



PODIACARE

HEALTHCARE

Manufacturers of Footcare Products,
Instruments and Medical Equipment



A podiatrist wearing green scrubs, safety glasses, and blue gloves is performing a procedure on a patient's foot. A large magnifying lamp is positioned over the foot, providing a clear view of the work area.

Podiacare

H E A L T H C A R E

Product Catalogue

2018/19

Supplying the professionals

WELCOME TO PODIACARE HEALTHCARE

Podiacare Healthcare was created some years ago at the request of practitioners and has brought low prices and good quality to the profession, including some of the finest ranges of foot creams and treatments in Europe.

This catalogue replaces and supersedes all previous catalogues.

Prices are applicable from 1st January 2018 and exclude VAT.

We have included all the traditional products and preparations, which you regularly use, as well as some new items. If there are any additional items you would like us to carry, then please do let us know. Please send any feedback to info@podiacare.co.uk.

HOW TO ORDER

To supply your order we need the following:

- i **Your Unique Account Number** (For non-members a Unique Number will be issued on your Invoice for future use).
- i **Your Name**
- i **Your Invoice Address and your Delivery Address** (only if different from the Invoice address). Please note that goods will not be left unsigned for unless prior instructions are given to Podiacare Healthcare to leave in a secure location at time of placing the order. The courier company will only accept alternate delivery instructions from their customer, Podiacare Healthcare, not a third party.
- i **Your Cheque or your full Credit/Debit Card details**, (We respectfully ask that you double check that you have completed your cheque or credit card details correctly and in full before submitting your order). Please include the 3 digit security code on the reverse of your card (these can be found on the signature strip and are the last 3 digits of the printed number).
- i The Product **CODE**, a short **DESCRIPTION** and the **QUANTITY** of the Product you wish to order.

Failure to supply any of the above will result in a delay in processing your order.

PH Coded Products are available only to qualified Practitioners who have qualified through the SMAE Institute or hold a HCPC registration number.

Stock Availability:

NS denotes a non-stock item. Please allow up to 21 days for delivery.

METHODS OF ORDERING:

By web: www.podiacare.co.uk

By telephone: **01628 632 449**
Bank Holidays Excluded

By answerphone: **01628 637 625**
24 hour answer phone cleared
at 8am daily Monday to Friday

By post: Complete the PODIACARE order form and Payment details and return to:
Podiacare Healthcare
The New Hall, 149 Bath Road, Maidenhead
Berkshire SL6 4LA

Visit our shop: Situated next to the car park at The New Hall
(8.00am - 5.00pm)

Urgent Next Day Delivery: Place your order before 11.00am for next day delivery (Available Mon-Thurs, excluding Bank Holidays).
Next day deliveries incur carriage charge of £9.00 (added to your order).

If you have any queries or questions relating to your order you may contact us by e-mail at orders@podiacare.co.uk

Please note: We do not operate on a Sale or Return basis.

Sales & Marketing Office

Podiacare Healthcare (Podiacare Ltd.)
The New Hall, 149 Bath Road, Maidenhead, Berkshire SL6 4LA

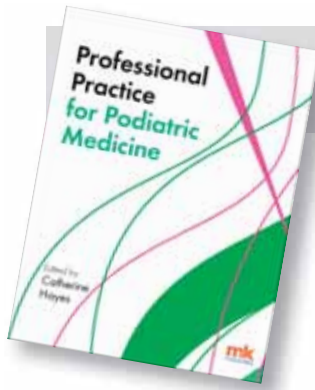
Registered Office

75 Mutley Plain, Plymouth, PL4 6JJ

Follow us:  @Podiacare  Podiacare Healthcare

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Professional Practice for Podiatric Medicine

B1501 - £25.99

Pages:
114

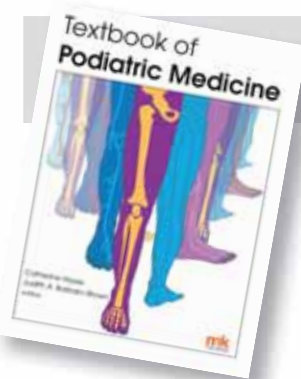
NEW

Professional Practice for Podiatric Medicine provides an overview of the challenges facing podiatric clinicians in the United Kingdom. The notion of professionalism and the constructs that underpin service delivery are of increasing concern in the current healthcare climate. The topics covered in this text are timely and relevant to new and current clinicians. Podiatry has undergone many changes over the last two decades, and the foremost change has been an increasing emphasis on professionalism in clinical practice. In this book, several experienced podiatric practitioners and healthcare educators contribute chapters on different aspects of podiatry. Principles of leadership and management (which impact on individual career paths) are discussed, alongside the processes of appraisal, work loading and continuing professional development that will shape the future of podiatry.

Contents include:

- | | |
|---|--|
| <ul style="list-style-type: none"> <ul style="list-style-type: none"> Professional Identity Clinical Professional Practice Mentorship for Podiatric Practice Healthcare Organisations and Podiatry | <ul style="list-style-type: none"> <ul style="list-style-type: none"> Management and Leadership for Podiatry Building Strategic Curricula in Podiatric Medicine Human Factors and Critical Reflexivity in Podiatric Practice |
|---|--|

Edited by Dr Catherine Hayes



Textbook of Podiatric Medicine

B1506 - £72.99

Pages:
583

NEW

This landmark publication offers a single source of reference for the structural and functional capacity of all major body systems. It also provides an insight into the social complexities of working with patients, their families and carers in everyday clinical practice. In adopting this holistic approach to patient care, this text is the first in the discipline to integrate sociological perspectives, public health education and the complexities of mental illness with traditional chapters on human anatomy and physiology.

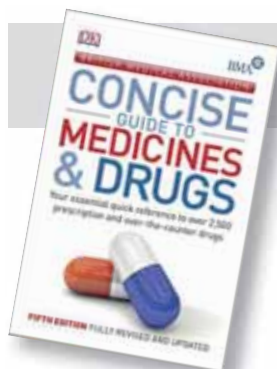
Edited and authored by an international team of experts on podiatric medicine, science and health, and utilising the latest research, this comprehensive textbook is destined to become a seminal text for the next generation of podiatrists, both as students and as healthcare professionals.

Contents include:

- | | |
|--|--|
| <ul style="list-style-type: none"> The cardiovascular system • The peripheral vascular system The respiratory system • The neurological system The musculoskeletal system • The renal system The hepatic system • Immunology Inflammatory response and healing • Clinical consultation Infection control and infection control in podiatric medicine Diabetes • Rheumatology Neurology • Dermatology | <ul style="list-style-type: none"> Tissue viability and the management of chronic wounds Local analgesia • Understanding complex mental illness Gerontology • Sociological perspectives in healthcare Health promotion for podiatric practice • Biomechanics and kinesiology Podopaediatrics • Sports injuries in the lower limb An introduction to evidence-based practice and research Medicines and podiatric practice |
|--|--|

Editors: Dr Catherine Hayes, PhD, MEd, MSc, DPodM, PGCE, FFPM RCPS (Glasg), FCPodMed, (Hon) FFPH, CSci, SFHEA, FRSA, Reader, University of Sunderland, UK

Judith Barbaro-Brown, MSc, PGDip, PGCE, BSc(Hons), BA(Hons), DPodM, MChS, Head of Curriculum and Progression, Durham University, UK



BMA Concise Guide to Medicines & Drugs 5e

B1602 - £9.99

Pages:
480

BEST
SELLER

Find out what you're taking with the *BMA Concise Guide to Medicine and Drugs*, the quick reference guide to more than 2,500 prescription and over-the-counter drugs from Britain's leading medical authority, the BMA.

Jargon-free and easy-to-follow, get all the vital information you need on today's drugs fast. Learn how they work, what they treat, their risks, benefits and side effects, and how to use them safely and effectively. Plus find detailed descriptions and facts on 278 commonly used medicines including the latest on travel immunisations.

The *BMA Concise Guide to Medicine and Drugs* is perfect for when you're off to the chemist or doctor.

Clinical Biomechanics of the Lower Extremities

B1630 - £71.99

Pages:
528



Clinical Biomechanics of the Lower Extremities is a comprehensive text addressing the principles of anatomic and biomechanical development and the clinical application of these principles to disease/disorder management. The emphasis of the book is on practical information applicable to the daily practice of lower extremity care. Topics covered include: the physical examination and the assessment of disorders having a biomechanical basis, casting techniques, prescription writing, orthotic trouble-shooting, splinting and shoe prescription for athletic activity.

Valmassy

Clinical Medicine 9e

B1573 - £49.99 Kumar & Clark

Pages:
1456



The ninth edition of this best-selling textbook of clinical medicine builds even further on its formidable, prize-winning formula of excellence, comprehensiveness and accessibility.

New to this edition:

- j 2 new chapters: Global Health and Women's Health.
- j 25 new authors.
- j New online editor, Adam Feather, with a team of young doctors to augment the e-book which accompanies the print book with clinical tips, key learning points, drug tips, learning challenges, case studies and MCQs.
- j Full text redesign to incorporate:

New system overview diagrams for clinical chapters.

New coloured headings to help identify content relating to disease, management, investigations etc.

New icons to aid text navigation.

11 new members and a new co-editor, Senaka Rajapakse, of the International Advisory Board.

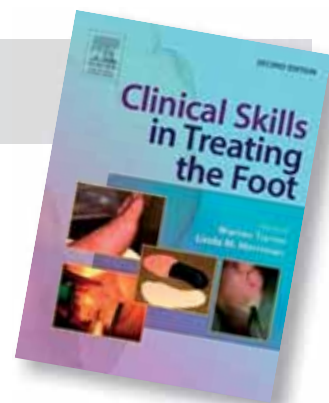
Approx. 1040 illustrations (860 in full colour)

Edited by Parveen Kumar, CBE, BSc, MD, DM (HC), FRCP, FRCP(Edin) and Michael L Clark, MD, FRCP

Clinical Skills in Treating the Foot 2e

B1620 - £49.99

Pages:
496



A textbook for students and others that looks at the treatment options for foot problems, how the appropriate selections should be made and how they should be incorporated into the management of the affected patient. This eagerly awaited new edition of *Clinical Skills in Treating the Foot* has been revised and updated with the needs of a broad range of health professionals in mind. For anyone treating patients with foot disorders, *Clinical Skills in Treating the Foot* will provide invaluable support through three key areas. The text is in 3 main sections: the essential principles of managing foot disorders; methods for managing foot conditions; and the management of specific client groups. Logical and clear text structure makes it easy to use for both clinical reference and student revision.

Turner & Merriman

Color Atlas of Foot and Ankle Anatomy 4e

B1500 - £45.99

Pages:
160



Phenomenal images of dissections, osteology, and radiographic and surface anatomy provide you with a perfect grasp of lower limb structures. You'll have an unmatched view of muscles, nerves, skeletal structures, blood supply, and more, plus new, expanded coverage of regional anesthesia injection sites and lymphatic drainage. Unlike the images found in most other references, all of these illustrations are shown at life size to ensure optimal visual comprehension.

McMinn



Davidson's Principles and Practice of Medicine 22e

B1562 - £49.99



More than two million medical students, doctors and other health professionals from around the globe have owned a copy of *Davidson's Principles and Practice of Medicine* since it was first published. Today's readers rely on this beautifully illustrated text to provide up-to-date detail of contemporary medical practice, presented in a style that is concise and yet easy to read. *Davidson's* provides the factual knowledge required to practise medicine, explaining it in the context of underlying principles, basic science and research evidence, and shows how to apply this knowledge to the management of patients who present with problems rather than specific diseases. The book has won numerous prizes including being highly commended in the British Medical Association book awards.

Davidson's global perspective is enhanced by the input of an international team of authors and a distinguished International Advisory Board from 17 countries. Building on the foundations laid down by its original editor, Davidson's remains one of the world's leading and most respected textbooks of medicine.

Approx. 1015 illustrations (825 in full colour)

Edited by Brian R. Walker, BSc MD FRCPE FRSE, Nicki R Colledge, BSc (Hons) FRCPE, Stuart H. Ralston, MD FRCP FMedSci FRSE and Ian Penman, BSc MD FRCPE

Colledge & Walker & Ralston



Dermatology at a Glance

B2318 - £25.99



Following the familiar and easy-to-use at a Glance format, this brand new title provides a highly illustrated and accessible introduction to the structure and function of skin. It is the ideal guide for any medical student required to interview and examine patients, identify skin diseases, and develop a differential diagnosis and a treatment plan. Each chapter covers the epidemiology and pathogenesis of the disease, as well as presentations likely to be encountered in both clinical practice and exams.

Dermatology at a Glance:

- Is comprehensively illustrated throughout with over 300 high quality colour slides and photographs.
- Covers the key aspects of the British Association of Dermatologists core curriculum.
- Includes 'Key points' and 'Warnings'.
- Features a self-assessment 'picture quiz' to help test learning and recognition, in preparation for dermatology tests.
- Includes a companion website at www.ataglanceseries.com/dermatology featuring self-assessment case studies, key point revision documents, and an image bank from the book.

The descriptive diagrams and photographs, coupled with clear explanations, will help all medical students and health professionals get to grips with the identification and treatment of all of the most common skin diseases.

Chowdhury, Katugampola, Finlay



Dermatology Essentials

B2319 - £38.99



Dermatology Essentials, edited by world authorities Drs. Jean L. Bolognia, Julie V. Schaffer, Karynne O. Duncan, and Christine J. Ko, provides the **quick answers** you need on every important aspect of dermatology and guidance on their **application in your day-to-day practice**. Derived from the renowned authoritative reference work *Dermatology, 3rd Edition*, this **on-the-go reference** distills the **essential information** needed to quickly diagnose and manage a wide range of dermatologic disorders-without the need for any additional resources.

Foot and Ankle Injection Techniques, A Practical Guide, 1st Edition

B2312 - £43.99

Pages:
208



Foot and Ankle Injection Therapies provides the student and practising podiatrist with all they need to understand when, how and what to inject. To support the clinician and student, the text covers:

- j Changes in legislation.
- j The full range of injectable drugs available to the practitioner.
- j Essential information on nerve physiology, drug action, equipment, patient selection, injection techniques and many other topics.
- j A Step-by-step guide to injection techniques.
- j Useful background information in introductory chapters.
- j DVD with video clips to supplement the text.

Foot and Ankle Injection Therapies is designed with a lie-flat binding for ease of reference in the clinic. It contains many photographs and clear colour line illustrations of the techniques and underlying anatomy. Introductory chapters give useful background information, and the accompanying CD contains video clips to supplement the text. Edited by two highly respected podiatric surgeons and with contributions from other experts, Foot and Ankle Injection Therapies is a book no student or practitioner will want to be without.

Metcalfe & Reilly

Handbook of Diabetes 4e

B2261 - £59.50

Pages:
248



Over three editions, the *Handbook of Diabetes* has built a reputation as an essential practical manual on the assessment and management of patients with diabetes. Previously written by Gareth Williams and John Pickup, the book has been completely revised by Rudy Bilous and Richard Donnelly to reflect recent changes in diabetes treatment and care. It contains information on the new IFCC units for measuring blood glucose and the latest drugs being used to combat diabetes, as well as alternative methods of insulin delivery.

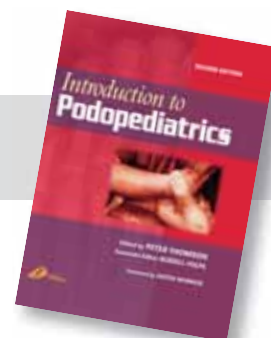
The book has been fully updated and redesigned to make it even more user-friendly and contains case histories, practice points and landmark clinical trials, highlighted in colour in each chapter where appropriate. It also features an entirely new set of clinical photographs with an added bonus of all 250 images from the book available to view on the companion CD. The *Handbook of Diabetes* is the ideal practical handbook for all health professionals with an interest in diabetes care.

Bilous & Donnelly

Introduction to Podopediatrics 2e

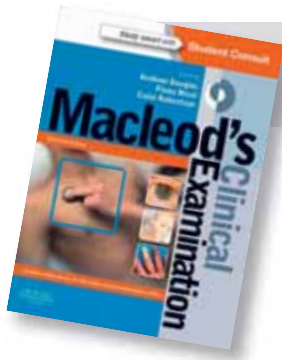
B1590 - £48.99

Pages:
408



A concise but comprehensive introduction to the effective care of foot problems in children. Including coverage of the general specialist and medical conditions which may influence the course of the podiatric treatment. Written by a multidisciplinary international team of contributors under the editorship of a UK practitioner and an American educator and practitioner - both podiatrists.

Thomson



Macleod's Clinical Examination 13e

B2222 - £39.99

Pages:
472

This classic textbook sets out clearly and concisely how to evaluate symptoms and elicit relevant physical signs. It describes the practical skills which every clinician must acquire and develop in order to evolve diagnostic procedures and management strategies and plans. 'Highly Commended' in the 2006 and 2010 BMA Medical Book Competitions, this Thirteenth Edition contains over 500 clinical photographs and diagrams to illustrate the text, with new topics added to make the book even more comprehensive.

This Thirteenth Edition has four sections:

- ┆ History taking and general examination.
- ┆ System examination covering symptoms and signs.
- ┆ Examination in special situations including babies & children and the critically ill.
- ┆ Assessing clinical examination technique.

Included on the Student Consult site are the specially-recorded videos demonstrating many of the clinical examination routines described in the main text.

Douglas, Nicol & Robertson



Managing the Diabetic Foot 3e

B2262 - £39.99

Pages:
240

BEST
SELLER

The 3rd edition of *Managing the Diabetic Foot* once again provides a practical, handy and accessible pocket guide to the clinical management of patients with severe feet problems associated with diabetes, such as ulcers, infections and necrosis. By focusing on the need for a speedy response to the clinical signs, it will enable doctors make rapid, effective management decisions in order to help prevent deterioration and avoid the need for eventual foot amputation.

Each chapter focuses specifically on the different stages of foot disease and the clinical management required at that particular stage, ie, the normal foot; high-risk foot, ulcerated foot, infected foot, necrotic foot and unsalvageable foot.

Full colour throughout, it will feature over 150 clinical photos, numerous hints and tips to aid rapid-reference, as well as the latest national and international guidelines on diabetic foot management.

Managing the Diabetic Foot 3E, is the ideal go-to clinical tool for all diabetes professionals, specialist diabetes nurses and podiatrists managing patients with diabetic foot problems.

Edmonds & Foster



Medical Pharmacology and Therapeutics 4e

B2314 - £44.99

Pages:
744

The fourth edition of *Medical Pharmacology and Therapeutics* provides a complete basis for learning about safe and effective prescribing of modern medicines. It offers all the pharmacology medical students will need - from basic science pharmacology and pathophysiology, through to clinical pharmacology and therapeutics, in line with today's integrated curricula. The disease-based approach and clear presentation of how drugs are used in clinical practice sets it apart from other texts and helps make it such an invaluable guide for all health professionals from the start of their course until after they have qualified.

This new edition has been extensively revised and updated throughout.

Key features include:

- ┆ Succinct explanations of the major pathogenic mechanisms of each disease and consequent clinical signs and symptoms
- ┆ Comprehensive reviews of major drug classes relevant to each disease
- ┆ A structured approach to the principles of disease management - outlining core principles of drug choice and planning a therapeutic regimen for common diseases
- ┆ Quick-reference drug compendia, which illustrate key similarities and differences among drugs in each class
- ┆ New sections on key and evolving topics, including headache and drug treatment in palliative care
- ┆ Re-worked art programme to further clarify complex areas
- ┆ Fully revised self-assessment questions and case-based exercises - to test understanding and aid revision

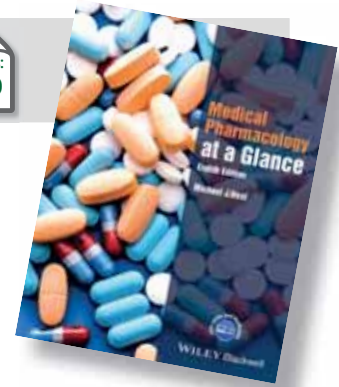
Approx. 156 illustrations (150 in full colour)

By Derek G. Waller, BSc, DM, MBBS, FRCP and Tony Sampson

Medical Pharmacology at a Glance 8e

B2316 - £23.99

Pages:
120



Medical Pharmacology at a Glance is recognised as an excellent starting point for pharmacology study. This international best-seller is the perfect companion for all medical and health students, providing an accessible, visual overview of pharmacology.

This 8th edition has been extensively updated, especially in the areas of anaesthetics, drugs used in AIDs, cardiovascular drugs, drugs used in anxiety, depression and schizophrenia, urological drugs, drug metabolism, as well as practical concerns such as drug indications and side effects.

Medical Pharmacology at a Glance features:

- ┆ The basic principles of drug action, interaction, absorption and excretion
- ┆ Chapters based on diseases or syndrome, for efficient clinical learning
- ┆ An emphasis on drug mechanisms
- ┆ References to the pathophysiology of disease, to aid understanding of drug choice and action
- ┆ Case studies with questions and full explanation of answers
- ┆ A companion website at www.ataglanceseries.com/pharmacology featuring online cases and flashcards

Michael J. Neal

Merriman's Assessment of the Lower Limb 3e

B2226 - £44.99

Pages:
588



Assessment of the Lower Limb has established itself through two editions as the benchmark text book of lower limb examination and assessment. The third edition preserves the lucidity, logical approach and comprehensive coverage of its predecessors but adds many exciting features, including free online resources (Videos and images), many new contributors, through updating of all chapters – many of which have been completely rewritten – and an entirely new chapter on functional assessment.

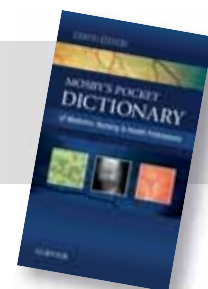
Together with its companion volume (*Clinical Skills in Treating the Foot*) the new third edition of Merriman's *Assessment of the Lower Limb* is a truly indispensable guide for podiatry students and practitioners, as well as trainee general practitioners, medical students working in rheumatology, diabetology and orthopaedics, sports therapists and sports medicine trainees.

Yates (paperback)

Mosby's Pocket Dictionary of Medicine, Nursing, and Health Professions – 8e

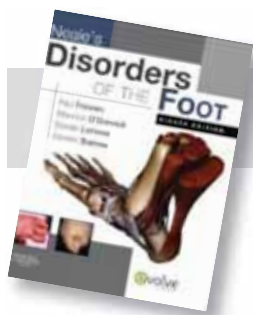
B1605 - £25.99

Pages:
1488



What does that term mean? How is it even pronounced? Make sense of the complex world of health care with *Mosby's Pocket Dictionary of Medicine, Nursing & Health Professions*, 8th Edition. This comprehensive, portable dictionary offers a unique, strong focus on nursing and health science terminology. Featuring over 56,600 authoritative definitions of diseases, procedures, equipment, drugs, and more, it ensures you have the most reliable health science information right at your fingertips. Word roots and pronunciations help you learn and correctly use medical terminology, and alphabetized screened thumb tabs make finding definitions quick and easy.

By Mosby



Neale's Disorders of the Foot – 8e

B1502 - £59.99

Pages:
648

Neale's Disorders of the Foot remains the essential resource for students and practitioners of podiatry. All the common conditions encountered in day-to-day podiatric practice are reviewed and their diagnoses and management described along with areas of related therapeutics. Students will find in this one volume everything they need to know about foot disorders and their treatment in order to pass their examinations, while practitioners will continue to appreciate the book's accessibility and relevance to their daily practice.

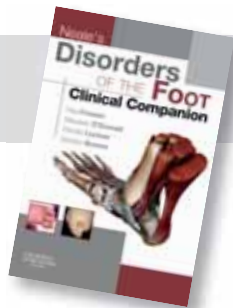
The new eighth edition is more indispensable than ever before with all contributions revised and brought up to date, colour photographs throughout, an all-new clear and accessible full colour design, and its own website including a full image library, video clips of key techniques and interactive self-assessment questions. Whether you need quick reference or more detailed information, the new and improved Neale's Disorders of the Foot is ready to serve the needs of a new generation of podiatry students and practitioners.

Key Features:

All essential material on common foot disorders and their management is covered, which is required by those studying for their first degree in podiatry.

- Quick and easy access to information is offered through a detailed contents list, comprehensive index, and clear layout with good use of headings.
 - Quick and easy learning features make this an ideal text for self-directed study and revision.
 - Up-to-date information covers the conditions most commonly encountered in day-to-day practice.

Frowen, O'Donnell, Burrow & Lorimer



Neale's Disorders of the Foot: Clinical Companion

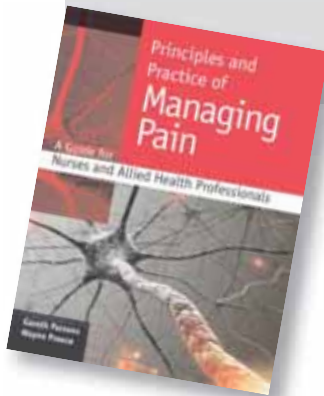
B1505 - £24.99

Pages:
344

Neale's Disorders of the Foot Clinical Companion is the essential, portable complement to the new *Neale's Disorders of the Foot 8th Edition*. It is perfect for putting key information in clinical context. Students and practitioners will love its presentation of tips and valuable treatment notes in a handy format that is easy to refer to in the clinic.

All the common conditions encountered in day-to-day podiatric practice are dealt with, and there are many algorithms for ease of use.

This *Companion* will prove to be a really valuable friend when you need rapid reference to treatment guidelines in the clinic.



Principles and Practice of Managing Pain

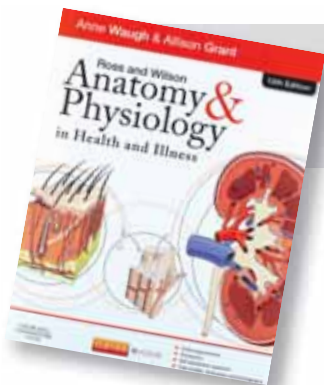
B1503 - £21.99

Pages:
216

The book also considers the experience of pain from the patients' perspective, to help healthcare students better understand the needs of patients who are in pain and how they can improve the care they give. Case studies, tools for decision making, insights on patient experiences and reflective exercises provide opportunities for you to reflect upon your own practice and to develop problem-solving and critical thinking skills. This practical introductory text provides an accessible guide to pain and how it affects patients and care giving. It considers:

- Different pain types including acute, chronic and palliative.
 - Assessing pain.
 - Treatment and pharmacology of pain control.
 - Challenging situations and dilemmas.
 - Communicating with patients in pain.
 - Ethical and legal aspects of treating pain.

Parsons & Preece



Ross and Wilson - Anatomy and Physiology in Health and Illness 12e

B1515 - £30.99

Pages:
522

Ross and Wilson has been the number one choice for over a million students since it first published, over 50 years ago. One of the world's most popular textbooks of anatomy and physiology, it introduces the structure and functions of the human body and the effects of disease or illness on normal body function. More than any other text *Ross and Wilson* uses easy-to-understand, straightforward language, enhanced by colour illustrations and a huge range of interactive online activities, to make learning more visual and engaging.

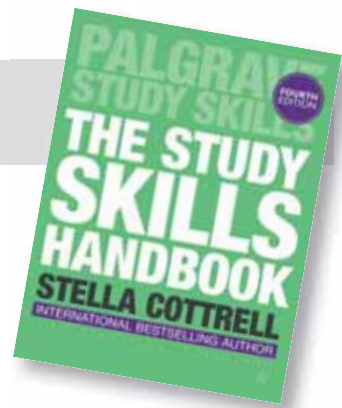
Ross and Wilson is essential reading for anyone embarking on a career as a healthcare professional, especially in the nursing and allied health professions, complementary / alternative medicine or as paramedics and ambulance technicians.

By Anne Waugh, BSc(Hons), MSc, CertEd, SRN, RNT, FHEA and Allison Grant, BSc, PhD, RGN

The Study Skills Handbook 4e

B1510 - £14.99

Pages:
360



A no-nonsense, practical guide to help students maximize their potential during their study time. From preparing students for what to expect from Higher Education, encouraging them to think about the skills they already have, providing resources to help them evaluate and manage their own learning and develop good study habits, to helping them understand how learning, intelligence and memory work. The book is packed with sensible suggestions, self-check tables and lots of illustrations. The Study Skills Handbook is an invaluable companion for any student.

Cottrell

Transforming Practice through Clinical Education, Professional Supervision and Mentoring

B1811 - £32.99

Pages:
382



This publication aims to be a user-friendly resource for supervisors to develop their practice grounded in current theory and evidence. The publication extends beyond past notions of student supervision to include supervision of professionals in their work place and the emergent importance of professional mentoring for ongoing professional development. The publication is written from the perspective of a broad range of health science practitioners, including audiology, dietetics, nursing, occupational therapy, pharmacy, physiotherapy, podiatry, prosthetics and orthotics, radiography, and speech-language pathology. Acknowledging that health science professionals work in busy and often stressful environments, there is a deliberate intention to present complex theoretical material in a simple and person-centred format.

Rose & Best

Management of Chronic Conditions in the Foot and Lower Leg

B1900 - £49.99

Pages:
272



Bridging the gap between undergraduate and postgraduate knowledge and experience, this new full colour resource uses an interdisciplinary approach to help manage chronic conditions – osteoarthritis, Achilles tendinopathy, gout, rheumatic diseases, forefoot/rearfoot entities, stress fractures/reactions, cerebral palsy - in the lower limb and foot. Each chapter includes sections on predisposing factors, diagnosis, impairments, function, quality of life and management strategies while highlighting any complex features of a condition which may present. The latest advances are discussed with suggestions for new paths of research - 'future directions'. The text is further supported by additional commentaries from internationally renowned researchers who highlight the key elements of the work and provide a supplementary perspective of the particular clinical condition. A general view of the patient's needs is offered throughout, connecting clinical realities to real-world patient experiences.

Management of Chronic Conditions in the Foot and Lower Leg is a comprehensive, practical tool that can be used to inform daily decision making in practice as well as to support those who build policy and management strategies in the clinical areas covered.

50+ Foot Challenges 2e

B2304 - £27.99

Pages:
384



The new edition retains all the benefits of the popular first edition but adds more cases, more illustrations, new sections and invaluable appendices. The same illustrated case-history format as in the first edition presents readers with the clinical problems of each disorder. In each case, a problem-solving approach is encouraged through a question-and-answer format. This guides the reader to the appropriate diagnosis and treatment plan. Clinical tips for improving practice are included and each study concludes with a short list of key points and references to further reading. All those involved in the care and management of patients with foot conditions will find this book an invaluable aide-memoire and guide to their daily practice.

By Colin Thomson, PhD, FCPod(S) and J. N. Alastair Gibson, MD, FRCS(orth)

Editions are correct at time of going to press but are subject to change without notice.

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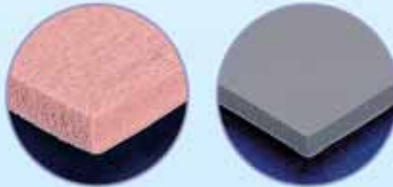


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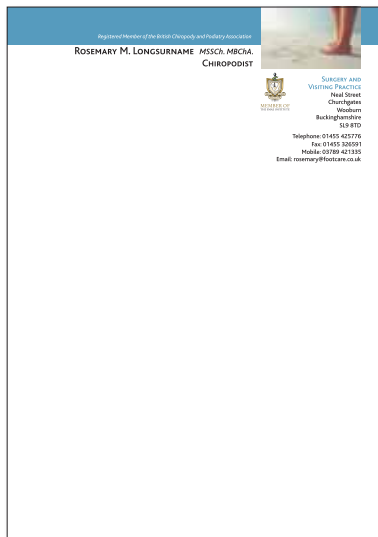
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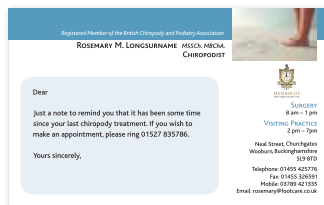
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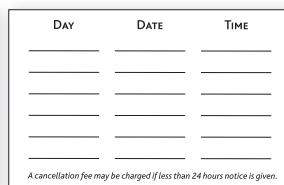
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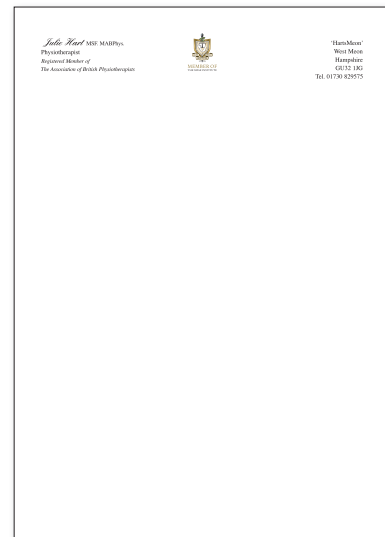
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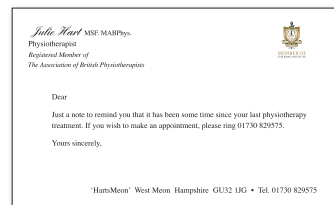
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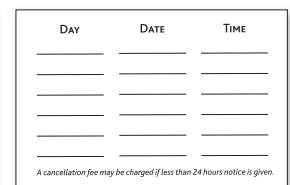
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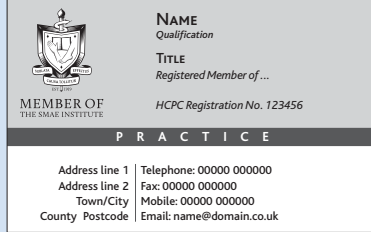


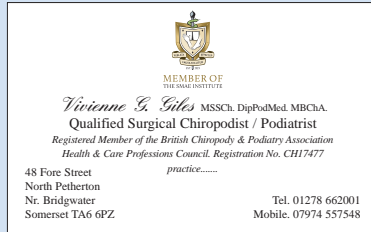
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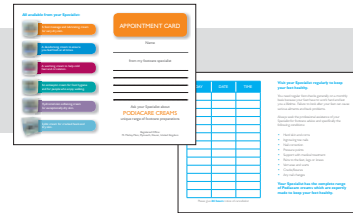
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E6021 - £105.00 Single unit, Grey
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Patient Record Cards

S4002 - £4.20 History and Treatment Record Cards
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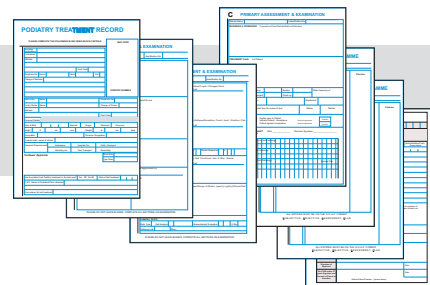
History and treatment record cards for the recording of patient, general, medical and examination information. Rear of card includes date & treatment and progress record space.

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Each pack contains approximately 100 cards
Size: 8" x 5"

Podiatry Treatment Record Set

S4120 - £7.95 50 sets
S4121 - £7.95 Set of 50 Continuation Sheets



For the detailed recording of patient general information & treatment progress.

Continuation Sheets – Used in conjunction with the treatment record set, for the continued recording of patient treatment & progress.

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Anatomy of The Ankle Joint & Foot

M6027 - £10.99 Laminated

The Anatomy of the Ankle Joint and Foot chart shows the major anatomical structures of the joint including bones, ligaments, tendons and muscles.

Size: 60cm x 42cm (A2)



Foot and Ankle

M6016 - £16.00 Laminated

Illustrates foot and ankle anatomy including bones, muscles and tendons. Shows medial, frontal, lateral, and plantar views as well as a cross section. Illustrates supination and pronation, hammertoe, bunion, sprains, fractures and fracture fixation.

Size: 67cm x 50cm



Major Nerves of the Lower Limb – Anterior view

M6040 - £9.99 Laminated

**NEW
LOWER
PRICE!**

This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the anterior aspect showing which muscles each major nerve innervates.

Size: 60cm x 42cm (A2)



Major Nerves of the Lower Limb – Posterior view

M6041 - £9.99 Laminated

**NEW
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This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the posterior aspect showing which muscles each major nerve innervates.

Size: 60cm x 42cm (A2)



Major Anterior Muscles

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This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red making the chart colourful and easy to use.

Size: 85cm x 60cm (A1)

All charts are printed on high quality 170 gsm satin paper & gloss encapsulated (laminated) to a thickness of 250 micron for durability and hygiene.

Major Posterior Muscles

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This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red, making the chart colourful and easy to use.

Size: 85cm x 60cm (A1)

Major Muscle Attachment – Anterior view

M6012 - £11.99 Laminated

NEW
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This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.

Size: 85cm x 60cm (A1)

Anatomy of the Circulatory System

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This highly detailed chart illustrates how the heart, lungs and blood vessels act as a supply system providing the body with necessary fuels and oxygen contained in the blood. All the major arteries and veins are clearly identified and named.

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Major Muscle Attachments – Posterior view

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This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.

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Origin of Cutaneous Nerves – Anterior view

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This chart illustrates the origin of cutaneous nerves on the Anterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

Size: 60cm x 42cm (A2)

Origin of Cutaneous Nerves – Posterior view

M6043 - £9.99 Laminated

NEW
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PRICE!



This chart illustrates the origin of cutaneous nerves on the Posterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

Size: 60cm x 42cm (A2)

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Bust	ins	30	31	32	34	36	38	40	42	44	46	48	50	52	54	56	58
	cm	76	79	81.5	86.5	91.5	96.5	101.5	106.5	111.5	116.5	121.5	126.5	131.5	136.5	141.5	146.5
Waist	ins	24	25	26	28	30	32	34	36	38	40	42	44	46	48	50	52
	cm	61	63.5	66	71	76	81	86	91	96	101	106	111	116	121	126	132
Hips	ins	33	34	35	37	39	41	43	45	47	49	51	53	55	57	59	61
	cm	84	86.5	89	94	99	104	109	114	119	124	129	134	139	144	149	154



Ladies Slim-Leg Trousers (NS)

H4800 - £23.99

Fashion forward slim leg women's trouser, designed to co-ordinate with our tunic collection. Available in 5 classic and vibrant colours these are a must have to complete and smart and professional outfit.

- i Slim leg
- i Hook and bar waist fastening
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- i Up to 60 degrees wash
- i Sizes 6 – 28

Inside Leg:

Short (S)	29ins
Regular (R)	31ins
Tall (T)	33ins
Extra Tall (A)	36ins



Amethyst Black Charcoal Sailor Navy White

Please note colours may vary slightly to those displayed. Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



Ladies Trousers (NS)

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Flat front white trouser with back elastication for comfort. Smart sewn-in creases.

- i Zip fly with hook and bar
- i No pockets
- i Sewn-in front creases
- i Machine washable up to 60 degrees and industrially launderable
- i 210gsm 67% polyester/33% cotton
- i Also available in Sailor Navy

Inside Leg:

Short	27ins
Regular	29ins
Tall	31ins
Extra Tall	33ins

All measurements are hip measurements.



Sailor Navy White

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Ladies Long Sleeve Coat (NS)

H1500 - £24.99

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| <ul style="list-style-type: none"> ▪ Square collar with concealed stud front fastenings. ▪ Breast pockets on the left, plus two hip pockets. ▪ Long sleeves and centre back vent. | <ul style="list-style-type: none"> ▪ 67% Polyester/33% Cotton ▪ Machine Washable ▪ Length 92cm |
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Ladies Comfort Stretch Tunic

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Women's comfort stretch tunic featuring double action back and side vents for a great fit. Features open-ended concealed zip for improved infection control.

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|---|--|
| <ul style="list-style-type: none"> ▪ Concealed zip front ▪ Two hip pockets, one waterproof lined ▪ Waterproof lined chest pocket ▪ Machine washable | <ul style="list-style-type: none"> ▪ Centre back length: 74-78cm (increases with size) ▪ 210gsm 67% polyester/33% cotton |
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Please specify size required when ordering. Other sizes are available on request.

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Ladies Wrap Tunic (NS)

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Easycare fabric, flattering cut and a comfortable two-way stretch make this a popular tunic.

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Peacock Amethyst Raspberry Hot Pink Black White Red Lagoon Navy Teal Cobalt Biscuit Olive Charcoal

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Please refer to the sizing guide and measure carefully before selecting your size.

Please specify size and colour required when ordering. Other sizes are available on request.



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10 spare buttons for Ladies Wrap Tunic

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Ladies Round Collar Tunic with Navy Piping

H6000 - £24.99

BEST
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White short sleeve tunic with navy piping. Open-ended zip for improved infection control and two hip and chest pockets. Side vents and double action back pleats for comfort.

- ┆ Concealed open-ended zip front
- ┆ Two hip and chest pockets
- ┆ Double action back
- ┆ Machine washable up to 60 degrees and industrially launderable
- ┆ Centre back length 74-78cm (increases with size)
- ┆ 210gsm 67% polyester/33% cotton.

Please refer to the sizing guide and measure carefully before selecting your size.



Ladies Contrast Trim Tunic (NS)

H4801 - £24.99

NEW

Contemporary asymmetrical design with V shaped neckline and shaped contrast pocket top detail.

- ┆ Concealed zip front
- ┆ Two hip pockets with shaped contrast pocket top detail
- ┆ Double action back and vents
- ┆ 195gsm 67% polyester/33% cotton
- ┆ Centre back length 72 - 78cm (increases with size)
- ┆ Machine washable and industrially launderable
- ┆ Sizes 6-26



*Please note colours may vary slightly to those displayed

Please refer to the sizing guide and measure carefully before selecting your size.



Ladies Tunic (Zip/Buttons) (NS)

H8200 - £25.99

- ┆ 195gsm.
- ┆ 67% Polyester/33% Cotton.
- ┆ Centre front fastening.
- ┆ Side vents.
- ┆ Cap sleeves.
- ┆ 60° wash.
- ┆ Length: Graded by size.
- ┆ Sizes: 80 - 136cm (31½ - 53½ins).
- ┆ Available in white.

Please refer to the sizing guide and measure carefully before selecting your size.

Please specify size required when ordering. Other sizes are available on request.

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Menswear size guide

Alpha order size	XS	S		M		L		XL	2XL	3XL	4XL					
Chest	ins	32-34	36	38	39	41	42	44	46	49	52	56				
	cm	80-88	92-96		100-104		108-112		116	124	132	140				
Waist	ins	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54
	cm	66	71	76	81	86	91	97	102	106	112	117	122	127	132	137



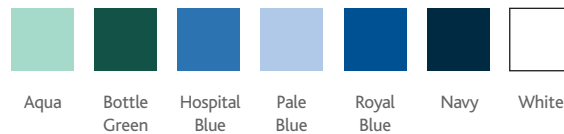
Mens Tunic with Navy Piping (NS)

H9100 - £21.99

Features double action back and vents for comfort and ease of movement and an open-ended zip front. Now available in 7 colours.

- ┆ Open ended zip front.
- ┆ Two hip pockets, one chest pen pocket.
- ┆ Machine washable.
- ┆ Back length 76 - 80cm (increases with size).
- ┆ 195gsm 67% polyester/33% cotton.

Please refer to the sizing guide and measure carefully before selecting your size. Select colour choice when ordering. (Colours may vary slightly from those shown)



Aqua Bottle Green Hospital Blue Pale Blue Royal Blue Navy White



Mens Tunic – White (NS)

H9000 - £25.99

Men's asymmetric stud front detail tunic is ideal to create a professional medical uniform. Features a half belt back and practical pockets.

- ┆ Half belt back
- ┆ Short Sleeved
- ┆ Mandarin Collar
- ┆ Left hip and chest pockets
- ┆ Back length 76cm (30inches)
- ┆ 210gsm 67% polyester/33% cotton
- ┆ Machine Washable

Please refer to the sizing guide and measure carefully before selecting your size. Select colour choice when ordering. (Colours may vary slightly from those shown)



Aqua Bottle Green Hospital Blue Pale Blue Royal Blue Navy White



Mens Long Sleeve Coat (NS)

H1000 - £21.99

Men's stud coat that offers fuller length protection Features three practical pockets with concealed stud front for a professional look. Durable polyester/cotton construction.

- ┆ Concealed stud front
- ┆ Two hip pockets, one chest pocket
- ┆ Back vent
- ┆ Machine washable and industrially launderable
- ┆ Length 100cm / 39ins
- ┆ 245gsm (210gsm white) 67% polyester/33% cotton

Please refer to the sizing guide and measure carefully before selecting your size.

NS denotes a non stock item. Please allow up to 21 days delivery.



Men's Concealed Elasticated Waist Trousers

H8900 - £20.99

NEW

Men's innovative trousers with hidden elasticated waistband - a garment that moves with you, giving you extra comfort and a great fit. Feature two hip pockets, back welted pocket and zip fly with hook and bar fastening.

- ⌋ Zip fly, hook and bar fastening
- ⌋ Two hip pockets and back welt pocket
- ⌋ Machine washable and industrially launderable
- ⌋ 195gsm 67% polyester/33% cotton
- ⌋ Available in Black or Sailor Navy

Inside Leg:

Regular (R)	31ins
Tall (T)	32ins
Extra Tall (A)	36ins

Please note colours may vary slightly to those displayed.

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



Unisex Surgical Scrub Trousers (NS)

H7100 - £14.99

Unisex scrub trousers suitable for a professional healthcare uniform. Lightweight, hardwearing and practical with one back pocket.

- ⌋ Elasticated drawstring waist
- ⌋ Machine washable and industrially launderable
- ⌋ Inside leg: Short (S) 29ins, Regular (R) 31ins, Tall (T) 33ins, Unhemmed (U) 38ins
- ⌋ 145gsm 67% polyester/33% cotton

Sizes available:

XS	: 61 – 66cm Waist
S	: 71 – 76cm Waist
M	: 81 – 86cm Waist
L	: 91 – 96cm Waist
XL	: 102 – 107cm Waist
XXL	: 112 – 117cm Waist

Please measure your waist and inside leg carefully before selecting your size.



Unisex Surgical Scrub Tunic (NS)

H7000 - £14.99

Lightweight, comfortable, quality unisex scrubs in a practical design for easy wear. With side vents for a better fit against the hip.

- ⌋ Two hip pockets, one chest pocket
- ⌋ Colour: Pale Blue
- ⌋ Side vents
- ⌋ Back length 74cm
- ⌋ Machine washable and industrially launderable
- ⌋ 145gsm 67% polyester/33% cotton

Sizes available:

XS	: 76 – 81cm Chest
S	: 86 – 91cm Chest
M	: 96 – 102cm Chest
L	: 107 – 112cm Chest
XL	: 117 – 122cm Chest
XXL	: 127 – 132cm Chest

Please measure your chest carefully before selecting your size.

Toffeln UltraClog Lite (NS)

H7820 - £38.99

Toffeln UltraLite clogs are the ultimate in comfort and function. Specially designed fit enables feet to spread naturally and soft leather insoles relieve tired soles. Flexible, anti-static and slip resistant soles. Easy-to-clean leather uppers available in a wide range of colours.



- ⌋ Easy to clean.
- ⌋ Adjustable heel strap.
- ⌋ Shock absorbent heel.
- ⌋ Clogs navy, clogs black, sizes 3-12.
- ⌋ All other clogs, sizes 3-8.
- ⌋ Unisex.



Please specify size required when ordering.

Toffeln Ezi-Klog (NS)

H0051 £34.99

With a better fit and latest styling, the slip resistant rubber outsole provides improved levels of safety. Sizes 3-12.



- ⌋ Ezi-Klog is made from our lightweight E-tech™ material that is anti-bacterial, anti-microbial and recyclable.
- ⌋ Lightweight.
- ⌋ Adjustable heel strap.
- ⌋ Closed-in heel.
- ⌋ Shock absorbing heel.
- ⌋ Side vents specially designed to prevent fluid penetration.
- ⌋ Exceeds EN 347.
- ⌋ Machine washable at 50°C.



Please specify size required when ordering.



Fob watch

H5900 - £5.85

- ⌋ Fun, bright and bendy fob watches.
- ⌋ High accuracy analogue quartz movement.
- ⌋ Gel / Silicon Rubber Housing.
- ⌋ Pin on construction.
- ⌋ Ideal for infection prevention and control.



Please specify colour required when ordering.

Dark Blue, Light Blue, Red, Black, Pink, Hot Pink, Purple, White, Dark Green, Light Green



Metal Fob Watch

H5905 - £6.20

This model is the best selling traditional metal fob watch. The watch has a highly polished silver finish and a clear mother of pearl dial. A safety catch is fitted over the pin.

Spare battery included.



NS denotes a non stock item. Please allow up to 21 days delivery.



Lightweight Domiciliary Bag

E4661 - £89.99

This lightweight bag is only 1.1kg, made from a material called Ripstop and is ideal for domiciliary work.

- ▮ Various fold down compartments
- ▮ Large central storage unit
- ▮ Lots of useful pockets, some with elastic to hold small items securely
- ▮ Sharps bin and a small separate bag included (as shown)
- ▮ Carry handles, a detachable shoulder strap and useful backpack straps for ease.

Dimensions: 52cm x 24cm x 29cm



NEW



Practitioners Domiciliary Bag

E4676 (Domiciliary bag) - £145.00

E4679 (Optional trolley) - £25.00

An attractive, professional case which is lightweight and comes with shoulder straps and backpack straps. It also comes with a matching strong tote bag suitable for small domiciliary drill or spares/accessories. (Products not included).

Maximum recommended contents weight: 5kg



Morgan Domiciliary Bag

E4660 - £45.99

Soft leather-look bag, equally suitable for those newly qualified as well as those looking for extra space to carry the essential supplies on a busy day. Small and light with many compartments, some with built in elastic/material pockets to hold individual items securely.

Dimensions: 48cm x 30cm x 27cm (L x W x H)

Weight: 1.5kg

BEST SELLER



Multy's Domiciliary Bag

E4565 - £45.00

- ▮ Black polyester soft multipurpose bag
- ▮ Great capacity main foamed space with a detachable divider
- ▮ 1 flat pocket, 2 net pockets
- ▮ 2 foamed medium capacity pockets
- ▮ Handles and shoulder strap
- ▮ Recommended contents weight: 3.5kg
- ▮ Dimensions: 34L x 20H x 20W cm
- ▮ Weight: 0.42kg empty



Chiro III Visiting Case

E4612 - £179.99

Durable PVC case with internal pullout drawer system. Combination locks and side pockets.

Dimensions: 41cm x 22cm x 32cm (L x W x H) **Weight:** 5.3kg



Jumbo Box & Spare Drawers for Chiro III Visiting Case

E4635 - £86.90

Jumbo Box – Grey insert with all drawers fitted (foam not included)

Spare Drawers

- E4630** - £2.80 1L
- E4631** - £3.20 2L
- E4632** - £4.80 1LA
- E4633** - £5.80 2LA
- E4634** - £10.60 4LA
- E4639** - £14.75 Foam Insert for Lid
- E4638** - £5.80 Drawer Foam Insert for Dropper Bottles

1L	2L	2LA
1L	2L	
1LA	4LA	
1LA	4LA	
1LA	4LA	

Gloves

Nytraguard Bluple Nitrile Powder Free Gloves

- | | |
|-----------------------------------|-----------------------------------|
| 100 Gloves per box - £4.59 | 200 Gloves per box - £7.10 |
| M1300 Extra Small | M4604 Extra Small |
| M1301 Small | M4605 Small |
| M1302 Medium | M4606 Medium |
| M1303 Large | M4607 Large |
| M1304 Extra Large | M4608 Extra Large |

NEW RANGE LOWER PRICE!



Nitrile is rapidly becoming the material of choice for many FHP's and Podiatrists as it has similar properties to latex, but benefits from being free of any natural rubber latex proteins.

- | | |
|--|--|
| <ul style="list-style-type: none"> ⌋ High stretch and elasticity - for superior comfort ⌋ Superior resistance to chemicals - particularly cleaning and petroleum based solvents ⌋ Strong and durable - excellent puncture resistance ⌋ Fingertip textured - for added finger grip with smoother palms for patient comfort ⌋ Excellent barrier protection - effective against all biological organisms | <ul style="list-style-type: none"> ⌋ Latex free - free from natural rubber latex proteins ⌋ Super low dermatitis risk - accelerator and sulphur free variant for a chemically pure glove ⌋ Easy donning - inside of glove specially treated for ease of donning ⌋ Powder free ⌋ Choose 100 or 200 gloves per box. |
|--|--|

Vinoguard Essentials Powder Free Clear Vinyl Gloves - £3.59

- M4580** Small
- M4581** Medium
- M4582** Large

NEW RANGE LOWER PRICE!



Vinyl is a synthetic polymer, more commonly known as polyvinyl chloride (PVC). Vinyl gloves are a low cost option for minimal risk tasks, as they are of lower performance than nitrile and latex gloves.

The Vinoguard® range comply fully with The Medical Devices Directive, and may, therefore be used for medical examination purposes, as well as general purpose tasks.

- | | |
|---|--|
| <ul style="list-style-type: none"> ⌋ Smooth finish - silky finish either wet or dry, ideal for washing patients and fragile skin ⌋ Regulatory compliance - medical grade and minimal risk PPE, for low-risk tasks ⌋ Cost effective - low cost, suitable for general purpose and patient care tasks | <ul style="list-style-type: none"> ⌋ Low elasticity - looser fit, but strong enough to prevent ripping on donning ⌋ Latex free - to prevent Type I (natural rubber latex) allergies ⌋ Barrier protection - basic protection against biological organisms ⌋ Powder free ⌋ 100 Gloves per box |
|---|--|

Cyraguard Essentials High Dexterity Latex Powder Free Gloves - £4.45

- M4500** Small
- M4501** Medium
- M4502** Large

NEW RANGE LOWER PRICE!



Cyraguard® Essentials is a regular gauge high quality latex glove, for increased sensitivity of touch and comfort. Stringently tested and approved for medical examinations, this versatile glove offers a lower cost latex glove for a wide range of clinical and general purpose tasks. A high quality latex glove that enhances dexterity and sensitivity when in use.

- | | |
|---|--|
| <ul style="list-style-type: none"> ⌋ Regular construction - provides the ultimate in sensitivity ⌋ Ultimate stretch - for the ultimate in comfort and fit ⌋ Medium durability - for tear and puncture resistance ⌋ Maximum biological resistance - for best protection ⌋ High grip - naturally grippy material | <ul style="list-style-type: none"> ⌋ Easy donning - for speed and convenience ⌋ Advanced manufacturing - minimises free natural rubber latex proteins ⌋ Powder free - convenience & reduced natural rubber latex allergy risk ⌋ Colour – cream ⌋ 100 gloves per box |
|---|--|

Clinic Nitrile Superlight Gloves - £7.30

- M9016** Xtra Small
- M9017** Small
- M9018** Medium
- M9019** Large
- M9020** Extra Large



Box of 200 (180 in XL size) Fantastic Value, High Quality Nitrile Gloves

In our trials, feedback received stated: '...really are super-light - They improve the ability to feel the patient's foot but with no compromise to treatment, efficacy or infection control'.



Nutouch 1.5 Blue 9 Newton Nitrile Powder Free Exam Gloves - £4.99

- M9012 Small
- M9013 Medium
- M9014 Large

- A higher grade soft 9 Newton nitrile glove.
- Excellent quality glove with textured fingers for maximum grip, suitable for a wide variety of medical applications.
- Offers a latex free alternative suitable for latex allergy sufferers.
- 100 gloves per box.



Nutouch 1.5 Clear Vinyl Powder Free Gloves - £3.99

- M9031 Xtra Small
- M9032 Small
- M9033 Medium
- M9034 Large

- Contains no natural rubber latex and offers extra protection against certain chemicals.
- 100% Latex free – 100% polyvinyl chloride.
 - 100 gloves per box.



Nutouch 1.5 Latex Powder Free Exam Glove - £4.75

- M9021 Extra Small
- M9022 Small
- M9023 Medium
- M9024 Large
- M9025 Extra Large

- A high quality latex glove that enhances dexterity and sensitivity when in use.
- Textured fingers and palms for enhanced grip.
- Protein levels are less than 50 micrograms per gram, lowering the incidence of allergic reaction.
- 100 gloves per box.



Nutouch 1.5 Blue Sensitive Nitrile Powder Free Gloves - £7.20

- M9002 Small
- M9003 Medium
- M9004 Large

- Specifically designed to provide a supple thin film barrier that enhances dexterity and sensitivity.
- Combines a latex-like feel with the benefits of nitrile.
- Contains no natural rubber latex, perfect for latex allergy sufferers.
- Beaded cuff to aid donning.
- 200 gloves per box. Excellent value when compared to boxes of 100 gloves.



Latex Powder Free Sterile Surgical Gloves

M4508 – M4513 - £32.50. 100 gloves per box

Micro roughened surgical gloves. Gel coated for enhanced donning. Superior tactile sensitivity. Soft flexible feel.

Code	Size	Palm width (mm)	Length (mm)
M4508	6	77 +/- 5	Min. 275
M4509	6.5	83 +/- 5	Min. 280
M4510	7	89 +/- 5	Min. 280
M4511	7.5	95 +/- 5	Min. 285
M4512	8	102 +/- 6	Min. 285
M4513	8.5	108 +/- 6	Min. 285

Protective Clothing



Surgical Drape

M4005 - £1.20 Single

Sterile surgical drape with Ø5cm adhesive fenestration, an essential item for minor surgical procedures.

Size: 60cm x 50cm



Disposable Apron

M4600 - £2.99 Pack of 100

Premium White Polythene aprons in an easy to use dispenser pack, providing a high level of hygiene and suitable for many applications.

Size: 27" x 42"



Extra Filtration Face Mask

M5010 - £1.35 Single

The ultimate solution for both comfort and protection. The masks protection exceeds EN149 Standard. Suitable for personal protection in both clinical and domiciliary settings.



Face Mask (Ear Loop)

M5053 - £0.85 Pack of 10

M5053-50 - £3.25 Box of 50 **£ SAVER**

Nuguard Earloop facemasks are highly comfortable, light and breathable. Made with an integral nose bridge that conforms to the contours of your face. Suitable for general medical, veterinary or surgical use providing protection against airborne germs and infection.

- j Fibreglass free.
- j Blue in colour.
- j Latex free, reducing the risk of associated allergies (including elasticated ear loops).
- j Economical, light and breathable.
- j 3ply filter construction, type II - filtration efficiency exceeds 98% (meltblown filter).
- j Non sterile.
- j Non-woven inner layer.
- j Produced to EN14683 specifications.

**BEST
SELLER**



Face Mask

M5058 - £0.90 Pack of 10

M5058-50 - £4.00 Box of 50 **£ SAVER**

Preformed facemask with elasticated headband, covering the nose and mouth.

- j General purpose protection against non-toxic nuisance large particles.
- j Strong and robust.



Protex Face Mask

M5062 - £3.90 Pack of 2

Two General Purpose Disposable Dust Respirators

This slim lightweight design protects against particulate dusts, fumes and pollens. The advanced filtration system is at least 90% effective against fine dusts. The fold flat design fits the contours of the face and is comfortable to wear over a long period.

- j Filtering facepiece Respirator EN149:2001, A1:2009 FFP2 NR
- j 100% cotton inner lining
- j Hand Shaped and Sewn



Boston Safety Eye Shield

M5077 - £2.50

Clear safety glasses that may be worn over spectacles.

- ┆ Wraparound clear visitors spectacle.
- ┆ Polycarbonate lens.
- ┆ Ventilated side arms.
- ┆ Low impact and 99.9% UV protectec.
- ┆ Width 157mm.
- ┆ Conforms to EN166 and ANSI Z87.1.



Vegas Safety Eye Shield

M5078 - £3.00

Safety glasses. Not suitable for wearing over spectacles.

- ┆ Ultra lightweight
- ┆ Polycarbonate Wrap around lens.
- ┆ Low impact & 99.9% UV protected.
- ┆ Sleek contoured shape.
- ┆ Scratch resistant.
- ┆ One piece side arm.
- ┆ Conforms to EN166 -1F

NEW

Skin Disinfectants



CHLORHEXIDINE 0.5% in Ethanol 70% Pink

P4530 - £5.49 600ml Refill
 P4531 - £2.99 200ml Spray Bottle

Chlorex Pink – A skin preparation for rapid disinfection which provides reassuring protection for personal skin hygiene.

Available as a 600ml refill or 200ml spray bottle.

NEW



PRE-MIXED - CHLORHEXIDINE 2% in 70% IPA 500ML in a 600ml bottle

P4400 - £8.49

This product is a fast acting skin disinfectant and is effective against a wide range of bacteria, yeasts and viruses.

Chlorhexidine 2% is a biocide and not indicated for therapeutic application.

- ┆ For general skin disinfection for hygiene purposes only
- ┆ chlorhexidine Gluconate 2% w/v in Isopropyl 70% v/v combining immediate and sustained effect to prevent microbial re-growth
- ┆ Broad efficacy spectrum (incl.bacteria. MRSA, yeasts and enveloped viruses)



Hospiguard Alcohol Hand Rub

- P4460** - £3.99 500ml Pump Bottle
- P4462** - £1.35 60ml
- P4463** - £0.80 Retractable clip for 60ml

With Aloe Vera, Skin Conditioners and Moisturisers

- Powerfully Effective: Independently tested to European and British Standards EN1500, EN13727, EN12504 and EN 14476.
 - Effective against bacteria and viruses.
 - User Friendly: Contains ALOE VERA and cosmetic grade skin conditioners (emollients) to safeguard users hands and reduce the likelihood of irritation and sensitisation.
 - Dermatologically Tested: Product has been dermatologically tested to be proven safe and kind to skin.
 - Superior cleansing & disinfection action: Proven to be fast acting.
 - Environmentally friendly: Proven by independent audits to be non-toxic, biodegradable and non-accumulative in the eco system.
 - High Alcohol Levels: Product contains 85% (w/w) of Alcohol.
 - Non Sticky & Quick Drying: Encouraging healthcare professionals and visitors to more regularly clean and sanitise their hands.

500ml pump bottle and 60ml hand gel available



Desderman Pure Alcohol Gel

- P4563** - £1.50 60ml
- P4565** - £1.35 Retractable Belt Clip for 60ml
- P4406** - £6.15 500ml
- P4407** - £8.95 1 Litre

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 90 seconds.

- Easy and ready to use
 - Quick drying without leaving a sticky residue
 - Kills Norovirus in 15 seconds
 - Hygienic disinfection in 30 seconds
 - Surgical disinfection in 90 seconds
- Contains balanced emollients meaning frequent use will not dry out your skin
 - Colour and perfume free to reduce allergic and skin irritation

Buy with our Retractable Belt Clip P4565



Desderman® Pure Liquid

- P4405** - £6.15 500ml
- P4410** - £8.95 1 Litre

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 30 seconds (hygienic) & 3 minutes (Surgical).

- Colour and perfume free.
 - Excellent efficacy and increased skin compatibility.
 - Balanced emollient ingredients protects against irritation and dryness.
- Effective against bacteria. (Tb, MRSA, VRE), fungi and viruses (inc. HBV, HCV, HIV, Polio, Herpes simplex, Adeno, Rota and vaccinia virus) in 90 seconds.
 - Suitable for frequent use.



Elbow Dispenser

- P4504** - £36.50

Wall mounted dispenser for 500ml and 1 litre bottles. Significantly reducing the risk of cross-contamination via hands. To be used in conjunction with (P4406 & P4407 Pure Gel).



Esmantan Wash Lotion

P4603 - £2.75 500ml

Deep cleansing wash lotion for regular use in clinical and medical environments. Gentle soap-free wash lotion designed for washing prior to surgical practice.

- i Balanced emollient ingredients protect against irritation and dryness
- i PH Neutral and soap free
- i Preserves the acidic protective layer of the skin
- i Suitable for all skin types
- i Fresh smell and pleasant colour for a cosmetic feel
- i Contains allantoin



Clinell Universal Wipes

D5586 - £2.20 Pack of 50

D5587 - £6.35 Pack of 200

Clinell Universal Wipes provide a single, product to clean and disinfect hands, surfaces and equipment. Containing a unique, patented antimicrobial formula they can be used as a disinfectant, detergent and hand wipe - replacing the need for multiple wipes and surface cleaners. Proven to kill at least 99.999% of germs - Clinell Universal Wipes are one of the most effective antimicrobial products on the market.



Surgical Spirit

P4500 - £2.25 200ml

Surgical spirit is a solution of ethanol, methanol and some other ingredients. The important application of surgical spirit is to disinfect small cuts and for sterilising and hardening the skin. It can also be used to clean surgical instruments.

Surgical spirit works against bacteria, virus and fungus.

NEW



Readiwipes Wet - Skin Cleansing Wipes

D5569 - £5.95 Tub - 200 wipes

Readiwipes Wet - Skin Cleansing Wipes are highly effective wipes that can be used as a convenient and efficient method of cleansing, which is gentle to the skin. These medium sized wipes are made from a strong and durable non-woven material to ensure they retain their integrity during use and are highly absorbent with good liquid retention properties so they stay wet to the touch during use.

The special formula is designed to thoroughly cleanse the skin and has an added skin softener with a pleasant fragrance. Readiwipes Wet Skin Cleansing Wipes are supplied in a handy dispensing pack with re-sealable flip top lid.

BEST SELLER



Kodan Wipes

P4560 - £8.49

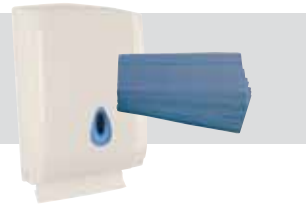
Ready-to-use disinfection wipes for antimicrobial treatment of limited skin areas as well as for disinfection of non-medical surfaces.

- i Easy and ready to use, dries quickly.
- i Great for domiciliary visits or clinic use.
- i Effective against bacteria, fungi and viruses (inc. HBV, HIV, Rota virus)
- i Kodan has been specially formulated to be pH balanced at 5.5

90 wipes per tub

Paper Towel Dispenser

E6050 - £14.95 Dispenser
E6055 - £1.40 Paper Towels (176/pk)



Lockable white, impact resistant ABS plastic dispenser. Standard size holding 2-3 sleeves of towels.

Waste Disposal

Clinical Waste Bags

M4599 - £7.99 10.5" x 18" approx. Pack of 200
M4540 - £3.15 11" x 17" x 26" approx. Roll of 50



Sacks for incineration and safe disposal of medical items. Yellow polythene bags.

Sharps Disposal Bins

M4400 - £2.25 Sharpsbin Mini 0.6 Litre
M4401 - £2.75 Sharpsbin 5 Litre
M4402 - £3.75 Sharpsbin 11.5 Litre



For the safe collection of contaminated sharps and hazardous waste. Provides outstanding protection against sharps and leaking fluid.

Instrument Cleaning



Gigasept Instru AF Bath

E4672 - £30.50

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

Dimensions: (W) 28cm x (H) 12.6cm x (L) 18cm

Gigasept Instru AF Solution

P4540 - £42.00 2L Solution



High performance dual action liquid concentrate for cleaning and disinfection of instruments in holding solutions.

- ┆ Effectively destroys pathogens to reduce potential contamination before sterilisation
- ┆ Effective against a range of microorganisms including HBV, HCV, HIV, TB in 15 minutes at 3% dilution
- ┆ Cost effective - 3% concentration makes 66L solution from a 2L bottle

Size: 2 Litre

Ultrasonic Cleaner Solution

E4714 - £35.10



Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.
 Dilution ratio: 1 part solution to 10 parts water.

Miscellaneous

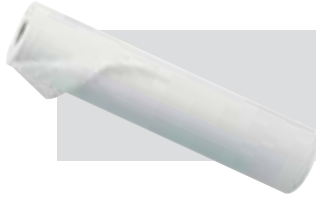


Wiper Roll

D5825 - £1.95 Single

100% recycled material, quality is guaranteed. Soft, strong, absorbent and with easy tear perforations, each roll is individually wrapped.

- ┆ Roll size: 25cm x 40m.
- ┆ Colour White
- ┆ Ideal for wiping furniture and equipment



Premium Luxury 3 Ply 20" White Couch Roll

D5822 - £3.90 Single
 D5822-12 - £42.90 Pack of 12 - **£ SAVER**

3 ply Luxury, heavyweight 100% virgin pulp white couch roll. Derived from 100% sustainable sources. Soft, strong, absorbent and with easy tear perforations. Each roll is individually wrapped and fits most dispensing systems. Ideal for where that extra quality and strength is required.

- ┆ Roll size: 50cm x 36m.
- ┆ 12 rolls per case.

MULTI-BUY OFFER: Purchase a case of 12 and pay for 11 (1 FREE Roll)



Couch Roll White/Blue

D5820 - £3.60 Single White
 D5820-9 - £28.80 Pack of 9 White - **£ SAVER**

D5821 - £3.60 Single Blue
 D5821-9 - £28.80 Pack of 9 Blue - **£ SAVER**



Our 2 Ply 20" couch rolls are our best selling, best value range!

Durable, soft and strong for patient and customer care. With a wide range of uses in a clinical environment, they feature easy to tear, perforated sheets. Their 2 ply structure increases strength, absorbency and softness. They can be used to cover a surface, or as a wipe, providing effective protection and improved hygiene and infection control.

- ┆ Hygienic cover for couches
- ┆ Strong, durable, 2 ply paper
- ┆ Dimensions 500mm x 40m
- ┆ Nine rolls per case

MULTI-BUY OFFER: Purchase a case of 9 Couch roll white or blue and pay for 8 (1 FREE Roll).



Spray Bottle

M5999 - £1.70 150ml
 M5998 - £1.75 250ml



Trigger Spray Bottle

M6000 - £1.25

500ml trigger spray bottle

Burs and Abrasive Discs

Autoclave Bur holders now available.
See page 58 for more details.

Tungsten Carbide Burs

E4730 £10.75 Tungsten	E4731 £11.95 Tungsten	E4732 £12.15 Tungsten	E4733 £10.95 Tungsten
			
Tungsten burs to work through thick nails quickly and effectively. These sleeker designs allow for finer work on thin areas of nail.		Tungsten burs to work through thick nails quickly and effectively. These broader designs are ideal for working on larger areas of nail.	

Diamond Burs

E4701 £5.60 BUR 1	E4702 £6.00 BUR 2	E4703 £6.00 BUD 1 4.0mm	E4704 £6.00 BUD 2 6.0mm	E4705 £6.00 PEAR 1 4.0mm
				
Diamond burs for effective nail burring. These thin, needle-like burs are ideal for careful work in a nail sulcus.		Diamond burs for effective nail burring. These broader burs are ideal for routine, larger nail area reduction.		

E4708 - £3.50 ROUND 1 1.0mm	E4709 - £3.50 ROUND 2 2.7mm	E4711 - £6.50 PEAR 2 6.0mm	E4712 - £8.40 Cylinder	E4715 - £10.45 Callous
				
Diamond burs for effective nail burring. These ball designs are ideal for work on subungual corns.		Diamond burs for effective nail burring. Larger head for gryphotc nails and or diffuse callus reduction.	Diamond burs for effective nail burring. Larger head for gryphotc nails and or diffuse callus reduction.	Diamond bur shaped for diffuse callous reduction.



Mandrel

E4200 - £2.80

Mandrel to fit Moore's disc.

Moore's Discs

E4210 - £2.75 7/8" Coarse

E4211 - £2.75 7/8" Medium

E4212 - £2.75 7/8" Fine

E4310 - £2.75 3/4" Coarse

E4311 - £2.75 3/4" Medium

E4312 - £2.75 3/4" Fine

E4213 - £2.75 7/8" Extra Coarse

E4214 - £2.75 3/4" Extra Coarse

Paper snap on abrasive discs.
Can be used in both wet and dry conditions.

Actual Size:

3/4"

7/8"

Diagnostics

Clip-on Aneroid Sphygmomanometer

T4660 - £14.99

- Dial clips to cuff for easy reading.
- Screw valve air release.
- Separate dial and inflation bulb.
- Adult velcro cuff.
- Supplied in storage pouch.
- 12 month warranty.



Stethoscope

T4664 - £14.99 - Diamond Stethoscope

Made to the highest specification and with a 3 year warranty. Used for listening to the various sounds of the heart, lung and organs in the human body.

The single head model consists of lightweight aluminium chest-piece, adjustable chrome plated brass binaural durable one piece molded PVC "Y" tubing and pure white ABS eartips. Providing excellent acoustic response and comfort fit. Colour may vary.

Includes:

- Black tubing
- Spare ear tips
- Foam lined box



Vibratip

E5600 - £10.25

- Uses vibration to test for peripheral neuropathy in the feet of diabetic patients
- Unlike tuning forks Vibratip is quick and easy to use
- Provides a consistent source of vibration so results are more reliable



Stethoscope

T4665 - £5.99 - Dual head Stethoscope

Used for listening to the various sounds of the heart, lung and organs in the human body.

- Quality
- Affordable
- Bell and diaphragm faces on the chest piece
- Excellent sound transmission
- Lightweight construction
- Colour may vary

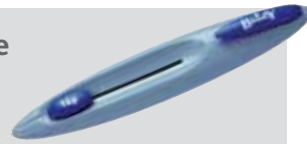


Duraban Retractable Monofilament 10g

T4562 - £13.99

The Duraban Monofilament is used for testing peripheral neuropathy in the feet of diabetic patients. It does this by applying a specific force to a point on the skin to assess the sensitivity of the skin at that point.

The Monofilament material has been carefully selected for its consistent mechanical properties over a range of environmental conditions. Unlike nylon filaments it will not absorb moisture during cleaning or from the atmosphere.



Patella Reflex Hammer

T4564 - £6.50

Stainless Steel handle with two-position head.

Designed to perform reflex tests with less effort and greater patient comfort.



Tip Therm®

T4566 - £17.50

The Tip Term® is ideal for testing temperature sensitivity. It is not dependant on a power source and is practically indestructible. It is light and portable.



128Hz Tuning Fork

T4560 - £29.99

Features

- Lightweight alloy tuning fork.
- Precision frequency balanced.
- 128Hz.



Files & Probes



Swiss File Stainless Steel

T4504 - £16.99

New to our range and ideal for both domiciliary and clinic. The Swiss File is made of stainless steel and can be sterilised (autoclavable) The abrasives are sterile, individually packed and designed for single use only. The abrasive sheets feature a high quality adhesive backing so they can be easily secured to the handle and removed after each treatment. Easy to peel off and do not leave any residue.

- ¡ No time-consuming abrasives
- ¡ Superior Hygiene
- ¡ Autoclavable handle
- ¡ Environmentally friendly
- ¡ Abrasive available in 3 grits (80 in a pack)

The abrasives are available in 3 grits to buy separately (see below) - T4505 Fine (220 grain), T4506 Medium (100 grain), T4507 Coarse (60 grain).

NEW



Swiss File Abrasive Grits

T4505 - Fine 220 grain £18.45 (pack of 80)

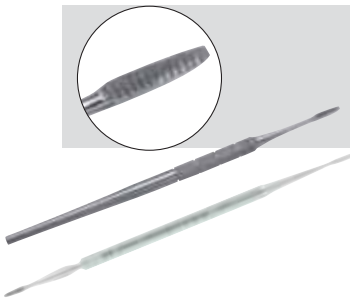
T4506 - Medium 100 grain £18.45 (pack of 80)

T4507 - Coarse 60 grain £18.45 (pack of 80)

Abrasive grits to go with our Swiss File (T4504)

The abrasives are sterile, individually packed and designed for single use only. The abrasive sheets feature a high quality adhesive backing so they can be easily secured to the handle and removed after each treatment. Easy to peel off and do not leave any residue. The abrasives are available in 3 grits - T4505 Fine (220 grain), T4506 Medium (100 grain), T4507 Coarse (60 grain) and come in packs of 80.

NEW



Black's File

T4613 - £4.50 Medium 13cm (Single Ended)

T4620 - £5.95 Extra fine 15.5cm (Double-ended)

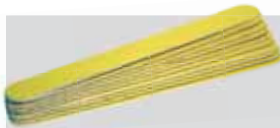
T4622 - £9.50 Black File set, Medium and Extra Fine

Now available with Extra Fine head. An abrasive head allows for the smoothing off of tightly packed/difficult to reach areas of nail. Select either medium or extra fine below or buy as a set and save money.

INTRODUCTORY OFFER: BUY BOTH FOR £9.50

(select T4622 option when ordering)

NEW

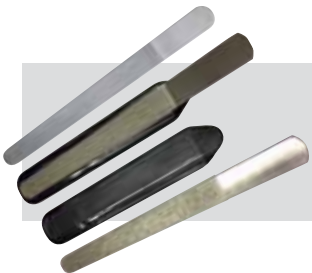


Emery boards

T4692 - £1.65 (pack of 10)

- £16.00 (pack of 100) **£ SAVER**

Quality 7" Emery Boards. Used to gently file down and shape the edges of nails. Available in packs of 10 or 100. Please state amount when placing your order.

NEW
LOWER
PRICE!

Diamond Deb Files

T4689 - £3.35 6" (15cm) Foot dresser

T4690 - £3.60 8" (20cm) Foot dresser

T4693 - £1.40 Single use 8"

Ideal for the removal of hard skin on the foot or thick toe nails.

BEST
SELLER



Economy Double Sided Foot File

T4521 - £1.10

- | 9" (23cm)
- | Plastic Handle
- | Emery Coating

This item is not autoclavable



Premium Double Sided Foot File

T4520 - £2.99

A high quality foot file, ideal for the removal of hard skin.

This item is not autoclavable

BEST
SELLER

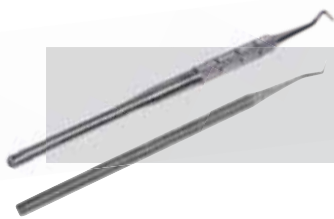


Fellowship Blacks File/Probe

T4544 - £5.95

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Double ended.

Size: 13.5cm



Nail Probe

T4612 - £4.60 - Medium

T4619 - £5.60 - Fine

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Swan neck.

Size: 12.5cm (T4612)
14cm (T4619)



Spatula Packer

T4645 - £4.85

The spatula packer allows for the larger, flatter end to be used to scoop creams from pots / tubes and apply to the required location. The smaller end can double up as a 'packer' to pack an area of tissue with a specified material. Straight, double ended.

Size: 13cm



Nail Curette – Double Ended

T4646 - £6.99

The nail curette is used for removing non-living tissue around the cuticular, cleaning under the nail and along side walls.

Size: 14cm



Nail Elevator

T4572 - £3.99

Instrument used to assist nail removal during nail surgery.

Size: 16cm (Double-Ended)

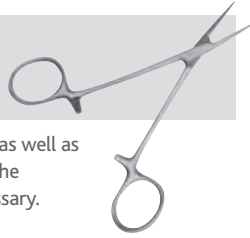
Forceps & Scissors

Mosquito Forceps

T4755 - £5.65

Forceps that are ideal for regular clinical as well as surgical use. A lockable handle provides the option of keeping them clamped if necessary. Straight head.

Size: 13cm



Dissection Forceps

T4615 - £4.30

T4621 - £4.65 Adson (Fine)

Forceps that are ideal for regular clinical as well as surgical use. Narrow and serrated.

Size: 10cm (T4615)
12cm (T4621)



Felt Scissors

T4600 - £5.95 (Straight)

Reinforced joint to tackle the deepest felts and foams effortlessly. Blunt/Sharp.

Size: 15.5cm



Dressing Scissors

T4602 - £6.49 (Straight)

Designed for dressings. Blunt/Sharp.

Size: 13cm



All Autoclavable Instruments From Podiacare are covered by a No-Quibble 5 Year Warranty (1 Year for cutting instruments)

Miscellaneous

Stainless Steel Instrument Tray

T4635 - £12.99

High quality instrument tray manufactured from durable and easy-to-clean stainless steel. Size: 20cm x 15cm x 1.8cm



Body Block

E4000 - £34.00

Bodyblock fills the gap in the market for a hygienic multidisciplinary, multipurpose support block. Its versatility is on account of different heights on each of its 4 sides creating different elevations. Simply flip it for a different height.

It can be used to support the head, legs, heels or arms and can also be used as knee spacer. It has applications within the health sector and has the advantage of making the practitioner's task easier whilst keeping the client or patient comfortable and in an optimum position. Bodyblock is made of polyurethane and is CE marked. The most practical way a bodyblock can be cleaned is with surface medical disinfectant sprays but it can also be autoclaved or put in the dishwasher. It's so light it floats like a cork, weighing only 300g, yet robust enough to elevate the heaviest limbs.



Flexible Foot Tray

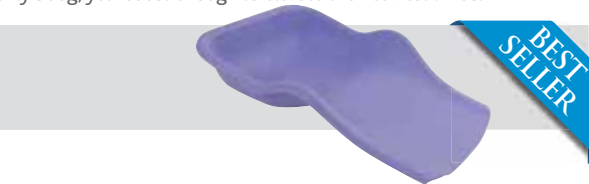
E4963 - £28.50

Silicone/flexible foot tray available in 5 fresh colours.

A hygienic solution for collecting debris. This easy to use tray is made from silicone, which makes them flexible, roll-able and unbreakable. The material always feels warm which makes it comfortable for your patients. The trays are resistant to all aggressive liquids such as acetone and alcohol. These fluids don't affect the color of the tray. The flexible tray is easy to maintain and can be cleaned with mild soap.

Size: 50cm width, 33cm length.

Available in Pink, Purple, Blue, White and Green.
Please state colour when ordering.

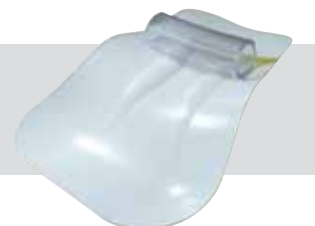


Rigid Plastic Foot Tray/Heel Block

E4960 - £28.15 Foot tray (white)

E4962 - £8.95 Heel block (Available to buy separately)

Assists in the collection of debris.



Cutters

To prolong the life of your cutters and nippers, please contact us for care instructions



Cantilever Nail Cutter

T4628 - £34.99

- i 6" (15.5cm)
- i Double Spring
- i Lock & Knurled Handles
- i Curved Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Cantilever Nail Cutter

T4650 - £34.99

- i 6" (15.5cm)
- i Double Spring
- i Lock & Knurled Handles
- i Straight Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Nail Cutter

T4644 - £14.85

- i 6" (15.5cm)
- i Double Spring
- i Knurled Handles
- i Straight Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Nail Cutter

T4752 - £16.99

- i 5.5" (14cm)
- i Double Spring
- i Lock & Diamond Knurled Handles
- i Straight Blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

BEST SELLER



Nail Cutter

T4753 - £15.99

- i 5.5" (14cm)
- i Double Spring
- i Lock & Diamond Knurled Handles
- i Curved blade



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

BEST SELLER



Nail Cutter

T4616 - £14.95

- i 5" (13cm)
- i Double Spring
- i Straight Blade (delicate)



Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

Nippers

To prolong the life of your cutters and nippers, please contact us for care instructions

Fellowship Ingrowing Nipper

T4542 - £16.99

- i 4" (10cm)
- i Double Spring
- i Knurled Handles
- i Fine Blade

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Ingrowing Nipper

T4611 - £14.99

- i 5" (13cm)
- i Double Spring
- i Knurled Handles
- i Medium

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

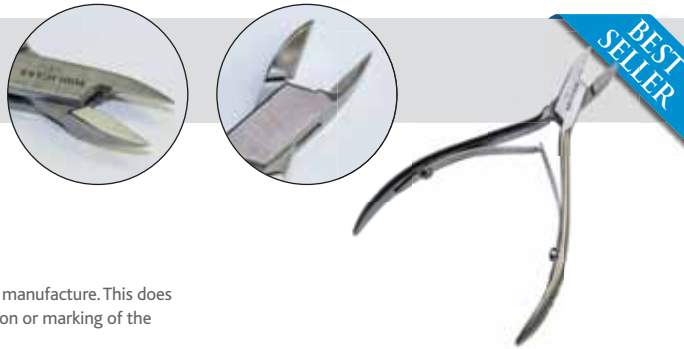


Ingrowing Nipper

T4685 - £14.99

- i 5" (13cm)
- i Double Spring
- i Knurled Handles
- i Fine

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

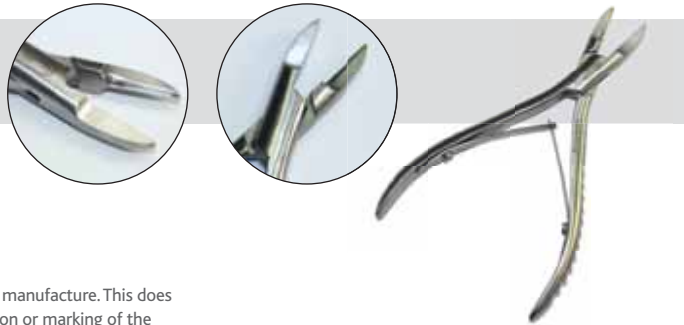


Thwaites Nipper

T4503 - £10.99

- i 5" (13cm)
- i Double Spring
- i Knurled Handles
- i Spare Spring Included

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



Premixslip Instrument Lubricant

T5000 - £4.99 - 125ml Spray Bottle

T5001 - £12.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- i Stops rusting, spotting and staining
- i Keep box locks working perfectly freely.
- i Protects sharps during autoclaving
- i Non-Oily – Non Sticky – Non Toxic, Silicone free
- i Will not interfere with steam sterilization.



Metallic Lubricating Pen

T4700 - £5.35

Easy to use dispenser.
For applying to instruments prior to autoclaving.



Scalpels & Blades

Swann-Morton®



Blade Disposal Unit

T4512 - £1.45

The Swann-Morton blade disposal unit will hold up to 100 blades, which makes it ideal for use in both standard practice, and domiciliary visits. It allows you to safely and quickly remove scalpel blades.

FREE Blade Disposal Unit with every 3 boxes of blades purchased.

BEST
SELLER

Scalpel Handle No. 3

T4516 - £2.99

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 6-16. Individually wrapped.

BEST
SELLER

Scalpel Handle No. 4

T4517 - £2.99

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 20 – 24. Individually wrapped.



Scalpel Blade Applier & Remover

T4581 - £5.99







Essential in avoiding the handling of possible contaminated blades.
Stainless steel with a lockable handle.

i 6" (15.5cm)



All surgical blades are provided in boxes of 100 individually sealed foil packs.

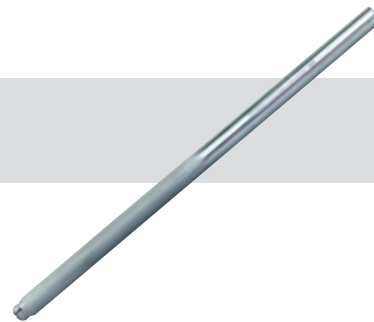
FREE Blade Disposal Unit with every 3 boxes of blades purchased.

						
	No. 10	No. 11	No. 15	No. 15C	No. 15T	No. 20
Handles	No. 3 £2.99 T4516	No. 3 £2.99 T4516	No. 3 £2.99 T4516	No.3 £2.99 T4516	No.3 £2.99 T4516	No.4 £2.99 T4517
Paragon Stainless Steel Sterile	£9.95 T4513	£9.95 T4523	-	-	£9.45 T4514	£9.75 T4515
Swann-Morton Red Carbon Steel Sterile	£8.20 T4201	-	£8.20 T4202	£8.20 T4203	£8.20 T4204	-
Swann-Morton Green Stainless Steel Sterile	£9.85 T4101	-	£9.85 T4102	-	-	-
	Ideal for large, diffuse areas of thick callus.	For broader callus areas that require a fine tip for accurate work.	Smaller blade head for fine callus work on small areas of callus.	Curved blade head for combination of callus and corn treatment.	Ideal for small, diffuse callus treatment and corn enucleation.	For very large areas of callus.

SF1 Fine Handle

T4518 - £11.85

SM61 fine blade holder. Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Swann-Morton stainless steel fine handle. Autoclavable.



SM61 Fine Blades

T4519 - £19.50 Pack of 25

Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Sometimes referred to as a 'beaver' blade this is primarily a tool used in nail surgery, but specialist use for conservative management of onychocryptosis is also possible with this blade.



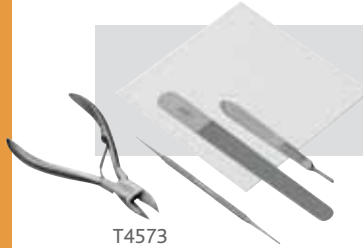
Single Use Instruments



Basic Assistant Instrument Pack

T4525 - £3.85 Single Use

- 14cm leaf spring nipper with concave blade.
- Metal foot file.
- Sterilised pack with a minimum of three years shelf life.



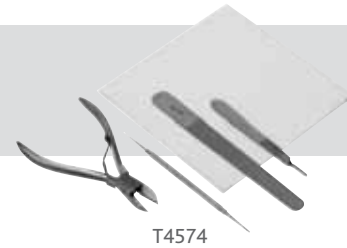
T4573

Basic Instrument Pack

T4573 - £4.89 Concave blade - Single use

T4574 - £4.89 Straight blade - Single use

- Nipper with straight or concave blade.
- Metal foot file.
- Metal No 3 scalpel handle.
- Single end blacks file.
- Sterilised pack with a minimum of three years shelf life.



T4574

BEST
SELLER



Eco Assistant Instrument Pack

T4528 - £3.85 Single Use

- 14cm leaf spring nipper with concave blade.
- Wooden foot file.
- Sterilised packs with a minimum of three years shelf life.



Eco Instrument Pack

T4575 - £4.49 Single Use

- 14cm leaf spring nipper with concave blade.
- Wooden foot file.
- FREE** Plastic scalpel with integral blade No 15 blade.
- Single end blacks file.
- Sterilised pack with a minimum of three years shelf life.

BEST
SELLER



Nail Cutter Straight Roller Spring

T4404 - £3.40 Single Use

Single Use Nail Cutter with a high performance straight head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.

- High quality surgical steel instrument
- Precision, sharp cutting head reduces effort required
- Ergonomically designed handles for improved comfort
- Smooth action roller spring helps to reduce user fatigue
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive
- Individually packed and sterile (minimum of 3 years shelf life)

NEW



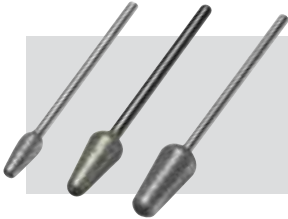
Ingrowing Nipper Curved Roller Spring Fine

T4505 - £3.25 Single Use

High quality surgical steel instrument with a high performance curved head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.

- ┆ Precision, sharp cutting head reduces effort required
- ┆ Ergonomically designed handles for improved comfort
- ┆ Smooth action roller spring helps to reduce user fatigue
- ┆ Protects patients against cross infection risks
- ┆ Full compliance with the Medical Devices Directive

NEW



Podiatry Burs Bud Shaped

T4401 - £1.35 Small - Single use

T4402 - £1.35 Medium - Single use

T4403 - £1.45 Large - Single use

Single Use Bud Podiatry Burs, used in nail filing procedures where the bur is used in conjunction with a podiatry drill. Bur shank is 2.35mm diameter to fit all proprietary drills. Manufactured from medical grade surgical stainless steel.

- ┆ High quality surgical steel instrument
- ┆ Individually packed and sterile (minimum 3 years shelf life)
- ┆ Choose Small, Medium or Large (please indicate when ordering)
- ┆ Protects patients against cross infection risks
- ┆ Full compliance with the Medical Devices Directive

NEW



Blade Scalpels

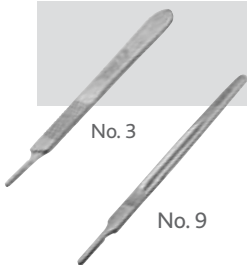
T4529 - £0.65 No. 10 Single Use **NEW TO OUR RANGE!**

T4529 - £0.65 No. 11 Single Use **NEW TO OUR RANGE!**

T4529 - £0.65 No. 15 Single Use

Single use plastic scalpels with fixed blades. Individually packed and sterile. Please give required size blade when placing your order.

NEW



Scalpel Handles

T4524 - £1.25 Single Use

Single Use BP Scalpel Handles No. 3 and No. 9 designed to fit scalpel blade sizes 10, 10A, 11, 12 and 15 (No.3) and 10-15 (no. 9). Manufactured from medical grade surgical stainless steel. Supplied in an easy to open, sterile pack. Please state size required when ordering.

- ┆ High quality surgical steel instrument
- ┆ Protects patients against cross infection risks
- ┆ Full compliance with the Medical Devices Directive

NEW



Diamond Deb Foot File

T4693 - £1.40 Single Use

Economic 8" Metal Foot File for Single Use. Individually wrapped in a sterile environment.

NEW

Anti-fungal

PH Coded Products



PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number when placing your order.



Lamisil

- PH4509 - £7.45 Lamisil Once
- PH4510 - £3.99 Lamisil Cream 7.5g
- PH4511 - £4.45 Lamisil Gel 15g
- PH4512 - £4.79 Lamisil Spray 15ml



Lamisil® AT 1% Cream, contains a fungicide ingredient: terbinafine, and treats Athlete's Foot with seven daily applications on average. Lamisil Once® is effective and more convenient only requiring one application.



Canesten Clotrimazole Cream 1%

- PH3000 - £3.99 20g
- PH3001 - £8.99 50g



For fungal infections. This cream contains Clotrimazole (1% w/w).

Caustics



Caustic Applicators

- PH4808 - £42.99 75% Silver Nitrate individually sealed
- PH4810 - £44.99 95% Silver Nitrate individually sealed



A popular ONE USE, disposable, single patient applicator especially for chiropody use. A Silver Nitrate Tip moulded onto a 6-inch handle.

20 x 5 applicators.



Caustic Pencil 95% Silver Nitrate

- PH4806 - £3.25



For the removal of warts (including verrucae), granulation tissue, for cauterisation and as a caustic on skin and mucous membranes.



Glutarol

- PH4991 - £2.95 10ml



For the treatment of warts and verrucas.



Occlusal Salicylic Acid

- PH5000 - £4.65 10ml
- PH5000-12 - £46.50 12 for the Price of 10 - **£ SAVER**



Contains 26% Salicylic Acid in a polyacrylic vehicle, which effectively softens the lesions and excess skin debris that is the source of discomfort and associated with verruca. Occlusal can be combined with other dermatological care including nitrous oxide therapy.



PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HPC number when placing your order.



Salactol

PH4994 - £2.45
10ml bottle with spatula



For topical treatment of warts, verrucae, corns and calluses.

First Aid



HSE First Aid Kit

M5083 - £9.25 10 Person
M5084 - £7.90 10 Person Refill

Plastic moulded case with carry handle. Refillable.

Contents:- 20 x Adhesive plasters, 2 x Eye Pads, 4 x Triangular bandages, 6 x Safety pins, 2 x Large dressings (180 x 180mm), 6 x Medium dressing (120 x 120mm), 6 x Individually wrapped wipes, 1 x Pair of disposable gloves, 1 x First Aid Guidance leaflet.



Small First Aid Kit

M5080 - £5.75 1 Person

First Aid Kit for the Single practitioner, in a distinguishable green zipped bag.

Contents:-
1 x Large sterile dressing
2 x Non-woven triangular bandage
2 x Pairs of medium sized gloves
1 x Bag of safety pins
2 x Alcohol free cleansing wipes
6 x Assorted hypo-allergenic plasters



Styptic Pencil

P4804 - £1.20

Individual pencil with astringent properties, helps stop bleeding from minor wounds.



Diastix Reagent Strips

D9000 - £6.00

Diastix provide a rapid and convenient semi-quantitative method to test for the presence of glucose in urine. Supplied in a re-sealable container of 50 test strips.



PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number when placing your order.

Hot and Cold Therapy



Bio-Freeze Pain Relieving Gel

- P5002** - £8.95 3oz Roll On
- P5003** - £8.95 4oz Tube
- P5004** - £18.75 Pump Action 16oz Bottle

BIOFREEZE is a unique, effective analgesic formulated to provide a variety of benefits for therapy, pain relief etc. The result is a fast-acting, deep penetrating, long lasting pain reliever used for treating sore muscles, back, shoulder and neck pain, arthritis, ankle injuries, and joints.



Heat Pads

- D5580** - £1.40 Single
- D5580-6** - £8.00 Pack of 6

The Fast Aid Advanced Heat Pad is able to provide deep, comforting warmth to areas of discomfort for up to 8 hours. The special pad warms the area it is applied to and is held in place by a hypoallergenic adhesive.

Pain Relief



Voltarol Emulgel 12 Hour

- PH5020** - £5.99 - 30g
- PH5021** - £8.50 - 50g
- PH5022** - £12.99 - 100g



Voltarol® 12 Hour Emulgel® P 2.32% Gel for all day concentrated pain relief. For relief of inflammation, rheumatic pain, joint and muscular sprains, strains and bruises. Its cooling formula is non-greasy and non-staining.

Local Anaesthetic



Needles 27g

- T4761** - £14.85 Box of 100



Pre-injection Wipes

- D2033** - £1.45 Box of 100

- | Individually wrapped skin preparation swabs (70% Isopropyl Alcohol).
- | Disposable.
- | Box of 100.

Miscellaneous Items



Dropper Bottles

- M6001** - £1.20 10ml Dropper bottle
- M6004** - £1.30 20ml Dropper bottle
- M6006** - £1.40 30ml Dropper bottle

Tourniquets - £1.99

- T4534** Small - Yellow (7mm internal dia.)
- T4535** Medium - Brown (10mm internal dia.)
- T4532** Large - Green (13mm internal dia.)
- T4533** Extra large - Blue (14mm internal dia.)
- T4531** Extra, extra large - Black (16mm internal dia.)

Individually wrapped, latex free tourniquets that come with a clear plastic loop to aid removal. Sterilised packs with a maximum of three years shelf life.

Appliances



Foam Impression Boxes

D5810 - £3.60

Foam impression box to allow for quick, effective and mess-free weight-bearing impressions for orthotic prescriptions. 2 blocks of foam per box.



Gypsona Plaster of Paris Bandage

D5803 - £2.90 2.7m x 10cm
D5805 - £3.75 2.7m x 15cm

- ! Strong and fast setting plaster of paris bandages
- ! Creates a strong cast for immobilising broken and fractured limbs.



PP20 Podopro Silicone Molding Putty

P4532 - £19.95

NEW

Podopro PP20-A & PP20-B
 Silicone Molding Putty formulated specifically for podiatric use.

2 x 250g tubs (A+B)

Used for molding:

- ! Interdigital wedges,
- ! Toe separators,
- ! Dorsal toe protectors
- ! Orthodigital splints

PP20 is easy to use due to:

- ! Quick setting time and longevity
- ! Flexibility and softness
- ! Great value for money



Otoform Kc

- P4535** - £23.50 800g economy pack with hardener (Spoon included)
- P4536** - £11.60 170g standard pack with hardener (Spoon included)
- P4549** - £4.00 5g tube of hardener
- P4550** - £6.75 20g tube of hardener

Condensation-vulcanising impression material. The classic economic impression method. Kneadable, smooth and non-sticky with a slightly pressure-forming consistency for superior fitting. Silicone base material is mixed with 2% hardener paste.

Pack sizes: 800g tub + 20g hardener, 170g tub + 5g hardener.



Tuli's Gel Heel Cups

£11.99

- D5940** Standard - up to 80kg
- D5942** Standard - over 80kg
- D5945** Heavy duty - up to 80kg
- D5947** Heavy duty - over 80kg

TuliGel is a specially formulated Polymer that is lighter, softer and more resilient than the material used in other heel cups. The unique character of TuliGel, combined with the patented waffle design, provides the ultimate in shock absorption.

Standard GEL Heel Cups are for everyday use.
 Heavy Duty GEL Heel Cups for high impact activities.



PediRoller

M2001 - £3.95

NEW

Carnation PediRoller offers immediate relief from common foot pain in the heel and arch. Excessive use of the plantar fascia, a tough band of tissue that supports the arch stretching like a bow string from the heel to the ball of the foot, causes

it to become inflamed and very painful. The ridged design massages tired feet, reducing tension and stimulating circulation. It can be used as cold therapy by chilling or freezing before use which will help reduce inflammation and comfort pain. PediRoller when used daily, following activity, offers continuing relief and ongoing prevention of heel and arch pain.

Instruction sheet included for the treatment of heel pain.

Orthofit

The orthotic that fits all patients' shoes



Orthofit is a revolutionary product that has been developed by a team of footcare professionals in both Europe and America. This partnership of podiatrists, orthotists and material engineers has produced an orthotic that will fit easily into any shoe.

Orthofit orthotics can only be purchased by a qualified Member/Practitioner. Please state your membership/HPCP numbers when ordering.

Elegantly Thin

Orthofit has been designed to offer the correct profile in an elegantly thin, yet exceptionally strong material. Its design means that the bulk so often present to achieve this profile in other orthotics, is not needed on Orthofit – meaning it will fit all patients' shoes.

Exceptionally Strong

The ultra strong, technologically advanced high performance semi crystalline thermoplastic polymer material, comes with a lifetime guarantee.

Easy to Fit

Can be used straight out of the pack or can be easily heat moulded, using the Orthofit oven, to suit a patients individual requirements.

Easy to Customise

Orthofit's unique slim profile and exceptional strength means a custom orthotic can be created with or without a positive cast. This unique combination allows practitioners to customise or manufacture a prefab into a functional device, cost effectively, in just a few minutes without undue consideration of the patient's weight or activity.

Orthofit with met dome (NS) - £15.75

G2002	Code 2	Mens 3	Womens 3-4
G2003	Code 3	Mens 4-5	Womens 5
G2004	Code 4	Mens 6	Womens 6-7
G2005	Code 5	Mens 7-8	Womens 8
G2006	Code 6	Mens 9	Womens 9
G2007	Code 7	Mens 10	Womens 10
G2008	Code 8	Mens 11	Womens 11

Orthofit without met dome (NS) - £15.75

G2501	Code 1	Mens 2	Womens 2
G2502	Code 2	Mens 3	Womens 3-4
G2503	Code 3	Mens 4-5	Womens 5
G2504	Code 4	Mens 6	Womens 6-7
G2505	Code 5	Mens 7-8	Womens 8
G2506	Code 6	Mens 9	Womens 9
G2507	Code 7	Mens 10	Womens 10

Orthofit Oven (NS) - £35.00

G2500

The beauty of Orthofit is that they can be used straight from the pack or customised to the patients' individual needs by heating in the Orthofit oven.



D30 Support Orthotic - £36.00

G8000

A great all round device made of 100% D3O with a textured fabric cover, offering amazing levels of impact protection whilst providing good mid-foot support. An extra deep heel cup and high medial and lateral flanges give a good forward velocity control, which will off load shin pain. The medial flange is designed to sit in trainers and walking shoe. Stability of the device is supported by a unique mid-foot design, and the 1st met head aperture ensures good 1st ray function.

Please state size required when ordering.

Sizes: 5 – 14



D30 Comfort Orthotic - £32.00

G8001

A simple and easy to fit insole made of 100% D3O. This product provides a great in shoe feel with a good arch profile. The device itself is made up of two materials, a soft heel pad and a slightly harder surrounding shell covered in a textured fabric and will fit into any shoe. A deeper heel cup and high flanging will offer a moderate level of control. The aim of this device is to provide general comfort, specifically in the heel.

Please state size required when ordering.

Sizes: 5-6, 7-8, 9-10, 11-12, 13-14



D30 Support and Comfort Orthotics can only be purchased by a qualified Member/Practitioner. Please state your membership/HPCP numbers when ordering.

Powerstep Heel & Arch Supports

The design of Powerstep is optimised to provide complete heel and arch support and stability.

Powerstep's prescription-level support, with calibrated flexibility for comfort and a stabilising heel cradle, is presented as a highly attractive professionally finished orthotic.

Fully covered with an antibacterial fabric from heel to toe, Powerstep is the affordable prefabricated orthotic you'll be proud to prescribe.



Powerstep Full-Length (NS) - £16.99

Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1000A	Code A	Mens 3-3 1/2	Womens 4 1/2 - 5	G1000F	Code F	Mens 8-8 1/2	Womens 9 1/2 - 10
G1000B	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6	G1000G	Code G	Mens 9-9 1/2	Womens 10 1/2 - 11
G1000C	Code C	Mens 5-5 1/2	Womens 6 1/2 - 7	G1000H	Code H	Mens 10-10 1/2	Womens 11 1/2 - 12
G1000D	Code D	Mens 6-6 1/2	Womens 7 1/2 - 8	G1000I	Code I	Mens 11-11 1/2	Womens N/A
G1000E	Code E	Mens 7-7 1/2	Womens 8 1/2 - 9	G1000J	Code J	Mens 12-12 1/2	Womens N/A

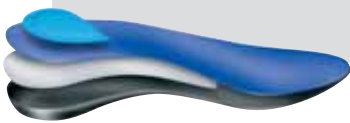
Powerstep Pro Control (NS) - £24.99

Powerstep Pro Control is the latest addition to the Powerstep Pro line of products and now offers pain relief and prevention designed specifically for mild to moderate overpronators. The exclusive Foot Secure System features a deeper heel cup with a subtle yet important *two degree exterior post* to correct the alignment issues experienced by overpronators. You'll find all the quality craftsmanship of other Powerstep Pro products in Pro Control as well, including a Poron heel Comfort Cushion, double layer EVA cushion casing, anti-microbial top cover, and a double strength arch support.



G4000	Code a	Mens 2-2 1/2	Womens 3 1/2 - 4
G4000A	Code A	Mens 3-3 1/2	Womens 4 1/2 - 5
G4000B	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6
G4000C	Code C	Mens 5-5 1/2	Womens 6 1/2 - 7
G4000D	Code D	Mens 6-6 1/2	Womens 7 1/2 - 8
G4000E	Code E	Mens 7-7 1/2	Womens 8 1/2 - 9
G4000F	Code F	Mens 8-8 1/2	Womens 9 1/2 - 10
G4000G	Code G	Mens 9-9 1/2	Womens 10 1/2 - 11
G4000H	Code H	Mens 10-10 1/2	Womens 11 1/2 - 12
G4000I/J	Code I/J	Mens 11-12 1/2	Womens N/A
G4000K	Code K	Mens 13-13 1/2	Womens N/A

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HPC number for all web/telephone orders.



Powerstep Pro Full Length (NS) -£22.25

The orthotic that delivers the desired control along with immediate comfort. The unique double-layered shock absorbing Poron® /EVA cushion means Powerstep Pro delivers levels of comfort not usually associated with an orthotic.

G3000	CODE A	Mens 2 - 2 1/2	Womens 3 1/2 - 4	G3000F	CODE F	Mens 8 - 8 1/2	Womens 9 1/2 - 10
G3000A	CODE A	Mens 3 - 3 1/2	Womens 4 1/2 - 5	G3000G	CODE G	Mens 9 - 9 1/2	Womens 10 1/2 - 11
G3000B	CODE B	Mens 4 - 4 1/2	Womens 5 1/2 - 6	G3000H	CODE H	Mens 10- 10 1/2	Womens 11 1/2 - 12
G3000C	CODE C	Mens 5 - 5 1/2	Womens 6 1/2 - 7	G3000I/J	CODE I/J	Mens 11- 12 1/2	Womens NA
G3000D	CODE D	Mens 6 - 6 1/2	Womens 7 1/2 - 8	G3000K	CODE K	Mens 13 - 13 1/2	Womens NA
G3000E	CODE E	Mens 7 - 7 1/2	Womens 8 1/2 - 9				

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HPC number for all web/telephone orders.



Powerstep Slim Tech 3/4 (NS) - £16.99

Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1500	Code a	Mens 3-3 1/2	Womens 4 1/2 - 5	G1500D	Code D	Mens 9-9 1/2	Womens 10 1/2 - 11
G1500A	Code A	Mens 4-5 1/2	Womens 5 1/2 - 7	G1500E	Code E	Mens 10-10 1/2	Womens 11 1/2 - 12
G1500B	Code B	Mens 6-7 1/2	Womens 7 1/2 - 9	G1500F	Code F	Mens 11-12	Womens N/A
G1500C	Code C	Mens 8-8 1/2	Womens 9 1/2 - 10				

Cotton and Animal Wool



Animal Wool

D4580 - £1.50

For Podiatric use.
Effective relief from friction and pressure.
25g Lambs wool



Cotton Buds

D5401 - £1.35

Double ended cotton buds. 100% cotton. Approximately 200.



Cotton Wool

D5541 - £3.40

BP quality 500g absorbent cotton wool roll.
13" wide, extra absorbent.



Cotton Wool Balls

D5545 - £1.60

BP quality large size cotton wool balls.
Approximately 200.



Dressings



Acrytensil

P4855 - £3.10 Standard - Skin dressing - 10ml
P4851 - £3.10 Extra Hard - Nail dressing - 10ml
P4862 - £1.75 Solvent - 10ml

Acrytensil is a quick drying, porous plastic dressing for nails and skin.

Uses include:

- ⌋ A dressing for fissures and breaks in the skin.
- ⌋ As a securing agent for stainless steel braces.
- ⌋ As an aid in the treatment of onychomycosis.
- ⌋ As a light application to protect unbroken chilblains.



Kaltostat

D5626 - £9.99 5cm x 5cm (box of 10)

Calcium sodium alginate wound dressing.
Absorbent and haemostatic.



Mefix

- D5621 - £2.30 2.5cm x 10m
- D5622 - £2.75 5cm x 10m
- D5623 - £4.80 10cm x 10m

Soft and elastic self-adhesive fabric which gives excellent air and water vapour permeability. The fabric is non-absorbent and provides a barrier for blood and fluid strike-through. The water-based polyacrylate adhesive is gentle to the skin and provides secure fixation. The easy-to-remove protection paper is pre-measured in 10cm intervals, and has a perforated split for easy removal and application. Mefix can be cut to the desired shape and size.

10 metre lengths available in 3 sizes.



Mepore

Mepore Roll

- D5531 - £4.14 4cm x 5m
- D5532 - £6.15 7cm x 5m

Mepore Dressing

- D5534 - £7.45 6cm x 7cm (pack of 60)

BEST SELLER

Mepore is an air permeable, self-adhesive dressing ideal for low to moderately exuding wounds. Its skin friendly water based, solvent free polyacrylate adhesive, provides a gentle but secure fixation.



Non-Adherent Sterile Dressing

- D2030 - £0.12p Single
- D2030 - 100 - £3.85 Box of 100 - **£ SAVER**

Individually wrapped dressings 5cm x 5cm.
Sterile, highly absorbent dressing pads.
Ideal for use on abrasions, lacerations and moderately exuding wounds.



Skintact

- D5568 - £1.35 5cm x 5cm (pack of 10)
- D5568-100 - £11.99 5cm x 5cm (pack of 100) - **£ SAVER**

Skintact is a high quality, sterile, perforated film absorbent dressing that is used as a low adherent wound contact layer. The dressing is the same on both sides, which prevents it being used wrong side down. It consists of two layers of perforated film with an inner absorbent layer. The perforations allow drainage of exudate to the absorbent layer where fluid is wicked laterally, extending the time before strike through occurs.

Skintact is suitable for the management of minor wounds, cuts and grazes and is ideal for use in chiropody thanks to the two low adherent sides, for use between toes. Dressings are supplied in individual sterile packs, in dispensing boxes of 100.



Sofsorb Swabs

- D2031 - £0.18 - Pack of 5

A soft, close-fibre construction swab providing efficient wet friction, suitable for debriding and cleansing of surface wounds. Virtually lint-free this swab provides excellent conformability and thermal insulation.

- j Non woven swabs
- j 4 ply
- j Sterile
- j 7.5 x 7.5cm



Bactigras Dressings

- P4524 - £16.99 - 5cm x 5cm (pack of 50)

This is a great antiseptic/antimicrobial dressing in the management of small to moderate wounds. Bactigras consists of a cotton leno-weave fabric, impregnated with Soft Paraffin BP.



Felts and Foam



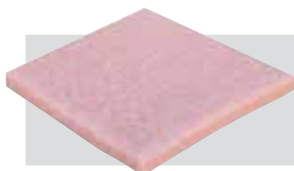
Assorted Padding Set

D4561 - £11.60 - **£ SAVER**

This kit represents excellent value when compared to buying the items individually. Adhesive backing.

Comprises:

- 1 x 5mm felt
- 1 x 7mm swanfoam
- 1 x 7mm felt
- 1 x fleecy web

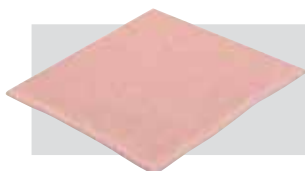


Fleecy Foam

D6006 - £1.98 5mm (1 Sheet)
D6006-4 - £7.92 5mm (4 Sheets)

D6008 - £2.24 7mm (1 Sheet)
D6008-4 - £8.96 7mm (4 Sheets)

Fleecy Foam is a soft open cell polyurethane foam with the added strength of a bonded fleece surface. Highly compressible with instantaneous recovery, ideal for light comfort cushioning e.g. both malleoli and exostoses associated hallux abducto-valgus. Hapla Fleecy Foam provides a smooth surface next to hosiery. Adhesive backing. **Size:** 22.5 x 45cm



Fleecy Web

D4568 - £1.70 (1 sheet)
D4568-4 - £6.80 (4 sheets)

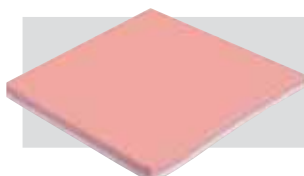
D4567 - £2.06 - Fleecy Web Extra (1 sheet)
D4567-4 - £8.24 - Fleecy Web Extra (4 sheets)

**BEST
SELLER**

100% cotton padding with a raised fleecy surface – especially designed to protect sore and tender skin from friction and rubbing. Transverse stretch allows Fleecy Web to conform to the skin and the various convex and concave surfaces of the feet, which prevents creasing and provides comfort.

Also available with a higher loft and greater density of cotton for additional comfort, **Fleecy Web Extra** is available in single sheets or packs of 4 sheets.

Adhesive backing. **Size:** 22.5 x 40cm Also available on a roll. See page 57.



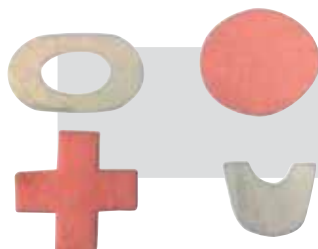
Foam-O-Felt

D6002 - £4.23 5mm (1 Sheet)
D6002-4 - £16.92 5mm (4 Sheets)

D6004 - £6.00 7mm (1 Sheet)
D6004-4 - £24.00 7mm (4 Sheets)

Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet where the natural fibro fatty tissue has broken down, particularly over the metatarsal heads and the heel.

Adhesive backing. **Size:** 22.5 x 45cm

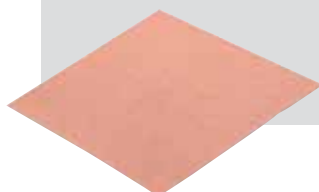


Hapla Pre-cut Paddings

D2000 - £3.40 Round Bunion Fleece Web
D2001 - £4.10 St George Cross Fleece Web

D2002 - £2.95 Crescent Corn 5mm Felt
D2003 - £3.99 Oval Bunion 3mm Felt

36 per pack.
Adhesive backing.

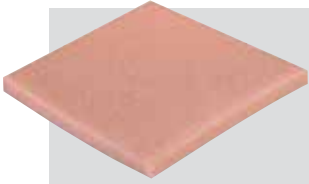


Moleskin

D6010 - £4.35 23cm x 70cm Roll
D6012 - £11.80 23cm x 3.0m Roll

A woven 100% cotton fabric, which is lightly raised on one side. Used as a shield against abrasion and for splinting.

Adhesive backing. **Size:** 23 x 70cm

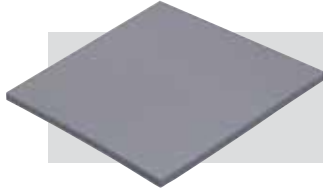


Nuprene

- D6014 - £1.96 5mm (1 Sheet)
- D6014-4 - £7.84 5mm (4 Sheets)
- D6016 - £2.31 7mm (1 Sheet)
- D6016-4 - £9.24 7mm (4 Sheets)

Nuprene is a soft open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfort cushioning.
Adhesive backing.

Size: 22.5cm x 45cm sheet
Available in two thicknesses: 5mm and 7mm.



Poron

- D6020-4 - £10.65 Non Adhesive 3.2mm (4 Sheets)
- D6022-4 - £16.85 Adhesive 3.2mm (4 Sheets)

A skinned, closed cell polyurethane foam – offering highly efficient, long lasting underfoot pressure absorption and redistribution. The material returns to its original thickness in a fraction of a second and will not bottom out. Ideal for insole use within footwear on top of or underneath the existing shoe insole.

Size: 22.5 x 31.5cm



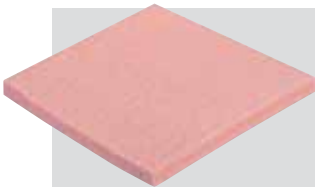
Semi-Compressed Felts

- D4562 - £3.46 5mm (1 sheet)
- D4562-4 - £13.84 5mm (4 sheets)
- D4563 - £4.46 7mm (1 sheet)
- D4563-4 - £17.84 7mm (4 sheets)

BEST SELLER

A mixture of 70% wool and 30% viscose which provide a cost effective alternative to 100% wool felt with good performance. A highly versatile padding which can be easily cut and shaped, providing excellent pressure absorption and redistribution. Available in single sheets for low volume users. Ideal for use when making chairside replaceable padding.

Size: 22.5cm x 45cm sheet
Available in two thicknesses: 5mm and 7mm.



Swanfoam

- D4564 - £2.36 5mm (1 sheet)
- D4564-4 - £9.44 5mm (4 sheets)
- D4565 - £2.88 7mm (1 sheet)
- D4565-4 - £11.52 7mm (4 sheets)

Closed cell latex foam bonded to a brushed fibre surface - absorbs pressure with instantaneous recovery, ideal for underfoot pressure redistribution and making replaceable cushioning chairside padding.
Adhesive backing.

Size: 22.5cm x 45cm sheet
Available in two thicknesses: 5mm and 7mm.



Tubular Foam (Tofoam)

- | | |
|----------------------------|----------------------------|
| D5521 - £3.99 size A 15mm | D5525 - £4.45 size C 21mm |
| D5522 - £4.65 size Ax 15mm | D5526 - £4.80 size Cx 21mm |
| D5523 - £4.65 size B 18mm | D5527 - £4.70 size D 25mm |
| D5524 - £4.45 size Bx 18mm | D5528 - £4.99 size Dx 25mm |

BEST SELLER

Medical polyurethane foam on a 100% cotton stockinette core - protect digits and tender areas from friction and pressure. Also offers light interdigital separation. Available with or without overlap according to protection required.

Packs of 12 x 25cm lengths
'X' sizes: Foam tube comes with a larger overlap

Gauze and Applicators



Haplanet

- D5511** - £1.99 size 00
- D5512** - £2.05 size 01
- D5513** - £2.15 size 12

100% viscose in a 20m roll. Available in three sizes.

- 00** – Small toes and fingers
- 01** – Toes and fingers
- 12** – Bulky dressings on toes and fingers.

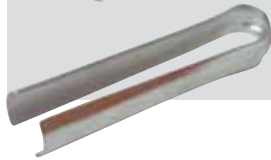


PodoPro Tubular Gauze

- | | | | | | |
|----------------------|----------------------------|---------|----------------------|--------------------------|---------|
| D5501 - £1.60 | Green Grade - 100% Viscose | Size 00 | D5504 - £1.90 | Blue Grade - 100% Cotton | Size 00 |
| D5502 - £1.70 | Green Grade - 100% Viscose | Size 01 | D5505 - £2.09 | Blue Grade - 100% Cotton | Size 01 |
| D5503 - £2.10 | Green Grade - 100% Viscose | Size 12 | D5506 - £2.90 | Blue Grade - 100% Cotton | Size 12 |



20m roll.



Tubigauze Applicator

T4754 - £3.65

An applicator to provide ease in the application of small, digital dressings.

Size: 00



Tubinette Gauze Applicator

D5563 - £8.99

Stainless steel applicator for use with all three sizes of tubinette gauze.

Tapes



HaplaWave Tape

- D4594** - £4.90 Blue
- D4595** - £4.90 Black

Brand New HaplaWave Muscle Care Tape is a Premium Muscle and Joint Support Tape. Foot Healthcare Professionals use this stretchy, hypo allergenic adhesive tape to provide muscle support and stability without limiting joint range of motion. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath. Can be used as part of a care package for conditions such as turf toe, Morton's Neuroma and metatarsalgia, plantar fasciopathy and heel fat pad atrophy, posterior tibial tendon damage, Achilles' insertional and mid portion tendonitis, peroneal muscle and chronic lateral ankle instability etc.



Elastic Adhesive Bandage

- D5980** - £2.65 2.5cm
- D5982** - £3.25 5cm
- D5984** - £4.10 7.5cm

These bandages allow for strapping up and limiting the motion of painful or problematic tissues / joints. 4.5m length available in three widths.

Hapla-Band

- D4590 - £8.65 1.25cm (4 rolls)
- D4591 - £5.55 2.5cm (2 rolls)
- D4592 - £8.40 5cm (2 rolls)
- D4593 - £6.05 7.5cm (1 roll)



Flesh coloured, thin hypoallergenic bandage, Hapla-Band has elastic wrap threads which allow the bandage to stretch and recover longitudinally whilst remaining laterally rigid. Due to the extensibility of the strapping it is ideal where a light compression is required in conjunction with padding. Supplied on backing paper it can be easily and accurately cut to size. 10m roll available in four widths. Adhesive backing.

Non Stretch Sports Tape

- D5986 - £1.80 2.5cm D5988 - £2.99 3.8cm D5990 - £3.45 5cm



This non-stretch sports tape allows for strapping up and limiting the motion of painful or problematic tissues / joints. 13.7m length available in three widths. Adhesive backing.

Fleecy Web Roll (White) 7.5cm x 5m

- D4575 - £10.49

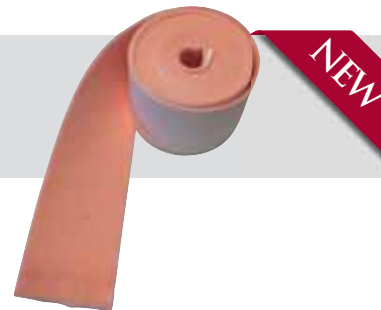


Fleecy Web Roll - White. Premium protection from friction and rubbing.

- i Soft white padding with a raised fleecy surface
- i Antibacterial
- i Advanced adhesive system

Fleecy Web Roll (Pink) 5cm x 3m

- D4576 - £9.99



Fleecy Web Roll - Pink. Premium protection from friction and rubbing.

- i Soft pink padding with a raised fleecy surface
- i Antibacterial
- i Advanced adhesive system

Toe props

Podopro Gel Toe Crest £2.79

- D5185 - Small Right D5188 - Medium Left
- D5186 - Small Left D5189 - Large Right
- D5187 - Medium Right D5190 - Large Left



Superb value for money!

To ease discomfort from hammer, claw and mallet toes. With flexible toe loop which easily fits over toe to stay in place. Washable, durable and non-allergenic.

One per pack. Please state size using codes above when ordering.



Hapla-gel

The softer way to protect feet

An advanced polymer gel system of dressings and appliances for the relief of pressure and friction, containing mineral oil to soften and lubricate the skin for greater comfort.

Medical Grade Gel

Hapla-gel is made from pure medical grade ingredients. It is non toxic and hypoallergenic.

Moisturises and Lubricates

The mineral oil in Hapla-gel slowly permeates the skin during wear to soften and lubricate and help keep it supple.

Washable, Reusable, Durable

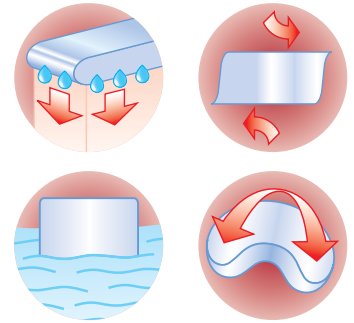
Careful hand washing and care of Hapla-gel extends the life of the product allowing repeated use after many applications without loss of the original properties.

Protects and Cushions

Pressure is absorbed and redistributed by Hapla-gel's soft elastic structure, which allows movement at one surface without influencing movement at the other, removing the effect of friction on the skin.

Conforms for greater Comfort

Hapla-gel's softer gel structure allows flow when weight or pressure is applied providing greater comfort even over bony prominences. Once the pressure is removed the gel rapidly returns to its original shape.



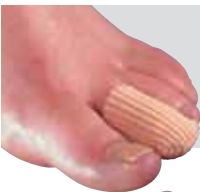
Hapla-gel starter kit (Refillable)

D5688 - £37.00

This fantastic Starter Pack is a convenient and cost effective way to store and use Hapla-Gel products. The pack offers a selection of the most popular professionally used Hapla-Gel items, making it ideal as a starter pack or for continued use.

Packs of Hapla-Gel products sold separately for individual use & for the refilling of this starter pack can be purchased at Podicare.

NEW



Digital Cap

D5673 - £9.95 Small
D5674 - £10.20 Medium
D5675 - £10.45 Large



Elasticated closed end tube with a full polymer gel lining. 6 pieces fully lined with gel pad.

- ¡ All round protection including the apex of the toe.
- ¡ Ideal for hammer toes.
- ¡ Can be cut to a shorter length if required.
- ¡ Sizes: Small & Medium.



Digital Pad

D5670 - £10.95 Small
D5671 - £11.40 Medium
D5672 - £11.75 Large



Elasticated tube with circular polymer gel pad. 12 pieces fully lined with gel pad.

- ¡ Protects against pressure and friction on corn sites.
- ¡ Softens corns helping and relieving the build up of hard skin.
- ¡ Sizes: Small, Medium, Large.



Digital Strip

D5677 - £11.75 Small
D5678 - £11.75 Medium
D5679 - £12.00 Large



Elasticated tube with a cushioning strip of polymer gel on the inside. 1 x 71cm strip.

- ¡ Thicker gel for extra protection.
- ¡ Pressure relief for top, bottom or side of toe.
- ¡ Cut to size as required.
- ¡ Sizes: Small, Medium, Large.



Digital Tube

- D5676 - £7.75 Small
- D5695 - £8.20 Medium
- D5696 - £8.35 Large



Elasticated tube with full polymer gel lining. 2 x 15cm tube fully lined with gel.

- ¡ All round toe protection.
- ¡ Slim design for inshoe comfort.
- ¡ Cut to size as required.
- ¡ Sizes: Small, Medium, Large.

Gel Dot

- D5694 - £6.85



Preformed 100% polymer gel with concave centre. 12 gel pieces.

- ¡ Non adhesive soft gel dots offer surrounding protection from pressure or friction on sore spots.
- ¡ Can be held in place on skin using retention tape.
- ¡ One size.

Metatarsal Band

- D5690 - £6.99 Small
- D5691 - £7.15 Large



Elasticated band with an internal plantar metatarsal shaped gel pad. 1 pair with internal gel pad.

- ¡ Protection and cushioning for the full plantar metatarsal area.
- ¡ Hallux stitch helps to maintain position and alignment or can be cut if preferred.
- ¡ Sizes: Small & Large.
- ¡ Small: Size 2-6.
- ¡ Large: Size 6.5-12.

Bunion Sleeve

- D4530 - £5.99 Small /Medium
- D4531 - £6.45 Large /X Large



- ¡ Superb protection and relief from corn and callus over the bunion joints.
- ¡ Washable.
- ¡ S/M or L/XL.
- ¡ Stretch to fit.

Toe Separator

- D5680 - £5.85 Small
- D5681 - £6.10 Medium
- D5682 - £6.35 Large



Preformed 100% polymer gel. 12 piece pack.

- ¡ Designed to fit comfortably between toes to reduce pressure and friction.
- ¡ Can be trimmed if required.
- ¡ Sizes: Small, Medium, Large.

Toe Spreader

- D5683 - £9.95 Small
- D5684 - £10.15 Medium
- D5685 - £10.25 Large



Preformed 100% polymer gel. 12 pieces.

- ¡ Interdigital application protecting and realigning hallux valgus and overlapping toes.
- ¡ Soft gel design offers excellent comfort.
- ¡ Sizes: Small, Medium, Large.



Podiacare Products

In formulating this unique range of footcare preparations, the natural power of essential oils has been harnessed to provide an effective means to smooth and soften dry skin and to bring relief to sore feet. Some essential oils may improve the circulation whilst others bring a lasting freshness and safeguard against fungal infection.

Creams



Barrier Cream

P4621 - £5.20 50ml

P4621-6 - £26.00 6 for the price of 5 **£ SAVER**

P4621-12 - £52.00 12 for the price of 10 **£ SAVER**

BEST SELLER

A natural cream which creates a barrier to help prevent the spread of infection whilst swimming. Contains essential oils which have been shown to promote healing.



Deodorising Cream

P4572 - £5.20 50ml pot

P4572-6 - £26.00 6 for the price of 5 **£ SAVER**

P4572-12 - £52.00 12 for the price of 10 **£ SAVER**

BEST SELLER

Controls the foul-smelling foot all day with one application. A combination of essential oils which safely deodorise and reduce offensive odour. Natural antiseptics control fungal infections and irritation between toes.



Hydromid Skin Softening Cream

P4593 - £6.50 50ml

P4593-6 - £32.50 6 for the price of 5 **£ SAVER**

P4593-12 - £65.00 12 for the price of 10 **£ SAVER**

BEST SELLER

Powerful skin softening cream ideal for use on cracked and fissured feet, leaving the skin softer and pleasant smelling.



Warming Cream

P4573 - £5.20 50ml pot

P4573-6 - £26.00 6 for the price of 5 **£ SAVER**

P4573-12 - £52.00 12 for the price of 10 **£ SAVER**

BEST SELLER

An invigorating cream to help cold feet warm through. Naturally selected oils to invigorate and improve circulation, producing a warming effect to control and improve cold feet.

NOW YOU KNOW WHY SPLITZ REALLY WORKS

Splitz - clinically formulated for lasting soft, smooth feet.



Splitz Cream

P4570 - £7.35 30ml

P4570-6 - £36.75 6 for the price of 5 **£ SAVER**

Rough skin, dry heels, split heels, fissures are one of the major problems confronting all practitioners.

Up until now the only products available have been those that just soften the skin and hopefully keep it supple, but do not actually resolve the problem satisfactorily.

Splitz Cream has been specially formulated after several years research.

Its preparation is unique in so far that whilst other products merely moisturize the skin, Splitz Cream gets to the cause of the problem and helps heal fissures, dry and rough skin rapidly.

Said to be the best product available to professionals.



The Original Foot Massage and Lubricating Cream

BEST SELLER

P4571 50ml - £5.20

P4571-6 - £26.00 50ml (6 for the price of 5) **£ SAVER**

P4585 100ml tube - £9.15

P4585-6 - £45.75 100ml tube (6 for the price of 5) **£ SAVER**

Contains a unique combination of high quality essential oils with their natural power to give a long lasting and refreshing effect. Now in its 20th year.

BEST SELLER

P1002 - £2.90

P1002-5 - £14.50 (6 for the price of 5) **£ SAVER**

Aloe Vera Soothing Gel 75ml

Soothing – cooling Aloe Vera is unsurpassed. It is a refined gel enhancing the properties of Aloe Vera. Aloe Vera is noted for helping healing in a variety of minor conditions including small burns and itching.



P1001 - £3.45

P1001-6 - £17.25 (6 for the price of 5) **£ SAVER**

P1001-12 - £34.50 - (12 for the price of 10) **£ SAVER**

Aromall Gold Hydrating Cream 125ml

Aromall® Gold Hydrating Cream is probably the best in moisturising skin creams. It really does help the skin to return to its normal texture.

BEST SELLER



PH Coded Products

PH coded products can only be purchased by qualified members/persons, please state your membership/HPC number when placing your order.

Concentrated Chlorhexidine

P4522 - £4.50 250ml



BEST SELLER

For use as an antiseptic in conjunction with IPA (Isopropyl alcohol).

5% solution.

Thuja Occidentalis

P4660 - £12.25 5ml



NEW

Thuja Occidentalis works by affecting the virus in situ on verrucas. It is especially effective on skin tags but must not be used in the eyes or orifices.

Can also be used to treat warts on hands and fingers. Thuja, like many therapeutic agents, is a plant extract.

Buds Extract 1:2

Alcohol Content 55-65%

Water Content 34-45%

5ml Bottle

**** Apply only to the verrucas and surrounding tissue protected as it is an irritant ****

Marigold Tincture

P4650 - £5.75 10ml

P4650-6 - £28.75 6 for the price of 5 **£ SAVER**

P4650-12 - £57.50 12 for the price of 10 **£ SAVER**



BEST SELLER

Used by practitioners for the effective treatment of difficult warts.

An ideal mild styptic with anti-verruca properties.

Phytonail Nail Hygiene

PH4596 - £5.25 10ml

PH4596-6 - £26.25 6 for the price of 5 **£ SAVER**

PH4596-12 - £52.50 12 for the price of 10 **£ SAVER**



BEST SELLER

Cosmetic treatment for discoloured nails and helps to restore nails to their former state when used regularly.

Effective when used in the treatment of fungal nail infections.

Tea Tree Oil

P7001 - £2.75 10ml

P7001-6 - £13.75 6 for the price of 5 **£ SAVER**

P7001-12 - £27.50 12 for the price of 10 **£ SAVER**



BEST SELLER

Enhanced with lavender and effective in onychomycosis, compliments nature's antiseptic, antifungal and virucidal properties.

TT50 Verruca Cream

P4575 - £4.70 30ml

P4575-6 - £23.50 6 for the price of 5 **£ SAVER**



BEST SELLER

A deeply penetrating cream that contains Oil of Maleluca and urea to penetrate deeply and help fight HPV, the cause of verrucae.

Autoclaves



PodiaClave Autoclave 134°C

- E1733** - £1,050.00
- E1720** - £46.50 Printer paper (10 rolls)
- E1721** - £4.80 Printer paper (single roll)

BEST
SELLER

Ideal for the mobile practitioner, the PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

Specifications:

- Dimensions: W: 340mm x H: 355mm
- Chamber capacity: 9 litres
- Max. Nett weight: 5.6 kg
- Sterilising temperature: 134°



More features and benefits:

- j Lightweight and portable for flexibility of use.
- j Supplied complete with printer and instrument basket.
- j Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year warranty* for peace of mind. (Warranty excludes lid gaskets and internal furniture).
- j Replacement Gasket can be purchased separately from Podiacare.

See inside
back cover
for our
special
offer!



Prestige 2100 Classic Autoclave 134° C

E4718 - £999.00

The 2100 Classic remains the proven choice for all healthcare professionals – whatever their sterilising needs.

Specifications:

- Dimensions: W: 340mm x H: 355mm
- Chamber capacity: 9 litres
- Max. Nett weight: 7.1 kg
- Sterilising temperature: 134°

More features and benefits:

- j An interlock system prevents the lid from being removed whilst pressure remains in the vessel.
- j A two stage 'over pressure' protection system incorporating a calibrated pressure release valve and a gasket blowout slot.
- j Superb engineering – the Classic 134 is manufactured in the UK and comes with a full one year warranty* for peace of mind. (excludes lid gaskets and internal furniture).
- j Replacement Gasket can be purchased separately from Podiacare.
- j Supplied with Instrument basket.

**Please note: Prestige Medical warranties are only valid in Great Britain; they do not have engineers in Ireland. Customers must register their product after purchase by returning the completed warranty card to Prestige Medical.*



Autoclave Carry Case

E1731 - £49.99

Protect your investment with the new Classic Carry Case.

The safe, easy and professional way of transporting your Classic autoclave.

- j Lightweight, yet strong, with a fully lined interior
- j 2 carry handles and a removable/adjustable padded shoulder strap for extra comfort
- j For use with both the PodiaClave Autoclave and the Prestige 2100 Classic Autoclave

NEW

Autoclaves Accessories

Autoclave Coloured Instrument Cleaning Brush

M4627 - £1.50

Autoclavable Instrument Cleaning/Scrubbing Brush available in four different colours so easy to distinguish. Blue, Red, Green and Yellow. Please specify colour when ordering.



Autoclave Brush

M4628 - £3.40

Instrument scrubbing brush. Fully autoclavable.



Instrument Cleaning Brush

M4629 - £3.35

Wire cleaning brush for instruments.



Autoclave Cleaning Solution

E4601 - £15.99 1 Litre

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.



Autoclave Test Strips

M4612 - £19.99 TST Autoclave Test Strips 121°C (pack of 100)

M4613 - £19.99 TST Autoclave Test Strips 134°C (pack of 100)

M4616 - £18.95 TST Autoclave Test Strips 126°C (pack of 50)

For use with non vacuum autoclaves (Prestige Classic Autoclave 134°C). The TST Steriliser Control is the most sophisticated chemical control device produced to date, being an integrated control system that registers a PASS only when it has been subjected to the required heat/time ratio in saturated steam. Class 6 indicator ISO11140 part. Unwrapped loads. TST Control will not register a pass.

TST Autoclave Test Strips 134°C/3.5 mins

TST Autoclave Test Strips 121°C/15 mins

TST Autoclave Test Strips 126°C/10 mins

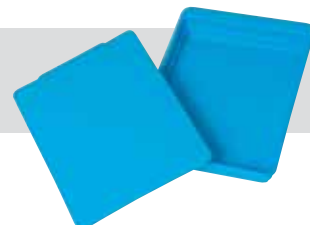


Blue Autoclavable Tray with Lid

M4596 - £6.50

Plastic trays with lids, autoclavable up to 134°.

Size: 195mm x 135mm



Cassette for Autoclaves (2100 Classic and Podioclave)

E4663 - £36.50





Cassette Rack for Autoclaves (2100 Classic and Podioclave)

E4664 - £115.00

Cassette rack + 3 Cassettes

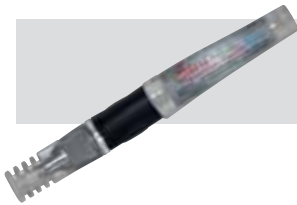
E4665 - £15.85

Cassette rack only



Standard Instrument Basket for Prestige Classic 2100 and Podioclave

E4653 - £43.50



Metallic Lubricating Pen

T4700 - £5.35

Easy to use dispenser.

For applying to instruments prior to autoclaving.



Premixslip Instrument Lubricant

T5000 - £4.99 - 125ml Spray Bottle

T5001 - £12.99 - 500ml Spray Bottle

NEW

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- ¡ Stops rusting, spotting and staining
- ¡ Keep box locks working perfectly freely.
- ¡ Protects sharps during autoclaving
- ¡ Non-Oily – Non Sticky – Non Toxic, Silicone free
- ¡ Will not interfere with steam sterilization.



Replacement Gasket for 126° Autoclave

E4654 - £30.25

Replacement gasket for Prestige 2100 autoclaves (sold individually).



Replacement Gasket for 134° Autoclave

E4647 - £30.25

Replacement gasket for 134° autoclave (sold individually).

Bur Holder Cylinder

E4900 - £9.99

Autoclavable Bur Box - Cylinder



Bur Holder Sliding Box

E4901 - £7.95

Autoclavable Bur Box - Sliding



Sterilization Pouches

- M4610 - £6.99 Pouch size 90 x 230 (mm)
- M4611 - £10.99 Pouch size 133 x 254 (mm)
- M4619 - £5.99 Pouch size 60 x 100 (mm)

- j High quality sterilisation pouches at low prices.
- j Self seal, transparent pouches.
- j Suitable for steam or gas sterilisation.
- j Accurate sterility indicator.
- j CE marked.
- j 200 Pouches per pack.



Dopplers

Sonotrax Vascular Doppler

E4740 - £192.50

Supplied complete with a 4MHz waterproof probe, the Sonotrax Vascular Doppler provides healthcare professionals with a cost-effective and versatile solution for routine examinations.

Features:

- j High-quality sound from 0.5W built-in speaker.
- j Supports interchangeable Sonotrax probes.
- j Dial operated volume control.
- j Automatic power off.
- j Requires a single 9 v battery [not supplied].
- j Complete with carry case and full user instructions.

Specifications:

- j Dimensions: 32 x 85 x 138mm (D x W x H)
- j Weight: 290g



Ultrasonic Gel

E4770 - £4.99

Available in 60gm tubes. Essential for effective identification of Doppler sounds, and provides patient comfort during Doppler scanning.



NS denotes a non stock item. Please allow up to 21 days delivery.

Drills

Hadewe Helius 40 Dust Extraction Drill (NS)

E7014 - £899.99

Introducing the Hadewe Helius 40 Drill.

This drill is widely popular due to the easy handling and low noise level. The drill provides a powerful suction and an integrated labyrinth technology makes this drill one of the most quiet units in the market.

The handpiece motor is designed for long working hours and skin particles are removed via the effective point suction at the top of the handpiece. This ensures for optimal hygienic and effective work. This drill is certified as a class 2A EU-Medical Device unit for the professional, medical Podiatry field.



Features

- ¡ Silent soundproofing.
- ¡ Slim and easy to handle handpiece.
- ¡ Easy to clean unit surface.
- ¡ New smaller unit size allows transportation to become easy.
- ¡ Modern, easy to clean membrane keyboard.
- ¡ Regular and reverse switch (left/right).
- ¡ Suitable for all common burs 2,35mm.
- ¡ Low vibration and quiet running.

Technical Details

- ¡ Total weight : 4.0kg.
- ¡ Size : W 313 x H 142 x D 235 mm.
- ¡ Voltage 240V, 50 Hz, 550 W, <59 dBA.
- ¡ Handpiece : 17-22mm, length: 163mm, weight: 138g.

Please note that this is a non stock item. Please allow up to 21 working days for delivery.

Twister Portable Drill (NS)

E6073 - £374.99

The upgraded Twister features an attractive modern design, up-to-date microprocessor technology and a keyboard with soft keys. The softkeys allow the user to vary the speed with the 'plus' or 'minus' keys or programme speed settings that can be accessed via the three memory keys. There is also the option to reverse the direction of rotation or pause rotation using these keys. Practical storage for the handpiece is integrated into the device. The slim shaped gripping case makes fatigue-free and comfortable handling, in both the fist and in the writing position, possible.

Mains operated.

Specifications:

Voltage: 230 Volt / 50/60 Hz
 Power input: 30 Watt
 Speed: Max. 30,000 rpm
 Controller dimensions: L: 160mm x H: 100mm x D: 205mm
 Weight: 1.4kg
 Handpiece dimensions: L: 125mm
 Handpiece weight: 105gms

Designed and manufactured by a leading German manufacturer.

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.

Please note that this is a non stock item. Please allow up to 21 working days for delivery.



Accessories for Twister Drill (NS)

E6075 - £39.90 Foot Switch ON/OFF

E6076 - £70.80 Variable Pedal

NS denotes a non stock item. Please allow up to 21 days delivery.

Podotronic Genius Spray Jet Drill (NS)

E6065 Podotronic Genius Spray Jet Drill - £1,150.00

NEW

Podotronic Spray device with new pump technology.

With a high performance compressor combined with a medical pump, ensure the finest nebulous spray which is stageless and adjustable. In addition, the level of spray intensity can be adapted to the individual needs of the podiatrist.

Familiar features such as the memory function, to store the speed and spray intensity settings are easy to operate using the soft keys on the front of the GENIUS.

A stand-by function for the spray and a general stand-by for all other functions, as well as the podoTRONIC spray handpiece ensuring the finest spray are a matter of course. The Voluminous water reservoir (410ml) allows a long operation time and its advantageous position with pull-off / plug-in system makes refilling quick and easy.

The handpiece is equipped with a brushless motor and operates at a speed of up to max 40,000 RPM. The new ergonomic shape makes the handpiece particularly easy-to-grasp, not least because of its low weight of only 112g.

- ¡ LED handpiece drill option available on request.
- ¡ Mains operated.
- ¡ Foot Switch or Variable Foot Pedal available (see above)

Control Unit

Dimension – 242(W) x 180(D) x 135(H)mm
 Dimension – 140(L) x 17-22-24(D)mm
 Weight unit – 3.0 set
 Weight handset – 112g
 Max speed – 40,000 RPM



Accessories for Genius Spray Jet Drill (NS)

E6067 Foot Switch - £44.99
E6068 Variable Pedal - £86.50

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.
 Please note that this is a non stock item. Please allow up to 21 working days for delivery.

Saeyang K38 Micromotor Drill

E6090 - £299.99

BEST SELLER

The lightweight design makes this drill ideal for domiciliary use.

- ¡ Compact and simple design with digital RPM speed display
- ¡ Non-stage speed control dialling system
- ¡ LED display for battery charging level
- ¡ Automatic safety overload protection and overload warning LED
- ¡ Automatic power saving function after three minutes under no operation
- ¡ Select button switch for hand and foot mode

NOTE - This hand piece is easily removed from the motor without tools (not autoclavable). They can be cleaned/lubricated without dis-assembly.

Motor Handpiece SDE-SH300 (12V)

RPM – 0 – 30,000
 Input DC – 12V
 Weight – 140g
 Dimension – 118mm (L) x 23mm (D)
 Motor Cable Length – 1.5m

Control Unit K-38

Dimension – 67mm (W) x 128mm (D) x 30mm (H)
 Output – DC 12V 2A
 Weight – 277g
 Working Time – 3 hours (continuous)
 Charging Time – 3 hours
 Direction – Forward and reverse

Now in four colours!

Colours Available: RED, WHITE, PINK OR BLACK
 Colour may vary slightly from photograph.



NS denotes a non stock item. Please allow up to 21 days delivery.



Gigasept Instru AF Bath

E4672 - £30.50

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

Dimensions: (W) 28cm x (H) 12.6cm x (L) 18cm



Gigasept Instru AF Solution

P4540 - £42.00 2L Solution

High performance dual action liquid concentrate for cleaning and disinfection of instruments in holding solutions.

- | Effectively destroys pathogens to reduce potential contamination before sterilisation
- | Effective against a range of microorganisms including HBV, HCV, HIV, TB in 15 minutes at 3% dilution
- | Cost effective - 3% concentration makes 66L solution from a 2L bottle

Size: 2 Litre



Ultrasonic Cleaner Solution

E4714 - £35.10

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.
Dilution ratio: 1 part solution to 10 parts water.



Paraffin Wax Bath (NS)

E4110 - £93.99

Ideal for chronic arthritis & joint pain sufferers for the relaxation and repair of stiff muscles, dry skin, tired & over worked hands & feet and much more.

Paraffin therapy is one of the most effective methods of applying deep heat to relieve pain and stiffness. The warm paraffin also moisturizes for healthier looking, softer skin.

Paraffin bath comes with fully adjustable thermostat, lid and plastic filter. (Supplied without wax and accessories).

Capacity: 3kg



Wax Bath Accessories

E4604 - £6.60 Lavender Wax

E4684 - £6.60 Peach Wax

Lavender Wax for Wax Bath

Paraffin Wax with Lavender and Ylang Ylang, 100% pure paraffin wax in 453g bags for application by brush or wax bath. Low melting point wax suitable for use with Therabath. Lavender has soothing properties to calm and relieve stress. Good for skin irritation and rheumatic joints.

Peach Wax for Wax Bath

Peach helps to detoxify, freshen and relax tired muscles while moisturising dry skin.

NS denotes a non stock item. Please allow up to 21 days delivery.

Stools & Chairs

See page
81
for stool with
an incorporated
footrest

Saddle Stool (NS)

F4051 - £220.00

The saddle stool assists with achieving an anatomically correct seating position with the added benefit of a tilting adjustment.

Features:

- i 1 year unconditional guarantee
- i Fire retardant vinyl
- i Height adjustment available
- i Available in 20 colours (see colour chart)
- i Patented anti-microbial technology proven to inhibit the growth of E-Coli and MRSA
- i Excellent levels of wear and longevity
- i Fully washable and impermeable, to aid infection control
- i Suitable for cleaning and disinfecting with dilute solutions of Hypochlorite (10,000ppm)



Please state colour choice when ordering. Colours may vary slightly from those shown.

Carriage charge included in the price.

Podiatrist's Stool - Contemporary Saddle Style Stool (NS)

F4049 - £81.99

Assisted posture without backrest, this ergonomically designed saddle seat has a modern look for the professional treatment room and has a polished chrome footrest. Revolving seat guarantees correct, natural posture and gas lift height adjustment from 48 - 61 cm high, guarantees correct position for treatment.

Supporting weight: 280lb

Carriage charge included in the price.



Compact Stool (NS)

F5520 - £72.99

Gas lift height adjustment stool. A thick (6cm) comfortable, white round foam seat (35cm diameter) and a chromed steel foot ring for comfort and 5 castors for ease of movement. Height adjustment from 51 to an extra high 65cm. Compact rolling base for portability and tight fit areas - only 48cm diameter.

Available in Black or White. Please state colour when ordering.

Supporting weight: 280lb

Carriage charge included in the price.



NS denotes a non stock item. Please allow up to 21 days delivery.



Gas Lift Chair with Backrest (NS)

F5522 - £99.00



Generously upholstered with a fully adjustable lumbar support backrest that tilts back to give you maximum comfort. Gas lift instant height adjustment from 47cm to 59cm. Black 5-star base with easy glide double castors.

White contoured seat and back.

Also available in black. Please state colour required when ordering.

Carriage charge included in the price.



Operators Chair (NS)

F4050 - £175.00 Basic Operators Chair

This Operators Chair is made with extremely durable high specification quality vinyl which is perfect for health environments.

Features:

- ⌋ Vinyl high back operator chair
- ⌋ 2 year manufacturer guarantee
- ⌋ Fire retardant vinyl
- ⌋ 63cm 5 castor base for maximum stability
- ⌋ Gas lift height adjustment
- ⌋ Height adjustable back
- ⌋ Minimal assembly required
- ⌋ Full choice of colours available

Dimensions:

Basic Chair

Seat: 45 cm wide x 44 cm **Back:** 44 cm wide x 41 cm

Base: 63 cm diameter **Height:** 44cm-58cm approximately

Please see Colour chart and state colour when placing your order.

Colours may vary slightly from those shown.

Carriage charge included in the price.



NS denotes a non stock item. Please allow up to 21 days delivery.

Plinth | 2000

Plinth 503CD (NS)

F4004 - £1,395.00 **F4026** - £35.00 Breathing Slot **F4028** - £60.00 Foot Switch - Height only

Divided Leg Podiatry Chair

Entry level single motor chiropody/podiatry chair, extremely strong, stable and versatile being suitable for biomechanics and multi disciplinary use both in clinics and surgeries. This chair offers excellent access and patient comfort. Recommended optional extras are footswitch and breathing hole.

Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam, hardwearing anti-microbial vinyl. Removable fold back arm rests, divided legs, extending and removable heel pads. Able to lift 250kg from its lowest height.

- j Optional footswitch and/ or breathing slot.
- j Robust retractable castors for excellent mobility and safety.
- j Backrest and footrest adjustment by gas strut mechanism.
- j CE marked in conformity with MDD 93/42/EEC Annex IX Class 1
- j Adjustable foot for uneven floors.
- j Full choice of accessories and colours
- j Fully washable / fire retardant Ambia vinyl
- j Couch goes horizontal for patient recovery in emergency situations.



Warranty:

Five year manufacturer's warranty on component parts, with lifetime guarantee on the frame. Option to extend the component warranty for a further 5 years.

Dimensions:

Height – 47 to 97cm approx
Width – 63cm approx
Length – 186cm approx

Additional carriage charge of £65 + VAT per couch will be required when placing your order.

Plinth 503CDT (NS)

F4006 - £1,695.00 **F4020** - £230.00 Motorised back rest **F4027** - £110.00 Foot Switch for dual motor

This twin motor chair is the most popular and has all the features of model 503CD but with the added benefit of seat tilt, greatly enhancing patient comfort and allowing the foot end to rise to a full 60" (153cm), for unrivalled access whilst doing heelwork or for operating when standing up. Recommended optional extras are motorised backrest and foot switch.

Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full tilt, removable fold back arm rests, divided legs, extending and removable heel pads. Able to lift 225kg from its lowest height.

- j Backrest and footrest adjustment by gas strut mechanism.
- j Couch goes horizontal for patient recovery in emergency situations.
- j Stay level swing back arm rests for easy patient access (arms also removable).
- j Robust retractable castors for excellent mobility and safety.
- j Adjustable foot for uneven floors.
- j CE marked in conformity with MDD 93/42/EEC Annex IX Class 1
- j Fully washable / fire retardant vinyl.
- j Full choice of accessories and colours



Warranty:

Five years manufacturer's warranty on components, with lifetime guarantee on the frame. Option to extend component warranty by a further 5 years.

Dimensions:

Height – 47 to 97cm approx
Width – 63cm approx
Length – 186cm approx

Additional carriage charge of £65 + VAT per couch will be required when placing your order.

Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery.

Plinth | 2000

Plinth 50CD (NS)

F4024 - £1795.00

Bariatric Podiatry Chair

With ever increasing issues over handling overweight or obese patients, we have frequently been asked to develop a chair to meet these changing needs. With a 320kg capacity, unbeatable strength, stability, hoist access and all the usual Plinth 2000 features mean that this is the ultimate solution should the need arise to treat clinically obese patients.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/ chair . (Plinth 50CDT F4022 £2,480)

Features:

- j UK Manufactured
- j Safe working load 320kg
- j Lifetime frame & 5 year parts guarantee
- j Retractable castors
- j 16 year average lifespan
- j Hoist clearance 140mm
- j Electric height & back rest operation
- j Divided & extending legs
- j Comfort foam
- j Removable fold back arm rest
- j Easy operation
- j Breathing hole
- j Low running costs
- j Lifetime frame & 5 year parts guarantee
- j Hardwearing anti-microbial vinyl
- j Full choice of colours available (Page 68)

Warranty:

Five year manufacturer's warranty on component parts, with lifetime guarantee on the frame. Option to extend the component warranty for a further 5 years.

Dimensions:

Height – 49 to 98cm approx
Width – 78cm approx
Length – 184cm approx

Additional carriage charge of £65 + VAT per couch will be required when placing your order.



Plinth 93CD (NS)

F4042 - £1,299.00

Divided Leg 90° Drop Chair

New single motor treatment chair with a full 90° leg drop and shorter seat allowing unrivalled patient comfort and access. The model has all of the features of the 500 range, but is stronger, more versatile and features smooth gas spring operated back and foot rests.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/ chair . (Plinth 93CDT F4021 - £1,675)

Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design. Able to lift 225kg from its lowest height.

- j Electric height adjustment as standard.
- j Robust retractable castors for excellent mobility and safety.
- j Backrest and footrest adjustment by gas strut mechanism.
- j CE marked in conformity with MDD 93/42/EEC Annex IX Class 1
- j Adjustable foot for uneven floors.
- j Full choice of accessories and colours (Page 68)
- j Couch goes horizontal for patient recovery in emergency situations.

Warranty:

Five year manufacturer's warranty on components, and lifetime guarantee on the frame. Option to extend the component warranty for a further five years.

Dimensions:

Height – 52cm-101cm approx
Width – 63cm approx
Length – 176cm approx

Additional carriage charge of £65 + VAT per couch will be required when placing your order.



Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery.

Plinth | 2000

Podiacare Economy Couch (NS)

F4000 - £715.00

Our great value, flexible three section treatment couch is ideal for clinics. It is suitable for a wide range of techniques and can be made even more versatile by the addition of a few optional accessories. This height adjustable couch has been designed to be clean and simple, whilst offering a truly stable solution for examination and treatment. With a high quality motor and 'twin lift' frame this couch will provide outstanding service for years to come.

Features:

- ┆ Easy clean powder coated frame in off-white
- ┆ Twin lift design
- ┆ Strong friction free backrest and footrest support
- ┆ 4 toe braked castors for easy movement
- ┆ Able to lift 160kg (25 stone)
- ┆ Face hole fitted as standard
- ┆ UK made
- ┆ CE marked
- ┆ Motor meets IEC 601.1
- ┆ Fire retardant upholstery to BS7176 and BS5852
- ┆ Choice of 3 colours - blue, beige or white
- ┆ Wide choice of accessories
- ┆ Fast delivery

Warranty:

Two year warranty on components and frame.

Additional carriage charge of £65 + VAT per couch will be required when placing your order.

Dimensions:

Height – 50cm-96cm approx
Width – 64cm approx
Length – 180cm approx

Optional extras

(please enquire when ordering)

- ┆ Paper Towel Holder
- ┆ Cot Sides
- ┆ Foot Switch
- ┆ Fold Back Arm Rests



Electric Couch (NS)

F4016 - £949.00

This versatile couch also has the 'unique-touch' gas lift assisted headrest adjustment. This 3-section couch is covered with 7.5cm thick upholstery and comes in a choice of colours. The couch is 70cm wide and comes with locking wheels.

Dimensions:

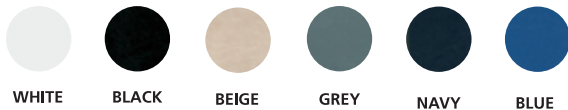
Length: 212cm Width: 70cm Height: 58/95cm

This couch is specially made to order. Please allow 2-6 weeks for delivery.

Please select colour required below when placing your order.

Colours may vary slightly from those shown.

Additional carriage charge of £65 + VAT per couch will be required when placing your order.



NS denotes a non stock item. Please allow up to 21 days delivery.

Skinmate Elite Couch (NS)

F6001 - £1,250.00

A functional design providing the performance you expect for treatment success, allowing access from every angle.

- ▮ Infinitely adjustable to ensure stature is not compromised and correct working posture is guaranteed
- ▮ The simple elegance of the contoured cushions give a greater working surface and increased client comfort
- ▮ Adjustable backrest for maximum comfort and access, finished with 7.5cm deep luxury upholstery
- ▮ Tilt adjustment for comfortable knees up positioning
- ▮ Twin headrest features
- ▮ Small base frame footprint will give maximum leg and knee room
- ▮ Effortless, silent lift height adjustment, descends low enough for wheelchair transfer
- ▮ Abrasion resistant upholstery that is hard wearing
- ▮ Unique foldaway, reversible armrests that become part of the upholstery when not in use
- ▮ Removable extension cushion is also available to increase overall length of couch for treating taller patients
- ▮ 3 year guarantee on electric motors

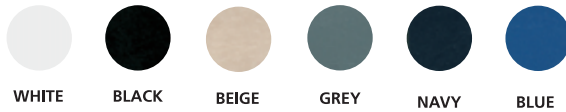


This couch is specially made to order. Please allow 2-6 weeks for delivery.

Please select colour required below when placing your order.

Colours may vary slightly from those shown.

Additional carriage charge of £65 + VAT per couch will be required when placing your order.



Lamps

Portable Daylight Twist LED Lamp

F7013 - £45.99

Ideal for domiciliary work, light and easy to fold and carry around. Comes in white/grey.

- ¡ Bright, mains operated LED lamp
- ¡ "Easy Twist" shade, maximum work space and light angle
- ¡ Lightweight, foldable and flicker free
- ¡ Removable base
- ¡ Height 26cm
- ¡ Weight 1.34Kg



Daylight Foldi + Rechargeable LED Portable Lamp

F7011 - £74.99

Ideal for both domiciliary work and surgery. Light and easy to carry around.

- ¡ Portable, rechargeable battery/ USB powered, led lamp
- ¡ Dimensions: 23.3H x 7.05W x 3.3D cm
- ¡ 1.6m USB Cable
- ¡ Recharges batteries when plugged into USB port
- ¡ 6 hour battery life



Deluxe LED Headband Magnifier

F7001 - £39.99

Ideal for both domiciliary work and surgery.

- ¡ Detachable and adjustable LED white light with magnetic base for separate use
- ¡ Four interchangeable lenses with focal lengths 1.2 x1.8 x2.5 and 3.5mag
- ¡ Headband can fully extended up to 60cm
- ¡ Protection case for lenses
- ¡ 7 cleaning cloth
- ¡ Requires 3 X AAA 1.5v batteries (not included)



Classic Fluorescent Magnifying Lamp

F7000 - £69.99

L.E.D cool natural light magnifying lamp. Features a 3 diopter, 5" glass lens and cover. High Lumen output, yet with low power consumption.

- ¡ Energy Saving of 80% plus
- ¡ Long Lifespan L.E.D's
- ¡ Light without U.V and I.R
- ¡ With **FREE** G-clamp included!



Portable Magnifying Lamp

F7007 - £41.85

White ABS body on an 80cm extending spring balanced arm. Circular 10cm diameter 3 diopter clear lens. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.



Slimline Magnifying Lamp

F7006 - £59.00

A 12.5cm diameter, 3 diopter clear, glass lens with diffuser and 22 watt fluorescent Natural light bulb for optimum visual output and low heat.

The slimline head allows access to work underneath, with a 90cm extending arm that is perfectly balanced for extra stability, with fewer moving parts for fast easy adjustment. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.





Standard Lamp (NS)

F7002 - £52.85

The basic lamp in the range has a white body and comes with an extending spring balanced arm. A sturdy G-clamp will attach the lamp to any flat surface.



Fixed Height Lamp Stand (NS)

F7014 - £56.00

Fixed height white lamp stand with rolling base with 5-star free wheeling castors. Suitable for all lamps shown in this catalogue. Our lower priced lamp stand.



Height Adjustable Lamp Stand (NS)

F7003 - £90.35

Heavy duty lamp stand on a 5 star free wheeling rolling base. Height adjustable chrome stem with twin locking nuts.



Woods Lamp (NS)

F7009 - £99.99

The Wood's Lamp is a simple non-invasive device used for the diagnosis of infective and pigmentary dermatoses.

- i 4 tube hand held unit, mains operated with ON/OFF switch.
- i Lens magnification is 3 diopter.
- i Blackout hood supplied.

NS denotes a non stock item. Please allow up to 21 days delivery.

NS denotes a non stock item. Please allow up to 21 days delivery.

Furniture

Moveable Work Station (NS)

F6202 - £314.99

A neat compact, lightweight unit with height adjustable leg and four castors to allow for mobility. The four storage drawers pull out to full length, with two of them having removable dividers. The pull down shutter covers the drawers to keep the clinic tidy. Comes complete with a standard lamp that is attached by a G-clamp. Can be set up for either left or right handed use.

Dimensions: 98cm W x 48cm D x 74cm H



Contemporary Work Station (NS)

F6203 - £238.50

A stylish moveable work station with four storage drawers for dressings, creams and or stationery. Comes complete with a modern slimline lamp which sits on any flat surface.

Dimensions: 111cm W x 48cm D x 74cm H



Hygienic Storage Unit (NS)

F4013 - £149.00

A self contained mobile store for instruments and supplies. The 6 extra side shelves are ideal for storing creams and solutions. Accessible from both sides of the trolley are 4 pullout drawers, 2 of which are divisional and a pullout disposable/waste bin is located in the lower part of the trolley.

Dimensions: 46.5cm W x 40cm D x 89cm H



NS denotes a non stock item. Please allow up to 21 days delivery.



Stainless Steel Surgery Trolley (NS)

F5581 - £199.50

- ┆ Top shelf with guard lip on 3 sides and drop lip on front.
- ┆ Bottom shelf for storage of equipment.
- ┆ Four anti-static 75mm castors, complete with bumpers, and brakes on 2 castors.
- ┆ Green ABS plastic corner protectors.
- ┆ 2 year warranty

Dimensions: 600(l) x 400(w) x 850(h) mm, (24" x 16" x 34") **Weight:** 9kg



3-Tier Trolley (NS)

F4015 - £94.99

White steel frame trolley with 3 easy wipe wooden shelves. Includes a lamp holder on the steel end frame. 4 easy roll castors with the front ones being lockable.

Dimensions: 78 x 39 x 80cm high



Dressings Trolley (NS)

F4060 - £200.00

Strong, robust construction and powder coated steel frames ensure this trolley will provide practical storage for many years. 2 shelves, 1 drawer

Depth: 45cm **Width:** 61cm **Height:** 75cm (approx)

Features: 1 year unconditional guarantee. Supplied assembled.

NS denotes a non stock item. Please allow up to 21 days delivery.

Gas Lift Podiatry Stool with Foot Rest (NS)

F8010 - £119.99

This model features a wide diameter seat of 45cm.
Dimensions: 62 x 51 x 49cm high.

Gas lift seat adjustment giving height positioning for the Practitioner. The footrest is both height and angle adjustable for client comfort.

Supporting weight: 280lb



Hadewe Adjustable Foot Rest

F4033 - £82.99

Weighing just over 1kg, the Hadewe Foot Rest is lightweight making it easily portable and therefore perfect for use during domestic work. The Foot Rest can easily be manipulated to achieve the perfect foot position through the adjustable height setting (between 460-670 mm) and ability to alter the angle of the cushion. The extra reinforced steel joint also allows you to put up to 20kg of weight on the Foot Rest (Cushion Measurement 220 x 170 x 50 mm) and the legs are designed to spread wide the aid stability when in use.

A carry bag (W 690 x H 320 x D 240 mm) is also included with the Foot Rest to assist with transportation and storage of the product.



Sturdy Foot Rest (NS)

F4030 - £58.00

A highly versatile, sturdy, stable patients Footrest. The moulded padded footrest holds the patients leg steady. Height and tilt adjustable.

Height range: 45 - 55cm. **Weight:** 2.5 kg

Please note: this footstool does not fold down.





All sales are subject to the following terms and conditions. No other conditions shall apply unless agreed in writing prior to placing an order.

VAT

Prices quoted are exclusive of VAT and VAT at the current rate will be added to all invoices (except on items which are zero rated for VAT).

PRICES

Prices may be changed without prior notice. Podiacare Ltd reserves the right to correct clerical omissions and errors in this price list.

For all current pricing, please visit us online.

ORDERS

Due to credit card / bank charges there is a minimum NET order value £10.00 (i.e. all orders must be to the value of £10.00 NET or above).

Orders below £10.00 net will be charged at the £10.00 net minimum order value rate. Cash transactions are excluded from this clause.

All prices are subject to VAT at the current rate.

LIMIT OF LIABILITY

Podiacare Ltd cannot be held responsible in the event of goods not of our manufacture being faulty or delivered late by the delivery agent.

PAYMENT

Orders, including those paid by installments, must be accompanied by payment in full with a cheque or credit/debit card details. Please make cheques payable to 'Podiacare Ltd'.



INSTALLMENTS

Payment by installments is only available on specific items/values as indicated by the company and subject to individual application.

Dates to be entered on installment cheques will be supplied in advance by Podiacare Ltd. An administration charge will be applied on default of payment and settlement in full of any outstanding balances automatically becomes due.

Goods remain the property of Podiacare Ltd until payment has been received in full and the final payment has been cleared. On default of payment, we reserve the right to recover the goods and to enter the buyer's premises to do this.

WARRANTY

Carriage charges are excluded under all warranties of goods/equipment.

STOCK AVAILABILITY

NS denotes a non-stock item. Please allow up to 21 days for delivery.

CARRIAGE

All orders of **FIFTY POUNDS NET OR MORE** will be **DELIVERED FREE OF CHARGE** to UK Mainland only.

All orders under **FIFTY POUNDS NET** will carry a charge of **£4.97 NET** for administration, handling and delivery. (UK Mainland only)

For carriage to non-mainland UK (including The Channel Islands, The Scottish Highlands and Islands, The Isle of Man, the Republic of Ireland and Northern Ireland) delivery will be charged at the current rates applicable. We will endeavour to use the most economical means of carriage available. To place orders for non-mainland UK please contact us on 01628 632449 or orders@podiacare.co.uk

Please note: we are unable to deliver outside the U.K. and Republic of Ireland

DELIVERY

Whilst every effort is made to deliver orders within 5 working days, Podiacare Ltd accepts no responsibility or liability for any kind of failure to deliver within the time quoted due to reasons beyond our control.

Goods will be delivered, by our appointed carrier, to the address given by you at the time of ordering. It is important that this address is accurate. In most instances the parcel will not be left without a signature. If you ask for your delivery to be left somewhere without a signature then this is done at your own risk, we will not be liable for the theft / loss of your package. Please provide us with a delivery address where the parcel can be signed for between 8:00am and 6:00pm. We are able to arrange delivery to your place of work if this is more convenient. We cannot be held liable for any consequential loss caused by late delivery or failure to deliver by our appointed carrier.



URGENT 24-HOUR DELIVERY (Monday-Thursday only, excludes bank holidays)

Order Line 01628 632449

Orders must be placed by 11.00 am Mon-Thurs. This option is only available to the UK mainland.

Next day delivery will be an additional charge of £9.00 net to your order.

The company reserves the right to select the method of delivery.

The company reserves the right to supply orders in partial shipments and invoice these shipments separately (this will not affect free delivery on orders over £50.00).

RETURNED GOODS - CONDITIONS

Podiacare Ltd. operates a policy of **NO RETURNS** on Creams and Medicaments under any circumstances. Podiacare will only accept returns of other goods by previous agreement from Podiacare Ltd.

All goods returned should be accompanied by a returns number, the Buyer's customer number and the invoice number on which the goods were supplied. A credit note cannot be issued if this information is not supplied.

Subject to the above conditions, Podiacare Ltd will accept for credit at a sum equal to that which the Buyer paid for the goods;

- a) Items returned to and received by Podiacare Ltd in a readily re-saleable condition within 10 days of delivery to the buyer.
- b) Items received by the Buyer in an unusable condition; provided that Podiacare Ltd is notified within 3 days of delivery and that the Buyer returns such items unless otherwise instructed, in writing, by Podiacare Ltd.

Creams and or Medicaments will only be accepted for return and credit for the following reasons:

- i To correct an error in delivery
- j In response to a product or batch recall instigated by a manufacturer.
- k Where products or packages are alleged to be faulty.

All claims for shortages or damaged goods must be made within 3 days from receipt of delivery unless Podiacare Ltd have notified you that there will be a delay in delivery. It is the responsibility of the customer to adequately pack the goods, and return via recorded or registered post. Podiacare Ltd will not take responsibility for lost or damaged goods sent to us.

ORDER QUERIES

Podiacare Ltd operates a policy of **NO RETURNS**.

INCORRECTLY SUPPLIED ITEMS

We will only accept return of items incorrectly supplied, by prior agreement between Podiacare Ltd and the customer. The customer must make notification of error to Podiacare Ltd within 3 days from receipt of delivery.

INCORRECTLY ORDERED ITEMS

Items incorrectly ordered by the customer will not be exchanged. i.e.: If you place an order and fail to give both the product code and a description of the item, Podiacare Ltd reserve the right to either supply, in their considered opinion, the item you require or not supply at all.

SHORTAGE OF ITEMS

Items that are to follow will be notified in your delivery. Any shortages excluding items to follow must be reported to Podiacare Ltd within 3 days from receipt of delivery.

DAMAGED AND FAULTY ITEMS

Subject to the above conditions, Podiacare Ltd will accept back for replacement, items that are damaged or faulty providing notification is made within 3 days from receipt of delivery.

PRODUCT RECALL

Items will be accepted for return or credit in response to a product or batch recall instigated by a manufacturer.

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Supplying the professional

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PodiaClave Autoclave

£1,050

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PodiaClave Autoclave

Ideal for the mobile practitioner. The PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

Specifications:

Dimensions: W: 340mm x H: 355mm
Chamber capacity: 9 litres
Max. net weight: 5.6 kg
Sterilising temperature: 134° (Degrees C)

Key features:

- Lightweight and portable
- Supplied complete with printer and instrument basket
- Superb engineering and superior quality – the PodiaClave is made in the UK and comes with a full one year's warranty for peace of mind and comes complete with after sales support.

(Gaskets, printer paper and internal furniture sold separately)

FREE
instrument
basket
included

FREE!
WORTH
£15.99

PLUS FREE Autoclave Cleaning Solution

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.



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LAMP WITH EACH
STARTER KIT
(WORTH NEARLY £70)

Surgery starter kits



Mix and match

to create the perfect
surgery environment
for your practice

Additional carriage charge
of £65 + VAT per couch
will be required when
placing your order.

Value packages from Podiacare that allow you to
start up in business or refurbish an existing room

Starter Kit A (NS)

F8100

INCLUDES:

- 1 Electric Couch (F4016)
- 2 3-Tier Trolley (F4015)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 7 Heavy Duty Lamp Stand (F7003)

£1,233.34

Starter Kit B (NS)

F8200

INCLUDES:

- 1 Electric Couch (F4016)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 6 Moveable Work Station (F6202)
- 7 Heavy Duty Lamp Stand (F7003)

£1,453.34

Starter Kit C (NS)

F8300

INCLUDES:

- 1 Electric Couch (F4016)
- 2 3-Tier Trolley (F4015)
- 3 Additional Station (F4014)
- 4 **FREE** Classic Magnifying Lamp
- 5 Operators Stool With Backrest (F5522)
- 7 Heavy Duty Lamp Stand (F7003)

£1,444.14



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