Ø5cm adhesive fenestration, an essential item for minor surgical procedures. Sold as singles in sterile packaging.

Size: 60cm x 50cm



Waste Disposal



Clinical Waste Bags

- M4540** - £3.15 Roll of 50 x Light Duty Bags
M4541 - £6.55 Roll of 50 x Medium Duty Bags
M4599 - £7.99 Pack of 200 x Flat Pack Bags

UPDATED
RANGE

Sacks for incineration and safe disposal of medical items. Yellow polythene bags.



Sharps Disposal Bins

- M4400** - £2.25 Sharpsbin Mini 0.6 Litre
M4401 - £2.75 Sharpsbin 5 Litre
M4402 - £3.75 Sharpsbin 11.5 Litre

For the safe collection of contaminated sharps and hazardous waste.
 Provides outstanding protection against sharps and leaking fluid.



Blade Disposal Unit

T4512 - £1.05

NEW
LOWER
PRICE!

BEST
SELLER

The Swann-Morton blade disposal unit will hold up to 100 blades, which makes it ideal for use in both standard practice, and domiciliary visits. It allows you to safely and quickly remove scalpel blades.

Not found what you are looking for?

Call us on **01628 632 449** or visit our webpage
www.podiacare.co.uk for more products and offers

Burs and Abrasive Discs






Autoclavable Bur holders now available.
See page 75 for more details.

Tungsten Carbide Burs

E4730 £14.95 Tungsten Carbide BUR 1 (F28)	E4731 £16.15 Tungsten Carbide BUR 2 (F29)	E4732 £16.95 Tungsten Carbide BUR 2 (F30)
		
Tungsten burs to work through thick nails quickly and effectively. These sleeker designs allow for finer work on thin areas of nail.		Tungsten burs to work through thick nails quickly and effectively. This broad er design is ideal for working on larger areas of nail.

Ceramic Burs

NEW

E4734 £8.65 Ceramic Bur BUD 1 (Flame)	E4735 £8.65 Ceramic Bur BUD 2 (Cylinder)	E4736 £8.65 Ceramic Bur (Barrel)	E4737 £8.65 Ceramic Bur (Small Cone)	E4738 £8.65 Ceramic Bur (Ball End)
				
Ceramic burs ideal for the treatment and finishing of fungal nails and cuticle work. Resistance to heat with excellent durability and cutting performance. Fully autoclavable. These sleeker designs allow for finer work on thin areas of nail.		Ceramic burs ideal for the treatment and finishing of fungal nails and cuticle work. Resistance to heat with excellent durability and cutting performance. Fully autoclavable. These ball designs are ideal for finer work and/or on subungal corns.		

Diamond Burs

E4701 £5.95 BUR 1	E4702 £6.25 BUR 2	E4703 £6.35 BUD 1 4.0mm	E4704 £6.35 BUD 2 6.0mm	E4705 £6.75 PEAR 1 4.0mm
				
Diamond burs for effective nail burring. These thin, needle-like burs are ideal for careful work in a nail sulcus.		Diamond burs for effective nail burring. These broader burs are ideal for routine, larger nail area reduction.		

E4708 £3.95 ROUND 1 1.0mm	E4709 £3.95 ROUND 2 2.7mm	E4711 £7.25 PEAR 2 6.0mm	E4712 £8.85 Cylinder	E4715 £10.95 Callus
				
Diamond burs for effective nail burring. These ball designs are ideal for work on subungal corns.		Diamond burs for effective nail burring. Larger head for gryphotc nails and diffuse callus reduction.		Diamond bur shaped for diffuse callus reduction.

Moore's Discs

E4210 - £2.75 7/8" Coarse	E4311 - £2.75 3/4" Medium
E4211 - £2.75 7/8" Medium	E4312 - £2.75 3/4" Fine
E4212 - £2.75 7/8" Fine	E4213 - £2.75 7/8" Extra Coarse
E4310 - £2.75 3/4" Coarse	E4214 - £2.75 3/4" Extra Coarse

Paper snap on abrasive discs.
Can be used in both wet and dry conditions.

Actual Size:



Mandrel

E4200 - £2.80

Mandrel to fit Moore's disc.

Diagnostics



Clip-on Aneroid Sphygmomanometer

T4660 - £10.99

**NEW
LOWER
PRICE!**

- Dial clips to cuff for easy reading
- Screw valve air release
- Separate dial and inflation bulb
- Adult velcro cuff
- Supplied in storage pouch
- 12 month warranty



Vibratip

E5600 - £12.00

- Uses vibration to test for peripheral neuropathy in the feet of diabetic patients
- Unlike tuning forks Vibratip is quick and easy to use
- Provides a consistent source of vibration so results are more reliable



Premium Stethoscope

T4664 - £14.99

Made to the highest specification and with a **3 year warranty**. Used for listening to the various sounds of the heart, lung and organs in the human body.

The single head model consists of lightweight aluminium chest-piece, adjustable chrome plated brass binaural durable one piece moulded PVC "Y" tubing and pure white ABS eartips. Providing excellent acoustic response and comfort fit. Colour may vary.

Includes: ■ Black tubing ■ Spare ear tips ■ Foam lined box

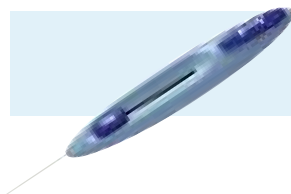


Stethoscope

T4665 - £5.99 - Dual head Stethoscope

Used for listening to the various sounds of the heart, lung and organs in the human body.

- Quality
- Bell and diaphragm faces on the chest piece
- Lightweight construction
- Affordable
- Excellent sound transmission
- Colour may vary



Retractable Monofilament 10g

T4562 - £13.99

**BEST
SELLER**

The Monofilament is used for testing peripheral neuropathy in the feet of diabetic patients. It does this by applying a specific force to a point on the skin to assess the sensitivity of the skin at that point. The Monofilament material has been carefully selected for its consistent mechanical properties over a range of environmental conditions. Unlike nylon filaments it will not absorb moisture during cleaning or from the atmosphere.



Tip Therm

T4566 - £22.50

The Tip Term is ideal for testing temperature sensitivity. It is not dependant on a power source and is practically indestructible. It is light and portable.



128Hz Tuning Fork

T4560 - £29.99

Features: ■ Lightweight alloy tuning fork ■ Precision frequency balanced ■ 128Hz

Files & Probes

Swiss File

T4504 - £20.50

New to our range and ideal for both domiciliary and clinic. The Swiss File Paddle is made of stainless steel and can be sterilised (autoclavable).

- No time-consuming abrasives
- Superior Hygiene
- Autoclavable handle
- Environmentally friendly
- The abrasives are available in 3 grits. Packs of 80 individually wrapped grits

Swiss File Grits

(Pack of 80) - Sold Separately

T4505 Fine 220 Grain - £27.00

T4506 Medium 100 Grain - £27.00

T4507 Coarse 60 Grain - £27.00



The abrasives are sterile, individually packed and designed for single use only. The abrasive sheets feature a high quality adhesive backing so they can be easily secured to the handle and removed after each treatment.

Easy to peel off and do not leave any residue.

The abrasives are available in 3 grits in packs of 80. (Individually packed.)

Basic Stainless Steel Footfile and Grit Pads

T4209 - Stainless Steel Foot File (Paddle) - £5.81

T4210 - Stainless Steel Foot File - 220 (Fine) Grits (Pack Of 50) - £7.32

T4211 - Stainless Steel Foot File - 180 (Medium) Grits (Pack Of 50) - £7.32

T4212 - Stainless Steel Foot File - 80 (Course) Grits (Pack Of 50) - £7.32



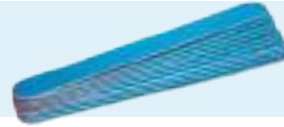
A fully autoclave-able stainless steel foot file to be used with our adhesive grit pads. The ergonomically designed file is strong, durable and offers comfort for both practitioner and patient.

Gritpads and Spatulas are sold **separately** in packs of 50.

Emery boards

T4692 - £1.65 (pack of 10)

T4692 - £16.00 (pack of 100) **£ SAVER**



Quality 7" Emery Boards. Used to gently file down and shape the edges of nails. Available in packs of 10 or 100. Please state quantity required when ordering.

Diamond Deb Files

T4689 - £3.35 6" (15cm) Foot dresser

T4690 - £3.60 8" (20cm) Foot dresser

T4693 - £1.64 Single use 8"



Ideal for the removal of hard skin on the foot or thick toe nails.

Double Sided Straight Foot File

T4527 - £1.69

- Sturdy, Straight plastic foot dresser
- Double Sided
- 23cm length
- Ideal for the removal of hard skin
- Quality plastic
- Available in white or blue (please state colour when ordering)

Please note this item is not suitable for autoclaving



Large Double Sided Curved Foot File

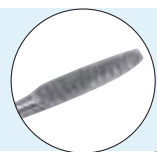
T4526 - £2.35

- Extra Large Foot Dresser in a concave form
- Strong and sturdy
- Double sided
- Available in white only
- High quality plastic that will not break
- Washable
- Size 24cm
- Ideal for the removal of hard skin

Please note this item is not suitable for autoclaving



All Autoclavable Instruments From Podiacare are covered by a No-Quibble 5 Year Warranty (1 Year for cutting instruments)



Black's File

T4624 - £4.50

T4613 - £4.50

T4620 - £5.95

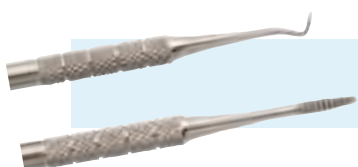
Now available with Extra Fine head. An abrasive head allows for the smoothing off of tightly packed/difficult to reach areas of nail.

Size: T4624 Fine 13cm (Single Ended)

T4613 Medium 13cm (Single Ended)

T4620 Extra fine 15.5cm (Double-ended)

UPDATED
RANGE

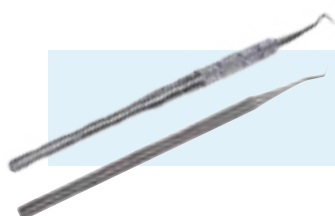


Fellowship Blacks File/Probe – Double Ended

T4544 - £5.95

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Double ended.

Size: 13.5cm



Nail Probe

T4619 - £5.60

T4612 - £4.60

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Swan neck.

Size: T4619 12.5cm

T4612 14cm



Spatula Packer – Double Ended

T4645 - £4.85

The spatula packer allows for the larger, flatter end to be used to scoop creams from pots / tubes and apply to the required location. The smaller end can double up as a 'packer' to pack an area of tissue with a specified material. Straight, double ended.

Size: 13cm



Nail Curette – Double Ended

T4646 - £6.99

The nail curette is used for removing non-living tissue around the cuticular, cleaning under the nail and along side walls.

Size: 14cm



Nail Elevator – Double Ended

T4572 - £3.99

Instrument used to assist nail removal during nail surgery.

Size: 16cm

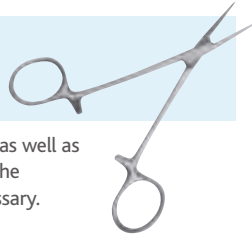
Forceps & Scissors

Mosquito Forceps

T4755 - £5.65

Forceps that are ideal for regular clinical as well as surgical use. A lockable handle provides the option of keeping them clamped if necessary. Straight head.

Size: 13cm



Felt Scissors

T4600 - £5.95 (Straight)

Reinforced joint to tackle the deepest felts and foams effortlessly. Blunt/Sharp.

Size: 15.5cm

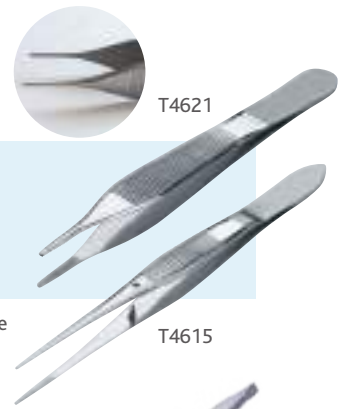


Dissection Forceps

T4615 - £4.30 Forceps Fine 11.5cm

T4621 - £4.65 Adson 13cm
(Serrated edge)

Forceps are ideal for regular clinical use as well as surgical use.



Dressing Scissors

T4602 - £5.49 (Straight)

Designed for dressings. Blunt/Sharp.

Size: 13cm



**NEW
LOWER
PRICE!**

Miscellaneous

Stainless Steel Instrument Tray

T4635 - £10.99

High quality instrument tray manufactured from durable and easy-to-clean stainless steel. **Size:** 20cm x 15cm x 1.8cm



**NEW
LOWER
PRICE!**

Body Block

E4000 - £36.50

Bodyblock fills the gap in the market for a hygienic multidisciplinary, multipurpose support block. Its versatility is on account of different heights on each of its 4 sides creating different elevations. Simply flip it for a different height.

It can be used to support the head, legs, heels or arms and can also be used as knee spacer. It has applications within the health sector and has the advantage of making the practitioner's task easier whilst keeping the client or patient comfortable and in an optimum position. Bodyblock is made of polyurethane and is CE marked. The most practical way a bodyblock can be cleaned is with surface medical disinfectant sprays but it can also be autoclaved or put in the dishwasher. It's so light it floats like a cork, weighing only 300g, yet robust enough to elevate the heaviest limbs.



Flexible Foot Tray

E4963 - £30.00

A hygienic solution for collecting debris. This easy to use tray is made from silicone, which makes them flexible, roll-able and unbreakable. The material always feels warm which makes it comfortable for your patients. The trays are resistant to all aggressive liquids such as acetone and alcohol. These fluids do not affect the colour of the tray. The flexible tray is easy to maintain and can be cleaned with mild soap.

Size: 50cm width, 33cm length.

Available in Pink, Purple, Blue, White and Green.

Please state colour when ordering.



**BEST
SELLER**

Rigid Plastic Foot Tray

E4960 - £32.15 Foot tray (white)

Assists in the collection of debris.



Heel Block

E4962 - £10.00

Heel block designed to compliment the foot debris tray. Elevates the heel from the tray allowing better access to the heel area of the foot. Perfect in conjunction with the Rigid Foot Trays (E4960).



NEW

Cutters



Cantilever Nail Cutter

T4628 - £34.99 - 15.5cm

Specially designed to offer a more affordable range without compromising on quality. Manufactured from selected Japanese stainless steel using the latest cutting edge techniques.

- 15cm Cantilever Nipper
- Stainless Steel
- Barrel Sprung with catch and smooth handle
- Curved Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE.



Cantilever Nail Cutter

T4650 - £35.99 - 15.5cm

- 6" (15.5cm)
- Double Spring
- Lock & Knurled Handles
- Straight Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Nail Cutter Straight

T4644 - £14.99 - 15.5cm

- 15.5cm
- Stainless Steel
- Double Sprung without catch
- Gripped Handle
- Straight Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Nail Cutter Straight

T4752 - £17.55 - 14cm

- 14cm Diamond Cut
- Stainless Steel
- Straight Blade
- Double Sprung with catch
- Diamond Gripped Handle



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

NEW
2020 Model



Nail Cutter Curved

T4753 - £15.99 - 14cm

- 14cm
- Stainless Steel
- Curved Blade
- Double Sprung
- Gripped Handle



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

NEW
2020 Model



Nail Cutter Straight

T4616 - £14.95 - 13cm

- 5" (13cm)
- Single Spring
- Stainless Steel with Straight Blade (delicate)
- Smooth handle



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

Cutters & Nippers



To prolong the life of your cutters and nippers we provide care instructions with all orders. This information can also be found on our website.

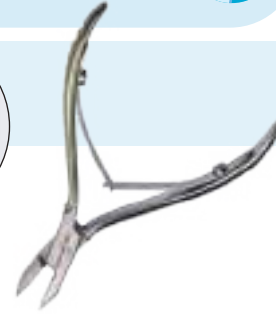
Nippers

Fellowship Ingrowing Nipper

T4542 - £16.99 - 10cm

- 4" (10cm)
- Double Spring
- Knurled Handles
- Fine Blade

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Ingrowing Nipper

T4611 - £14.99 - 13cm

- 5" (13cm)
- Double Spring
- Knurled Handles
- Medium

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



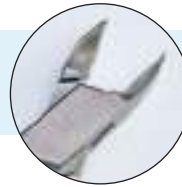
Ingrowing Straight Nipper

T4685 - £14.99 - 12.5cm

Specially designed to offer a more affordable range without compromising on quality. Manufactured from selected Japanese stainless steel using the latest cutting edge techniques.

- 13cm
- Double Sprung without catch
- Straight
- Gripped Handle
- Stainless Steel
- Supplied with a spare set of springs

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

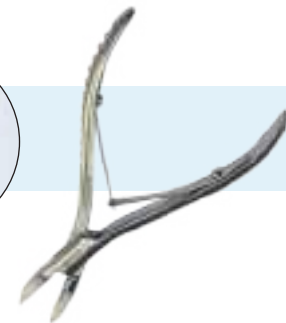


Thwaites Nipper

T4503 - £13.19 - 13.5cm

- 5" (13cm)
- Double Spring
- Knurled Handles
- Spare Spring Included

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Premixslip Instrument Lubricant

T5000 - £4.99 - 125ml Spray Bottle

T5001 - £10.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- Stops rusting, spotting and staining
- Keep box locks working perfectly freely
- Protects sharps during autoclaving
- Non-Oily – Non Sticky – Non Toxic, Silicone free
- Will not interfere with steam sterilization



Instrument Oil/Lubricant

T4700 - £6.75

Pen for lubricating hard to reach joints of instruments. Easy to use dispenser for applying oil to instruments prior to autoclaving. 12ml. Provides excellent corrosion & oxidation protection.



Scalpels & Blades

Swann-Morton®



Blade Disposal Unit

T4512 - £1.05

NEW
LOWER
PRICE!

BEST
SELLER

The Swann-Morton blade disposal unit will hold up to 100 blades, which makes it ideal for use in both standard practice, and domiciliary visits. It allows you to safely and quickly remove scalpel blades.



Scalpel Handle No. 3

T4516 - £2.65

NEW
LOWER
PRICE!

BEST
SELLER

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 6-16 and Gouge blades (Page 51). Individually wrapped.



Scalpel Handle No. 4

T4517 - £2.65

NEW
LOWER
PRICE!

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 20 – 24. Individually wrapped.



Scalpel Blade Applier & Remover







T4581 - £9.99

Essential in avoiding the handling of possible contaminated blades.
Stainless steel (6" / 15.5cm) with a lockable handle.



All surgical blades are provided in boxes of 100 individually sealed foil packs.

FREE Blade Disposal Unit (T4512) with every 3 boxes of blades purchased.

						
	No. 10	No. 11	No. 15	No. 15C	No. 15T	No. 20
Handles	No. 3 £2.65 T4516	No. 3 £2.65 T4516	No. 3 £2.65 T4516	No. 3 £2.65 T4516	No. 3 £2.65 T4516	No. 4 £2.65 T4517
Paragon Stainless Steel Sterile	£11.65 T4513	£11.65 T4523	–	–	£11.65 T4514	£12.55 T4515
Swann-Morton Red Carbon Steel Sterile	£10.92 T4201	–	£10.92 T4202	£10.92 T4203	£10.92 T4204	–
Swann-Morton Green Stainless Steel Sterile	£12.55 T4101	–	£12.55 T4102	–	–	–
	Ideal for large, diffuse areas of thick callus.	For broader callus areas that require a fine tip for accurate work.	Smaller blade head for fine callus work on small areas of callus.	Curved blade head for combination of callus and corn treatment.	Ideal for small, diffuse callus treatment and corn enucleation.	For very large areas of callus.

Gouge Blades

T4206 - Size 1 - £6.05 (pack of 10) **T4207** - Size 2 - £6.05 (pack of 10) **T4208** - Size 12 - £6.05 (pack of 10)

Fantastic for sensitive work on problem areas. They are held like a pencil which gives the user precision needed to treat the patient effectively. The precise edge on the blade makes it possible to perform a deep, clean cut. Gouge blades are easily changed and individually packed in sterile packaging. Blades 1 and 2 are for the removal of corns, hard skin in the nail fold and ingrown toenails as well as soft corns between the toes. Blade 12 is for the removal of hard skin and treating cracked heels.

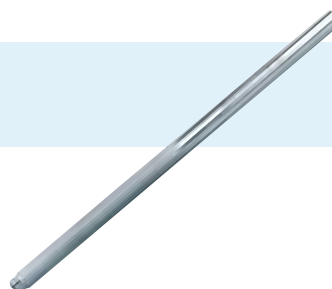
Please note that Scalpel Handle No.3 (T4516) fits these blades and available to order separately.



SF1 Fine Handle

T4518 - £13.75

SM61 fine blade holder. Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Swann-Morton stainless steel fine handle. Autoclavable.



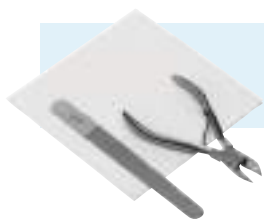
SM61 Fine Blades

T4519 - £24.05 Pack of 25

Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Sometimes referred to as a 'beaver' blade this is primarily a tool used in nail surgery, but specialist use for conservative management of onychocryptosis is also possible with this blade.



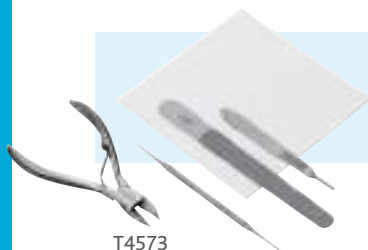
Single Use Instruments



Basic Assistant Instrument Pack

T4525 - £3.85 Single Use

- 14cm leaf spring nipper with concave blade
- Metal foot file
- Sterilised pack with a minimum of three years shelf life



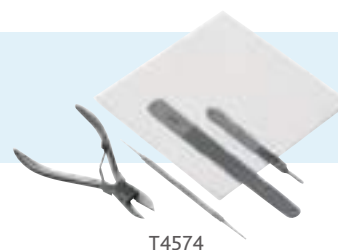
T4573

Basic Instrument Pack

T4573 - £4.89 Concave blade - Single use

T4574 - £4.89 Straight blade - Single use

- Nipper with straight or concave blade
- Metal foot file
- Metal No 3 scalpel handle
- Single end blacks file
- Sterilised pack with a minimum of three years shelf life



T4574

BEST
SELLER



Eco Assistant Instrument Pack

T4528 - £3.85 Single Use

- 14cm leaf spring nipper with concave blade
- Wooden foot file
- Sterilised packs with a minimum of three years shelf life



Eco Instrument Pack

T4575 - £4.49 Single Use

- 14cm leaf spring nipper with concave blade
- Wooden foot file
- Single end blacks file
- Sterilised pack with a minimum of three years shelf life
- **FREE** Plastic scalpel with integral blade No 15 blade

BEST
SELLER



Nail Cutter Straight Roller Spring

T4404 - £3.40 Single Use

Single Use Nail Cutter with a high performance straight head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.

- High quality surgical steel instrument
- Precision, sharp cutting head reduces effort required
- Ergonomically designed handles for improved comfort
- Smooth action roller spring helps to reduce user fatigue
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive
- Individually packed and sterile (minimum of 3 years shelf life)

BEST
SELLER

Ingrowing Nipper Curved Roller Spring Fine

T4405 - £3.25 Single Use

High quality surgical steel instrument with a high performance curved head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.



- Precision, sharp cutting head reduces effort required
- Ergonomically designed handles for improved comfort
- Smooth action roller spring helps to reduce user fatigue
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive

Burs Bud Shaped

T4401 - £1.35 Small - Single use

T4402 - £1.45 Medium - Single use

T4403 - £1.65 Large - Single use

Single Use Bud Podiatry Burs, used in nail filing procedures where the bur is used in conjunction with a podiatry drill. Bur shank is 2.35mm diameter to fit all proprietary drills. Manufactured from medical grade surgical stainless steel.



- High quality surgical steel instrument
- Individually packed and sterile (minimum 3 years shelf life)
- Choose Small, Medium or Large (please indicate when ordering)
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive

Blade Scalpels

T4529-10 - £0.65 No. 10 Single Use

T4529-11 - £0.65 No. 11 Single Use

T4529-15 - £0.65 No. 15 Single Use

Single use plastic scalpels with fixed blades. Individually packed and sterile.
Please give required size blade when placing your order.

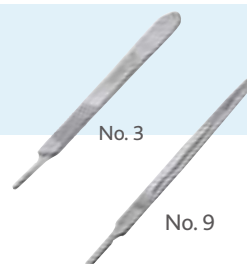


Scalpel Handles

T4524-3 - £1.55 - No. 3 Single Use

T4524-9 - £1.55 - No. 9 Single Use

Single Use BP Scalpel Handles No. 3 and No. 9 designed to fit scalpel blade sizes 10, 10A, 11, 12 and 15 (No.3) and 10-15 (No. 9). Manufactured from medical grade surgical stainless steel. Supplied in an easy to open, sterile pack. Please state size required when ordering.



- High quality surgical steel instrument
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive

Diamond Deb Foot File

T4693 - £1.40 Single Use

Economic 8" Metal Foot File for Single Use. Individually wrapped in a sterile environment.



Anti-fungal

PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/ HCPC number when placing your order.

PH
PRODUCT



Lamisil

PH4509 - £8.45 Lamisil Once
PH4510 - £3.99 Lamisil Cream 7.5g
PH4511 - £5.45 Lamisil Gel 15g
PH4512 - £4.79 Lamisil Spray 15ml

PH
PRODUCT

Lamisil® AT 1% Cream, contains a fungicide ingredient: terbinafine, and treats Athlete's Foot with seven daily applications on average. Lamisil Once® is effective and more convenient only requiring one application.



Canesten Clotrimazole Cream 1%

PH3000 - £4.79 20g
PH3001 - £10.79 50g

PH
PRODUCT

For fungal infections. This cream contains Clotrimazole (1% w/w).



Canespro Fungal Nail Treatment Set

P4551 - £28.99

PH
PRODUCT

2-3 Weeks treatment removes the infected nail, making it possible for the new fresh nail to grow. Visible results after only 2-3 applications.

Pack Contents:

- Canespro Urea 40% Ointment 10g Tube – Softens the infected nail
- 22 Single-use Waterproof Plasters – To cover the nail
- 1 plastic tool – To remove the softened nail



Canesten Once

P4552 - £5.99

PH
PRODUCT

Once-a-day application for all types of athlete's foot.

Caustics



Caustic Applicators

PH4808 - £49.99 75% Silver Nitrate individually sealed
PH4810 - £53.55 95% Silver Nitrate individually sealed

PH
PRODUCT

A popular ONE USE, disposable, single patient applicator especially for chiropody use. A Silver Nitrate Tip moulded onto a 6-inch handle.

20 x 5 applicators.



Caustic Pencil 95% Silver Nitrate

PH4806 - £3.28

PH
PRODUCT

For the removal of warts (including verrucae), granulation tissue, for cautery and as a caustic on skin and mucous membranes.



Glutarol

PH4991 - £2.95 10ml

PH
PRODUCT

For the treatment of warts and verrucas.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Salactol

PH4994 - £2.45
10ml bottle with spatula



For topical treatment of warts, verrucae, corns and calluses.

First Aid

Epipen Auto Adrenaline Injector 0.3mg (NS)

PH6004 - £39.00



EpiPen Auto-Injectors are intended for immediate administration as emergency supportive therapy only and are not intended as a substitute for immediate medical or hospital care.

HSE First Aid Kit

M5083 - £9.95 10 Person
M5084 - £7.90 10 Person Refill



Plastic moulded case with carry handle. Refillable.

Contents: 20 x Adhesive plasters, 2 x Eye Pads, 4 x Triangular bandages, 6 x Safety pins, 2 x Large dressings (180 x 180mm), 6 x Medium dressing (120 x 120mm), 6 x Individually wrapped wipes, 1 x Pair of disposable gloves, 1 x First Aid Guidance leaflet.

Small First Aid Kit

M5080 - £4.75 1 Person



First Aid Kit for the Single practitioner, in a distinguishable green zipped bag.

Contents:

- | | |
|----------------------------------|---------------------------------------|
| 1 x Large sterile dressing | 1 x Bag of safety pins |
| 2 x Non-woven triangular bandage | 2 x Alcohol free cleansing wipes |
| 2 x Pairs of medium sized gloves | 6 x Assorted hypo-allergenic plasters |

Styptic Pencil

P4804 - £1.25

Individual pencil with astringent properties, helps stop bleeding from minor wounds.



Diastix Reagent Strips

D9000 - £6.00

Diastix provide a rapid and convenient semi-quantitative method to test for the presence of glucose in urine. Supplied in a re-sealable container of 50 test strips.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Hot and Cold Therapy

PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HCP number when placing your order.

PH
PRODUCT



Biofreeze Pain Relieving Gel

P5002 - £8.95 3oz Roll On **P5003** - £8.95 4oz Tube **P5004** - £22.50 Pump Action 16oz Bottle

Biofreeze is a unique, effective analgesic formulated to provide a variety of benefits for therapy, pain relief etc. The result is a fast-acting, deep penetrating, long lasting pain reliever used for treating sore muscles, back, shoulder and neck pain, arthritis, ankle injuries, and joints.



Heat Pads

D5580 - £2.50 Single

The Fast Aid Advanced Head Pad is able to provide deep, comforting warmth to areas of discomfort for up to 8 hours. The special pad warms the area it is applied to and is held in place by a hypoallergenic adhesive.

Local Anaesthetic



Needles 27g (NS)

T4761 - £18.45 Box of 100



Pre-injection Wipes

D2033 - £1.45 Box of 100

- Individually wrapped skin preparation swabs (70% Isopropyl Alcohol)
- Disposable
- Box of 100

Miscellaneous Items



Dropper Bottles

M6001 - £1.20 10ml Dropper bottle
M6004 - £1.30 20ml Dropper bottle
M6006 - £1.40 30ml Dropper bottle

BEST
SELLER



Tourniquets - £1.99

T4534 Small - Yellow (7mm internal dia.)
T4535 Medium - Brown (10mm internal dia.)
T4532 Large - Green (13mm internal dia.)

T4533 Extra large - Blue (14mm internal dia.)
T4531 Extra, extra large - Black (16mm internal dia.)

Individually wrapped, latex free tourniquets that come with a clear plastic loop to aid removal. Sterilised packs with a maximum of three years shelf life.

Pain Relief



Voltarol Emulgel 12 Hour

PH5020 - £7.49 - 30g **PH5021** - £8.50 - 50g

PH
PRODUCT

Voltarol 12 Hour Emulgel P 2.32% Gel for all day concentrated pain relief. For relief of inflammation, rheumatic pain, joint and muscular sprains, strains and bruises. Its cooling formula is non-greasy and non-staining. PH coded products can only be purchased by qualified members/persons, please state your membership/HCP number when placing your order.

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Appliances

Foam Impression Boxes

D5810 - £2.66

Foam impression box to allow for quick, effective and mess-free weight-bearing impressions for orthotic prescriptions. 2 blocks of foam per box.

NEW
LOWER
PRICE!



Gypsona Plaster of Paris Bandage

D5805 - £3.75 2.7m x 15cm

- Strong and fast setting plaster of paris bandages
- Creates a strong cast for immobilising broken and fractured limbs.



PP20 Podopro Silicone Molding Putty

P4532 - £22.99 2 x 250g tubs (A+B)

Podopro PP20-A & PP20-B Silicone Molding Putty formulated specifically for podiatric use.

Used for molding:

- Interdigital wedges
- Toe separators
- Dorsal toe protectors
- Orthodigital splints

PP20 is easy to use due to:

- Quick setting time and longevity
- Flexibility and softness
- Great value for money



BEST
SELLER

Otoform Kc

P4535 - £31.00 800g economy pack with hardener (Spoon included)

P4536 - £12.60 170g standard pack with hardener

P4549 - £4.00 5g tube of hardener

P4550 - £7.55 20g tube of hardener

Condensation-vulcanising impression material. The classic economic impression method.

Kneadable, smooth and non-sticky with a slightly pressure-forming consistency for superior fitting. Silicone base material is mixed with 2% hardener paste.

Pack sizes: 800g tub + 20g hardener, 170g tub + 5g hardener.



PediRoller

M2001 - £3.95

Carnation PediRoller offers immediate relief from common foot pain in the heel and arch. Excessive use of the plantar fascia, a tough band of tissue that supports the arch stretching like a bow string from the heel to the ball of the foot, causes it to become inflamed and very painful. The ridged design massages tired feet, reducing tension and stimulating circulation. It can be used as cold therapy by chilling or freezing before use which will help reduce inflammation and comfort pain. PediRoller when used daily, following activity, offers continuing relief and ongoing prevention of heel and arch pain.

Instruction sheet included for the treatment of heel pain.



Hapla Gel Orthotic Insole

D5948 - £11.99

D5949 - £17.99

Hapla Gel Orthotic Full Insoles are 100% pure silicone, provide excellent levels of comfort and conformability and are washable. The shock absorbing properties make it ideal when underfoot redistribution of pressure is needed.

- Gel is strong and resilient and will not bottom out under repeated foot strike
- Dual Density System – Blue gel areas are created from softer lower density gel offering extra comfort for those areas that receive heavier pressure loads
- Absorbs pressure reduces stress at heel strike
- For the treatment of plantar fasciitis, heel spurs and general heel pain

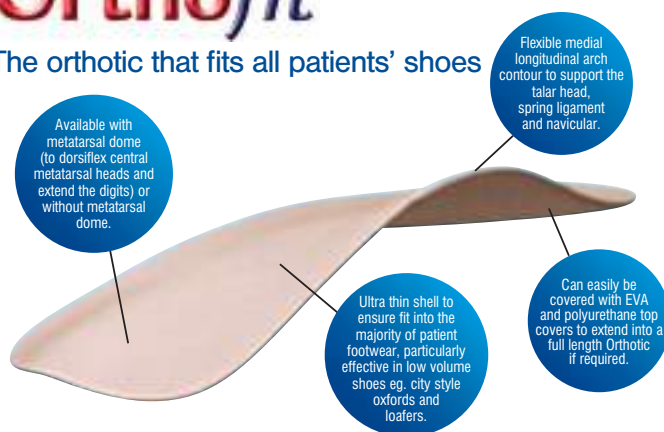
3 sizes available: S (Shoe size 2-5), M (Shoe Size 6-8), L (9-11) Please state size when ordering.



BEST
SELLER

Orthofit

The orthotic that fits all patients' shoes



Orthofit is a revolutionary product that has been developed by a team of footcare professionals in both Europe and America. This partnership of podiatrists, orthotists and material engineers has produced an orthotic that will fit easily into any shoe.

Elegantly Thin

Orthofit has been designed to offer the correct profile in an elegantly thin, yet exceptionally strong material. Its design means that the bulk so often present to achieve this profile in other orthotics, is not needed on Orthofit – meaning it will fit all patients' shoes.

Exceptionally Strong

The ultra strong, technologically advanced high performance semi crystalline thermoplastic polymer material, comes with a lifetime guarantee.

Easy to Fit

Can be used straight out of the pack or can be easily heat moulded, using the Orthofit oven, to suit a patients individual requirements.

Easy to Customise

Orthofit's unique slim profile and exceptional strength means a custom orthotic can be created with or without a positive cast. This unique combination allows practitioners to customise or manufacture a prefab into a functional device, cost effectively, in just a few minutes without undue consideration of the patient's weight or activity.

D30 Support Orthotic (NS)

- £26.00

G8000

A great all round device made of 100% D3O with a texted fabric cover, offering amazing levels of impact protection whilst providing good mid-foot support. An extra deep heel cup and high medial and lateral flanges give a good forward velocity control, which will off load shin pain. The medial flange is designed to sit in trainers and walking shoe. Stability of the device is supported by a unique mid-foot design, and the 1st met head aperture ensures good 1st ray function.

Sizes: 5 – 14. Please state size required when ordering.



Purchasing Orthotics

Orthotics should only be purchased by a suitably qualified Member/Practitioner.



Orthofit Oven (NS) - £35.00

G2500

The beauty of Orthofit is that they can be used straight from the pack or customised to the patients' individual needs by heating in the Orthofit oven.



D30 Comfort Orthotic (NS)

- £22.00

G8001

A simple and easy to fit insole made of 100% D3O. This product provides a great in shoe feel with a good arch profile. The device itself is made up of two materials, a soft heel pad and a slightly harder surrounding shell covered in a textured fabric and will fit into any shoe. A deeper heel cup and high flanging will offer a moderate level of control. The aim of this device is to provide general comfort, specifically in the heel.

Please state size required when ordering.

Sizes: 5-6, 7-8, 9-10, 11-12, 13-14



Haplabase Orthotic Insoles (NS) - £8.75

G7000

Made from a moulded EVA foam and designed to support to the arch, heel and ankle (sub-talar and mid-tarsal joints). They have a 15mm deep heel cup and contoured arch support for improved plantar foot contact and feature a lightweight anatomical design which fit into most shoes and can be trimmed if needed. The strong, durable low slip top cover offers reliability and long lasting use. Conditions which may benefit from using the insoles include:

- Weak Arches
- Achilles Tendonitis
- Metatarsal Pain
- Supination
- Over-Pronation
- Hip/Back Pain
- Plantar Fasciitis

PLEASE NOTE: Please seek advice from a qualified Podiatrist or foot health practitioner prior to purchase of this product.



Orthofit with met dome (NS) - £15.75

G2002	Code 2	Mens 3	Womens 3-4
G2003	Code 3	Mens 4-5	Womens 5
G2004	Code 4	Mens 6	Womens 6-7
G2005	Code 5	Mens 7-8	Womens 8
G2006	Code 6	Mens 9	Womens 9
G2007	Code 7	Mens 10	Womens 10
G2008	Code 8	Mens 11	Womens 11

Orthofit without met dome (NS) - £15.75

G2501	Code 1	Mens 2	Womens 2
G2502	Code 2	Mens 3	Womens 3-4
G2503	Code 3	Mens 4-5	Womens 5
G2504	Code 4	Mens 6	Womens 6-7
G2505	Code 5	Mens 7-8	Womens 8
G2506	Code 6	Mens 9	Womens 9
G2507	Code 7	Mens 10	Womens 10

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Powerstep

**The Podiatrist's Prescription
for pain relief!**

Powerstep Heel & Arch Supports

The design of Powerstep is optimised to provide complete heel and arch support and stability.

Powerstep's prescription-level support, with calibrated flexibility for comfort and a stabilising heel cradle, is presented as a highly attractive professionally finished orthotic.

Fully covered with an antibacterial fabric from heel to toe, Powerstep is the affordable prefabricated orthotic you'll be proud to prescribe.



Powerstep Full-Length (NS) - £16.99

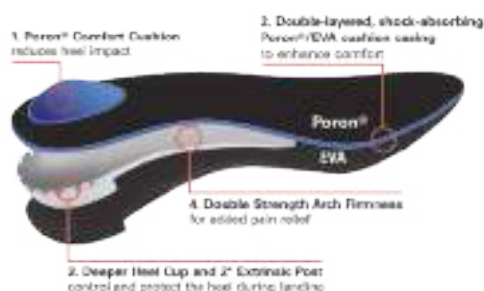
Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1000A	Code A	Mens 3-3 ½	Womens 4 ½ - 5	G1000F	Code F	Mens 8-8 ½	Womens 9 ½ - 10
G1000B	Code B	Mens 4-4 ½	Womens 5 ½ - 6	G1000G	Code G	Mens 9-9 ½	Womens 10 ½ - 11
G1000C	Code C	Mens 5-5 ½	Womens 6 ½ - 7	G1000H	Code H	Mens 10-10 ½	Womens 11 ½ - 12
G1000D	Code D	Mens 6-6 ½	Womens 7 ½ - 8	G1000I	Code I	Mens 11-11 ½	Womens N/A
G1000E	Code E	Mens 7-7 ½	Womens 8 ½ - 9	G1000J	Code J	Mens 12-12 ½	Womens N/A

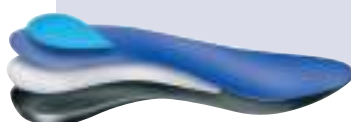
Powerstep Pro Control (NS) - £24.99



Powerstep Pro Control is the latest addition to the Powerstep Pro line of products and now offers pain relief and prevention designed specifically for mild to moderate overpronators. The exclusive Foot Secure System features a deeper heel cup with a subtle yet important *two degree exterior post* to correct the alignment issues experienced by overpronators. You'll find all the quality craftsmanship of other Powerstep Pro products in Pro Control as well, including a Poron heel Comfort Cushion, double layer EVA cushion casing, anti-microbial top cover, and a double strength arch support.



G4000	Code a	Mens 2-2 ½	Womens 3 ½ - 4
G4000A	Code A	Mens 3-3 ½	Womens 4 ½ - 5
G4000B	Code B	Mens 4-4 ½	Womens 5 ½ - 6
G4000C	Code C	Mens 5-5 ½	Womens 6 ½ - 7
G4000D	Code D	Mens 6-6 ½	Womens 7 ½ - 8
G4000E	Code E	Mens 7-7 ½	Womens 8 ½ - 9
G4000F	Code F	Mens 8-8 ½	Womens 9 ½ - 10
G4000G	Code G	Mens 9-9 ½	Womens 10 ½ - 11
G4000H	Code H	Mens 10-10 ½	Womens 11 ½ - 12
G4000I/J	Code I/J	Mens 11-12 ½	Womens N/A
G4000K	Code K	Mens 13-13 ½	Womens N/A



Powerstep Pro Full Length (NS) - £22.25

The orthotic that delivers the desired control along with immediate comfort. The unique double-layered shock absorbing Poron® /EVA cushion means Powerstep Pro delivers levels of comfort not usually associated with an orthotic.

G3000	CODE A	Mens 2 - 2 ½	Womens 3 ½ - 4	G3000F	CODE F	Mens 8 - 8 ½	Womens 9 ½ - 10
G3000A	CODE A	Mens 3 - 3 ½	Womens 4 ½ - 5	G3000G	CODE G	Mens 9 - 9 ½	Womens 10 ½ - 11
G3000B	CODE B	Mens 4 - 4 ½	Womens 5 ½ - 6	G3000H	CODE H	Mens 10 - 10 ½	Womens 11 ½ - 12
G3000C	CODE C	Mens 5 - 5 ½	Womens 6 ½ - 7	G3000I/J	CODE I/J	Mens 11 - 12 ½	Womens NA
G3000D	CODE D	Mens 6 - 6 ½	Womens 7 ½ - 8	G3000K	CODE K	Mens 13 - 13 ½	Womens NA
G3000E	CODE E	Mens 7 - 7 ½	Womens 8 ½ - 9				



Powerstep Slim Tech 3/4 (NS) - £16.99

Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1500	Code a	Mens 3-3 ½	Womens 4 ½ - 5	G1500D	Code D	Mens 9-9 ½	Womens 10 ½ - 11
G1500A	Code A	Mens 4-5 ½	Womens 5 ½ - 7	G1500E	Code E	Mens 10-10 ½	Womens 11 ½ - 12
G1500B	Code B	Mens 6-7 ½	Womens 7 ½ - 9	G1500F	Code F	Mens 11-12	Womens N/A
G1500C	Code C	Mens 8-8 ½	Womens 9 ½ - 10				

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Cotton & Animal Wool



Animal Wool

D4580 - £1.55

For Podiatric use. Effective relief from friction and pressure. 25g Lambs wool.



Cotton Buds

D5401 - £1.35

Double ended cotton buds. 100% cotton. Approximately 200.



Cotton Wool

D5541 - £3.40

BP quality 500g absorbent cotton wool roll.
13" wide, extra absorbent.



Cotton Wool Balls

D5545 - £1.60

BP quality large size cotton wool balls.
Approximately 200.

BEST
SELLER

Dressings



Acrytensil

P4855 - £3.10 Standard - Skin dressing - 10ml

P4851 - £3.10 Extra Hard - Nail dressing - 10ml

P4862 - £1.95 Solvent - 10ml

Acrytensil is a quick drying, porous plastic dressing for nails and skin.

Uses include:

- A dressing for fissures and breaks in the skin.
- As a securing agent for stainless steel braces.
- As an aid in the treatment of onychomycosis.
- As a light application to protect unbroken chilblains.



Kaltostat

D5626 - £10.55 5cm x 5cm (box of 10)

Calcium sodium alginate wound dressing.
Absorbent and haemostatic.



Mefix

D5621 - £2.30 2.5cm x 10m D5622 - £2.75 5cm x 10m D5623 - £4.80 10cm x 10m

Soft and elastic self-adhesive fabric which gives excellent air and water vapour permeability. The fabric is non-absorbent and provides a barrier for blood and fluid strike-through. The water-based polyacrylate adhesive is gentle to the skin and provides secure fixation. The easy-to-remove protection paper is pre-measured in 10cm intervals, and has a perforated split for easy removal and application. Mefix can be cut to the desired shape and size. 10 metre lengths available in 3 sizes.

Mepore

Mepore Roll

D5531 - £4.15 4cm x 5m

D5532 - £6.15 7cm x 5m

Mepore Dressing

D5534 - £8.45 6cm x 7cm - Pack of 60



Mepore is an air permeable, self-adhesive dressing ideal for low to moderately exuding wounds. Its skin friendly water based, solvent free polyacrylate adhesive, provides a gentle but secure fixation.

Low-Adherent Sterile Dressing

D2030 - £0.90 - Pack of 10

D2030-100 - £6.99 -Box of 100 **£ SAVER**



Individually wrapped dressings 5cm x 5cm.

Sterile, highly absorbent dressing pads. Ideal for use on abrasions, lacerations and moderately exuding wounds.

Sofsorb Swabs

D2031 - £0.18 - Pack of 5



A soft, close-fibre construction swab providing efficient wet friction, suitable for debriding and cleansing of surface wounds. Virtually lint-free this swab provides excellent conformability and thermal insulation.

- Non woven swabs
- Sterile
- 4 ply
- 7.5 x 7.5cm

Skintact

D5568 - £1.35 5cm x 5cm - Pack of 10 D5568-100 - £11.99 5cm x 5cm - Pack of 100 **£ SAVER**



Skintact is a high quality, sterile, perforated film absorbent dressing that is used as a low adherent wound contact layer. The dressing is the same on both sides, which prevents it being used wrong side down. It consists of two layers of perforated film with an inner absorbent layer. The perforations allow drainage of exudate to the absorbent layer where fluid is wicked laterally, extending the time before strike through occurs.

Skintact is suitable for the management of minor wounds, cuts and grazes and is ideal for use in chiropody thanks to the two low adherent sides, for use between toes. Dressings are supplied in individual sterile packs, in dispensing boxes of 100.

Melonin

D2032 - £4.50 - Pack of 5

- Low adherent dressings
- Highly absorbent cotton and acrylic fibre pad which is heat bonded on one side to a very thin perforated polyester film
- Low adherent surface will not stick to injured area and allows wound to breathe
- Easily cut pads
- Individually sterile wrapped



Atrauman Dressing

D2036 - £3.99 - 5cm x 5cm - Pack of 10

Non-medicated dressing made of hydrophobic, polyester mesh with a 1mm pore size, smooth surface structure, impregnated with a neutral ointment. The impregnated neutral ointment contains fatty acids which actively support lipid metabolism and thereby promote healing; without additives of vaseline or other paraffins.

For general wound treatment; especially to keep the wound surface and margin soft and supple e.g. for skin abrasion wounds or lacerations, burns and scalds, for use in plastic and cosmetic surgery and in nail extractions.

Atrauman is also permeable to exudate, particularly soft and conformable and does not stick to the wound. Hypoallergenic and effective for up to seven days.



Bactigras Dressings

P4524 - £17.99 - 5cm x 5cm (pack of 50)

Bactigras is an antiseptic, soft paraffin dressing which soothes and protects the wound whilst helping to reduce wound infection and inflammation. It has low adherence and allows the wound to drain freely into an absorbent secondary dressing. Bactigras is suitable for covering wounds such as minor burns, lacerations, abrasions, graft sites and leg ulcers. Each dressing measures 5cm x 5cm.

Features:

- Soft paraffin base
- Sterile open-weave gauze presentation
- Contains chlorhexidine which is an active agent against a wide range of bacteria
- Reduces risk of infection
- Soothing and low-adherent

Benefits:

- Soothes and protects the wound and allows free passage of viscous exudate
- Open-weave gauze helps maintain shape and resist fraying when dressing is cut to shape
- Effective against a wide range of gram-positive and gram-negative bacteria, including MRSA
- Antiseptic efficacy unaffected by serum and blood



Felts and Foam



Assorted Padding Set

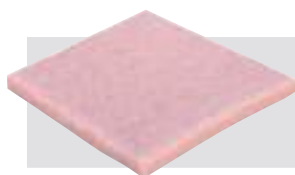
D4561 - £12.75

This kit represents excellent value when compared to buying the items individually. Adhesive backing.

Comprises:

- | | |
|--------------|------------------|
| 1 x 5mm felt | 1 x 7mm swanfoam |
| 1 x 7mm felt | 1 x fleecy web |

BEST
SELLER



Fleecy Foam

D6006 - £2.15 5mm (1 Sheet)
D6006-4 - £8.60 5mm (4 Sheets)

D6008 - £2.54 7mm (1 Sheet)
D6008-4 - £10.16 7mm (4 Sheets)

Fleecy Foam is a soft open cell polyurethane foam with the added strength of a bonded fleece surface. Highly compressible with instantaneous recovery, ideal for light comfort cushioning e.g. both malleoli and exostoses associated hallux abducto-valgus. Hapla Fleecy Foam provides a smooth surface next to hosiery. Adhesive backing. **Size:** 22.5 x 45cm



Fleecy Web

D4568 - £1.70 Pink (1 Sheet) D4569 - £1.70 Blue (1 Sheet) D4567 - £2.35 - Extra (1 Sheet)
D4568-4 - £6.80 Pink (4 Sheets) D4569-4 - £6.80 Blue (4 Sheets) D4567-4 - £9.40 - Extra (4 Sheets)

100% cotton padding with a raised fleecy surface – especially designed to protect sore and tender skin from friction and rubbing. Transverse stretch allows Fleecy Web to conform to the skin and the various convex and concave surfaces of the feet, which prevents creasing and provides comfort.

Also available with a higher loft and greater density of cotton for additional comfort, Fleecy Web Extra is available in single sheets or packs of 4 sheets.

Adhesive backing. **Size:** 22.5 x 40cm Also available on a roll. See page 65.

BEST
SELLER



Foam-O-Felt

D6002 - £4.55 5mm (1 Sheet)
D6002-4 - £18.20 5mm (4 Sheets)

D6004 - £6.15 7mm (1 Sheet)
D6004-4 - £24.60 7mm (4 Sheets)

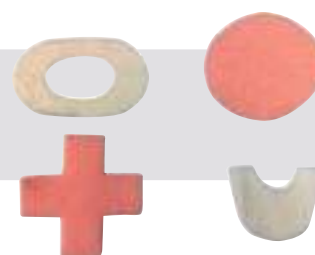
Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet where the natural fibro fatty tissue has broken down, particularly over the metatarsal heads and the heel.

Adhesive backing. **Size:** 22.5 x 45cm

Pre-cut Paddings

D2000 - £3.69 Round Bunion (Fleecy Web)
D2001 - £4.65 St George Cross (Fleecy Web)

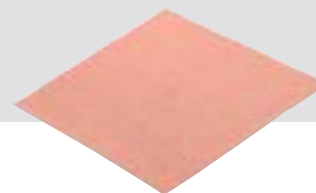
D2002 - £3.25 Crescent Corn (5mm Felt)
D2003 - £4.55 Oval Bunion (3mm Felt)



36 per pack.
 Adhesive backing.

Moleskin

D6010 - £4.55 23cm x 70cm Roll
D6012 - £12.55 23cm x 3.0m Roll

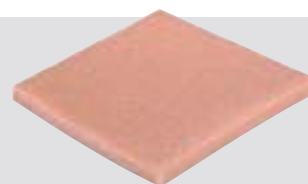


A woven 100% cotton fabric, which is lightly raised on one side. Used as a shield against abrasion and for splinting.

Adhesive backing. **Size:** 23 x 70cm

Nuprene

D6014 - £2.15 5mm (1 Sheet)
D6014-4 - £8.60 5mm (4 Sheets)
D6016 - £2.65 7mm (1 Sheet)
D6016-4 - £10.60 7mm (4 Sheets)



Nuprene is a soft open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfort cushioning.

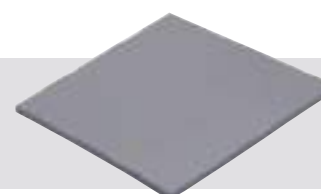
Adhesive backing.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.

Poron

D6020-4 - £11.05 Non Adhesive 3.2mm (4 Sheets)
D6022-4 - £17.55 Adhesive 3.2mm (4 Sheets)



A skinned, closed cell polyurethane foam – offering highly efficient, long lasting underfoot pressure absorption and redistribution. The material returns to its original thickness in a fraction of a second and will not bottom out. Ideal for insole use within footwear on top of or underneath the existing shoe insole.

Size: 22.5 x 31.5cm Sheet

Semi-Compressed Felts

D4562 - £3.56 5mm (1 Sheet)
D4562-4 - £14.24 5mm (4 Sheets)
D4563 - £4.56 7mm (1 Sheet)
D4563-4 - £18.24 7mm (4 Sheets)



A mixture of 70% wool and 30% viscose which provide a cost effective alternative to 100% wool felt with good performance. A highly versatile padding which can be easily cut and shaped, providing excellent pressure absorption and redistribution. Available in single sheets for low volume users. Ideal for use when making chairside replaceable padding.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.

Swanfoam

D4564 - £2.55 5mm (1 Sheet)
D4564-4 - £10.20 5mm (4 Sheets)
D4565 - £3.05 7mm (1 Sheet)
D4565-4 - £12.20 7mm (4 Sheets)



Closed cell latex foam bonded to a brushed fibre surface - absorbs pressure with instantaneous recovery, ideal for underfoot pressure redistribution and making replaceable cushioning chairside padding.

Adhesive backing.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.



Tubular Foam (Tofoam)

D5521 - £4.55 size A 15mm
D5522 - £4.95 size Ax 15mm
D5523 - £4.95 size B 18mm
D5524 - £5.15 size Bx 18mm

D5525 - £5.15 size C 21mm
D5526 - £5.45 size Cx 21mm
D5527 - £5.45 size D 25mm
D5528 - £5.95 size Dx 25mm

BEST
SELLER

Medical polyurethane foam on a 100% cotton stockinette core - protect digits and tender areas from friction and pressure. Also offers light interdigital separation. Available with or without overlap according to protection required.

Packs of 12 x 25cm lengths

'X' sizes: Foam tube comes with a larger overlap

Gauze & Applicators



Haplagauz Tubular Toe Bandage (Cotton)

D5411 - £2.36 - size 00 D4512 - £2.65 - size 01 D4513 - £3.35 - size 12

100% cotton in a 20m roll.
Available in three sizes.

00 - Small toes and fingers
01 - Toes and fingers
12 - Bulky dressings on toes and fingers.

NEW

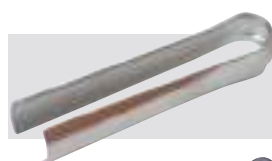


Haplanet Tubular Toe Bandage (Viscose)

D5511 - £2.05 size 00 D5512 - £2.15 size 01 D5513 - £2.25 size 12

100% cotton in a 20m roll.
Available in three sizes.

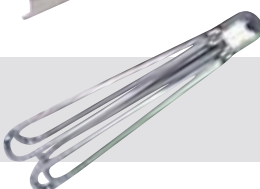
00 - Small toes and fingers
01 - Toes and fingers
12 - Bulky dressings on toes and fingers.



Tubigauze Applicator

T4754 - £3.65

An applicator to provide ease in the application of small, digital dressings. Size: 00



Tubinette Gauze Applicator

D5563 - £7.55

Stainless steel applicator for use with all three sizes of tubinette gauze.

NEW
LOWER
PRICE!

Tapes



Hapla-Band

D4590 - £8.65 1.25cm (4 Rolls) D4592 - £8.40 5cm (2 Rolls)
D4591 - £5.55 2.5cm (2 Rolls) D4593 - £6.05 7.5cm (1 Roll)

Flesh coloured, thin hypoallergenic bandage, Hapla-Band has elastic wrap threads which allow the bandage to stretch and recover longitudinally whilst remaining laterally rigid. Due to the extensibility of the strapping it is ideal where a light compression is required in conjunction with padding. Supplied on backing paper it can be easily and accurately cut to size. 10m roll available in four widths. Adhesive backing.



Elastic Adhesive Bandage

D5980 - £2.65 2.5cm D5982 - £3.25 5cm D5984 - £4.10 7.5cm

These bandages allow for strapping up and limiting the motion of painful or problematic tissues / joints. 4.5m length available in three widths.

HaplaWave Tape

D4594 - £4.90 Blue D4595 - £4.90 Black



HaplaWave Muscle Care Tape is a Premium Muscle and Joint Support Tape.

Practitioners use this stretchy, hypo allergenic adhesive tape to provide muscle support and stability without limiting joint range of motion. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath. Can be used as part of a care package for conditions such as turf toe, Morton's Neuroma and metatarsalgia, plantar fasciopathy and heel fat pad atrophy, posterior tibial tendon damage, Achilles' insertional and mid portion tendonitis, peroneal muscle and chronic lateral ankle instability etc.

Vulkan Meditape Zinc Oxide

D5987 - £1.65 1.25cm D5986 - £2.15 2.5cm D5988 - £2.99 3.8cm D5990 - £3.45 5cm

Meditape is a quality, lightweight, non-stretch zinc oxide tape that conforms well. Features a serrated edge making tearing very easy. Available in 10 metre roll in 4 different widths.



BEST
SELLER

Fleecy Web Roll (White) 7.5cm x 5m

D4575 - £10.49

Fleecy Web Roll - White. Premium protection from friction and rubbing.

- Soft white padding with a raised fleecy surface
- Antibacterial
- Advanced adhesive system



Fleecy Web Roll (Pink) 5cm x 3m

D4576 - £7.99

Fleecy Web Roll - Pink. Premium protection from friction and rubbing.

- Soft pink padding with a raised fleecy surface
- Antibacterial
- Advanced adhesive system

NEW
LOWER
PRICE!



Toe props

Podopro Gel Toe Crest £2.99

D5185 - Small Right D5188 - Medium Left
D5186 - Small Left D5189 - Large Right
D5187 - Medium Right D5190 - Large Left



Superb value for money!

To ease discomfort from hammer, claw and mallet toes. With flexible toe loop which easily fits over toe to stay in place. Washable, durable and non-allergenic.

One per pack. Please state size using codes above when ordering.



Podopro Gel Toe Crest

D5669 - £2.50

- Relieves the discomfort of hammer toes by extending the digits (where possible) and raising the digits, removing pressure from the dorsal interphalangeal joints and apices
- Available in one size and can be used on either foot
- Toe loop keeps the prop firmly in place



NEW

Hapla-gel



The softer way to protect feet

An advanced polymer gel system of dressings and appliances for the relief of pressure and friction, containing mineral oil to soften and lubricate the skin for greater comfort.



Hapla-gel starter kit (Refillable)

D5688 - £39.50

This fantastic Starter Pack is a convenient and cost effective way to store and use Hapla-Gel products. The pack offers a selection of the most popular professionally used Hapla-Gel items, making it ideal as a starter pack or for continued use.

Packs of Hapla-Gel products sold separately for individual use & for the refilling of this starter pack can be purchased at Podiacare.

Contents of kit:

- 4 x D5670 - Digital Pads (Small)
- 4 x D4671 - Digital Pads (Medium)
- 4 x D5672 - Digital Pads (Large)
- 2 x D5695 - Digital Tubes (Medium)
- 4 x D5674 - Digital Caps (Medium)
- 4 x D5681 - Toe Separators (Medium)
- 4 x D5682 - Toe Separators (Large)
- 4 x D5684 - Toe Spreaders (Medium)
- 4 x D5694 - Gel Dots



Digital Cap

D5673 - £9.95 Small D5674 - £10.20 Medium D5675 - £10.45 Large

Elasticated closed end tube with a full polymer gel lining. 6 pieces fully lined with gel pad.

- All round protection including the apex of the toe
- Can be cut to a shorter length if required
- Ideal for hammer toes



Digital Pad

D5670 - £11.25 Small D5671 - £11.40 Medium D5672 - £11.75 Large

Elasticated tube with circular polymer gel pad. 12 pieces fully lined with gel pad.

- Protects against pressure and friction on corn sites
- Softens corns helping and relieving the build up of hard skin
- Sizes: Small, Medium, Large



Digital Strip

D5677 - £11.25 Small D5678 - £11.40 Medium D5679 - £11.75 Large

Elasticated tube with a cushioning strip of polymer gel on the inside. 1 x 71cm strip.

- Thicker gel for extra protection
- Cut to size as required
- Pressure relief for top, bottom or side of toe
- Sizes: Small, Medium, Large

NEW
LOWER
PRICE!

BEST
SELLER



Digital Tube

D5676 - £7.25 Small D5695 - £7.40 Medium D5696 - £7.75 Large

Elasticated tube with full polymer gel lining. 2 x 15cm tube fully lined with gel.

- All round toe protection
- Cut to size as required
- Slim design for inshoe comfort
- Sizes: Small, Medium, Large

NEW
LOWER
PRICE!

BEST
SELLER



Gel Dot

D5694 - £6.85

Preformed 100% polymer gel with concave centre. 12 gel pieces.

- Non adhesive soft gel dots offer surrounding protection from pressure or friction on sore spots
- Can be held in place on skin using retention tape
- One size

Medical Grade Gel

Hapla-gel is made from pure medical grade ingredients. It is non toxic and hypoallergenic.

Moisturises and Lubricates

The mineral oil in Hapla-gel slowly permeates the skin during wear to soften and lubricate and help keep it supple.

Washable, Reusable, Durable

Careful hand washing and care of Hapla-gel extends the life of the product allowing repeated use after many applications without loss of the original properties.

Protects and Cushions

Pressure is absorbed and redistributed by Hapla-gel's soft elastic structure, which allows movement at one surface without influencing movement at the other, removing the effect of friction on the skin.

Conforms for greater comfort

Hapla-gel's softer gel structure allows flow when weight or pressure is applied providing greater comfort even over bony prominences. Once the pressure is removed the gel rapidly returns to its original shape.

Metatarsal Band

D5690 - £6.99 Small D5691 - £7.15 Large

Elasticated band with an internal plantar metatarsal shaped gel pad. 1 pair with internal gel pad.

- Protection and cushioning for the full plantar metatarsal area
- Hallux stitch helps to maintain position and alignment or can be cut if preferred

Sizes:

- Small: Shoe Size 2-6
- Large: Shoe Size 6.5-12

**Bunion Sleeve**

D4530 - £5.99 Small / Medium D4531 - £6.45 Large / X Large

- Superb protection and relief from corn and callus over the bunion joints
- Washable

- Sizes: S/M or L/XL
- Stretch to fit

**Toe Separator**

D5680 - £5.85 Small D5681 - £6.10 Medium D5682 - £6.35 Large

Preformed 100% polymer gel. 12 piece pack.

- Designed to fit comfortably between toes to reduce pressure and friction

- Can be trimmed if required
- Sizes: Small, Medium, Large

**Toe Spreader**

D5683 - £9.95 Small D5684 - £10.15 Medium D5685 - £10.25 Large

Preformed 100% polymer gel. 12 pieces.

- Interdigital application protecting and realigning hallux valgus and overlapping toes
- Soft gel design offers excellent comfort
- Sizes: Small, Medium, Large

**Hapla Gel Double Loop Divider**

D5698 - £6.15 (Small) D5699 - £6.50 (Large)

Preformed 100% polymer gel. 6 x pack

- Available in two sizes (large and small) and is robust to daily use and can be washed
- The large size offers a comfortable, gentle re-alignment of the 2nd toe to the hallux with a soft spacer bar to separate the 2 toes as well
- The small size offers comfortable, gentle re-alignment of the lesser digits



**BEST
SELLER**

Hapla Gel all gel Bunion Protector

D5689 - £16.50

Preformed 100% polymer gel. 6 x pack.

- Soft, flexible, shaped gel for immediate protection from pressure and friction to a sensitive bunion site
- Available in one size and can be used on either foot
- Toe loop for easy positioning

**NEW
LOWER
PRICE!**





Podiacare Products

In formulating this unique range of footcare preparations, the natural power of essential oils has been harnessed to provide an effective means to smooth and soften dry skin and to bring relief to sore feet. Some essential oils may improve the circulation whilst others bring a lasting freshness and safeguard against fungal infection.

Creams



Barrier Cream

P4621 - £5.20 50ml

P4621-6 - £26.00 6 for the price of 5 **£ SAVER**

P4621-12 - £52.00 12 for the price of 10 **£ SAVER**

**BEST
SELLER**

A natural cream which creates a barrier to help prevent the spread of infection whilst swimming. Contains essential oils which have been shown to promote healing.



Deodorising Cream

P4572 - £5.20 50ml pot

P4572-6 - £26.00 6 for the price of 5 **£ SAVER**

P4572-12 - £52.00 12 for the price of 10 **£ SAVER**

**BEST
SELLER**

Controls the foul-smelling foot all day with one application. A combination of essential oils which safely deodorise and reduce offensive odour. Natural antiseptics control fungal infections and irritation between toes.



Hydromid Skin Softening Cream

P4593 - £5.20 50ml

P4593-6 - £26.00 6 for the price of 5 **£ SAVER**

P4593-12 - £52.00 12 for the price of 10 **£ SAVER**

**BEST
SELLER**

Powerful skin softening cream ideal for use on cracked and fissured feet, leaving the skin softer and pleasant smelling.



Warming Cream

P4573 - £5.20 50ml pot

P4573-6 - £26.00 6 for the price of 5 **£ SAVER**

P4573-12 - £52.00 12 for the price of 10 **£ SAVER**

**BEST
SELLER**

An invigorating cream to help cold feet warm through. Naturally selected oils to invigorate and improve circulation, producing a warming effect to control and improve cold feet.

NOW YOU KNOW WHY SPLITZ REALLY WORKS

Splitz - clinically formulated for lasting soft, smooth feet.



Splitz Cream



P4570 - £6.15 30ml

P4570-6 - £30.75 6 for the price of 5 **£ SAVER**

P4570-12 - £61.50 12 for the price of 10 **£ SAVER**

Rough skin, dry heels, split heels, fissures are one of the major problems confronting all practitioners.

Up until now the only products available have been those that just soften the skin and hopefully keep it supple, but do not actually resolve the problem satisfactorily.

Splitz Cream has been specially formulated after several years research.

Its preparation is unique in so far that whilst other products merely moisturize the skin, Splitz Cream gets to the cause of the problem and helps heal fissures, dry and rough skin rapidly.

Contains 25%ww Urea

Said to be the best product available to professionals.



The Original Foot Massage and Lubricating Cream

P4571 50ml - £4.15

P4571-6 - £20.75 50ml (6 for the price of 5) **£ SAVER**

P4571-12 - £41.50 50ml (12 for the price of 10) **£ SAVER**

P4585 100ml tube - £7.45

P4585-6 - £37.25 100ml tube (6 for the price of 5) **£ SAVER**

P4585-12 - £74.50 100ml tube (12 for the price of 10) **£ SAVER**

Contains a unique combination of high quality essential oils with their natural power to give a long lasting and refreshing effect. Now in its 21st year.

**BEST
SELLER**



P1002 - £2.90

P1002-6 - £14.50 (6 for the price of 5) **£ SAVER**

Aloe Vera Soothing Gel 75ml

Soothing – cooling Aloe Vera is unsurpassed. It is a refined gel enhancing the properties of Aloe Vera. Aloe Vera is noted for helping healing in a variety of minor conditions including small burns and itching.

**BEST
SELLER**



P1001 - £3.95 - 125ml

P1001-6 - £19.75 - 125ml (6 for the price of 5) **£ SAVER**

P1001-12 - £39.50 - 125ml (12 for the price of 10) **£ SAVER**

Aromall Gold Hydrating Cream 125ml

Aromall® Gold Hydrating Cream is probably the best in moisturising skin creams. It really does help the skin to return to its normal texture.

**BEST
SELLER**



PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HPCP number when placing your order.

Gift Vouchers

M8005 - £5.00
M8010 - £10.00
M8020 - £20.00



Treat someone with a voucher to spend on Podiacare products.
Vouchers available in: £5.00 | £10.00 | £20.00

Concentrated Chlorhexidine

P4522 - £4.50 250ml

For use as an antiseptic in conjunction with IPA (Isopropyl alcohol).
5% solution.



Marigold Tincture

P4650 - £5.75 10ml
P4650-6 - £28.75 6 for the price of 5 **£ SAVER**
P4650-12 - £57.50 12 for the price of 10 **£ SAVER**

Used by practitioners for the effective treatment of difficult warts.
An ideal mild styptic with anti-verruca properties.



Phytonail Nail Hygiene

PH4596 - £5.25 10ml
PH4596-6 - £26.25 6 for the price of 5 **£ SAVER**
PH4596-12 - £52.50 12 for the price of 10 **£ SAVER**

Cosmetic treatment for discoloured nails and helps to restore nails to their former state when used regularly.
Effective when used in the treatment of fungal nail infections.



Tea Tree Oil

P7001 - £2.95 10ml
P7001-6 - £14.75 6 for the price of 5 **£ SAVER**
P7001-12 - £29.50 12 for the price of 10 **£ SAVER**

Enhanced with lavender and effective in onychomycosis, compliments nature's antiseptic, antifungal and virucidal properties.



TT50 Verruca Cream

P4575 - £4.70 30ml
P4575-6 - £23.50 6 for the price of 5 **£ SAVER**

A deeply penetrating cream that contains Oil of Maleluca and urea to penetrate deeply and help fight HPV, the cause of verrucae.



Autoclaves



Enbio S Autoclave (NS)

£1734 - £1,000.00

NEW

This brand new state of the art autoclave can sterilise your instruments in a super quick time (7 minutes). It's small scale design mean it won't be an issue finding a home for it and its quiet running noise it won't be a burden on your customers. Reports are automatically saved on to an inserted USB stick and get sterilising in two easy steps!

- 2 year UK warranty
- Class B Medical Device with Certification

This is a non-stock item (NS). Please allow 21 days for delivery (subject to availability)



PodiaClave Autoclave 134°C

£1733 - £1,095.00

£1720 - £57.99 Printer paper (10 rolls)

£1721 - £5.90 Printer paper (single roll)

£ SAVER

BEST
SELLER

Ideal for the mobile practitioner, the PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

Specifications:

Dimensions: W: 340mm x H: 355mm
Chamber capacity: 9 litres
Max. Nett weight: 5.6 kg
Sterilising temperature: 134°

More features and benefits:

- Lightweight and portable for flexibility of use
- Supplied complete with printer and instrument basket
- Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year warranty for peace of mind. (Warranty excludes lid gaskets and internal furniture)
- Replacement Gasket can be purchased separately from Podiacare



Prestige 2100 Classic Autoclave 134° C

£4718 - £999.00

The 2100 Classic remains the proven choice for all healthcare professionals – whatever their sterilising needs.

Specifications:

Dimensions: W: 340mm x H: 355mm
Chamber capacity: 9 litres
Max. Nett weight: 7.1 kg
Sterilising temperature: 134°

**Please note: Prestige Medical warranties are only valid in Great Britain; they do not have engineers in Ireland. Customers must register their product after purchase by returning the completed warranty card to Prestige Medical.*

More features and benefits:

- An interlock system prevents the lid from being removed whilst pressure remains in the vessel
- A two stage 'over pressure' protection system incorporating a calibrated pressure release valve and a gasket blowout slot
- Superb engineering – the Classic 134 is manufactured in the UK and comes with a full one year warranty* for peace of mind. (excludes lid gaskets and internal furniture)
- Replacement Gasket can be purchased separately from Podiacare
- Supplied with Instrument basket



Autoclave Carry Case

£1731 - £26.99

Protect your investment with the new Classic Carry Case.

The safe, easy and professional way of transporting your Classic autoclave.

- Lightweight, yet strong, with a fully lined interior
- 2 carry handles and a removable/adjustable padded shoulder strap for extra comfort
- For use with both the PodiaClave Autoclave and the Prestige 2100 Classic Autoclave

Autoclaves Accessories

Autoclave Coloured Instrument Cleaning Brush

M4627 - £2.40

Autoclavable Instrument Cleaning/Scrubbing Brush available in four different colours so easy to distinguish. Blue, Red, Green and Yellow. Please specify colour when ordering.



Autoclave Brush

M4628 - £3.40

Instrument scrubbing brush. Fully autoclavable.



Instrument Cleaning Brush

M4629 - £5.95

Wire brush for manual cleaning of instruments prior to sterilisation.



Sterile (Distilled) Water

P4501 - £2.45 1 Litre

Sterile Water is suitable for general surgery use.
Suitable for use in Autoclaves.

NEW
LOWER
PRICE!



BEST
SELLER

Autoclave Cleaning Solution

E4601 - £13.99 1 Litre

Formulated to remove grease and grime from the internal surfaces within autoclaves whilst preventing the formation of harmful limescale deposits.

Used routinely, this solution will keep all internal surfaces thoroughly clean, scale and odour free helping to ensure peak operating performance is maintained throughout the working life of the autoclave.

NEW
LOWER
PRICE!



Autoclave Test Strips

M4612 - £20.99 - TST Autoclave Test Strips 121°C (pack of 100)

M4613 - £15.99 - TST Autoclave Test Strips 134°C (pack of 100)

M4616 - £25.55 - TST Autoclave Test Strips 126°C (pack of 50)

For use with non vacuum autoclaves (Prestige Classic Autoclave 134°C). The TST Steriliser Control is the most sophisticated chemical control device produced to date, being an integrated control system that registers a PASS only when it has been subjected to the required heat/time ratio in saturated steam. Class 6 indicator ISO11140 part. Unwrapped loads. TST Control will not register a pass.

TST Autoclave Test Strips 134°C/3.5 mins

TST Autoclave Test Strips 121°C/15 mins

TST Autoclave Test Strips 126°C/10 mins



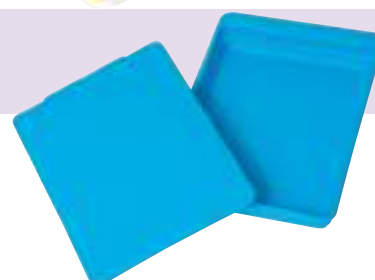
Blue Autoclavable Tray with Lid

M4596 - £7.75

Lightweight, strong and durable - 50% lighter than stainless steel. Comes with a handy lid.

- Improved removal of blood residue compared to stainless steel
- Grip feature moulded below the rim to improve holding
- Smooth edges and surfaces eliminate paper rips during packing and sterilization
- Can be sterilized by Autoclave (up to 135 ° C), Ethylene Oxide or Hydrogen Plasma

Size: 195mm x 135mm





Cassette for Autoclaves (2100 Classic and Podioclave)

E4663 - £35.99

**NEW
LOWER
PRICE!**



Cassette Rack for Autoclaves (2100 Classic and Podioclave)

E4664 - £132.99

Cassette rack + 3 Cassettes

E4665 - £17.99

Cassette rack only



Standard Instrument Basket for Prestige Classic 2100 and Podioclave

E4653 - £49.99



Instrument Oil/Lubricant

T4700 - £6.75

Easy to use dispenser.

For applying to instruments prior to autoclaving.



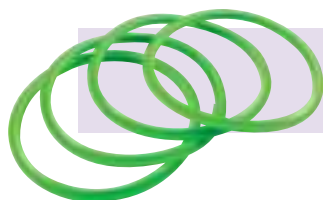
Premixslip Instrument Lubricant

T5000 - £4.99 - 125ml Spray Bottle

T5001 - £10.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

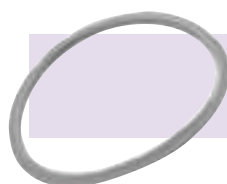
- Stops rusting, spotting and staining
- Keep box locks working perfectly freely
- Protects sharps during autoclaving
- Non-Oily – Non Sticky – Non Toxic, Silicone free
- Will not interfere with steam sterilization



Replacement Gasket for 126° Autoclave

E4654 - £36.55

Replacement gasket for Prestige 2100 autoclaves (sold individually).



Replacement Gasket for 134° Autoclave

E4647 - £33.99

Replacement gasket for 134° autoclave (sold individually).

Bur Holder Cylinder

E4900 - £9.99

Autoclavable Bur Box - Cylinder



Bur Holder Sliding Box

E4901 - £7.95

Autoclavable Bur Box - Sliding



Sterilization Pouches

M4619 - £5.99 Small - 60 x 100mm

M4610 - £6.99 Medium - 90 x 230mm

M4611 - £10.90 Large - 135 x 255mm

- High quality sterilisation pouches at low prices
- Self seal, transparent pouches
- Suitable for steam or gas sterilisation
- Accurate sterility indicator
- CE marked
- 200 Pouches per pack



Dopplers

Sonotrax Vascular Doppler

E4740 - £145.50

NEW
LOWER
PRICE!

Supplied complete with a 4MHz waterproof probe, the Sonotrax Vascular Doppler provides healthcare professionals with a cost-effective and versatile solution for routine examinations.

Features:

- High-quality sound from 0.5W built-in speaker
- Supports interchangeable Sonotrax probes
- Dial operated volume control
- Automatic power off
- Requires a single 9 v battery [not supplied]
- Complete with carry case and full user instructions

Dimensions: 32 x 85 x 138mm (D x W x H)

Weight: 290g



Ultrasonic Gel

E4770 - £3.99

NEW
LOWER
PRICE!

Available in 60ml tubes. Essential for effective identification of Doppler sounds, and provides patient comfort during Doppler scanning.



Drills

Hadewe Helius 40 Dust Extraction Drill (NS)

E7014 - £925.00

Introducing the Hadewe Helius 40 Drill.

This drill is widely popular due to the easy handling and low noise level. The drill provides a powerful suction and an integrated labyrinth technology makes this drill one of the most quiet units in the market.

The handpiece motor is designed for long working hours and skin particles are removed via the effective point suction at the top of the handpiece. This ensures for optimal hygienic and effective work. This drill is certified as a class 2A EU-Medical Device unit for the professional, medical Podiatry field.

Features

- Silent soundproofing
- Slim and easy to handle handpiece
- Easy to clean unit surface
- New smaller unit size allows transportation to become easy
- Modern, easy to clean membrane keyboard
- Regular and reverse switch (left/right)
- Suitable for all common burs 2,35mm
- Low vibration and quiet running

Technical Details

Total weight : 4.0kg

Size: W 313 x H 142 x D 235 mm

Voltage: 240V, 50 Hz, 550 W, <59 dBA

Handpiece: 17-22mm, length: 163mm, weight: 138g

Please note that this is a non stock item. Please allow up to 21 working days for delivery. (Subject to availability)



**NEW
LOWER
PRICE!**

Twister Portable (aka beautyTRONIC SPEED) Drill

E6073 - £474.99

The upgraded model features an attractive modern design, up-to-date microprocessor technology and a keyboard with soft keys. The softkeys allow the user to vary the speed with the 'plus' or 'minus' keys or programme speed settings that can be accessed via the three memory keys. There is also the option to reverse the direction of rotation or pause rotation using these keys. Practical storage for the handpiece is integrated into the device. The slim shaped gripping case makes fatigue-free and comfortable handling, in both the fist and in the writing position, possible. Mains operated.

Specifications

Voltage: 230 Volt / 50/60 Hz

Power input: 30 Watt

Speed: Max. 30,000 rpm

Controller dimensions: L: 160mm x H: 100mm x D: 205mm

Designed and manufactured by a leading German manufacturer.

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.

Please note that this is a non stock item.

Please allow up to 21 working days for delivery.

Weight: 1.4kg

Handpiece dimensions: L: 125mm

Handpiece weight: 105gms

**NEW
IMPROVED
MODEL!**



**BEST
SELLER**

Accessories for Twister Drill (NS)

E6075 - £39.90 Foot Switch ON/OFF

E6076 - £70.80 Variable Pedal

Saeyang Mini-Cro Portable E-file

E6089 - £250.00

The new slimmer design with a re-positioning speed dial. This unit comes with the SH300 handpiece which is a brand new sleek design whilst still keeping the same smooth running and tight locking system. The LED light will flash when the battery is at 30% or lower.

Technical:

- **Colour:** Black
- **Speed:** 30,000 rpm
- **Torque:** 2.7 Ncm
- **Charging Time:** 3 hours
- **Running Time:** Up to 10 hours
- **4 Different Lights:** White: 6,000rpm
Sky Blue: 15,000rpm - Blue: 20,000rpm - Pink: 30,000rpm
- Overload Protection Built In
- Forward / Reverse Function
- Pause Function



NEW

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Podotronic Genius Spray Jet Drill (NS)

E6065 - £1,160.00

Podotronic Spray device with new pump technology.

With a high performance compressor combined with a medical pump, ensure the finest nebulous spray which is stageless and adjustable. In addition, the level of spray intensity can be adapted to the individual needs of the podiatrist.

Familiar features such as the memory function, to store the speed and spray intensity settings are easy to operate using the soft keys on the front of the GENIUS.

A stand-by function for the spray and a general stand-by for all other functions, as well as the podoTRONIC spray handpiece ensuring the finest spray are a matter of course. The Voluminous water reservoir (410ml) allows a long operation time and its advantageous position with pull-off / plug-in system makes refilling quick and easy.

The handpiece is equipped with a brushless motor and operates at a speed of up to max 40,000 RPM.

The new ergonomic shape makes the handpiece particularly easy-to-grasp, not least because of its low weight of only 112g.

- LED handpiece drill option available on request.
- Mains operated.
- Foot Switch or Variable Foot Pedal available (see above)

Control Unit

Dimensions: 242(W) x 180(D) x 135(H)mm

Dimensions: 140(L) x 17- 22-24(D)mm

Weight unit: 3.0 set

Weight handset: 112g

Max speed: 40,000 RPM



Accessories for Genius Spray Jet Drill (NS)

E6067 Foot Switch - £44.99

E6068 Variable Pedal - £86.50

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.

Please note that this is a non stock item. Please allow up to 21 working days for delivery. (Subject to availability)

Saeyang K38 Micromotor Drill

E6090 - £299.99

The lightweight design makes this drill ideal for domiciliary use.

- Compact and simple design with digital RPM speed display
- Non-stage speed control dialling system
- LED display for battery charging level
- Automatic safety overload protection and overload warning LED
- Automatic power saving function after three minutes under no operation
- Select button switch for hand and foot mode

Updated features:

- New autoclavable handpiece
- 8 Hour use
- Coiled lead

NOTE - This hand piece is easily removed from the motor without tools. They can be cleaned/lubricated without dis-assembly.

Motor Handpiece SDE-SH300 (12V)

RPM: 0 – 30,000

Input: DC 12V

Weight: 140g

Dimensions: 118mm (L) x 23mm (D)

Motor Cable Length: 1.5m

Control Unit K-38

Dimensions: 67mm (W) x 128mm (D) x 30mm (H)

Output: DC 12V 2A

Weight: 277g

Charging Time: 3-4 hours (will give 8 hours use)

Direction: Forward and reverse

Now in FIVE colours!

Colours Available: BLACK, PINK, WHITE, BLUE or MINT

Colour may vary slightly from photograph.

Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Instrument Bath and Cleaning Solutions



Gigasept Instru AF Bath

E4672 - £30.50

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

Dimensions: (W) 28cm x (H) 12.6cm x (L) 18cm



Gigasept Instru AF Solution

P4540 - £49.00 2L Solution

High performance dual action liquid concentrate for cleaning and disinfection of instruments in holding solutions.

- Effectively destroys pathogens to reduce potential contamination before sterilisation
- Effective against a range of microorganisms including HBV, HCV, HIV, TB in 15 minutes at 3% dilution
- Cost effective - 3% concentration makes 66L solution from a 2L bottle

Size: 2 Litre



Ultrasonic Cleaner Solution

E4714 - £35.10

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.

Dilution ratio: 1 part solution to 10 parts water.

Paraffin Wax Bath



Paraffin Bath Wax

E4604 - £6.80 Lavender & Ylang Ylang Wax

E4684 - £6.80 Peach Wax

100% pure paraffin wax in 453g bags for application by brush or wax bath. Low melting point wax.

Lavender & Ylang Ylang has soothing properties to calm and relieve stress. Good for skin irritation and rheumatic joints.

Peach helps to detoxify, freshen and relax tired muscles while moisturising dry skin.

Stools & Chairs

See page
88
for stool with
an incorporated
footrest

Lightweight Foldable Tripod Stool

F3050 - £7.99

**NEW
LOWER
PRICE!**

Lightweight compact tripod stool, perfect for domiciliary work.

- Seat height 41 cm
- Compact when folded
- Volume 5 Litres: 60 x 9 x 9 cm
- Integrated strap for easy carrying
- Weight: 1kg
- Simple unfolding system. Elastic strap to keep the tripod folded
- Excellent strength of tubes and fabric

Maximum load: 110 kg



Saddle Stool (NS)

F4051 - £199.00

The saddle stool assists with achieving an anatomically correct seating position with the added benefit of a tilting adjustment.

Features:

- 1 year unconditional guarantee
- Fire retardant vinyl
- Height adjustment available
- Available in 20 colours (see colour chart)
- Patented anti-microbial technology proven to inhibit the growth of E-Coli and MRSA
- Excellent levels of wear and longevity
- Fully washable and impermeable, to aid infection control
- Suitable for cleaning and disinfecting with dilute solutions of Hypochlorite (10,000ppm)

Maximum load: 136 kg



Please state colour choice when ordering. Colours may vary slightly from those shown.



Contemporary Saddle Style Stool (NS)

F4049 - £81.99

Assisted posture without backrest, this ergonomically designed saddle seat has a modern look for the professional treatment room and has a polished chrome footrest. Revolving seat guarantees correct, natural posture and gas lift height adjustment from 48 - 61 cm high, guarantees correct position for treatment.

Maximum load: 127 Kg



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Compact Stool (NS)

F5520 - £72.99

Gas lift height adjustment stool. A thick (6cm) comfortable, white round foam seat (35cm diameter) and a chromed steel foot ring for comfort and 5 castors for ease of movement. Height adjustment from 51 to an extra high 65cm. Compact rolling base for portability and tight fit areas - only 48cm diameter.

Available in Black or White. Please state colour when ordering.

Maximum load: 127 Kg



Gas Lift Chair with Backrest (NS)

F5522 - £99.00

Generously upholstered with a fully adjustable lumbar support backrest that tilts back to give you maximum comfort. Gas lift instant height adjustment from 47cm to 59cm. Black 5-star base with easy glide double castors.

White contoured seat and back.

Also available in black. Please state colour required when ordering.

Carriage charge included in the price.



Operators Chair (NS)

F4050 - £175.00 Standard Operators Chair

This Operators Chair is made with extremely durable high specification quality vinyl which is perfect for health environments.

Features:

- Vinyl high back operator chair
- 2 year manufacturer guarantee
- Fire retardant vinyl
- 63cm 5 castor base for maximum stability
- Gas lift height adjustment
- Height adjustable back
- Minimal assembly required
- Full choice of colours available

Dimensions:

Basic Chair

Seat: 45 cm wide x 44 cm **Back:** 44 cm wide x 41 cm

Base: 63 cm diameter **Height:** 44cm-58cm approximately

Please see Colour chart and state colour when placing your order.

Colours may vary slightly from those shown. Carriage charge included in the price.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Plinth

Plinth 50CD (NS)

F4024 - £1,985.00 **F4027** - Optional Foot Switch (2 motor) £110.00

Bariatric Podiatry Chair

With ever increasing issues over handling overweight or obese patients, Plinth have developed a chair to meet these changing needs. With a 320kg capacity, unbeatable strength, stability, hoist access and all the usual Plinth 2000 features mean that this is the ultimate solution should the need arise to treat clinically obese patients.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/ chair (F4022 Plinth 50CDT £2,580.00)

Features:

- UK Manufactured
- 16 year average lifespan
- Electric height & back rest operation
- Comfort foam
- Easy operation
- Low running costs
- Hardwearing anti-microbial vinyl
- Safe working load 320kg
- Retractable castors
- Hoist clearance 140mm
- Divided & extending legs
- Removable fold back arm rest
- Breathing hole
- Lifetime frame & 5 year parts guarantee

Warranty:

Five year manufacturer's warranty on component parts, with lifetime guarantee on the frame. Option to extend the component warranty for a further 5 years.

Dimensions:

Height – 49 to 98cm approx
Width – 78cm approx
Length – 184cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order.
Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.



Full choice of colours available.
Optional foot switch available to buy separately.

Plinth 50CDT (NS)

F4022 - £2,680.00 **F4029** - Optional Foot Switch (3 motor) £155.00 **F4026** - Breathing Hole £39.00

Tilting Bariatric Podiatry Chair

Tilting bariatric podiatry chair allowing even the heaviest of patients to be positioned with greater comfort and in complete safety. With a 320kg lifting capacity, motorised tilt, motorised back rest, unbeatable strength, stability and hoist access mean that this is the ultimate solution should the need arise to treat clinically obese patients.

Features:

- UK Manufactured
- Lifetime frame & 5 year parts guarantee
- 16 year average lifespan
- Electric height, tilt & back rest operation
- Comfort foam
- Easy operation
- Low running costs
- Hardwearing anti-microbial vinyl
- Safe working load 320kg
- Retractable castors
- Hoist clearance 140mm
- Divided & extending legs
- Removable fold back arm rest

Warranty:

Five year manufacturer's warranty on component parts, with lifetime guarantee on the frame. Option to extend the component warranty for a further 5 years.

Dimensions:

Height – 49 to 98cm approx
Width – 78cm approx
Length – 184cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order.
Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.



Full choice of colours available.
Optional Foot Switch and Breathing Hole available to buy separately.

Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Plinth

Plinth 93CD (NS)

F4042 - £1,475.00

F4028 - Optional Foot Switch (one motor) £75.00

F4026 - Optional Breathing Hole £39.00

F4020 - Optional Motorised Back Rest £270.00

Divided Leg 90° Drop Chair

New single motor treatment chair with a full 90° leg drop and shorter seat allowing unrivalled patient comfort and access. The model has all of the features of the 500 range, but is stronger, more versatile and features smooth gas spring operated back and foot rests.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/ chair. (Plinth 93CDT F4021 - £1,705)

Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design. Able to lift 225kg from its lowest height.

- Electric height adjustment as standard
- Backrest and footrest adjustment by gas strut mechanism
- Adjustable foot for uneven floors
- Couch goes horizontal for patient recovery in emergency situations
- Robust retractable castors for excellent mobility and safety
- CE marked in conformity with MDD 93/42/EEC Annex IX Class 1
- Full choice of accessories and colours available

Warranty:

Five year manufacturer's warranty on components, and lifetime guarantee on the frame. Option to extend the component warranty for a further five years.

Dimensions:

Height – 52cm-101cm approx

Width – 63cm approx

Length – 176cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.



Plinth 93CDT (NS)

F4021 - £1,805.00

F4027 - Optional Foot Switch (2 motor) £110.00

F4026 - Optional Breathing Hole £39.00

F4020 - Optional Motorised Back Rest £270.00

Tilting Divided Leg Podiatry Chair

This is the two motor version of the 93CD. Two motor podiatry treatment chair with a full 90° leg drop, shorter seat and Trendelenburg tilt greatly enhancing patient comfort and access whilst doing heel work. This model features smooth gas strut operated back rest and divided & extending leg rests. The stay level, swing back arm rests are removable to allow multi-disciplinary use of the chair in shared clinics.

Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design. Able to lift 225kg from its lowest height. Full choice of colours and accessories available.

- Lifetime frame and 5 year parts guarantee
- 16 year average lifespan
- Electric operation with Trendelenburg tilt
- Comfort foam
- Easy operation
- Low running costs
- Hardwearing anti-microbial vinyl
- Safe working load 250kg
- Retractable castors
- Removable fold back arm rests
- Divided & extending leg rests
- Hoist clearance 130mm

Warranty:

Five year manufacturer's warranty on components, and lifetime guarantee on the frame. Option to extend the component warranty for a further five years.

Dimensions:

Height – 52cm-101cm approx

Width – 63cm approx

Length – 176cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Plinth

Podiacare Economy Couch (NS)

F4000 - £795.00

Our great value, flexible three section treatment couch is ideal for clinics. It is suitable for a wide range of techniques and can be made even more versatile by the addition of a few optional accessories. This height adjustable couch has been designed to be clean and simple, whilst offering a truly stable solution for examination and treatment. With a high quality motor and 'twin lift' frame this couch will provide outstanding service for years to come.

Features:

- Easy clean powder coated frame in off-white
- Twin lift design
- Strong friction free backrest and footrest support
- 4 toe braked castors for easy movement
- Able to lift 160kg (25 stone)
- Face hole fitted as standard
- UK made
- CE marked
- Motor meets IEC 601.1
- Fire retardant upholstery to BS7176 and BS5852
- Choice of 3 colours - blue, beige or white
- Wide choice of accessories
- Fast delivery

Warranty:

Two year warranty on components and frame.

Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

Dimensions:

Height – 50cm-96cm approx
Width – 64cm approx
Length – 180cm approx

Optional extras

(please enquire when ordering)

- Paper Towel Holder
- Cot Sides
- Foot Switch
- Fold Back Arm Rests



Electric Couch (NS)

F4016 - £949.00

This versatile couch also has the 'unique-touch' gas lift assisted headrest adjustment. This 3-section couch is covered with 7.5cm thick upholstery and comes in a choice of colours. The couch is 70cm wide and comes with locking wheels.

Dimensions:

Length: 212cm Width: 70cm Height: 58/95cm

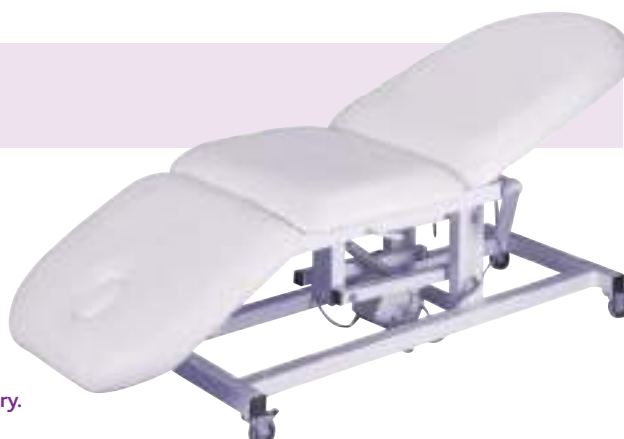
This couch is specially made to order. Please allow 2-6 weeks for delivery.

Please select colour required below when placing your order.

Colours may vary slightly from those shown.

Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.



WHITE



BLACK



BEIGE



GREY



NAVY



BLUE

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Skinmate Elite Couch (NS)

F6001 - £1,295.00

A functional design providing the performance you expect for treatment success, allowing access from every angle.

- Infinitely adjustable to ensure stature is not compromised and correct working posture is guaranteed
- The simple elegance of the contoured cushions give a greater working surface and increased client comfort
- Adjustable backrest for maximum comfort and access, finished with 7.5cm deep luxury upholstery
- Tilt adjustment for comfortable knees up positioning
- Twin headrest features
- Small base frame footprint will give maximum leg and knee room
- Effortless, silent lift height adjustment, descends low enough for wheelchair transfer
- Abrasion resistant upholstery that is hard wearing
- Unique foldaway, reversible armrests that become part of the upholstery when not in use
- 3 year guarantee on electric motors

This couch is specially made to order. Please allow 2-6 weeks for delivery.

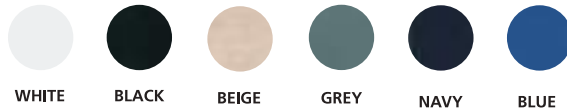
Please select colour required below when placing your order.

Colours may vary slightly from those shown.

To increase overall length of couch, a removable extension cushion is available to buy separately (£75 plus Vat). Please enquire if you would like this option.

Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.



Lamps

Portable Daylight Twist LED Lamp

F7013 - £46.99

Ideal for domiciliary work, light and easy to fold and carry around. Comes in white/grey.

- Bright, mains operated LED lamp
- "Easy Twist" shade, maximum work space and light angle
- Lightweight, foldable and flicker free
- Removable base
- Height 26cm
- Weight 1.34Kg



Deluxe LED Headband Magnifier

F7001 - £51.00

Ideal for both domiciliary work and surgery.

- Detachable and adjustable LED white light
- Five precision ground interchangeable lenses with focal lengths from 60mm to 350mm
- Requires 3 X AAA 1.5v batteries (included)
- Fully adjustable headband with bi-plate lens feature
- Protection case for lenses
- Cleaning cloth



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

ZigZag Lamp (NS)

F7018 - £52.99

This ZigZag Rechargeable Lamp folds down flat and is perfect for use when travelling because it is small enough to fit in your jacket pocket or bag. The single, touch sensitive button turns the light on and off, with this portable lamp displaying a light temperature of 5500K (the colour of daylight). The lamp has 3 brightness settings. This portable travel lamp recharges using the mini usb which is supplied and that can be plugged into any usb socket, laptop, computer or plug. It is suitable for people with low vision due to its ease of use and tactile design and can provide up to eight hours of bright white light, illuminating the space in front of the lamp.

Features:

- Built-in rechargeable battery which can be recharged with a USB cable (standard USB to mini USB, which is supplied). Connect the USB cable to a computer, tablet, power bank or a USB mains charger via the USB cable which is supplied
- Three brightness settings which are displayed through the 18 LED lights on the portable travel lamp
- Provides up to eight hours' light when fully charged

Technical Details:

- Colour temperature 5,500K (equivalent to natural daylight)
Lux output at 30cm (12"): 400Lux
- The light is rectangular in shape when closed. measures 20cm (8 inches) long, 6cm (2.5 inches) wide and 2.5cm (1 inch) deep. When fully open the lamp is 30.5cm (12 inches) in height
- This lamp weighs 0.34kg
- The colour is matte chrome
- Two year warranty



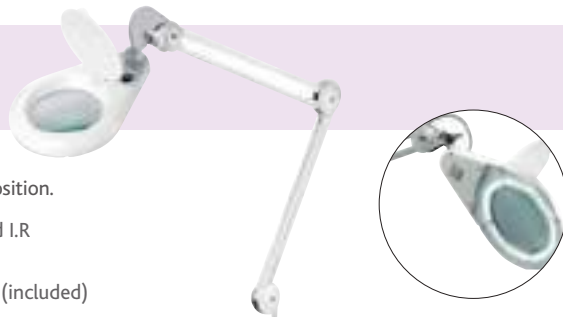
Classic Natural Light Magnifying Lamp

F7000 - £69.99

LED cool natural light magnifying lamp.

Fully adjustable 81.5cm reach extension arm easy to hold the head at any position.

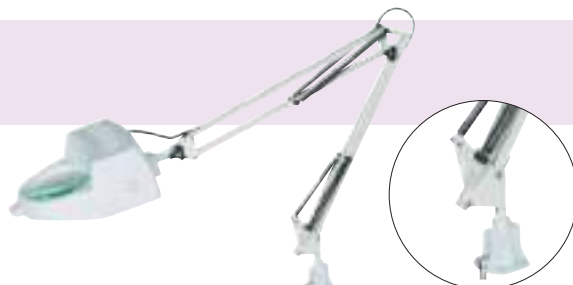
- High quality wide viewing magnifying 5" glass lens diameter 12.5cm
- 3 diopter (ie. 1.75x magnification)
- Energy saving
- Light without U.V and I.R
- Long Lifespan LEDs
- With **FREE** G-clamp (included)



Portable Magnifying Lamp

F7007 - £41.85

White ABS body on an 80cm extending spring balanced arm. Circular 10cm diameter 3 diopter clear lens. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.



Slimline Magnifying Lamp

F7006 - £59.00

A 12.5cm diameter, 3 diopter clear, glass lens with diffuser and 22 watt fluorescent Natural light bulb for optimum visual output and low heat.

The slimline head allows access to work underneath, with a 90cm extending arm that is perfectly balanced for extra stability, with fewer moving parts for fast easy adjustment. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Standard Lamp (NS)

F7002 - £52.85

The basic lamp in the range has a white body and comes with an extending spring balanced arm. A sturdy G-clamp will attach the lamp to any flat surface.



Fixed Height Lamp Stand (NS)

F7014 - £56.00

Fixed height white lamp stand with rolling base with 5-star free wheeling castors. Suitable for all lamps shown in this catalogue. Our lower priced lamp stand.



Height Adjustable Lamp Stand (NS)

F7003 - £90.35

Heavy duty lamp stand on a 5 star free wheeling rolling base. Height adjustable chrome stem with twin locking nuts.



Woods Lamp (NS)

F7009 - £99.99

The Wood's Lamp is a simple non-invasive device used for the diagnosis of infective and pigmentary dermatoses.

- 4 tube hand held unit, mains operated with ON/OFF switch
- Lens magnification is 3 diopter
- Blackout hood supplied

NS denotes a non stock item. Please allow up to 21 days delivery.

Workstations and Trolleys



Moveable Work Station (NS)

F6202 - £314.99

A neat compact, lightweight unit with height adjustable leg and four castors to allow for mobility. The four storage drawers pull out to full length, with two of them having removable dividers. The pull down shutter covers the drawers to keep the clinic tidy. Comes complete with a standard lamp that is attached by a G-clamp. Can be set up for either left or right handed use.

Dimensions: 98cm W x 48cm D x 74cm H

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

Contemporary Work Station (NS)

F6203 - £245.00

NEW
LOWER
PRICE!

BEST
SELLER

This single Station (White) is a contemporary modern station with a high sheen, easy clean surface.

This unvented station features one set of four drawers for storing your products. It comes complete with 4 easy roll castors so the table can be easily moved around the salon and a FREE armrest!

Dimensions: 74cm H x 98cm W x 48cm D



Hygienic Storage Unit (NS)

F4013 - £159.00

A self contained mobile store for instruments and supplies. The 6 extra side shelves are ideal for storing creams and solutions. Accessible from both sides of the trolley are 4 pullout drawers, 2 of which are divisional and a pullout disposable/waste bin is located in the lower part of the trolley.

Dimensions: 46.5cm W x 40cm D x 89cm H



Stainless Steel Surgery Trolley (NS)

F5581 - £251.48

- Top shelf with guard lip on 3 sides and drop lip on front
- Bottom shelf for storage of equipment
- Four anti-static 75mm castors, complete with bumpers, and brakes on 2 castors
- Green ABS plastic corner protectors
- 2 year warranty

Dimensions: 600(l) x 400(w) x 850(h) mm, (24" x 16" x 34") **Weight:** 9kg



3-Tier Trolley (NS)

F4015 - £94.99

White steel frame trolley with 3 easy wipe wooden shelves. Includes a lamp holder on the steel end frame. 4 easy roll castors with the front ones being lockable.

Dimensions: 78 x 39 x 80cm high



NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)



Skinmate Metal Trolley (NS)

F4060 - Metal Trolley - £89.99

F4061 - Optional Shelf and Drawer Pack - £41.99

F5062 - Optional Power Socket - £36.50

Robust all steel construction. Hard wearing white gloss Epoxy coating on all steel shelves and legs. Supplied with top and one other shelf as a 2-tier trolley. The optional shelf and drawer fits in centre or lower position.

Depth: 51cm **Width:** 31cm **Height:** 73cm (approx)

Features:

- 1 year unconditional guarantee.
- Free running salon castors on all feet
- Safety lip feature on shelves
- Optional accessory fittings
- Free Lamp Holder

Footrests



Hadewe Adjustable Foot Rest

F4033 - Foot rest - £88.99

F4034 - Carry case - £14.20

Weighing just over 1kg, the Hadewe Foot Rest is lightweight making it easily portable and therefore perfect for use during domiciliary work. The Foot Rest can easily be manipulated to achieve the perfect foot position through the adjustable height setting (between 460-670 mm) and ability to alter the angle of the cushion. The extra reinforced steel joint also allows you to put up to 20kg of weight on the Foot Rest (Cushion Measurement 220 x 170 x 50 mm) and the legs are designed to spread wide the aid stability when in use.

A carry bag (W 690 x H 320 x D 240 mm) is also included with the Foot Rest to assist with transportation and storage.

BEST
SELLER



Sturdy Foot Rest (NS)

F4030 - £58.00

A highly versatile, sturdy, stable patients Footrest. The moulded padded footrest holds the patient's leg steady. Height and tilt adjustable.

Height range: 45 - 55cm. **Weight:** 2.5 kg

Please note: this footstool does not fold down.



Gas Lift Podiatry Stool with Foot Rest (NS)

F8010 - £119.99

This model features a wide diameter seat of 45cm. Dimensions: 62 x 51 x 49cm high.

Gas lift seat adjustment giving height positioning for the Practitioner. The footrest is both height and angle adjustable for client comfort.

Max load: 280lb

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

All sales are subject to the following terms and conditions. No other conditions shall apply unless agreed in writing prior to placing an order.

VAT

Prices quoted are exclusive of VAT and VAT at the current rate will be added to all invoices (except on items which are zero rated for VAT).

PRICES

Prices may be changed without prior notice. Podiacare Ltd reserves the right to correct clerical omissions and errors in this price list.

For all current pricing, please visit us online.

ORDERS

Due to credit card / bank charges there is a minimum NET order value £10.00 (i.e. all orders must be to the value of £10.00 NET or above).

Orders below £10.00 net will be charged at the £10.00 net minimum order value rate. Cash transactions are excluded from this clause.

All prices are subject to VAT at the current rate.

LIMIT OF LIABILITY

Podiacare Ltd cannot be held responsible in the event of goods not of our manufacture being faulty or delivered late by the delivery agent.

PAYMENT

Orders, including those paid by installments, must be accompanied by payment in full with a cheque or credit/debit card details. Please make cheques payable to 'Podiacare Ltd'.



INSTALMENTS

Payment by instalments is only available on specific items/values as indicated by the company and subject to individual application.

Dates to be entered on installment cheques will be supplied in advance by Podiacare Ltd. An administration charge will be applied on default of payment and settlement in full of any outstanding balances automatically becomes due.

Goods remain the property of Podiacare Ltd until payment has been received in full and the final payment has been cleared. On default of payment, we reserve the right to recover the goods and to enter the buyer's premises to do this.

WARRANTY

Carriage charges are excluded under all warranties of goods/equipment.

STOCK AVAILABILITY

NS denotes a non stock item. Please allow up to 21 days delivery (subject to availability)

CARRIAGE

All orders of **FIFTY POUNDS NET OR MORE** will be **DELIVERED FREE OF CHARGE** to UK Mainland only (excluding Scottish Highlands).

All orders under **FIFTY POUNDS NET** will carry a charge of **5.67 NET** for administration, handling and delivery. UK Mainland only (excluding Scottish Highlands).

For carriage to non-mainland UK (including The Channel Islands, The Scottish Highlands and Islands, The Isle of Man and Northern Ireland) delivery will be charged at the current rates applicable. We will endeavour to use the most economical means of carriage available.

Republic of Ireland - Due to custom restrictions in the R.O.I., orders will need to be placed over the phone or by email on orders@podiacare.co.uk.

Please note: we are unable to deliver outside the U.K.

DELIVERY

Whilst every effort is made to deliver orders within 5 working days, Podiacare Ltd accepts no responsibility or liability for any kind of failure to deliver within the time quoted due to reasons beyond our control.

Goods will be delivered, by our appointed carrier, to the address given by you at the time of ordering. It is important that this address is accurate. In most instances the parcel will not be left without a signature. If you ask for your delivery to be left somewhere without a signature then this is done at your own risk, we will not be liable for the theft / loss of your package. Please

provide us with a delivery address where the parcel can be signed for between 8:00am and 6:00pm. We are able to arrange delivery to your place of work if this is more convenient. We cannot be held liable for any consequential loss caused by late delivery or failure to deliver by our appointed carrier.

URGENT 24-HOUR DELIVERY

(Monday-Thursday only, excludes bank holidays)

Order Line 01628 632449

Orders must be placed by 11.00 am Mon-Thurs. This option is only available to the UK Mainland only (excluding Scottish Highlands).

Next day delivery will be an additional charge of £10.00 net to your order.

The company reserves the right to select the method of delivery.

The company reserves the right to supply orders in partial shipments and invoice these shipments separately (this will not affect free delivery on orders over £50.00 net).

RETURNED GOODS - CONDITIONS

Podiacare Ltd. operates a policy of **NO RETURNS** on Creams and Medicaments under any circumstances. Podiacare will only accept returns of other goods by previous agreement from Podiacare Ltd.

All goods returned should be accompanied by a returns number, the Buyer's customer number and the invoice number on which the goods were supplied. A credit note cannot be issued if this information is not supplied.

Subject to the above conditions, Podiacare Ltd will accept for credit at a sum equal to that which the Buyer paid for the goods;

- Items returned to and received by Podiacare Ltd in a readily re-saleable condition within 10 days of delivery to the buyer.
- Items received by the Buyer in an unusable condition; provided that Podiacare Ltd is notified within 3 days of delivery and that the Buyer returns such items unless otherwise instructed, in writing, by Podiacare Ltd.

Creams and or Medicaments will only be accepted for return and credit for the following reasons:

- To correct an error in delivery
- In response to a product or batch recall instigated by a manufacturer.
- Where products or packages are alleged to be faulty.

All claims for shortages or damaged goods must be made within 3 days from receipt of delivery unless Podiacare Ltd have notified you that there will be a delay in delivery. It is the responsibility of the customer to adequately pack the goods, and return via recorded or registered post. Podiacare Ltd will not take responsibility for lost or damaged goods sent to us.

ORDER QUERIES

Podiacare Ltd operates a policy of **NO RETURNS**.

INCORRECTLY SUPPLIED ITEMS

We will only accept return of items incorrectly supplied, by prior agreement between Podiacare Ltd and the customer. The customer must make notification of error to Podiacare Ltd within 3 days from receipt of delivery.

INCORRECTLY ORDERED ITEMS

Items incorrectly ordered by the customer will not be exchanged. i.e.: If you place an order and fail to give both the product code and a description of the item, Podiacare Ltd reserve the right to either supply, in their considered opinion, the item you require or not supply at all.

SHORTAGE OF ITEMS

Items that are to follow will be notified in your delivery. Any shortages excluding items to follow must be reported to Podiacare Ltd within 3 days from receipt of delivery.

DAMAGED AND FAULTY ITEMS

Subject to the above conditions, Podiacare Ltd will accept back for replacement, items that are damaged or faulty providing notification is made within 3 days from receipt of delivery.

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Items will be accepted for return or credit in response to a product or batch recall instigated by a manufacturer.

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Supplying the professional

BEST SELLING **PodiaClave Autoclave**



Follow us @Podiacare



Instrument
basket
included

PodiaClave Autoclave

Ideal for the mobile practitioner. The PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

Specifications:

Dimensions: W: 340mm x H: 355mm
Chamber capacity: 9 litres
Max. net weight: 5.6 kg
Sterilising temperature: 134° (Degrees C)

Key features:

- Lightweight and portable
- Supplied complete with printer and instrument basket
- Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year's warranty for peace of mind and comes complete with after sales support.

(Gaskets, printer paper and internal furniture sold separately)



**FREE!
WORTH
£13.99**



PLUS FREE Autoclave Cleaning Solution

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.

See Page 72 for more information

Telephone
01628 632 449

Answerphone
01628 637 625

Email
orders@podiacare.co.uk

Offer valid for web orders only.

PODIACARE™
HEALTHCARE

Manufacturers of Footcare Products,
Instruments and Medical Equipment

PLUS FREE

6 X 50ML

FOOT & MASSAGE
LUBRICATING CREAM
WITH EVERY STARTER KIT
(WORTH NEARLY £25!)

Domiciliary starter kits

NEW!
Best Seller /
Money Saving
Kits

Value packages from Podiacare that allow you to start up in business or refurbish an existing room.
(Surgery starter kits also available online)

Starter Kit A

F8097

- 1 x T4209 - Basic Stainless Steel Foot File (Paddle)
- 1 x T4211 - Grits for Stainless Steel Foot File (Pack of 50)
- 1 x D4561 - Assorted Padding Set (1 x Fleecy web 5mm 1 x 7mm / 1 x Semi-Compressed Felt, 1 x Swanfoam)
- 1 x P4530 - Pre-Mix Chlorhexidine 600ml
- 2 x D5570 - Conti Skin Cleansing Wipes (Pack of 50)
- 1 x P4461 - Hand Gel 500ml
- 1 x D5622 - Mefix 5cm x 10m
- 1 x D5531 - Mepore Roll 4cm x 5cm
- 1 x D5524 - Tubular Foam BX (Pack of 12)
- 1 x D5527 - Tubular Foam D (Pack of 12)
- 1 x D5821 - Couch Roll Blue
- 1 x D5511 - Haplanet Tubular Gauze Size 00 (With free plastic applicator)
- 1 x D5513 - Haplanet Tubular Gauze Size 12 (With free plastic applicator)



£60 (RRP £67)

Prices exclude VAT

Starter Kit B

F8098

- 1 x F4033 - Hadewe Foot Rest
- 1 x E4963 - Flexible Foot Tray
- 1 x F3050 - Lightweight Foldable Tripod Stool
- 1 x E6090 - Saeyang K38 Micromotor Drill
- 1 x E4661 - Lightweight Domiciliary Bag
- 1 x F7018 - ZigZag Lamp
- 1 x M5060 - 3 Ply Masks (Pack of 50)
- 1 x S4002 - Patient Record Cards (Pack of 100)
- 1 x S4003 - Patient Continuation Cards (Pack of 100)



£560 (RRP £591)

Prices exclude VAT

Starter Kit C

F8099

- 1 x E1733 - Autoclave with Printer
- 1 x E4601 - Autoclave Cleaning Solution
- 1 x P4501 - Distilled (Sterile) Water
- 1 x M4611 - Sterilisation Pouches Large (Pack of 200)
- 1 x M4627 - Instrument Cleaning Brush
- 1 x M4596 - Plastic Blue Instrument Tray with Lid
- 1 x T4635 - Stainless Steel Tray
- 2 x T4752 - Straight Cutters 14cm
- 1 x T4685 - Ingrowing Nipper 13cm
- 2 x T4620 - Blacks File/Probe (Double ended)
- 1 x T4516 - Scalpel Handle
- 1 x T4514 - Scalpel Blades 15T (Box of 100)



£1,140 (RRP £1,208)

Prices exclude VAT



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Supplying the professional

or shop online at www.podiocare.co.uk

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