

## WELCOME TO PODIACARE HEALTHCARE

Podiacare Healthcare was created some years ago at the request of practitioners and has brought low prices and good quality to the profession, including some of the finest ranges of foot creams and treatments in Europe.

This catalogue replaces and supersedes all previous catalogues.

Prices are applicable from 1st January 2019 and exclude VAT.

We have included all the traditional products and preparations, which you regularly use, as well as some new items. If there are any additional items you would like us to carry, then please do let us know. Please send any feedback to info@podiacare.co.uk.

#### **HOW TO ORDER**

#### To supply your order we need the following:

- Your Unique Account Number (For non-members a Unique Number will be issued on your Invoice for future use).
- Your Name
- Your Invoice Address and your Delivery Address (only if different from the Invoice address). Please note that goods will not be left unsigned for unless prior instructions are given to Podiacare Healthcare to leave in a secure location at time of placing the order. The courier company will only accept alternate delivery instructions from their customer, Podiacare Healthcare, not a third party.
- Your Cheque or your full Credit/Debit Card details, (We respectfully ask that you double check that you have completed your cheque or credit card details correctly and in full before submitting your order). Please include the 3 digit security code on the reverse of your card (these can be found on the signature strip and are the last 3 digits of the printed number).
- The Product CODE, a short DESCRIPTION and the QUANTITY of the Product you wish to order.

Failure to supply any of the above will result in a delay in processing your order.

PH Coded Products are available only to qualified Practitioners who have qualified through the SMAE Institute or hold a HCPC registration number.

#### **Stock Availability:**

NS denotes a non-stock item. Please allow up to 21 days for delivery.

#### METHODS OF ORDERING:

By web:	www.podiacare.co.uk				
By telephone:	<b>01628 632 449</b> Mon-Fri 9am-5pm (Bank Holidays Excluded)				
By answerphone:	01628 637 625 24 hour answer phone cleared at 8am daily Monday to Friday				
By post:	Complete the PODIACARE order form and Payment details and return to:  Podiacare Healthcare The New Hall, 149 Bath Road, Maidenhead Berkshire SL6 4LA				
Visit our shop:	Situated next to the car park at The New Hall (8.00am - 5.00pm)				
Delivery/Shipping:	Over £50 net free of charge to UK Mainland only (exc. Scotland Highlands). Under £50 net £5.27 plus Vat. Please refer to our Terms and Conditions for non-Mainland UK deliveries.				
Urgent Next Day Delivery:	Place your order before 11.00am for next day delivery (Available Mon-Thurs, excluding Bank Holidays). Next day deliveries incur carriage charge of £9.00 (added to your order, UK Mainland only).				

If you have any queries or questions relating to your order you may contact us by e-mail at orders@podiacare.co.uk

Please note: We do not operate on a Sale or Return basis.

#### Sales & Marketing Office

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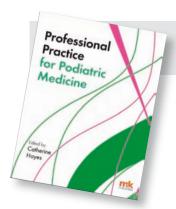
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Podiacare Healthcare

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#### **Professional Practice for Podiatric Medicine**

**B1501** - £25.99



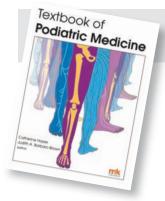
1/8/

Professional Practice for Podiatric Medicine provides an overview of the challenges facing podiatric clinicians in the United Kingdom. The notion of professionalism and the constructs that underpin service delivery are of increasing concern in the current healthcare climate. The topics covered in this text are timely and relevant to new and current clinicians. Podiatry has undergone many changes over the last two decades, and the foremost change has been an increasing emphasis on professionalism in clinical practice. In this book, several experienced podiatric practitioners and healthcare educators contribute chapters on different aspects of podiatry. Principles of leadership and management (which impact on individual career paths) are discussed, alongside the processes of appraisal, work loading and continuing professional development that will shape the future of podiatry.

- Contents include:
- Professional Identity
- Clinical Professional Practice
- Mentorship for Podiatric Practice
- Healthcare Organisations and Podiatry

- Management and Leadership for Podiatry
- Building Strategic Curricula in Podiatric Medicine
- Human Factors and Critical Reflexivity in Podiatric Practice

Edited by Dr Catherine Hayes



#### **Textbook of Podiatric Medicine**

**B1506** - £72.99



1/8/4

This landmark publication offers a single source of reference for the structural and functional capacity of all major body systems. It also provides an insight into the social complexities of working with patients, their families and carers in everyday clinical practice. In adopting this holistic approach to patient care, this text is the first in the discipline to integrate sociological perspectives, public health education and the complexities of mental illness with traditional chapters on human anatomy and physiology.

Edited and authored by an international team of experts on podiatric medicine, science and health, and utilising the latest research, this comprehensive textbook is destined to become a seminal text for the next generation of podiatrists, both as students and as healthcare professionals.

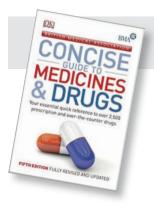
#### Contents include:

- $\blacksquare$  The cardiovascular system  $\bullet$  The peripheral vascular system
- The respiratory system The neurological system
- The musculoskeletal system The renal system
- The hepatic system Immunology
- Inflammatory response and healing Clinical consultation
- $\,\blacksquare\,$  Infection control and infection control in podiatric medicine
- Diabetes Rheumatology
- Neurology Dermatology

- Tissue viability and the management of chronic wounds
- Local analgesia Understanding complex mental illness
- Gerontology Sociological perspectives in healthcare
- Health promotion for podiatric practice Biomechanics and kinesiology
- Podopaediatrics Sports injuries in the lower limb
- An introduction to evidence-based practice and research
- Medicines and podiatric practice

Editors: Dr Catherine Hayes, PhD, MEd, MSc, DPodM, PGCE, FFPM RCPS (Glasg), FCPodMed, (Hon) FFPH, CSci, SFHEA, FRSA, Reader, University of Sunderland. UK

Judith Barbaro-Brown, MSc, PGDip, PGCE, BSc(Hons), BA(Hons), DPodM, MChS, Head of Curriculum and Progression, Durham University, UK



#### BMA Concise Guide to Medicines & Drugs 5e

**B1602** - £9.99





Find out what you're taking with the BMA Concise Guide to Medicine and Drugs, the quick reference guide to more than 2,500 prescription and over-the-counter drugs from Britain's leading medical authority, the BMA.

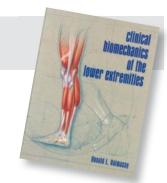
Jargon-free and easy-to-follow, get all the vital information you need on today's drugs fast. Learn how they work, what they treat, their risks, benefits and side effects, and how to use them safely and effectively. Plus find detailed descriptions and facts on 278 commonly used medicines including the latest on travel immunisations.

#### Clinical Biomechanics of the Lower Extremities

B1630 - £89.99



Clinical Biomechanics of the Lower Extremities is a comprehensive text addressing the principles of anatomic and biomechanical development and the clinical application of these principles to disease/disorder management. The emphasis of the book is on practical information applicable to the daily practice of lower extremity care. Topics covered include: the physical examination and the assessment of disorders having a biomechanical basis, casting techniques, prescription writing, orthotic trouble-shooting, splinting and shoe prescription for athletic activity.



Valmassy

#### Clinical Medicine 9e

B1573 - £56.99 Kumar & Clark



The ninth edition of this best-selling textbook of clinical medicine builds even further on its formidable, prize-winning formula of excellence, comprehensiveness and accessibility.

New to this edition:

- 2 new chapters: Global Health and Women's Health.
- 25 new authors.
- New online editor, Adam Feather, with a team of young doctors to augment the e-book which accompanies the print book with clinical tips, key learning points, drug tips, learning challenges, case studies and MCQs.
- Full text redesign to incorporate:

New system overview diagrams for clinical chapters.

 $New \ coloured \ headings \ to \ help \ identify \ content \ relating \ to \ disease, management, investigations \ etc.$ 

New icons to aid text navigation.

11 new members and a new co-editor, Senaka Rajapakse, of the International Advisory Board.

Approx. 1040 illustrations (860 in full colour)

Edited by Parveen Kumar, CBE, BSc, MD, DM (HC), FRCP, FRCP(Edin) and Michael L Clark, MD, FRCP

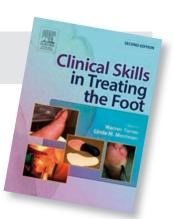


#### Clinical Skills in Treating the Foot 2e

**B1620** - £55.99

A textbook for students and others that looks at the treatment options for foot problems, how the appropriate selections should be made and how they should be incorporated into the management of the affected patient. This eagerly awaited new edition of Clinical Skills in Treating the Foot has been revised and updated with the needs of a broad range of health professionals in mind. For anyone treating patients with foot disorders, Clinical Skills in Treating the Foot will provide invaluable support through three key areas. The text is in 3 main sections: the essential principles of managing foot disorders; methods for managing foot conditions; and the management of specific client groups. Logical and clear text structure makes it easy to use for both clinical reference and student revision.

Turner & Merriman



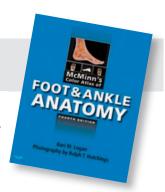
#### Color Atlas of Foot and Ankle Anatomy 4e

**B1500** - £51.99



Phenomenal images of dissections, osteology, and radiographic and surface anatomy provide you with a perfect grasp of lower limb structures. You'll have an unmatched view of muscles, nerves, skeletal structures, blood supply, and more, plus new, expanded coverage of regional anesthesia injection sites and lymphatic drainage. All of these illustrations are shown at life size to ensure optimal visual comprehension.

McMinn





#### Davidson's Principles and Practice of Medicine 22e

**B1562** - £52.99



More than two million medical students, doctors and other health professionals from around the globe have owned a copy of *Davidson's Principles and Practice of Medicine* since it was first published. Today's readers rely on this beautifully illustrated text to provide up-to-date detail of contemporary medical practice, presented in a style that is concise and yet easy to read. *Davidson's* provides the factual knowledge required to practise medicine, explaining it in the context of underlying principles, basic science and research evidence, and shows how to apply this knowledge to the management of patients who present with problems rather than specific diseases. The book has won numerous prizes including being highly commended in the British Medical Association book awards.

Davidson's global perspective is enhanced by the input of an international team of authors and a distinguished International Advisory Board from 17 countries. Building on the foundations laid down by its original editor, Davidson's remains one of the world's leading and most respected textbooks of medicine.

Approx. 1015 illustrations (825 in full colour)

Edited by Brian R. Walker, BSc MD FRCPE FRSE, Nicki R Colledge, BSc (Hons) FRCPE, Stuart H. Ralston, MD FRCP FMedSci FRSE and Ian Penman, BSc MD FRCPE

Colledge & Walker & Ralston



#### Dermatology at a Glance

B2318 - £27.99



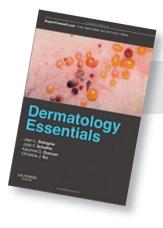
Following the familiar and easy-to-use at a Glance format, this brand new title provides a highly illustrated and accessible introduction to the structure and function of skin. It is the ideal guide for any medical student required to interview and examine patients, identify skin diseases, and develop a differential diagnosis and a treatment plan. Each chapter covers the epidemiology and pathogenesis of the disease, as well as presentations likely to be encountered in both clinical practice and exams.

#### Dermatology at a Glance:

- Is comprehensively illustrated throughout with over 300 high quality colour slides and photographs.
- Covers the key aspects of the British Association of Dermatologists core curriculum.
- Includes 'Key points' and 'Warnings'.
- Features a self-assessment 'picture quiz' to help test learning and recognition, in preparation for dermatology tests.
- Includes a companion website at www.ataglanceseries.com/dermatology featuring self-assessment case studies, key point revision documents, and an image bank from the book.

The descriptive diagrams and photographs, coupled with clear explanations, will help all medical students and health professionals get to grips with the identification and treatment of all of the most common skin diseases.

Chowdhury, Katugampola, Finlay



#### **Dermatology Essentials**

**B2319** - £44.99



Dermatology Essentials, edited by world authorities Drs. Jean L. Bolognia, Julie V. Schaffer, Karynne O. Duncan, and Christine J. Ko, provides the quick answers you need on every important aspect of dermatology and guidance on their application in your day-to-day practice. Derived from the renowned authoritative reference work Dermatology, 3rd Edition, this on-the-go reference distills the essential information needed to quickly diagnose and manage a wide range of dermatologic disorders-without the need for any additional resources.

#### Foot and Ankle Injection Techniques, A Practical Guide, 1st Edition

**B2312** - £47.99

Foot and Ankle Injection Therapies provides the student and practising podiatrist with all they need to understand when, how and what to inject. To support the clinician and student, the text covers:

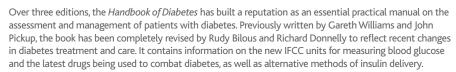
- Changes in legislation.
- The full range of injectable drugs available to the practitioner.
- Essential information on nerve physiology, drug action, equipment, patient selection, injection techniques and many other topics.
- A Step-by-step guide to injection techniques.
- Useful background information in introductory chapters.
- DVD with video clips to supplement the text.

Foot and Ankle Injection Therapies is designed with a lie-flat binding for ease of reference in the clinic. It contains many photographs and clear colour line illustrations of the techniques and underlying anatomy. Introductory chapters give useful background information, and the accompanying CD contains video clips to supplement the text. Edited by two highly respected podiatric surgeons and with contributions from other experts, Foot and Ankle Injection Therapies is a book no student or practitioner will want to be without.

Metcalfe & Reilly



**B2261** - £68.99

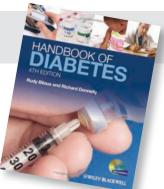


The book has been fully updated and redesigned to make it even more user-friendly and contains case histories, practice points and landmark clinical trials, highlighted in colour in each chapter where appropriate. It also features an entirely new set of clinical photographs with an added bonus of all 250 images from the book available to view on the companion CD. The *Handbook of Diabetes* is the ideal practical handbook for all health professionals with an interest in diabetes care.

Bilous & Donnelly



Pages: 208



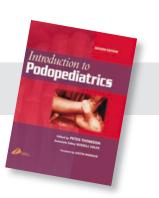
FOOT AND ANKLE Injection Techniques

#### Introduction to Podopediatrics 2e

B1590 - £59.99

A concise but comprehensive introduction to the effective care of foot problems in children. Including coverage of the general specialist and medical conditions which may influence the course of the podiatric treatment. Written by a multidisciplinary international team of contributors under the editorship of a UK practitioner and an American educator and practitioner - both podiatrists.

Thomson





#### Macleod's Clinical Examination 14e

**B2222** - £42.99



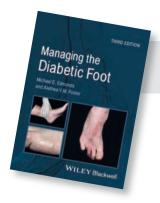
This classic textbook sets out clearly and concisely how to evaluate symptoms and elicit relevant physical signs. It describes the practical skills which every clinician must acquire and develop in order to evolve diagnostic procedures and management strategies and plans. 'Highly Commended' in the 2006 and 2010 BMA Medical Book Competitions, this 14th Edition contains over 500 clinical photographs and diagrams to illustrate the text, with new topics added to make the book even more comprehensive.

#### This Fourteenth Edition has four sections:

- History taking and general examination.
- System examination covering symptoms and signs.
- Examination in special situations including babies & children and the critically ill.
- Assessing clinical examination technique.

Included on the Student Consult site are the specially-recorded videos demonstrating many of the clinical examination routines described in the main text.

Douglas, Nicol & Robertson



#### Managing the Diabetic Foot 3e

**B2262** - £42.99





The 3rd edition of *Managing the Diabetic Foot* once again provides a practical, handy and accessible pocket guide to the clinical management of patients with severe feet problems associated with diabetes, such as ulcers, infections and necrosis. By focusing on the need for a speedy response to the clinical signs, it will enable doctors to make rapid, effective management decisions in order to help prevent deterioration and avoid the need for eventual foot amputation.

Each chapter focuses specifically on the different stages of foot disease and the clinical management required at that particular stage, ie, the normal foot; high-risk foot, ulcerated foot, infected foot, necrotic foot and unsalvageable foot.

Full colour throughout, it will feature over 150 clinical photos, numerous hints and tips to aid rapid-reference, as well as the latest national and international guidelines on diabetic foot management.

Managing the Diabetic Foot 3F, is the ideal go-to clinical tool for all diabetes professionals, specialist diabetes nurses and podiatrists managing patients with diabetic foot problems.

Edmonds & Foster



#### Medical Pharmacology and Therapeutics 4e

**B2314** - £49.99



The fourth edition of *Medical Pharmacology and Therapeutics* provides a complete basis for learning about safe and effective prescribing of modern medicines. It offers all the pharmacology medical students will need - from basic science pharmacology and pathophysiology, through to clinical pharmacology and therapeutics, in line with today's integrated curricula. The disease-based approach and clear presentation of how drugs are used in clinical practice sets it apart from other texts and helps make it such an invaluable guide for all health professionals from the start of their course until after they have qualified.

This new edition has been extensively revised and updated throughout.

#### Key features include:

- Succinct explanations of the major pathogenic mechanisms of each disease and consequent clinical signs and symptoms
- Comprehensive reviews of major drug classes relevant to each disease
- A structured approach to the principles of disease management - outlining core principles of drug choice and planning a therapeutic regimen for common diseases
- Quick-reference drug compendia, which illustrate key similarities and differences among drugs in each class
- New sections on key and evolving topics, including headache and drug treatment in palliative care
- Re-worked art programme to further clarify complex areas
- Fully revised self-assessment questions and case-based exercises - to test understanding and aid revision

Approx. 156 illustrations (150 in full colour)

By Derek G. Waller, BSc, DM, MBBS, FRCP and Tony Sampson

#### Medical Pharmacology at a Glance 8e

**B2316** - £26.99

Medical Pharmacology at a Glance is recognised as an excellent starting point for pharmacology study. This international best-seller is the perfect companion for all medical and health students, providing an accessible, visual overview of pharmacology.

This 8th edition has been extensively updated, especially in the areas of anaesthetics, drugs used in AIDs, cardiovascular drugs, drugs used in anxiety, depression and schizophrenia, urological drugs, drug metabolism, as well as practical concerns such as drug indications and side effects.

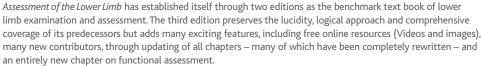
#### Medical Pharmacology at a Glance features:

- The basic principles of drug action, interaction, absorption and excretion
- Chapters based on diseases or syndrome, for efficient clinical learning
- An emphasis on drug mechanisms
- References to the pathophysiology of disease, to aid understanding of drug choice and action
- Case studies with questions and full explanation of answers
- A companion website at www.ataglanceseries.com/pharmacology featuring online cases and flashcards

Michael J. Neal



**B2226** - £48.99



Together with its companion volume (Clinical Skills in Treating the Foot) the new third edition of Merriman's Assessment of the Lower Limb is a truly indispensable guide for podiatry students and practitioners, as well as trainee general practitioners, medical students working in rheumatology, diabetology and orthopaedics, sports therapists and sports medicine trainees.

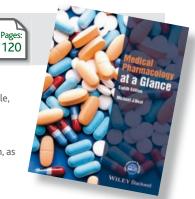
Yates

### Mosby's Pocket Dictionary of Medicine, Nursing, and Health Professions – 8e

**B1605** - £25.99

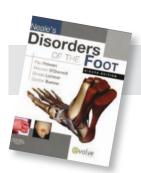
What does that term mean? How is it even pronounced? Make sense of the complex world of health care with Mosby's Pocket Dictionary of Medicine, Nursing & Health Professions, 8th Edition. This comprehensive, portable dictionary offers a unique, strong focus on nursing and health science terminology. Featuring over 56,600 authoritative definitions of diseases, procedures, equipment, drugs, and more, it ensures you have the most reliable health science information right at your fingertips. Word roots and pronunciations help you learn and correctly use medical terminology, and alphabetized screened thumb tabs make finding definitions quick and easy.

By Mosby









#### Neale's Disorders of the Foot - 8e

**B1502** - £64.99



Neale's Disorders of the Foot remains the essential resource for students and practitioners of podiatry. All the common conditions encountered in day-to-day podiatric practice are reviewed and their diagnoses and management described along with areas of related therapeutics. Students will find in this one volume everything they need to know about foot disorders and their treatment in order to pass their examinations, while practitioners will continue to appreciate the book's accessibility and relevance to their daily practice.

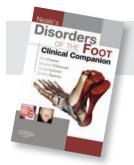
The new eighth edition is more indispensable than ever before with all contributions revised and brought up to date, colour photographs throughout, an all-new clear and accessible full colour design, and its own website including a full image library, video clips of key techniques and interactive self-assessment questions. Whether you need quick reference or more detailed information, the new and improved Neale's Disorders of the Foot is ready to serve the needs of a new generation of podiatry students and practitioners.

#### **Key Features:**

All essential material on common foot disorders and their management is covered, which is required by those studying for their first degree in podiatry.

- Quick and easy access to information is offered through a detailed contents list, comprehensive index, and clear layout with good use of headings.
- Quick and easy learning features make this an ideal text for self-directed study and revision.
- Up-to-date information covers the conditions most commonly encountered in day-to-day practice.

Frowen, O'Donnell, Burrow & Lorimer



#### Neale's Disorders of the Foot: Clinical Companion

**B1505** - £27.99



Neale's Disorders of the Foot Clinical Companion is the essential, portable complement to the new *Neale's Disorders of the Foot 8th Edition*. It is perfect for putting key information in clinical context. Students and practitioners will love its presentation of tips and valuable treatment notes in a handy format that is easy to refer to in the clinic.

All the common conditions encountered in day-to-day podiatric practice are dealt with, and there are many algorithms for ease of use.

This *Companion* will prove to be a really valuable friend when you need rapid reference to treatment guidelines in the clinic.



#### **Principles and Practice of Managing Pain**

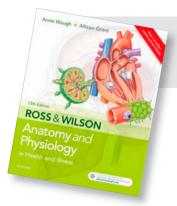
**B1503** - £23.99



The book also considers the experience of pain from the patients' perspective, to help healthcare students better understand the needs of patients who are in pain and how they can improve the care they give. Case studies, tools for decision making, insights on patient experiences and reflective exercises provide opportunities for you to reflect upon your own practice and to develop problem-solving and critical thinking skills. This practical introductory text provides an accessible guide to pain and how it affects patients and care giving. It considers:

- Different pain types including acute, chronic and palliative.
- Assessing pain.
- Treatment and pharmacology of pain control.
- Challenging situations and dilemmas.
- Communicating with patients in pain.
- Ethical and legal aspects of treating pain.





#### Ross and Wilson - Anatomy and Physiology in Health and Illness 13e

**B1515** - £31.99



Ross and Wilson has been the number one choice for over a million students since it first published, over 50 years ago. One of the world's most popular textbooks of anatomy and physiology, it introduces the structure and functions of the human body and the effects of disease or illness on normal body function. More than any other text Ross and Wilson uses easy-to-understand, straightforward language, enhanced by colour illustrations and a huge range of interactive online activities, to make learning more visual and engaging

Ross and Wilson is essential reading for anyone embarking on a career as a healthcare professional, especially in the nursing and allied health professions, complementary / alternative medicine or as paramedics and ambulance technicians.

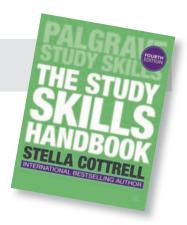
By Anne Waugh, BSc(Hons), MSc, CertEd, SRN, RNT, FHEA and Allison Grant, BSc, PhD, RGN

#### The Study Skills Handbook 4e

**B1510** - £14.99



A no-nonsense, practical guide to help students maximize their potential during their study time. From preparing students for what to expect from Higher Education, encouraging them to think about the skills they already have, providing resources to help them evaluate and manage their own learning and develop good study habits, to helping them understand how learning, intelligence and memory work. The book is packed with sensible suggestions, self-check tables and lots of illustrations. The Study Skills Handbook is an invaluable companion for any student.



Cottrell

#### Transforming Practice through Clinical Education, **Professional Supervision and Mentoring**

**B1811** - £37.99



This publication aims to be a user-friendly resource for supervisors to develop their practice grounded in current theory and evidence. The publication extends beyond past notions of student supervision to include supervision of professionals in their work place and the emergent importance of professional mentoring for ongoing professional development. The publication is written from the perspective of a broad range of health science practitioners, including audiology, dietetics, nursing, occupational therapy, pharmacy, physiotherapy, podiatry, prosthetics and orthotics, radiography, and speech-language pathology. Acknowledging that health science professionals work in busy and often stressful environments, there is a deliberate intention to present complex theoretical material in a simple and person-centred format.

Rose & Best



MANAGEMENT
OF CHRONIC CONDITIONS

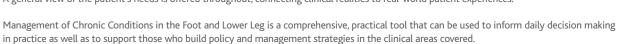
the FOOT and LOWER LEG

#### Management of Chronic Conditions in the Foot and Lower Leg

B1900 - £49.99



Bridging the gap between undergraduate and postgraduate knowledge and experience, this new full colour resource uses an interdisciplinary approach to help manage chronic conditions –  $osteo arthritis, A chilles\ tendino pathy,\ gout,\ rheumatic\ diseases,\ forefoot/rearfoot\ entities,\ stress$ fractures/reactions, cerebral palsy - in the lower limb and foot. Each chapter includes sections on predisposing factors, diagnosis, impairments, function, quality of life and management strategies while highlighting any complex features of a condition which may present. The latest advances are discussed with suggestions for new paths of research - 'future directions'. The text is further supported by additional commentaries from internationally renowned researchers who highlight the key elements of the work and provide a supplementary perspective of the particular clinical condition. A general view of the patient's needs is offered throughout, connecting clinical realities to real-world patient experiences.



#### 50+ Foot Challenges 2e

**B2304** - £30.99



The new edition retains all the benefits of the popular first edition but adds more cases, more illustrations, new sections and invaluable appendices. The same illustrated case-history format as in the first edition presents readers with the clinical problems of each disorder. In each case, a problem-solving approach is encouraged through a question-and-answer format. This guides the reader to the appropriate diagnosis and treatment plan. Clinical tips for improving practice are included and each study concludes with a short list of key points and references to further reading. All those involved in the care and management of patients with foot conditions will find this book an invaluable aide-memoire and guide to their daily practice.

By Colin Thomson, PhD, FCPod(S) and J. N. Alastair Gibson, MD, FRCS(orth)



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Title: Chiropodist/Podiatrist Foot Health Professional Physiotherapist or other (26 letters max):								
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Please tick one: Visiting practice Surgery by appointment Surgery & Visiting practice or any other concise wording to be included to describe your practice, or leave blank for no inclusion (26 letters max):								
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Appointment cards (Foldable) for the distribution to patients. Includes Day, Date & Time grid to record all future appointments.

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Securely lockable, Card Index Cabinets are suitable for 5"x 3", 6"x 4" and 8"x 5" index cards. Single and double width units are available in Grey. A patented linking device enables rigid multi-unit arrangements. All units supplied with a 5-year guarantee.

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#### **Patient Record Cards**

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History and treatment record cards for the recording of patient, general, medical and examination information. Rear of card includes date & treatment and progress record space.

Treatment Record Cards – Continuation Cards. Used in conjunction with S4002 History and Treatment Record Cards, for the continued recording of patient treatment and progress

Each pack contains approximately 100 cards

**Size:** 8" x 5"

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#### **Podiatry Treatment Record Set**

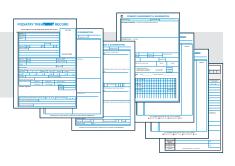
**S4120** - £7.95 50 sets

S4121 - £7.95 Set of 50 Continuation Sheets

For the detailed recording of patient general information & treatment progress.

Continuation Sheets – Used in conjunction with the treatment record set, for the continued recording of patient treatment & progress.

A4 Format. 50 sets per pack. File in A4 or A5 cabinets.





#### Foot and Ankle Anatomy

M6027 - £10.99 Laminated

The Foot and Ankle Anatomy chart shows the major anatomical structures of the joint including bones, ligaments, tendons and muscles.

Size: 60cm x 42cm (A2)



#### Foot and Ankle

M6016 - £18.99 Laminated

Illustrates foot and ankle anatomy including bones, muscles and tendons. Shows medial, frontal, lateral, and plantar views as well as a cross section. Illustrates supination and pronation, hammertoe, bunion, sprains, fractures and fracture fixation.

Size: 67cm x 50cm



#### **Lower Limb Nerves Anterior**

M6040 - £9.99 Laminated



This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the anterior aspect showing which muscles each major nerve innervates.

Size: 60cm x 42cm (A2)



#### **Lower Limb Nerves Posterior**

M6041 - £9.99 Laminated



This Chart provides clear information about the anatomy and major nerves of the Lower Limb on the posterior aspect showing which muscles each major nerve innervates.

Size: 60cm x 42cm (A2)



#### **Skeletal Muscles Anterior**

M6010 - £11.99 Laminated



This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red making the chart colourful and easy to use.

Size: 85cm x 60cm (A1)

All charts are printed on high quality 170 gsm satin paper & gloss encapsulated (laminated) to a thickness of 250 micron for durability and hygiene.

#### **Skeletal Muscles Posterior**

M6011 - £11.99 Laminated



This chart clearly identifies the Major Muscles with simple explanations, defining muscle action and information linking to sporting activity. The deep muscles are illustrated in dark red and the superficial muscles in bright red,

making the chart colourful and easy to use.



**Size:** 85cm x 60cm (A1)

#### **Muscle Attachment Anterior**

M6012 - £11.99 Laminated



This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.



Size: 85cm x 60cm (A1)

#### The Anatomy of the Circulatory System -**Major Arteries and Veins**

M6044 - £11.99 Laminated





This highly detailed chart illustrates how the heart, lungs and blood vessels act as a supply system providing the body with necessary fuels and oxygen contained in the blood. All the major arteries and veins are clearly identified and named.

Size: 85cm x 60cm (A1)

#### **Muscle Attachment Posterior**

M6013 - £11.99 Laminated



This chart clearly identifies the Skeletal System and how the Major Muscles attach to the bone structure.

Origins (Red) and Insertions (Blue) are shown with their Attachments described. This colour system explains Distal and Proximal Attachments for each muscle making it easier to cross reference with the muscles highlighted on the bone structure.

Size: 85cm x 60cm (A1)

#### **Cutaneous Nerves Anterior**

M6042 - £9.99 Laminated



This chart illustrates the origin of cutaneous nerves on the Anterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

Size: 60cm x 42cm (A2)



#### Cutaneous Nerves Posterior

M6043 - £9.99 Laminated



This chart illustrates the origin of cutaneous nerves on the Posterior Aspect together with a description of dermatome distribution. On the right side of the body, the dermatome distribution is shown in different colours and each section is numbered to signify which area of skin is being supplied by the dorsal (sensory) root of a spinal nerve.

The left side of the body shows the anterior cutaneous nerves duly named as well as information about where they arise and which area of the skin they supply.

Size: 60cm x 42cm (A2)



All charts are printed on high quality 170 gsm satin paper & gloss encapsulated (laminated) to a thickness of 250 micron for durability and hygiene.

#### High quality garments designed to give you a professional look, with a comfortable, practical fit.

Alternative sizes available upon request.

#### Womenswear size guide

Alpha o	lpha order size		lpha order size		XS		5	N	1			Х	(L	2	XL	3	XL	4)	ΧL
Dress s	ress size 4		6	8	10	12	14	16	18	20	22	24	26	28	30	32	34		
Dress s	ize (cm)	76	80	84	88	92	96	100	104 / 108	112	116	120	124 / 128	132	136	140	144 / 148		
Euro si	zing	30	32	34	36	38	40	42	44	46	48	50	52	54	54/56				
Bust	ins	30	31	32	34	36	38	40	42	44	46	48	50	52	54	56	58		
	cm	76	79	81.5	86.5	91.5	96.5	101.5	106.5	111.5	116.5	121.5	126.5	131.5	136.5	141.5	146.5		
Waist	ins	24	25	26	28	30	32	34	36	38	40	42	44	46	48	50	52		
	cm	61	63.5	66	71	76	81	86	91	96	101	106	111	116	121	126	132		
Hips	ins	33	34	35	37	39	41	43	45	47	49	51	53	55	57	59	61		
	cm	84	86.5	89	94	99	104	109	114	119	124	129	134	139	144	149	154		



#### Ladies Slim-Leg Trouser (NS)

H0150 - £23.99

Fashion forward slim leg women's trouser, designed to co-ordinate with our tunic collection. Available in 5 classic and vibrant colours these are a must have to complete and smart and professional outfit.

Inside Leg:

Regular (R)

Extra Tall (A)

29ins

31ins

33ins

36ins

Short (S)

Tall (T)

■ Slim leg

Hook and bar waist fastening

200gsm 100% stretch soft-touch polyester

Up to 60 degrees wash

■ Sizes 6 – 28









Sailor

White

Please note colours may vary slightly to those displayed. Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



#### Ladies Trouser (NS)

Flat front white trouser with back elastication for comfort. Smart sewn-in creases.

- Zip fly with hook and bar
- No pockets
- Sewn-in front creases
- Machine washable up to 60 degrees and industrially launderable
- 210gsm 67% polyester/33% cotton
- Also available in Sailor Navy



Inside Leg: 27ins Short 29ins Regular

Tall 31ins Extra Tall 33ins

All measurements are hip measurements.

Please note colours may vary slightly to those displayed. Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



#### **Ladies Comfort Tunic**

**H5400** - £23.99

Non-fade fabric ensures a long lasting professional look. Features an action back and pleat for comfort, pockets and an open-ended zip front for improved infection control. Available in a wide choice of colours. (select below)

- Non-fade fabric
- Two hip pockets, one chest pen pocket
- Machine washable and industrially launderable
- Back length 71 77cm (increases with size)
- 195gsm 67% polyester/33% cotton

Please refer to the sizing guide and measure carefully before selecting your size. Colours may vary slightly from those shown.





#### Ladies Round Collar Tunic with Navy Piping

**H6000** - £24.99

White short sleeve tunic with navy piping. Open-ended zip for improved infection control and two hip and chest pockets. Side vents and double action back pleats for comfort.

- Concealed open-ended zip front
- Two hip and chest pockets
- Double action back
- Machine washable up to 60 degrees and industrially launderable
- Centre back length 75-81cm
- 210gsm 67% polyester/33% cotton.

Please refer to the sizing guide and measure carefully before selecting your size.



#### **Ladies Contrast Trim Tunic (NS)**

Contemporary asymmetrical design with V shaped neckline and shaped contrast pocket top detail.

- Concealed zip front
- Two hip pockets with shaped contrast pocket top detail
- Double action back and vents
- 195gsm 67% polyester/33% cotton
- Centre back length 72 78cm (increases with
- Machine washable and industrially launderable
- Sizes 6-26



Please refer to the sizing guide and measure carefully before selecting your size. Colours may vary slightly from those shown.



#### Ladies Tunic (Zip/Buttons) (NS)

H8200 - £25.99

- 195gsm.
- 67% Polyester/33% Cotton.
- Centre front fastening.
- Side vents.
- Cap sleeves.

- 60° wash.
- Length: Graded by size.
- Sizes: 80 136cm (31½ 53½ins).
- Available in white.

Please refer to the sizing guide and measure carefully before selecting your size. Please specify size required when ordering. Other sizes are available on request.



#### **Ladies Wrap Tunic (NS)**

**H0108** - £23.99

Easycare fabric, flattering cut and a comfortable two-way stretch make this a popular tunic.

- Asymmetrical with distinctive button fastening detail.
- Mandarin collar.
- Two concealed hip pockets.
- Single action back.

- Side vents.
- 200gsm 100% soft touch Polyester.
- Up to 60° wash.
- Sizes 6-26



Refer to the sizing guide and measure carefully before selecting your size.

Please specify size and colour required when ordering. Other sizes are available on request.

Colours may vary slightly to those displayed.



#### **Spare Buttons for Tunic Wrap**

**H6711** - £3.99

10 spare buttons for Ladies Wrap Tunic (H0108).



#### Ladies Long Sleeve Coat (NS)

**H1500** - £24.99

- Square collar with concealed stud front
- Breast pockets on the left, plus two hip pockets. Length 92cm
- Long sleeves and centre back vent.
- 67% Polyester/33% Cotton
- Machine Washable

Please refer to the sizing guide and measure carefully before selecting your size. Please specify size required when ordering.

#### Menswear size guide

Alpha order size		XS	9	5	ı	М		L		XL		2XL		3XL		XL
Chest	ins	32-34	36	38	39 41 42 44 46		46 49			52		56				
	cm	80-88	92-	-96	100-	-104	108	108-112		116		124		132		40
Waist	ins	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54
	cm	66	71	76	81	86	91	97	102	106	112	117	122	127	132	137



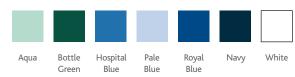
#### Mens Tunic with Navy Piping (NS)

**H9100** - £23.99

Features double action back and vents for comfort and ease of movement and an open-ended zip front. Now available in 7 colours.

- Open ended zip front.
- Two hip pockets, one chest pen pocket.
- Machine washable.
- Back length 76 80cm (increases with size).
- 195gsm 67% polyester/33% cotton.

Please refer to the sizing guide and measure carefully before selecting your size. Select colour choice when ordering. (Colours may vary slightly from those shown)





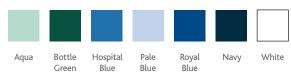
#### Mens Tunic - White (NS)

**H9000** - £25.99

Men's asymmetric stud front detail tunic is ideal to create a professional medical uniform. Features a half belt back and practical pockets.

- Half belt back
- Short Sleeved
- Mandarin Collar
- Left hip and chest pockets
- Back length 76cm (30inches)
- 210gsm 67% polyester/33% cotton
- Machine Washable

Please refer to the sizing guide and measure carefully before selecting your size. Select colour choice when ordering. (Colours may vary slightly from those shown)





#### Mens Long Sleeve Coat (NS)

**H1000** - £24.99

Men's stud coat that offers fuller length protection Features three practical pockets with concealed stud front for a professional look. Durable polyester/cotton construction.

- Concealed stud front
- Two hip pockets, one chest pocket
- Back vent
- Machine washable and industrially launderable
- Length 100cm / 39ins
- 245gsm (210gsm white) 67% polyester/33% cotton

Please refer to the sizing guide and measure carefully before selecting your size.



#### Men's Concealed Elasticated Waist Trousers

**H8900** - £20.99

Men's innovative trousers with hidden elasticated waistband - a garment that moves with you, giving you extra comfort and a great fit. Feature two hip pockets, back welted pocked and zip fly with hook and bar fastening.

<ul><li>Zip fly, hook and bar fastening</li></ul>	Inside Leg:	
Two hip pockets and back welt pocket	Regular (R)	31ins
Machine washable and industrially launderable	Tall (T)	32ins
■ 195gsm 67% polvester/33% cotton	Extra Tall (A)	36ins

Please note colours may vary slightly to those displayed.

Available in Black or Sailor Navy

Please refer to the sizing guide and measure carefully before selecting your size and inside leg measurement.

Please specify size and colour required when ordering.



#### **Unisex Surgical Scrub Trousers (NS)**

**H7100** - £14.99

Unisex scrub trousers suitable for a professional healthcare uniform. Lightweight, hardwearing and practical with one back pocket.

	Elasticated drawstring waist	Siz	es a	available:
•	Machine washable and industrially launderable			61 – 66cm Waist 71 – 76cm Waist
•	Inside leg: Short (S) 29ins, Regular (R) 31ins, Tall (T) 33ins, Unhemmed (U) 38ins			81 – 86cm Waist 91 – 96cm Waist
	145gsm 67% polyester/33% cotton	XL	:	102 – 107cm Waist
		XX	L:	112 – 117cm Waist

Please measure your waist and inside leg carefully before selecting your size.



#### **Unisex Surgical Scrub Tunic (NS)**

**H7000** - £14.99

Lightweight, comfortable, quality unisex scrubs in a practical design for easy wear. With side vents for a better fit against the hip.

<ul><li>Two hip pockets, one chest pocket</li></ul>	Sizes available:
■ Colour: Pale Blue	XS : 76 – 81cm Chest
■ Side vents	S : 86 – 91cm Chest
■ Back length 74cm	M : 96 – 102cm Chest
<ul> <li>Machine washable and industrially</li> </ul>	L : 107 – 112cm Chest
launderable	XL : 117 – 122cm Chest
<ul><li>145gsm 67% polyester/33% cotton</li></ul>	XXL: 127 – 132cm Chest

Please measure your chest carefully before selecting your size.

#### Toffeln UltraClog Lite (NS)

H7820 - £38.99

Toffeln UltraLite clogs are the ultimate in comfort and function. Specially designed fit enables feet to spread naturally and soft leather insoles relieve tired soles. Flexible, anti-static and slip resistant soles. Easy-to-clean leather uppers available in a wide range of colours.



- Easy to clean.
- Adjustable heel strap.
- Shock absorbent heel.
- Clogs navy, clogs black, sizes 3-12.
- All other clogs, sizes 3-8.
- Unisex.



Please specify size and colour required when ordering.

#### Toffeln Ezi-Klog (NS)

H0051 £34.99

With a better fit and latest styling, the slip resistant rubber outsole provides improved levels of safety. Sizes 3-12.

- Ezi-Klog is made from our lightweight E-tech™ material that is anti-bacterial, anti-microbial and recyclable.
- Lightweight.
- Adjustable heel strap.
- Closed-in heel.

■ Shock absorbing heel.

- Side vents specially designed to prevent fluid penetration.
- Exceeds EN 347.
- Machine washable at 50°C.







White





Black

Navv

Please specify size and colour required when ordering.



#### Fob watch

**H5900** - £5.85

- Fun, bright and bendy fob watches.
- High accuracy analogue quartz movement.
- Gel / Silicon Rubber Housing.
- Pin on construction.
- Ideal for infection prevention and control.



#### Please specify colour required when ordering.

Dark Blue, Light Blue, Royal Blue, Red, Black, Pink, Hot Pink, Purple, White, Dark Green, Light Green



#### **Metal Fob Watch**

**H5905** - £6.20

This model is the best selling traditional metal fob watch. The watch has a highly polished silver finish and a clear mother of pearl dial. A safety catch is fitted over the pin.

Spare battery included.





#### **Lightweight Domiciliary Bag**

**E4661** - £89.99

This lightweight bag is only 1.1kg, made from a material called Ripstop and is ideal for domiciliary work.

- Various fold down compartments
- Large central storage unit
- Lots of useful pockets, some with elastic to hold small items securely

Dimensions: 52cm x 24cm x 29cm

- Sharps bin and a small separate bag included (as shown)
- Carry handles, a detachable shoulder strap and useful backpack straps for ease.





#### **Practitioners Domiciliary Bag**

**E4676 (Domiciliary bag)** - £145.00 **E4679 (Optional trolley)** - £26.99

An attractive, professional case which is lightweight and comes with shoulder straps and backpack straps. It also comes with a matching strong tote bag suitable for small domiciliary drill or spares/accessories. (Products not included).

Maximum recommended contents weight: 5kg





#### **Morgan Domiciliary Bag**

**E4660** - £49.99

Soft leather-look bag, equally suitable for those newly qualified as well as those looking for extra space to carry the essential supplies on a busy day. Small and light with many compartments, some with built in elastic/material pockets to hold individual items securely.

Dimensions: 48cm x 30cm x 27cm (L x W x H)

Weight: 1.5kg



#### Multy's Domiciliary Bag

**E4565** - £47.99

- Black polyester soft multipurpose bag
- Great capacity main foamed space with a detachable divider
- 1 flat pocket, 2 net pockets
- 2 foamed medium capacity pockets
- Handles and shoulder strap
- Recommended contents weight: 3.5kg
- Dimensions: 34L x 20H x 20W cm
- Weight: 0.42kg empty



#### **Chiro III Visiting Case**

**E4612** - £185.99

Durable PVC case with internal pullout drawer system. Combination locks and side pockets.

Dimensions: 41cm x 22cm x 32cm (L x W x H) Weight: 5.3kg



#### Jumbo Box & Spare Drawers for Chiro III Visiting Case

**E4635** Jumbo Box – £99.99

Jumbo Box – Grey insert with all drawers fitted (foam not included)

Spare Drawers

**E4630** - £2.95 1L **E4634** - £10.99 4LA

**E4631** - £3.35 2L **E4639** - £14.75 Foam Insert for Lid **E4632** - £4.90 1LA **E4638** - £5.80 Drawer Foam Insert for **E4633** - £5.90 2LA Dropper Bottles

1L	2L	21.4	
1L	2L	2LA	
1LA	4LA		
1LA	4LA		
1LA	4LA		

#### Couch and Wiper Roll

#### Wiper Roll

D5825 - £1.95 Single

100% recycled material, quality is guaranteed. Soft, strong, absorbent and with easy tear perforations, each roll is individually wrapped.

- Roll size: 25cm x 40m.
- Colour White
- Ideal for wiping furniture and equipment

#### **Premium Blue Couch Roll**

D5822 - £3.90 Single

**D5822-12** - £42.90 Pack of 12 - £ SAVER

Premium Luxury 3 Ply 20" Blue Couch Roll

3 ply luxury couch roll, heavyweight and manufactured in the UK from 100% recycled material. Soft and absorbent and with easy tear perforations, each roll is individually wrapped and fits most dispensing systems. Ideal for where that extra quality and strength is required.

- Roll size: 50cm x 36m.
- 12 rolls per case.

MULTI-BUY OFFER: Purchase a case of 12 and only pay for 11! (1 FREE Roll)

# D5820 - £3.60 Single White D5821 - £3.60 Single Blue D5820-9 - £28.80 Pack of 9 White - £ SAVER D5821-9 - £28.80 Pack of 9 Blue - £ SAVER

Our 2 Ply 20" couch rolls are our best selling, best value range!

Durable, soft and strong for patient and customer care. With a wide range of uses in a clinical environment, they feature easy to tear, perforated sheets. Their 2 ply structure increases strength, absorbency and softness. They can be used to cover a surface, or as a wipe, providing effective protection and improved hygiene and infection control.

- Hygienic cover for couches
- Strong, durable, 2 ply paper
- Dimensions 500mm x 40m
- Nine rolls per case

MULTI-BUY OFFER: Purchase a case of 9 Couch roll white or blue and pay for 8 (1 FREE Roll).

#### **Gloves**

#### Nytraguard Bluple Nitrile Powder Free Gloves

 100 Gloves per box - £4.59
 200 Gloves per box - £7.10

 M1300 Extra Small
 M4604 Extra Small

 M1301 Small
 M4605 Small

M1302 Medium M4606 Medium
M1303 Large M4607 Large
M1304 Extra Large M4608 Extra Large





Now available in boxes of 100 or 200, providing excellent value and our best value nitrile gloves. Nitrile is rapidly becoming the material of choice for many FHP's and Podiatrists as it has similar properties to latex, but benefits from being free of any natural rubber proteins. A medical grade, super lightweight glove giving you a high degree of comfort, great sensitivity and toughness.

- **High stretch and elasticity** very high degree of comfort and fit
- Maximum biological resistance for protection
- High durability tear and puncture resistance
- Fingertip textured for added finger grip with smoother palms for patient comfort
- Excellent barrier protection effective against all biological organisms
- Latex free free from natural rubber latex proteins
- Super lightweight, thin wall construction very high sensitivity
- Easy donning inside of glove specially treated for ease of donning
- Powder free for hygiene and convenience
- Choose 100 or 200 gloves per box
- Available in 5 sizes







#### Vinoguard Essentials Powder Free Clear Vinyl Gloves - £3.59

M4579 Extra Small (premium range) M458

M4580 Small M4581 Medium M4582 Large

M4583 Extra Large (premium range)





Vinyl is a synthetic polymer, more commonly known as polyvinyl chloride (PVC). Vinyl gloves are a low cost option for minimal risk tasks, as they are of lower performance than nitrile and latex gloves.

The Vinoguard® range comply fully with The Medical Devices Directive, and may, therefore be used for medical examination purposes, as well as general purpose tasks.

- Smooth finish silky finish either wet or dry, ideal for washing patients and fragile skin
- Regulatory compliance medical grade and minimal risk PPE, for low-risk tasks
- Cost effective low cost, suitable for general purpose and patient care tasks
- Available in 5 sizes

- Low elasticity looser fit, but strong enough to prevent ripping on donning
- Latex free to prevent Type I (natural rubber latex) allergies
- Barrier protection basic protection against biological organisms
- Powder free
- 100 Gloves per box



#### Cyraguard Essentials High Dexterity Latex Powder Free Gloves - £4.45

M4499 Extra Small M4500 Small M4501 Medium M4502 Large M4503 Extra Large



Cyraguard® Essentials is a regular gauge high quality latex glove, for increased sensitivity

of touch and comfort. Stringently tested and approved for medical examinations, this versatile glove offers a lower cost latex glove for a wide range of clinical and general purpose tasks. A high quality latex glove that enhances dexterity and sensitivity when in use.

- Regular construction provides the ultimate in sensitivity
- Ultimate stretch for the ultimate in comfort and fit
- Medium durability for tear and puncture resistance
- Maximum biological resistance for best protection
- High grip naturally grippy material
- Available in 5 sizes

- Easy donning for speed and convenience
- Advanced manufacturing minimises free natural rubber latex proteins
- Powder free convenience & reduced natural rubber latex allergy risk
- Colour cream
- 100 gloves per box



#### Nutouch 1.5 Blue 9 Newton Nitrile Powder Free Exam Gloves - £4.99

M9011 Extra Small M9014 Large
M9012 Small M9015 Extra Large

M9013 Medium

- A higher grade soft 9 Newton nitrile glove.
- Excellent quality glove with textured fingers for maximum grip, suitable for a wide variety
  of medical applications.
- Offers a latex free alternative suitable for latex allergy sufferers.
- 100 gloves per box.



#### Nutouch 1.5 Clear Vinyl Powder Free Gloves - £3.99

 M9031
 Xtra Small
 M9034
 Large

 M9032
 Small
 M9035
 Extra Large

 M9033
 Medium

 $Contains \ no \ natural \ rubber \ latex \ and \ offers \ extra \ protection \ against \ certain \ chemicals.$ 

- 100% Latex free 100% polyvinyl chloride.
- 100 gloves per box.

#### Nutouch 1.5 Latex Powder Free Exam Glove - £4.75

M9021 Extra Small M9024 Large M9022 Small M9025 Extra Large

M9023 Medium

- A high quality latex glove that enhances dexterity and sensitivity when in use.
- Textured fingers and palms for enhanced grip.
- Protein levels are less than 50 micrograms per gram, lowering the incidence of allergic reaction.
- 100 gloves per box.

#### **Nutouch 1.5 Blue Sensitive Nitrile**

Powder Free Gloves - £7.50

M9004 Large M9001 Xtra Small M9002 Small M9005 Extra Large

M9003 Medium

- Specifically designed to provide a supple thin film barrier that enhances dexterity and sensitivity.
- Combines a latex-like feel with the benefits of nitrile.
- Contains no natural rubber latex, perfect for latex allergy sufferers.
- Beaded cuff to aid donning.
- 200 gloves per box. Excellent value when compared to boxes of 100 gloves.

#### **Latex Powder Free Sterile Surgical Gloves**

M4508 - M4513 - £32.50. 100 gloves per box

Micro roughened surgical gloves. Gel coated for enhanced donning. Superior tactile sensitivity. Soft flexible feel.

Code	Size	Palm width (mm)	Length (mm)
M4508	6	77 +/- 5	Min. 275
M4509	6.5	83 +/- 5	Min. 280
M4510	7	89 +/- 5	Min. 280

Code	Size	Palm width (mm)	Length (mm)
M4511	7.5	95 +/- 5	Min. 285
M4512	8	102 +/- 6	Min. 285
M4513	8.5	108 +/- 6	Min. 285

#### **Instrument Cleaning**

#### Gigasept Instru AF Bath

E4672 - £30.50

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

**Dimensions:** (W) 28cm x (H) 12.6cm x (L)18cm

#### Gigasept Instru AF Solution

**P4540** - £42.00 2L Solution

High performance dual action liquid concentrate for cleaning and disinfection of instruments in holding solutions.

- Effectively destroys pathogens to reduce potential contamination before sterilisation
- Effective against a range of microorganisms including HBV, HCV, HIV, TB in 15 minutes at 3% dilution
- Cost effective 3% concentration makes 66L solution from a 2L bottle

Size: 2 Litre

#### **Ultrasonic Cleaner Solution**

**E4714** - £35.10

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.

Dilution ratio: 1 part solution to 10 parts water.











#### Miscellaneous



#### **Spray Bottle**

M5999 - £1.50 150ml M5998 - £1.85 250ml





#### **Trigger Spray Bottle**

M6000 - £1.55

250ml trigger spray bottle



#### **Hand Pump Dispenser**

P4546 - £4.99 for 1 litre and 500ml bottles

Dispenses 3ml per application includes 2 tubes. For use with our Desderman and Mikrozid 500ml and 1ltr bottles.



#### Paper Towel Dispenser

E6050 - £15.85 Dispenser

E6055 - £1.40 Paper Towels (176/pk)

Lockable white, impact resistant ABS plastic dispenser. Standard size holding 2-3 sleeves of towels.



#### **Surgical Drape**

M4005 - £1.30 Single

Sterile surgical drape with Ø5cm adhesive fenestration, an essential item for minor surgical procedures. Size: 60cm x 50cm

#### **Protective Clothing**



#### Disposable Apron

M4600 - £2.99 Pack of 100

Premium White Polythene aprons in an easy to use dispenser pack, providing a high level of hygiene and suitable for many applications.

Size: 27" x 42"



#### **Com-Fit Masks Super High Filtration Face Masks**

M5000 - £4.25 Pack of 10

**M5000-40** - £15.99 Box of 40 **£ SAVER** 





Provides a higher level of protection.

- Two-way DELNET® film barrier provides fluid protection with excellent breathability
- 99% at 0.1 micron, fluid resistant at 80mm/Hg
- Delta P of 2.7

- Foam strip keeps glasses fog free
- Hypoallergenic and latex free
- Produced to EN 14683 Type II

Available to purchase as a pack of 10 or **£ SAVER** box of 40

#### Face Mask (Ear Loop)

M5053 - £0.85 Pack of 10

M5053-50 - £3.25 Box of 50 £ SAVER

that conforms to the contours of your face. Suitable for general medical, veterinary or surgical use providing protection against airborne germs and infection.



- Blue in colour.
- Latex free, reducing the risk of associated allergies
   Non sterile. (including elasticated ear loops).
- Economical, light and breathable.
- 3ply filter construction, type II filtration efficiency exceeds 98% (meltblown filter).

Nuguard Earloop facemasks are highly comfortable, light and breathable. Made with an integral nose bridge

- Non-woven inner layer.
- Produced to EN14683 specifications.



#### Face Mask

M5058 - £0.90 Pack of 10

**M5058-50** - £4.00 Box of 50 **£ SAVER** 

Preformed facemask with elasticated headband, covering the nose and mouth.

- General purpose protection against non-toxic nuisance large particles.
- Strong and robust.



#### **Protex Face Mask**

M5062 - £3.90 Pack of 2

#### Two General Purpose Disposable Dust Respirators

This slim lightweight design protects against particulate dusts, fumes and pollens. The advanced filtration system is at least 90% effective against fine dusts. The fold flat design fits the contours of the face and is comfortable to wear over a long period.

- Filtering facepiece Respirator EN149:2001, A1:2009 FFp2 NR
- 100% cotton inner lining
- Hand Shaped and Sewn



#### **Boston Safety Eye Shield**

M5077 - £2.50

Clear safety glasses that may be worn over spectacles.

- Wraparound clear visitors spectacle.
- Polycarbonate lens.
- Ventilated side arms.

- Low impact and 99.9% UV protectec.
- Width 157mm.
- Conforms to EN166 and ANSI Z87.1.



#### Vegas Safety Eye Shield

**M5078** - £3.00

Safety glasses. Not suitable for wearing over spectacles.

- Ultra lightweight
- Polycarbonate Wrap around lens.
- Low impact & 99.9% UV protected.
- Sleek contoured shape.

- Scratch resistant.
- One piece side arm.
- Conforms to EN166 -1F



#### **Skin Disinfectants**



#### Clinell Individual Antibacterial Hand Wipes

**D5588** – Pack of 10 £0.85 **D5588-100** – Box of 100 £5.99

The Clinell Antibacterial Hand Wipes are the most effective antibac wipes on the market as, not only do they disinfect your hands, they also clean your hands; something that alcohol gel hand rubs fail to do. Suitable for use on feet. Using a formula developed by medical doctors, the wipes work in 10 seconds killing 99.999% of germs which make them ideal for healthcare professionals in the field. Clinell Antibacterial Hand Wipes are also dermatologically tested and contain aloe vera and moisturisers to help maintain healthy skin.

#### **Features**

- Disinfects and cleans hands and feet
- Kills at least 99.999% of germs
- Dermatologically tested
- Individually wrapped wipes

Available as a handy pack of 10 or box of 100. Please state when ordering.



#### Care Cleanse – Skin Cleansing Wipes

**D5569** - £5.99 Tub - 200 wipes

Care Cleanse - Skin Cleansing Wipes are highly effective wipes that can be used as a convenient and efficient method of cleansing, which is gentle to the skin. These medium sized wipes are made from a strong and durable non-woven material to ensure they retain their integrity during use.

- Gentle cleansing wipe, specially formulated with mild surfactants to cleanse the skin leaving it feeling soft but non greasy
- Alcohol or Lanolin free
- Lightly Fragranced to leave the skin clean and fresh
- PH Balanced.
- Supplied in a handy dispensing tub with resealable flip top lid.
- 200 x 200mm
- 200 wipes per tub



#### **Oasis Skin Cleansing Wipes**

**D5570** - £2.65 Tub - Pack of 50

Gently cleanses and moisturises skin to leave it soft and smooth. Kind to skin formula contains very mild surfactants to clean skin with no drying effects. Good for hand hygiene as well as an effective body wipe.

- Ideal for patients with sensitive skin.
- Alcohol and lanolin free.

- 33 x 22cm.
- 50 wipes per pack.



#### **CHLORHEXIDINE 0.5% in Ethanol 70% Pink**

**P4530** - £5.79 600ml Refill **P4531** - £3.35 200ml Spray Bottle

Chlorex Pink – A skin preparation for rapid disinfection which provides reassuring protection for personal skin hygiene. Available as a 600ml refill or 200ml spray bottle.



#### PRE-MIXED - CHLORHEXIDINE 2% in 70% IPA 500ML in a 600ml bottle

**P4400** - £8.49

This product is a fast acting skin disinfectant and is effective against a wide range of bacteria, yeasts and viruses. Chlorhexidine 2% is a biocide and not indicated for therapeutic application.

- For general skin disinfection for hygiene purposes only
- chlorhexidine Gluconate 2% w/v in Isopropyl 70% v/v combining immediate and sustained effect to prevent microbial re-growth
- Broad efficacy spectrum (incl.bacteria. MRSA, yeasts and enveloped viruses)

#### Hospiguard Alcohol Hand Rub

**P4460** - £3.99 500ml Pump Bottle

P4462 - £1.35 60ml

P4463 - £0.85 Retractable clip for 60ml

With Aloe Vera, Skin Conditioners and Moisturisers

- Powerfully Effective: Independently tested to European and British Standards EN1500, EN13727, EN12504 and EN 14476.
- Effective against bacteria and viruses.
- User Friendly: Contains ALOE VERA and cosmetic grade skin conditioners (emollients) to safeguard users hands and reduce the likelihood of irritation and sensitisation.
- Dermatologically Tested: Product has been dermatologically tested to be proven safe and kind to skin.
- Superior cleansing & disinfection action: Proven to be fast acting.
- Environmentally friendly: Proven by independent audits to be non-toxic, biodegradable and nonaccumulative in the eco system.
- High Alcohol Levels: Product contains 85% (w/w) of Alcohol.
- Non Sticky & Quick Drying: Encouraging healthcare professionals and visitors to more regularly clean and sanitise their hands.

500ml pump bottle and 60ml hand gel available



#### Desderman Pure Alcohol Gel

P4563 - £1.75 60ml

P4565 - £1.65 Retractable Belt Clip for 60ml

**P4406** - £6.30 500ml **P4407** - £8.99 1 Litre

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 90 seconds.

- Easy and ready to use
- Quick drying without leaving a sticky residue
- Kills Norovirus in 15 seconds
- Hygenic disinfection in 30 seconds
- Surgical disinfection in 90 seconds
- Contains balanced emollients meaning frequent use will not dry out your skin
- Colour and perfume free to reduce allergic and skin irritation

Buy with our Rectractable Belt Clip P4565 See page 28 for Hand Pump Dispenser P4546



#### Desderman® Pure Liquid

**P4405** - £6.30 500ml **P4410** - £8.99 1 Litre

Advanced rapid acting alcohol based hand rub formulated for hygienic and surgical hand disinfection in 30 seconds (hygienic) & 3 minutes (Surgical).

- Colour and perfume free.
- Excellent efficacy and increased skin compatibility.
- Balanced emollient ingredients protects against irritation and dryness.
- Effective against bacteria. (Tb, MRSA, VRE), fungi and viruses (inc. HBV, HCV, HIV, Polio, Herpes simplex, Adeno, Rota and vaccinia virus) in 90 seconds.
- Suitable for frequent use.

See page 28 for **Spray bottles** 

# Dudward Land Company C

#### **Elbow Dispenser**

**P4504** - £39.50

Wall mounted dispenser for 500ml and 1 litre bottles. Significantly reducing the risk of cross-contamination via hands. To be used in conjunction with (P4406 & P4407 Pure Gel).



P4603 - £2.99 500ml

Deep cleansing wash lotion for regular use in clinical and medical environments. Gentle soap-free wash lotion designed for washing prior to surgical practice.

- Balanced emollient ingredients protect against irritation and dryness
- PH Neutral and soap free
- Preserves the acidic protective layer of the skin
- Suitable for all skin types
- Fresh smell and pleasant colour for a cosmetic feel
- Contains allantoin





#### Isopropyl Alcohol BP

P4541 - £5.25 600ml

For all purpose cleaning.

Pre and Post Op Disinfectant Solution (To be mixed with Podiacare Concentrated Chlorhexidine - P4522)

- Mixing percentages (IPA & Chlorhexidine)
- 78% Isopropyl Alcohol

- 20% Purified Water (P4501 Sterile Water)
- 2% Chlorhexidine Gluconate



#### **Surgical Spirit**

**P4500** - £2.35 200ml

Surgical spirit is a solution of ethanol, methanol and some other ingredients. The important application of surgical spirit is to disinfect small cuts and for sterilising and hardening the skin. It can also be used to clean surgical instruments.

Surgical spirit works against bacteria, virus and fungus.



#### **Hydrogen Peroxide Solution**

P4591 - £1.25 (3%) BP 10vols. 200ml

Through oxidation of this solution when used, it has a real use in clearing impacted debris from tissue. Particularly useful in clearing nail sulci.



#### Sterile (Distilled) Water

P4501 - £2.99 1 Litre

Sterile Water is suitable for general surgery use. Suitable for use in Autoclaves.



#### Irriclens Sodium Chloride Aerosol 0.9% W/W 240ml

**D5630** - £5.45

Sterile Saline Aerosol. This saline solution is ideal for irrigating sensitive skin and flushing out minor abrasions.

- A clear, odourless, sterile aqueous solution containing 0.9% w/w sodium chloride Ph.Eur in a non metered aerosol can
- For the topical irrigation and cleansing of wounds
- Irriclens sterile saline solution will spray in any position even if held upside down
- Preservative free
- 0.9% w/w Sodium Chloride Ph.Eur



#### Octenilin

**D5600** - £8.40 20ml

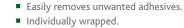
Wound gel for cleansing, moistening and decontamination of encrusted contaminated and chronic skin wounds...

- Creates an ideal wound healing environment to support the natural healing process.
- Contains Octenidine as a preservative, capable of inactivating pathogens.
- Colourless and odour absorbent.



#### Zoff

**D5970** - £6.50 - Pack of 20 adhesive remover wipes.



- Impregnated with alcohol based solution for fast, effective adhesive remover.
- Can be used on skin, surface or instruments.
- Contains Aloe Vera extract and kind to the skin.



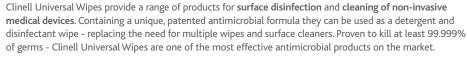
#### Surface Disinfectants

#### Clinell Universal Wipes

**D5586** - £1.99 Pack of 40 **D5587** - £5.85 Pack of 200





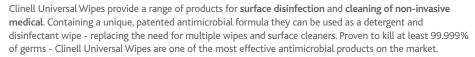




This revolutionary formula contains a mix of different biocides. Each biocide has a different mechanism of action, reducing the risk of germs developing resistance. According to European standard tests: EN1275, EN1276, EN12054, EN14245, EN14561, EN14562 & EN14563

#### Clinell Universal Sanitising Wipes Canister and Refill Pack

D5585 - £3.99 Clinell Canister of 100 Wipes D5589 - £2.85 Clinell Canister Refill Pack





This revolutionary formula contains a mix of different biocides. Each biocide has a different mechanism of action, reducing the risk of germs developing resistance. According to European standard tests: EN1275, EN1276, EN12054, EN14245, EN14561, EN14562 & EN14563

Clinell Universal Sanitising Wipes Canister Refill (100) available to buy separately, please select required item.

#### Sani-Cloth 70% Alcohol Disinfection Wipes

**D5584** - £4.25 - 200 wipes per canister

This item replaces Hospiguard surface wipes. Disposable disinfection wipes for medical devices.

- 70% alcohol and quat based disinfectant wipe.
- Sani-Cloth 70% Isopropanol for disinfecting surfaces, medical and other general devices including patient shared equipment.
- Provides a broad range of kill with a 1 minute contact time.
- Wipe size: 200 x 200mm.

- High dosage liquid on the wipes guarantees good surface coverage.
- Alcohol wipes comply to Medical Device Directive as a class IIa medical device.
- Lint free.
- Ingredients: Propan-2-ol 70 %v/v.



#### Mikrozid Wipes

**D5590** - £7.05 Tub - 150 wipes **D5592** - £6.35 Refill Pack - 150 wipes

Unique alcohol formulation for complete virucidal protection in the disinfection and cleaning of high risk

- against viruses within one minute contact time
- Cleaning and disinfection, two complete actions Quick drying and residue free in one product
- Added surfactants for boosted cleaning performance
- Blend of two alcohols for a very high performance Effective against bacteria (inc. TB), yeast and viruses (inc. HBV, HIV, HCV and Rotavirus)

  - 150 wipes (14.5 x 18 cm) per tub/refill pack
  - Ready to use





#### Mikrozid® AF wipes premium

**D5595** - £3.80 - 50 wipes

Unique alcohol formulation for complete virucidal protection for the cleaning and disinfection of hard surfaces.

- Blend of two alcohols for a very high performance 

  Broad spectrum of efficacy against viruses within 1 min contact time
- Cleaning and disinfection, 2 complete actions with 200 x 200mm
- Added surfactants for boosted cleaning performance
- High quality fleece wipes for double the coverage
- Pack of 50

Alcohol-based rapid disinfection of medical devices and surfaces in all areas where there is an increased risk of infection and where short contact times are required, e.g.:

Patient treatment units Operating tables and nearby work surfaces Surfaces of medical equipment



#### Mikrozid® Sensitive Wipes Premium

**D5594** - £3.95 - 50 wipes

Alcohol free, dual action cleaner and disinfectant wipes for alcohol sensitive surfaces For the disinfection of medical devices and other environmental surfaces. Especially suitable for surfaces sensitive to alcohol (e.g. leather, PVC and acrylic glass).

- Ideal for alcohol sensitive materials: leather (natural & artificial), perspex / plexiglas, soft
- Bacterial, fungicidal & virucidal (incl. HBV, HIV, HCV and rota virus)
- Effective in 1 minute
- Prevents cracking and smearing
- Double thickness for enhanced cleaning
- Ideal for all surfaces including podiatry chairs and alcohol sensitive materials
- Added surfactants for boosted cleaning performance
- Cleaning and disinfection, two complete actions with one product
- Broad spectrum of efficacy
- High quality fleece wipes for double the coverage
- 200 x 200mm



#### Mikrozid Liquid

**P4539** - £18.95 - 1 Litre

Unique alcohol formulation for complete virucidal protection in the disinfection and cleaning of hard surfaces

- Blend of two alcohols for a very high performance against viruses within one minute contact time
- Cleans and disinfects, two complete actions with one product
- Added surfactants for boosted cleaning performance
- Effective against bacteria (inc. TB), yeast and viruses (inc, HBV, HCV and Rotavirus)
- Quick drying and residue free
- Ready to use solution
- Aldehyde free
- Comes with spray nozzle

#### **Waste Disposal**



#### **Clinical Waste Bags**

M4599 - £7.99 10.5" x 18" approx. Pack of 200 M4540 - £3.15 11" x 17" x 26" approx. Roll of 50

Sacks for incineration and safe disposal of medical items. Yellow polythene bags.



#### Sharps Disposal Bins

M4400 - £2.25 Sharpsbin Mini 0.6 Litre M4401 - £2.75 Sharpsbin 5 Litre M4402 - £3.75 Sharpsbin 11.5 Litre

For the safe collection of contaminated sharps and hazardous waste. Provides outstanding protection against sharps and leaking fluid.

### **Burs and Abrasive Discs**

### **Tungsten Carbide Burs**

<b>E4730</b> £11.95 Tungsten	<b>E4731</b> £13.25 Tungsten	<b>E4732</b> £14.95 Tungsten	<b>E4733</b> £12.25 Tungsten	
Tungsten burrs		Tungsten burrs to work		
1 1 1 1	*1 * 1.1	41 1 41 2 1 2 1 1		

Tungsten burrs to work through thick nails quickly and effectively. These sleeker designs allow for finer work on thin areas of nail.

Tungsten burrs to work through thick nails quickly and effectively. These broader designs are ideal for working on larger areas of nail. Autoclave Bur holders now available. See page 67 for more details.

### **Diamond Burs**

<b>E4701</b> £5.95 BUR 1	<b>E4702</b> £6.26 BUR 2	<b>E4703</b> £6.35 BUD 1 4.0mm	<b>E4704</b> £6.35 BUD 2 6.0mm	<b>E4705</b> £6.75 PEAR 1 4.0mm	
Diamond burs for		Diamond burs for effective nail			

Diamond burs for effective nail burring. These thin, needle-like burs are ideal for careful work in a nail sulcus. Diamond burs for effective nail burring. These broader burs are ideal for routine, larger nail area reduction.

<b>E4708</b> - £3.95 ROUND 1 1.0mm	<b>E4709</b> - £3.95 ROUND 2 2.7mm	<b>E4711</b> - £7.25 PEAR 2 6.0mm	<b>E4712</b> - £8.85 Cylinder	<b>E4715</b> - £10.95 Callus
Diamond burs for effective nail burring. These ball		Diamond burs for effective Diamond burs for effective		Diamond bur shaped for
designs are ideal for work on subungal corns.		nail burring. Larger head	nail burring. Larger head	diffuse callus reduction.
		for gryphotic nails and diffuse callus reduction.	for gryphotic nails and diffuse callus reduction.	



### Mandrel

**E4200** - £2.80

Mandrel to fit Moore's disc.



### **Moore's Discs**

 E4210 - £2.75
 7/8" Coarse
 E4310 - £2.75
 3/4" Coarse

 E4211 - £2.75
 7/8" Medium
 E4311 - £2.75
 3/4" Medium

 E4212 - £2.75
 7/8" Fine
 E4312 - £2.75
 3/4" Fine

Paper snap on abrasive discs.
Can be used in both wet and dry conditions.

Actual Size:

**E4214** - £2.75 3/4" Extra Coarse

3/4" 7/8"

**E4213** - £2.75 7/8" Extra Coarse

### **Diagnostics**



### Clip-on Aneroid Sphygmomanometer

T4660 - £14.99

- Dial clips to cuff for easy reading.
- Screw valve air release.
- Separate dial and inflation bulb.
- Adult velcro cuff.
- Supplied in storage pouch.
- 12 month warranty.



### **Vibratip**

**E5600** - £10.25

- Uses vibration to test for peripheral neuropathy in the feet of diabetic patients
- Unlike tuning forks Vibratip is quick and easy to use
- Provides a consistent source of vibration so results are more reliable



### **Premium Stethoscope**

T4664 - £14.99 - Diamond Stethoscope

Made to the highest specification and with a 3 year warranty. Used for listening to the various sounds of the heart, lung and organs in the human body.

The single head model consists of lightweight aluminium chest-piece, adjustable chrome plated brass binaural durable one piece molded PVC "Y" tubing and pure white ABS eartips. Providing excellent acoustic response and comfort fit. Colour may vary.

Includes: ■ Black tubing ■ Spare ear tips ■ Foam lined box



### Stethoscope

T4665 - £5.99 - Dual head Stethoscope

Used for listening to the various sounds of the heart, lung and organs in the human body.

- Quality
- Bell and diaphragm faces on the chest piece
- Lightweight construction
- Affordable Excellent sound transmission
- Colour may vary



### **Duraban Retractable Monofilament 10g**

**T4562** - £13.99

The Duraban Monofilament is used for testing peripheral neuropathy in the feet of diabetic patients. It does this by applying a specific force to a point on the skin to assess the sensitivity of the skin at that point. The Monofilament material has been carefully selected for its consistent mechanical properties over a range of environmental conditions. Unlike nylon filaments it will not absorb moisture during cleaning or from the atmosphere.



### Patella Reflex Hammer

**T4564** - £6.50

Stainless Steel handle with two-position head. Designed to perform reflex tests with less effort and greater patient comfort.



### Tip Therm®

**T4566** - £17.50

The Tip Term® is ideal for testing temperature sensitivity. It is not dependant on a power source and is practically indestructible. It is light and portable.



### 128Hz Tuning Fork

**T4560** - £29.99

**Features:** ■ Lightweight alloy tuning fork ■ Pred

Precision frequency balanced

■ 128Hz

### Files & Probes

### **Swiss File Stainless Steel**

**T4504** - £16.99

New to our range and ideal for both domiciliary and clinic. The Swiss File is made of stainless steel and can be sterilised (autoclavable).

- No time-consuming abrasives
- Superior Hygiene
- Autoclavable handle
- Environmentally friendly
- Abrasive available in 3 grits (80 in a pack)

The abrasives are available in 3 grits to buy separately (see below).



### Swiss File Abrasive Grits

**T4505** - Fine 220 grain £18.45 (pack of 80)

T4506 - Medium 100 grain £18.45 (pack of 80)

T4507 - Coarse 60 grain £18.45 (pack of 80)

Abrasive grits to go with our Swiss File (T4504)

The abrasives are sterile, individually packed and designed for single use only. The abrasive sheets feature a high quality adhesive backing so they can be easily secured to the handle and removed after each treatment. Easy to peel off and do not leave any residue.



### **Emery boards**

T4692 - £1.65 (pack of 10)

**T4692** - £16.00 (pack of 100) **£ SAVER** 

Quality 7" Emery Boards. Used to gently file down and shape the edges of nails. Available in packs of 10 or 100. Please state amount when placing your order.





### **Diamond Deb Files**

T4689 - £3.35 6" (15cm) Foot dresser

**T4690** - £3.60 8" (20cm) Foot dresser

T4693 - £1.40 Single use 8"

Ideal for the removal of hard skin on the foot or thick toe nails.



### **Double Sided Straight Foot File**

**T4527** - £1.69

- Sturdy, Straight plastic foot dresser
- Double Sided
- 23cm length
- Ideal for the removal of hard skin
- Quality plastic
- Available in white or blue (please state colour when ordering)



### Please note this item is not suitable for autoclaving

### Large Double Sided Curved Foot File

**T4526** - £2.35

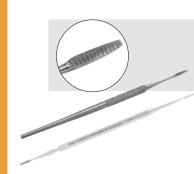
- Extra Large Foot Dresser in a concave form
- Strong and sturdy
- Double sided
- Available in white only

- High quality plastic that will not break
- Washable
- Size 24cm
- Ideal for the removal of hard skin

Please note this item is not suitable for autoclaving



## All Autoclavable Instruments From Podiacare are covered by a No-Quibble 5 Year Warranty (1 Year for cutting instruments)



### Black's File

**T4613** - £4.50 Medium 13cm (Single Ended) **T4620** - £5.95 Extra fine 15.5cm (Double-ended)



### INTRODUCTORY OFFER: BUY BOTH FOR £9.50

(select T4622 option when ordering)



### Fellowship Blacks File/Probe

T4544 - £5.95

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Double ended.

Size: 13.5cm



### **Nail Probe**

**T4619** - £5.60 - Fine - 12.5cm

**T4612** - £4.60 - Medium - 14cm

The sleek head of the probe allows for gentle exploratory investigation of problematic tissue, most commonly in and around the nail. Swan neck.



### Spatula Packer

**T4645** - £4.85

The spatula packer allows for the larger, flatter end to be used to scoop creams from pots / tubes and apply to the required location. The smaller end can double up as a 'packer' to pack an area of tissue with a specified material. Straight, double ended.

Size: 13cm



### Nail Curette - Double Ended

**T4646** - £6.99

The nail curette is used for removing non-living tissue around the cuticular, cleaning under the nail and along side walls.

Size: 14cm



### **Nail Elevator**

**T4572** - £3.99

Instrument used to assist nail removal during nail surgery.

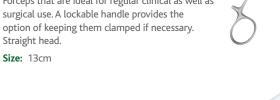
Size: 16cm (Double-Ended)

### Forceps & Scissors

### **Mosquito Forceps**

**T4755** - £5.65

Forceps that are ideal for regular clinical as well as surgical use. A lockable handle provides the option of keeping them clamped if necessary.



### **Felt Scissors**

T4600 - £5.95 (Straight)

Reinforced joint to tackle the deepest felts and foams effortlessly. Blunt/Sharp.

Size: 15.5cm



### Miscellaneous

### **Stainless Steel Instrument Tray**

**T4635** - £12.99

High quality instrument tray manufactured from durable and easy-to-clean stainless steel. Size: 20cm x 15cm x 1.8cm



### **Body Block**

**E4000** - £34.00

Bodyblock fills the gap in the market for a hygienic multidisciplinary, multipurpose support block. Its versatility is on account of different heights on each of its 4 sides creating different elevations. Simply flip it for a different height.

It can be used to support the head, legs, heels or arms and can also be used as knee spacer. It has applications within the health sector and has the advantage of making the practitioner's task easier whilst keeping the client or patient comfortable and in an optimum position. Bodyblock is made of polyurethane and is CE marked. The most practical way a bodyblock can be cleaned is with surface medical disinfectant sprays but it can also be autoclaved or put in the dishwasher. It's so light it floats like a cork, weighing only 300g, yet robust enough to elevate the heaviest limbs.

### Flexible Foot Tray

E4963 - £28.50

Silicone/flexible foot tray available in 5 fresh colours.

A hygienic solution for collecting debris. This easy to use tray is made from silicone, which makes them flexible, roll-able and unbreakable. The material always feels warm which makes it comfortable for your patients. The trays are resistant to all aggressive liquids such as acetone and alcohol. These fluids do not affect the color of the tray. The flexible tray is easy to maintain and can be cleaned with mild soap.

Size: 50cm width, 33cm length.

Available in Pink, Purple, Blue, White and Green.

Please state colour when ordering.



### Rigid Plastic Foot Tray/Heel Block

E4960 - £28.15 Foot tray (white)

E4962 - £8.95 Heel block (Available to buy separately)

Assists in the collection of debris.





### To prolong the life of your cutters and nippers, please refer to our website or contact us for care instructions

### Cantilever Nail Cutter T4628 - £34.99

Specially designed to offer a more affordable range without compromising on quality.

Manufactured from selected Japanese stainless steel using the latest cutting edge techniques.

- 15cm Cantilever Nipper
- Stainless Steel
- Barrel Sprung with catch and smooth handle
- Curved Blade

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE.







### Cantilever Nail Cutter

**T4650** - £34.99

- 6" (15.5cm)
- Double Spring
- Lock & Knurled Handles
- Straight Blade

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### **Nail Cutter Straight**

**T4644** - £14.85 - 15.5cm

- 15.5cm
- Stainless Steel
- Double Sprung without catch
- Gripped Handle
- Straight Blade





NEW IMPROVED RANGE!

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### **Nail Cutter Straight**

**T4752** - £16.99 - 14cm

- 14cm Diamond Cut
- Stainless Steel
- Straight Blade
- Double Sprung with catch
- Diamond Gripped Handle







Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### **Nail Cutter Curved**

**T4753** - £15.99 - 14cm

- 14cm
- Stainless Steel
- Curved Blade
- Double Sprung
- Gripped Handle







Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



### Nail Cutter Straight

**T4616** - £14.95

- 5" (13cm)
- Single Spring
- Stainless Steel with Straight Blade (delicate)
- Smooth handle





Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

### **Nippers**

### To prolong the life of your cutters and nippers, please refer to our website or contact us for care instructions

### Fellowship Ingrowing Nipper

**T4542** - £16.99

- 4" (10cm)
- Double Spring
- Knurled Handles
- Fine Blade

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

### **Ingrowing Nipper**

**T4611** - £14.99

- 5" (13cm)
- Double Spring
- Knurled Handles
- Medium

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.



**T4685** - £14.99

Specially designed to offer a more affordable range without compromising on quality. Manufactured from selected Japanese stainless steel using the latest cutting edge techniques.

- 13cm
- Double Sprung without catch
- Straight
- Gripped Handle
- Stainless Steel
- Supplied with a spare set of springs

Product Guarantee. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

### Thwaites Nipper

**T4503** - £10.99

- 5" (13cm)
- Double Spring
- Knurled Handles
- Spare Spring Included

**Product Guarantee**. 12 month guarantee against defects in materials and manufacture. This does not cover fair wear and tear or any damage caused by misuse. Any alteration or marking of the product in any way will also invalidate this guarantee and the CE mark.

### Premixslip Instrument Lubricant

**T5000** - £4.99 - 125ml Spray Bottle **T5001** - £12.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- Stops rusting, spotting and staining
- Keep box locks working perfectly freely.
- Protects sharps during autoclaving
- Non-Oily Non Sticky Non Toxic, Silicone free
- Will not interfere with steam sterilization.















**T4700** - £5.75

Pen for lubricating hard to reach joints of instruments. Easy to use dispenser for applying oil to instruments prior to autoclaving. 12ml. Provides excellent corrosion & oxidation protection.



### Scalpels & Blades





### **Blade Disposal Unit**

**T4512** - £1.55

The Swann-Morton blade disposal unit will hold up to 100 blades, which makes it ideal for use in both standard practice, and domiciliary visits. It allows you to safely and quickly remove scalpel blades.

FREE Blade Disposal Unit with every 3 boxes of blades purchased.



### Scalpel Handle No. 3

**T4516** - £2.99

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 6-16. Individually wrapped. Also fits gouge blades (T4206, T4207, T4208), see p.43



### Scalpel Handle No. 4

**T4517** - £2.99

Stainless steel graduated scalpel handle, by Swann-Morton. Fits blades sizes 20 - 24. Individually wrapped.

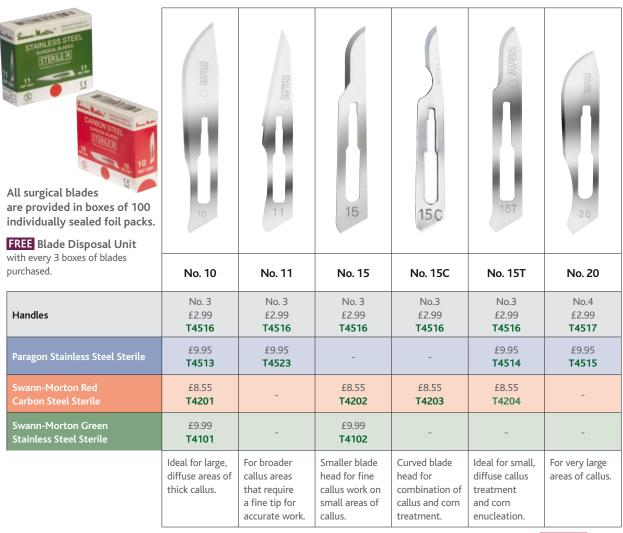


### Scalpel Blade Applier & Remover

**T4581** - £5.99

Essential in avoiding the handling of possible contaminated blades. Stainless steel with a lockable handle.

■ 6" (15.5cm)



### **Gouge Blades**

**T4206** - Size 1 - £27.50 (pack of 50) **T4207** - Size 2 - £27.50 (pack of 50) **T4208** - Size 12 - £19.25 (pack of 20)

Fantastic for sensitive work on problem areas. They are held like a pencil which gives the user precision needed to treat the patient effectively. The precise edge on the blade makes it possible to perform a deep, clean cut. Gouge blades are easily changed and individually packed in sterile packaging. Blades 1 and 2 are for the removal of corns, hard skin in the nail fold and ingrown toenails as well as soft corns between the toes. Blade 12 is for the removal of hard skin and treating cracked heels.



Please note that Scalpel Handle No.3 (T4516) fits these blades and available to order separately.

### SF1 Fine Handle

**T4518** - £11.85

SM61 fine blade holder. Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Swann-Morton stainless steel fine handle. Autoclavable.

### **SM61 Fine Blades**

**T4519** - £19.99 Pack of 25

Traditionally used in nail surgery, these blade types can be used in more moderate management of ingrowing toenails by a trained professional. Sometimes referred to as a 'beaver' blade this is primarily a tool used in nail surgery, but specialist use for conservative management of onychocryptosis is also possible with this blade.



### Single Use Instruments



### **Basic Assistant Instrument Pack**

**T4525** - £3.85 Single Use

- 14cm leaf spring nipper with concave blade.
- Metal foot file.
- Sterilised pack with a minimum of three years shelf life.



### **Basic Instrument Pack**

T4573 - £4.89 Concave blade - Single use T4574 - £4.89 Straight blade - Single use

- Nipper with straight or concave blade.
- Metal foot file.
- Metal No 3 scalpel handle.
- Single end blacks file.
- Sterilised pack with a minimum of three years shelf life.





### **Eco Assistant Instrument Pack**

**T4528** - £3.85 Single Use

- 14cm leaf spring nipper with concave blade.
- Wooden foot file.
- Sterilised packs with a minimum of three years shelf life.



### **Eco Instrument Pack**

**T4575** - £4.49 Single Use

- 14cm leaf spring nipper with concave blade.
- Wooden foot file.
- FREE Plastic scalpel with integral blade No 15 blade.
- Single end blacks file.
- Sterilised pack with a minimum of three years shelf life.



### **Nail Cutter Straight Roller Spring**

**T4404** - £3.40 Single Use

Single Use Nail Cutter with a high performance straight head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.

- High quality surgical steel instrument
- Precision, sharp cutting head reduces effort required
- Ergonomically designed handles for improved comfort
- Smooth action roller spring helps to reduce user fatigue
- Protects patients against cross infection risks
- Full compliance with the Medical Devices
- Individually packed and sterile (minimum of 3 years shelf life)







### Ingrowing Nipper Curved Roller Spring Fine

**T4405** - £3.25 Single Use

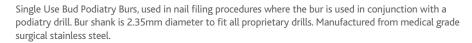
High quality surgical steel instrument with a high performance curved head and smooth action roller spring mechanism to help reduce user fatigue and RSI (repetitive strain injury). Suitable for cutting normal or thickened toenails. Manufactured from medical grade surgical stainless steel. Supplied in individual, easy to open, sterile packs.

- Precision, sharp cutting head reduces effort required
- Ergonomically designed handles for improved comfort
- Smooth action roller spring helps to reduce user fatigue
- Protects patients against cross infection risks
- Full compliance with the Medical Devices



### **Podiatry Burs Bud Shaped**

**T4401** - £1.35 Small - Single use **T4402** - £1.35 Medium - Single use **T4403** - £1.45 Large - Single use



- High quality surgical steel instrument
- Individually packed and sterile (minimum 3 years shelf life)
- Choose Small, Medium or Large (please indicate when ordering)
- Protects patients against cross infection risks
- Full compliance with the Medical Devices
   Directive



### **Blade Scalpels**

**T4529** - £0.65 No. 10 Single Use **NEW TO OUR RANGE! T4529** - £0.65 No. 11 Single Use **NEW TO OUR RANGE!** 

**T4529** - £0.65 No. 15 Single Use

Single use plastic scalpels with fixed blades. Individually packed and sterile.

Please give required size blade when placing your order.



### **Scalpel Handles**

**T4524** - £1.25 Single Use

Single Use BP Scalpel Handles No. 3 and No. 9 designed to fit scalpel blade sizes 10, 10A, 11, 12 and 15 (No.3) and 10-15 (no. 9). Manufactured from medical grade surgical stainless steel. Supplied in an easy to open, sterile pack. Please state size required when ordering.

- High quality surgical steel instrument
- Protects patients against cross infection risks
- Full compliance with the Medical Devices Directive



### Diamond Deb Foot File

**T4693** - £1.40 Single Use

Economic 8" Metal Foot File for Single Use. Individually wrapped in a sterile environment.





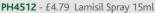
### **Anti-fungal PH Coded Products**

 $PH\ coded\ products\ can\ only\ be\ purchased\ by\ qualified\ members/persons,\ please\ state\ your\ membership/HCPC\ number\ when\ placing\ your\ order.$ 



### Lamisil

PH4509 - £7.45 Lamisil Once PH4510 - £3.99 Lamisil Cream 7.5g PH4511 - £4.45 Lamisil Gel 15g







### Canesten Clotrimazole Cream 1%

PH3000 - £3.99 20g



PH3001 - £8.99 50g

For fungal infections. This cream contains Clotrimazole (1% w/w).



### Canespro Fungal Nail Treatment Set

**P4551** - £28.99

2-3 Weeks treatment removes the infected nail, making it possible for the new fresh nail to grow Visible results after only 2-3 applications.

### **Pack Contents:**

- Canespro Urea 40% Ointment 10g Tube Softens the infected nail
- 22 Single-use Waterproof Plasters To cover the nail
- 1 plastic tool To remove the softened nail



### **Caneston Once**

P4552 - £5.99

Once-a-day application for all types of athlete's foot.





### **Caustics**



### **Caustic Applicators**

PH4808 - £42.99 75% Silver Nitrate individually sealed PH4810 - £44.99 95% Silver Nitrate individually sealed



A popular ONE USE, disposable, single patient applicator especially for chiropody use. A Silver Nitrate Tip moulded onto a 6-inch handle.

20 x 5 applicators.



### Caustic Pencil 95% Silver Nitrate



For the removal of warts (including verrucae), granulation tissue, for cautery and as a caustic on skin and



### Glutarol

PH4991 - £2.95 10ml



For the treatment of warts and verrucas.



PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number when placing your order.

### Salactol

PH4994 - £2.45

10ml bottle with spatula

For topical treatment of warts, verrucae, corns and calluses.



### First Aid

### **HSE First Aid Kit**

**M5083** - £9.75 10 Person **M5084** - £7.90 10 Person Refill

Plastic moulded case with carry handle. Refillable.

Contents: 20 x Adhesive plasters, 2 x Eye Pads, 4 x Triangular bandages, 6 x Safety pins, 2 x Large dressings (180 x 180mm), 6 x Medium dressing (120 x 120mm), 6 x Individually wrapped wipes, 1 x Pair of disposable gloves, 1 x First Aid Guidance leaflet.



M5080 - £5.75 1 Person

First Aid Kit for the Single practitioner, in a distinguishable green zipped bag.

### Contents:

- 1 x Large sterile dressing
- 2 x Non-woven triangular bandage
- 2 x Pairs of medium sized gloves
- 1 x Bag of safety pins
- 2 x Alcohol free cleansing wipes
- 6 x Assorted hypo-allergenic plasters



### Anaphylactic Kit (NS)

PH6000 - £74.99

PH6005 - £6.80 Replacement Adrenalin 1ml x 10

An essential tool for every surgery, this great value Anaphylactic Response Kit contains everything required to respond effectively to an anaphylactic emergency.

### Kit Contents:

Adrenaline 1:1000 ml  $\times$  1  $\times$  10amps, Chlorpherniramine 10mg/1ml  $\times$  1 5amps, Efcortesol 100mg/1ml  $\times$  5amps, Gelofusine Ecobag 500ml  $\times$  1,2.5ml Luer Slip Syringe  $\times$  1,21  $\times$  1.5" Hypodermic Needle  $\times$  4, 23g  $\times$  0.25" Hypodermic Needle  $\times$  4, 25g  $\times$  1.5" Hypodermic Needle  $\times$  4, Solution Giving Set  $\times$  1, Guedel Airway size 00  $\times$  1, Guedel Airway size 1  $\times$  1, Guedel Airway size 2  $\times$  1, Guedel Airway size 3  $\times$  1, Guedel Airway size 5  $\times$  1, Merlin E Resus Mask  $\times$  1, 18g IV Cannula with injection port  $\times$  1, Storage Box and Wall Bracket.

### Styptic Pencil

**P4804** - £1.25

Individual pencil with astringent properties, helps stop bleeding from minor wounds.

# saves face

### **Diastix Reagent Strips**

**D9000** - £6.00

Diastix provide a rapid and convenient semi-quantitative method to test for the presence of glucose in urine. Supplied in a re-sealable container of 50 test strips.



### **Hot and Cold Therapy**



### Bio-Freeze Pain Relieving Gel

**P5002** - £8.95 3oz Roll On **P5003** - £8.95 4oz Tube

P5004 - £18.75 Pump Action 16oz Bottle

BIOFREEZE is a unique, effective analgesic formulated to provide a variety of benefits for therapy, pain relief etc. The result is a fast-acting, deep penetrating, long lasting pain reliever used for treating sore muscles, back, shoulder and neck pain, arthritis, ankle injuries, and joints.



### **Heat Pads**

**D5580** - £1.40 Single **D5580-6** - £8.00 Pack of 6

The Fast Aid Advanced Head Pad is able to provide deep, comforting warmth to areas of discomfort for up to 8 hours. The special pad warms the area it is applied to and is held in place by a hypoallergenic adhesive.

### **Local Anaesthetic**



### Needles 27g

T4761 - £18.45 Box of 100



### **Pre-injection Wipes**

D2033 - £1.45 Box of 100

- Individually wrapped skin preparation swabs (70% Isopropyl Alcohol).
- Disposable.
- Box of 100.

### Miscellaneous Items



### **Dropper Bottles**

**M6001** - £1.20 10ml Dropper bottle **M6004** - £1.30 20ml Dropper bottle **M6006** - £1.40 30ml Dropper bottle



### Tourniquets - £1.99

T4534 Small - Yellow (7mm internal dia.) T4535 Medium - Brown (10mm internal dia.)

**T4532** Large - Green (13mm internal dia.)

T4533 Extra large - Blue (14mm internal dia.)

T4531 Extra, extra large - Black (16mm internal dia.)

Individually wrapped, latex free tourniquets that come with a clear plastic loop to aid removal. Sterilised packs with a maximum of three years shelf life.

### **Pain Relief**



### Voltarol Emulgel 12 Hour

**PH5020** - £5.99 - 30g **PH5021** - £8.50 - 50g **PH5022** - £16.49 - 100g



Voltarol® 12 Hour Emulgel® P 2.32% Gel for all day concentrated pain relief. For relief of inflammation, rheumatic pain, joint and muscular sprains, strains and bruises. Its cooling formula is non-greasy and non-staining.

PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number when placing your order.

### **Appliances**

### **Foam Impression Boxes**

**D5810** - £3.60

Foam impression box to allow for quick, effective and mess-free weight-bearing impressions for orthotic prescriptions. 2 blocks of foam per box.

### **Gypsona Plaster of Paris Bandage**

**D5803** - £2.90 2.7m x 10cm **D5805** - £3.75 2.7m x 15cm

- Strong and fast setting plaster of paris bandages
- Creates a strong cast for immobilising broken and fractured limbs.



### PP20 Podopro Silicone Molding Putty

P4532 - £20.99 2 x 250g tubs (A+B)

Podopro PP20-A & PP20-B Silicone Molding Putty formulated specifically for podiatric use.

Used for molding:

- Interdigital wedges,
- Toe separators,
- Dorsal toe protectors
- Orthodigital splints

PP20 is easy to use due to:

- Quick setting time and longevity
- Flexibility and softness
- Great value for money



### Otoform Kc

P4535 - £23.50 800g economy pack with hardener (Spoon included) P4536 - £11.60 170g standard pack with hardener (Spoon included)

P4549 - £4.00 5g tube of hardener

P4550 - £6.75 20g tube of hardener

 $Condensation-vulcanising\ impression\ material. The\ classic\ economic\ impression\ method.$ 

Kneadable, smooth and non-sticky with a slightly pressure-forming consistency for superior fitting. Silicone base material is mixed with 2% hardener paste.

Pack sizes: 800g tub + 20g hardener, 170g tub + 5g hardener.

### Hapla Gel Orthotic Heel Cups

**D5984** - £11.99

Hapla Gel Orthotic Heel Cups are 100% pure silicone, provide excellent levels of comfort and conformability and are washable.

The shock absorbing properties make it ideal when underfoot redistribution of pressure is needed.

- Gel is strong and resilient and will not bottom out under repeated foot strike.
- Dual Density System Blue gel areas are created from softer lower density gel offering extra comfort for those areas that receive heavier pressure loads.
- Absorbs pressure reduces stress at heel strike.
- For the treatment of plantar fasciitis, heel spurs and general heel pain.

3 sizes available: S (Shoe size 2-5), M (Shoe Size 6-8), L (9-11) Please state size when ordering.

PLEASE NOTE: Please seek advice from a qualified Podiatrist or foot health practitioner prior to purchase of this product.



M2001 - £3.95

Carnation PediRoller offers immediate relief from common foot pain in the heel and arch. Excessive use of the plantar fascia, a tough band of tissue that supports the arch stretching like a bow string from the heel to the ball of the foot, causes it to become inflamed and very painful. The ridged design massages tired feet, reducing tension and stimulating circulation. It can be used as cold therapy by chilling or freezing before use which will help reduce inflammation and comfort pain. PediRoller when used daily, following activity, offers continuing relief and ongoing prevention of heel and arch pain.

Instruction sheet included for the treatment of heel pain.





Orthofit is a revolutionary product that has been developed by a team of footcare professionals in both Europe and America. This partnership of podiatrists, orthotists and material engineers has produced an orthotic that will fit easily into any shoe.

Orthofit orthotics can only be purchased by a qualified Member/Practitioner. Please state your membership/HCPC numbers when ordering.

### **Elegantly Thin**

Orthofit has been designed to offer the correct profile in an elegantly thin, yet exceptionally strong material. Its design means that the bulk so often present to achieve this profile in other orthotics, is not needed on Orthofit - meaning it will fit all patients'

### **Exceptionally Strong**

The ultra strong, technologically advanced high performance semi crystalline thermoplastic polymer material, comes with a lifetime guarantee.

### Easy to Fit

Can be used straight out of the pack or can be easily heat moulded, using the Orthofit oven, to suit a patients individual requirements.

### **Easy to Customise**

Orthofit's unique slim profile end exceptional strength means a custom orthotic can be created with or without a positive cast. This unique combination allows practitioners to customise or manufacture a prefab into a functional device, cost effectively, in just a few minutes without undue consideration of the patient's weight or activity.

### Orthofit with met dome (NS) - £15.75

G2002	Code 2	Mens 3	Womens 3-4
G2003	Code 3	Mens 4-5	Womens 5
G2004	Code 4	Mens 6	Womens 6-7
G2005	Code 5	Mens 7-8	Womens 8
G2006	Code 6	Mens 9	Womens 9
G2007	Code 7	Mens 10	Womens 10
G2008	Code 8	Mens 11	Womens 11

### - £36.00

A great all round device made of 100% D3O with a texted fabric cover, offering amazing levels of impact protection whilst providing good mid-foot support. An extra deep heel cup and high medial and lateral flanges give a good forward velocity control, which will off load shin pain. The medial flange is designed to sit in trainers and walking shoe. Stability of the device is supported by a unique mid-foot design, and the 1st met head aperture ensures good 1st ray function.

Sizes: 5 - 14. Please state size required when ordering.

### D30 Comfort Orthotic (NS)

D30 Support Orthotic (NS)

### G8001

A simple and easy to fit insole made of 100% D3O. This product provides a great in shoe feel with a good arch profile. The device itself is made up of two materials, a soft heel pad and a slightly harder surrounding shell covered in a textured fabric and will fit into any shoe. A deeper heel cup and high flanging will offer a moderate level of control. The aim of this device is to provide general comfort, specifically in the heel.

Please state size required when ordering.

Sizes: 5-6, 7-8, 9-10, 11-12, 13-14

NS denotes a non stock item. Please allow up to 21 days delivery.

### Orthofit without met dome (NS) - £15.75

G2501	Code 1	Mens 2	Womens 2
G2502	Code 2	Mens 3	Womens 3-4
G2503	Code 3	Mens 4-5	Womens 5
G2504	Code 4	Mens 6	Womens 6-7
G2505	Code 5	Mens 7-8	Womens 8
G2506	Code 6	Mens 9	Womens 9
G2507	Code 7	Mens 10	Womens 10

### Orthofit Oven (NS) - £35.00

### G2500

The beauty of Orthofit is that they can be used straight from the pack or customised to the patients' individual needs by heating in the Orthofit oven.



### Haplabase Orthotic Insoles (NS) - £8.75

### G7000

Made from a moulded EVA foam and designed to support to the arch,

heel and ankle ( sub-talar and mid-tarsal joints). They have a 15mm deep heel cup and contoured arch support for improved plantar foot contact and feature a lightweight anatomical design which fit into most shoes and can be trimmed if needed. The strong, durable low slip top cover offers reliability and long lasting use. Conditions which may benefit from using the insoles include:

- Weak Arches
- Achilles Tendonitis
- Metatarsal Pain
- Supination
- Over-Pronation
- Hip/Back Pain
- Plantar Fascilitis

PLEASE NOTE: Please seek advice from a qualified Podiatrist or foot health practitioner prior to purchase of this product.

## Powerstep

## The Podiatrist's Prescription for pain relief!

### **Powerstep Heel & Arch Supports**

The design of Powerstep is optimised to provide complete heel and arch support and stability.

Powerstep's prescription-level support, with calibrated flexibility for comfort and a stabilising heel cradle, is presented as a highly attractive professionally finished orthotic.

Fully covered with an antibacterial fabric from heel to toe, Powerstep is the affordable prefabricated orthotic you'll be proud to prescribe.



### Powerstep Full-Length (NS) - £16.99

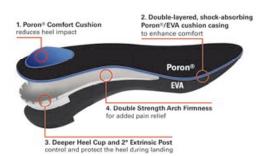
Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1000A	Code A	Mens 3-3 1/2	Womens 4 ½ - 5	G1000F	Code F	Mens 8-8 1/2	Womens 9 ½ - 10
G1000B	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6	G1000G	Code G	Mens 9-9 1/2	Womens 10 ½ - 11
G1000C	Code C	Mens 5-5 1/2	Womens 6 1/2 - 7	G1000H	Code H	Mens 10-10 1/2	Womens 11 ½ - 12
G1000D	Code D	Mens 6-6 1/2	Womens 7 ½ - 8	G1000I	Code I	Mens 11-11 1/2	Womens N/A
G1000E	Code E	Mens 7-7 1/2	Womens 8 1/2- 9	G1000J	Code J	Mens 12-12 1/2	Womens N/A



### Powerstep Pro Control (NS) - £24.99

Powerstep Pro Control is the latest addition to the Powerstep Pro line of products and now offers pain relief and prevention designed specifically for mild to moderate overpronators. The exclusive Foot Secure System features a deeper heel cup with a subtle yet important \*two degree exterior post\* to correct the alignment issues experienced by overpronators. You'll find all the quality craftsmanship of other Powerstep Pro products in Pro Control as well, including a Poron heel Comfort Cushion, double layer EVA cushion casing, anti-microbial top cover, and a double strength arch support.



G4000	Code a	Mens 2-2 1/2	Womens 3 1/2 - 4
G4000A	Code A	Mens 3-3 1/2	Womens 4 1/2 - 5
G4000B	Code B	Mens 4-4 1/2	Womens 5 1/2 - 6
G4000C	Code C	Mens 5-5 1/2	Womens 6 ½ - 7
G4000D	Code D	Mens 6-6 1/2	Womens 7 1/2 - 8
G4000E	Code E	Mens 7-7 1/2	Womens 8 1/2 - 9
G4000F	Code F	Mens 8-8 1/2	Womens 9 ½ - 10
G4000G	Code G	Mens 9-9 1/2	Womens 10 1/2 - 11
G4000H	Code H	Mens 10-10 1/2	Womens 11 1/2 - 12
G4000I/J	Code I/J	Mens 11-12 1/2	Womens N/A
G4000K	Code K	Mens 13-13 1/2	Womens N/A

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HCPC number for all web/telephone orders.



### Powerstep Pro Full Length (NS) -£22.25

The orthotic that delivers the desired control along with immediate comfort. The unique double-layered shock absorbing Poron® /EVA cushion means Powerstep Pro delivers levels of comfort not usually associated with an orthotic.

G3000	CODEA	Mens 2 - 2 1/2	Womens 3 1/2 - 4				
G3000A	CODEA	Mens 3 - 3 1/2	Womens 4 1/2 - 5	G3000F	CODE F	Mens 8 - 8 1/2	Womens 9 1/2 -10
G3000B	CODE B	Mens 4 - 4 1/2	Womens 5 1/2 - 6	G3000G	CODE G	Mens 9 - 9 1/2	Womens 10 ½ -11
G3000C	CODE C	Mens 5 - 5 1/2	Womens 6 ½ - 7	G3000H	CODE H	Mens 10- 10 1/2	Womens 11 1/2 -12
G3000D	CODE D	Mens 6 - 6 1/2	Womens 7 1/2 - 8	G3000I/J	CODE I/J	Mens 11- 12 1/2	Womens NA
G3000E	CODE E	Mens 7 - 7 1/2	Womens 8 1/2 - 9	G3000K	CODE K	Mens 13 - 13 ½	2 Womens NA

Powerstep Pro & Powerstep Pro control are available to qualified members/persons only. Please state your membership/HCPC number for all web/telephone orders.



### Powerstep Slim Tech 3/4 (NS) - £16.99

Relieves heel and arch pain with a full length support and comfort from heel to toe.

G1500	Code a	Mens 3-3 1/2	Womens 4 1/2 - 5				
G1500A	Code A	Mens 4-5 1/2	Womens 5 1/2 - 7	G1500D	Code D	Mens 9-9 1/2	Womens 10 1/2 -11
G1500B	Code B	Mens 6-7 1/2	Womens 7 1/2 - 9	G1500E	Code E	Mens 10-10 1/2	Womens 11 1/2 - 12
G1500C	Code C	Mens 8-8 1/2	Womens 9 1/2 - 10	G1500F	Code F	Mens 11-12	Womens N/A

NS denotes a non stock item. Please allow up to 21 days delivery.

### **Cotton and Animal Wool**



### **Animal Wool**

**D4580** - £1.55

For Podiatric use. Effective relief from friction and pressure. 25g Lambs wool.



### **Cotton Buds**

**D5401** - £1.35

Double ended cotton buds. 100% cotton. Approximately 200.



### Cotton Wool

**D5541** - £3.40



BP quality 500g absorbent cotton wool roll. 13" wide, extra absorbent.

### **Cotton Wool Balls**

**D5545** - £1.60

BP quality large size cotton wool balls. Approximately 200.



### **Dressings**







### Acrytensil

P4855 - £3.10 Standard - Skin dressing - 10ml

**P4851** - £3.10 Extra Hard - Nail dressing - 10ml

**P4862** - £1.75 Solvent - 10ml

Acrytensil is a quick drying, porous plastic dressing for nails and skin.

### Uses include:

- A dressing for fissures and breaks in the skin.
- As a securing agent for stainless steel braces.
- As an aid in the treatment of onychomycosis.
- As a light application to protect unbroken chilblains.



### Kaltostat

**D5626** - £9.99 5cm x 5cm (box of 10)

Calcium sodium alginate wound dressing. Absorbent and haemostatic.



### Mefix

**D5621** - £2.30 2.5cm x 10m **D5622** - £2.75 5cm x 10m **D5623** - £4.80 10cm x 10m

Soft and elastic self-adhesive fabric which gives excellent air and water vapour permeability. The fabric is non-absorbent and provides a barrier for blood and fluid strike-through. The water-based polyacrylate adhesive is gentle to the skin and provides secure fixation. The easy-to-remove protection paper is pre-measured in 10cm intervals, and has a perforated split for easy removal and application. Mefix can be cut to the desired shape and size. 10 metre lengths available in 3 sizes.

### Mepore

Mepore Roll

Mepore Dressing

**D5531** - £4.14 4cm x 5m **D5534** - £7.45 6cm x 7cm (pack of 60)

**D5532** - £6.15 7cm x 5m

Mepore is an air permeable, self-adhesive dressing ideal for low to moderately exuding wounds. Its skin friendly water based, solvent free polyacrylate adhesive, provides a gentle but secure fixation.



### Non-Adherent Sterile Dressing

D2030 - £0.90 - Pack of 10

**D2030-100** - £3.99 Box of 100 - £ SAVER

Individually wrapped dressings 5cm x 5cm.

Sterile, highly absorbent dressing pads. Ideal for use on abrasions, lacerations and moderately exuding wounds.



### Sofsorb Swabs

D2031 - £0.18 - Pack of 5

A soft, close-fibre construction swab providing efficient wet friction, suitable for debriding and cleansing of surface wounds. Virtually lint-free this swab provides excellent conformability and thermal insulation.

- Non woven swabs
- Sterile
- 4 ply
- 7.5 x 7.5cm

### Skintact

**D5568** - £1.35 5cm x 5cm (pack of 10) **D5568-100** - £11.99 5cm x 5cm (pack of 100) - £ SAVER

Skintact is a high quality, sterile, perforated film absorbent dressing that is used as a low adherent wound contact layer. The dressing is the same on both sides, which prevents it being used wrong side down. It consists of two layers of perforated film with an inner absorbent layer. The perforations allow drainage of exudate to the absorbent layer where fluid is wicked laterally, extending the time before strike through occurs.



Skintact is suitable for the management of minor wounds, cuts and grazes and is ideal for use in chiropody thanks to the two low adherent sides, for use between toes. Dressings are supplied in individual sterile packs, in dispensing boxes of 100.

### **Bactigras Dressings**

P4524 - £16.99 - 5cm x 5cm (pack of 50)

Bactigras\* is an antiseptic, soft paraffin dressing which soothes and protects the wound whilst helping to reduce wound infection and inflammation. It has low adherence and allows the wound to drain freely into an absorbent secondary dressing. Bactigras is suitable for covering wounds such as minor burns, lacerations, abrasions, graft sites and leg ulcers. Each dressing measures 5cm x 5cm.

- Soothes and protects the wound and allows free passage of viscous exudate
- Open-weave gauze helps maintain shape and resist fraying when dressing is cut to shape
- Effective against a wide range of gram-positive and gram-negative bacteria, including MRSA
- Antiseptic efficacy unaffected by serum and blood

### Features:

### Soft paraffin base

- Sterile open-weave gauze presentation
- Contains chlorhexidine which is an active agent against a wide range of bacteria
- Reduces risk of infection
- Soothing and low-adherent

### **Atrauman Dressing**

D2036 - £5.99 5cm x 5cm (pack of 10)

Non-medicated dressing made of hydrophobic, polyester mesh with a 1mm pore size, smooth surface structure, impregnated with a neutral ointment. The impregnated neutral ointment contains fatty acids which actively support lipid metabolism and thereby promote healing; without additives of vaseline or other paraffins. For general wound treatment; especially to keep the wound surface and margin soft and supple e.g. for skin abrasion wounds or lacerations, burns and scalds, for use in plastic and cosmetic surgery and in nail extractions. Atrauman® is also permeable to exudate, particularly soft and conformable and does not stick to the wound. Hypoallergenic and effective for up to seven days.

Available in handy packs of 10.





### **Felts and Foam**



### **Assorted Padding Set**

**D4561** - £11.60 - **£ SAVER** 

This kit represents excellent value when compared to buying the items individually. Adhesive backing.

### Comprises:

1 x 5mm felt 1 x 7mm swanfoam 1 x 7mm felt 1 x fleecy web



### Fleecy Foam

 D6006 - £1.98 5mm (1 Sheet)
 D6008 - £2.24 7mm (1 Sheet)

 D6006-4 - £7.92 5mm (4 Sheets)
 D6008-4 - £8.96 7mm (4 Sheets)

Fleecy Foam is a soft open cell polyurethane foam with the added strength of a bonded fleece surface. Highly compressible with instantaneous recovery, ideal for light comfort cushioning e.g. both malleoli and exostoses associated hallux abducto-valgus. Hapla Fleecy Foam provides a smooth surface next to hosiery. Adhesive backing. Size:  $22.5 \times 45 \text{cm}$ 



### Fleecy Web

100% cotton padding with a raised fleecy surface – especially designed to protect sore and tender skin from friction and rubbing. Transverse stretch allows Fleecy Web to conform to the skin and the various convex and concave surfaces of the feet, which prevents creasing and provides comfort.

Also available with a higher loft and greater density of cotton for additional comfort, Fleecy Web Extra is available in single sheets or packs of 4 sheets.

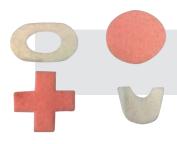
Adhesive backing. Size: 22.5 x 40cm Also available on a roll. See page 57.



### Foam-O-Felt

Pure 100% wool felt bonded to a closed cell latex foam surface - absorbs pressure and cushions impact. Ideal for older patients' feet where the natural fibro fatty tissue has broken down, particularly over the metatarsal heads and the heel.

Adhesive backing. Size: 22.5 x 45cm



### **Hapla Pre-cut Paddings**

 D2000 - £3.40
 Round Bunion
 Fleecy Web
 D2002 - £2.95
 Crescent Corn
 5mm Felt

 D2001 - £4.10
 St George Cross
 Fleecy Web
 D2003 - £3.99
 Oval Bunion
 3mm Felt

36 per pack. Adhesive backing.



### Moleskin

**D6010** - £4.35 23cm x 70cm Roll **D6012** - £11.80 23cm x 3.0m Roll

A woven 100% cotton fabric, which is lightly raised on one side. Used as a shield against abrasion and for splinting.

Adhesive backing. Size: 23 x 70cm

### Nuprene

D6014 - £1.96 5mm (1 Sheet)
D6014-4 - £7.84 5mm (4 Sheets)
D6016 - £2.31 7mm (1 Sheet)
D6016-4 - £9.24 7mm (4 Sheets)



Nuprene is a soft open cell polyurethane foam, highly compressible with instantaneous recovery, ideal for light comfort cushioning. Adhesive backing.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.

### Poron

**D6020-4** - £10.65 Non Adhesive 3.2mm (4 Sheets) **D6022-4** - £16.85 Adhesive 3.2mm (4 Sheets)



A skinned, closed cell polyurethane foam – offering highly efficient, long lasting underfoot pressure absorption and redistribution. The material returns to its original thickness in a fraction of a second and will not bottom out. Ideal for insole use within footwear on top of or underneath the existing shoe insole.

Size: 22.5 x 31.5cm

### **Semi-Compressed Felts**

**D4562** - £3.46 5mm (1 sheet) **D4562-4** - £13.84 5mm (4 sheets) **D4563** - £4.46 7mm (1 sheet) **D4563-4** - £17.84 7mm (4 sheets)



A mixture of 70% wool and 30% viscose which provide a cost effective alternative to 100% wool felt with good performance. A highly versatile padding which can be easily cut and shaped, providing excellent pressure absorption and redistribution. Available in single sheets for low volume users. Ideal for use when making chairside replaceable padding.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.

### **Swanfoam**

**D4564** - £2.36 5mm (1 sheet) **D4564-4** - £9.44 5mm (4 sheets) **D4565** - £2.88 7mm (1 sheet) **D4565-4** - £11.52 7mm (4 sheets)



Closed cell latex foam bonded to a brushed fibre surface - absorbs pressure with instantaneous recovery, ideal for underfoot pressure redistribution and making replaceable cushioning chairside padding.

Adhesive backing.

Size: 22.5cm x 45cm sheet

Available in two thicknesses: 5mm and 7mm.

### **Tubular Foam (Tofoam)**

 D5521 - £3.99 size A 15mm
 D5525 - £4.45 size C 21mm

 D5522 - £4.65 size Ax 15mm
 D5526 - £4.80 size Cx 21mm

 D5523 - £4.65 size B 18mm
 D5527 - £4.70 size D 25mm

 D5524 - £4.45 size Bx 18mm
 D5528 - £4.99 size Dx 25mm



Medical polyurethane foam on a 100% cotton stockinette core - protect digits and tender areas from friction and pressure. Also offers light interdigital separation. Available with or without overlap according to protection required.

Packs of 12 x 25cm lengths

'X' sizes: Foam tube comes with a larger overlap

### **Gauze and Applicators**







### PodoPro Tubular Gauze

 D5501 - £1.95
 Green Grade
 100% Viscose
 Size 00

 D5502 - £2.15
 Green Grade
 100% Viscose
 Size 01

 D5503 - £2.40
 Green Grade
 100% Viscose
 Size 01

 D5506 - £3.25
 Blue Grade
 100% Cotton
 Size 01

 D5505 - £2.55
 Blue Grade
 100% Cotton
 Size 01

 D5506 - £3.25
 Blue Grade
 100% Cotton
 Size 12

20m roll.



### Haplanet Tubular Toe Bandage (Gauze)

**D5511** - £1.99 size 00 **D5512** - £2.05 size 01 **D5513** - £2.15 size 12

100% viscose in a 20m roll. Available in three sizes. Comes with **FREE** applicator.

00 - Small toes and fingers

01 – Toes and fingers

12 - Bulky dressings on toes and fingers.



### **Tubigauze Applicator**

**T4754** - £3.65

An applicator to provide ease in the application of small, digital dressings. Size: 00

### **Tubinette Gauze Applicator**

D5563 - £9.99

Stainless steel applicator for use with all three sizes of tubinette gauze.

### **Tapes**



### Hapla-Band

**D4590** - £8.65 1.25cm (4 rolls) **D4592** - £8.40 5cm (2 rolls) **D4591** - £5.55 2.5cm (2 rolls) **D4593** - £6.05 7.5cm (1 roll)

Flesh coloured, thin hypoallergenic bandage, Hapla-Band has elastic wrap threads which allow the bandage to stretch and recover longitudinally whilst remaining laterally rigid. Due to the extensibility of the strapping it is ideal where a light compression is required in conjunction with padding. Supplied on backing paper it can be easily and accurately cut to size. 10m roll available in four widths. Adhesive backing.



### HaplaWave Tape

**D4594** - £4.90 Blue **D4595** - £4.90 Black

Brand New HaplaWave Muscle Care Tape is a Premium Muscle and Joint Support Tape.

Foot Healthcare Professionals use this stretchy, hypo allergenic adhesive tape to provide muscle support and stability without limiting joint range of motion. The wave pattern of the adhesive lifts the skin reducing pressure on the tissue beneath. Can be used as part of a care package for conditions such as turf toe, Morton's Neuroma and metatarsalgia, plantar fasciopathy and heel fat pad atrophy, posterior tibial tendon damage, Achilles' insertional and mid portion tendonitis, peroneal muscle and chronic lateral ankle instability etc.



### **Elastic Adhesive Bandage**

**D5980** - £2.65 2.5cm **D5982** - £3.25 5cm **D5984** - £4.10 7.5cm

These bandages allow for strapping up and limiting the motion of painful or problematic tissues / joints. 4.5m length available in three widths.



### Vulkan Meditape Zinc Oxide

**D5987** - £1.65 1.25cm **D5986** - £2.15 2.5cm **D5988** - £2.99 3.8cm **D5990** - £3.45 5cm

Meditape is a quality, lightweight, non-stretch zinc oxide tape that conforms well. Features a serrated edge making tearing very easy. Available in 4 widths.

### Fleecy Web Roll (White) 7.5cm x 5m

**D4575** - £10.49

Fleecy Web Roll - White. Premium protection from friction and rubbing.

- Soft white padding with a raised fleecy surface
- Antibacterial
- Advanced adhesive system

### Fleecy Web Roll (Pink) 5cm x 3m

D4576 - £9.99

Fleecy Web Roll - Pink. Premium protection from friction and rubbing.

- Soft pink padding with a raised fleecy surface
- Antibacterial
- Advanced adhesive system

### Socks and Sleeves

### FS4 Plantar Fasciitis Crew Socks (pair)

**D5020** - £10.75 - Medium Black **D5021** - £10.75 - Medium White **D5022** - £10.75 Large Black

D5023 - £10.75 Large White





FS4 Plantar Fasciitis Socks provide medical grade orthopedic support. Patent pending Compression Zone Technology® relieves and prevents pain. Get relief from past injuries, plantar fasciitis, chronic heel pain, swollen arthritic ankles and feet, or poor circulation. Wearing the FS4™ PF socks during runs or sports activity will aid in preventing PF symptom onset and act as an overall foot health and performance aid. Soft moisturewicking fabric with anti-odor treatment and padding in the right places.

### **Performance Features:**

- Medical Grade Support
- Y-Gore heel for anatomical shape
- Patented Compression Zone Technology®
- Seamless Construction

- Moisture wicking, extra durable
- Extra cushioning without the bulk
- Anatomical left/right design for perfect fit
- Anti-bacterial fabric

Material Contents: 87% Nvlon. 13% Lycra Spandex

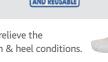
Available in Black or White Medium (shoe size 4-8) or Large (9-13).

### DS6 Decompression Foot Sleeve (single) Nightime Treatment

D5024 - £12.50 - Medium (UK 4-8) White. Arch circumference: 7-10in/18-25cm

**D5025** - £12.50 - Large (UK 9-13) White. Arch circumference: 9-13in / 23-33cm

WASHABLE AND REUSABLE



The DS6 Decompression Foot Sleeve with K-Zone® Technology simulates therapeutic taping to relieve the painful symptoms of moderate to severe Plantar Fasciitis, heel pain, foot swelling, and other arch & heel conditions. Designed for use as resting or low activity therapy only.

### **Performance Features:**

- Works like therapeutic taping to ease heel & ach pain, treat & relieve.
- Designed as a resting therapy ONLY for moderate to severe cases.
- Can use while walking if needed
- Wear comfortably under socks
- Alternative to night splits.
- 1 Decompression Foot Sleeve per package

Material Contents: 24% Lycra Spandex, 76% Micro-Nylon.

### Toe props

### Podopro Gel Toe Crest £2.99

D5185 - Small Right D5188 - Medium Left D5186 - Small Left D5189 - Large Right D5187 - Medium Right D5190 - Large Left



To ease discomfort from hammer, claw and mallet toes. With flexible toe loop which easily fits over toe to stay in place. Washable, durable and non-allergenic.

One per pack. Please state size using codes above when ordering.





### The softer way to protect feet

An advanced polymer gel system of dressings and appliances for the relief of pressure and friction, containing mineral oil to soften and lubricate the skin for greater comfort.

### Medical Grade Gel

Hapla-gel is made from pure medical grade ingredients. It is non toxic and hypoallergenic.

### **Moisturises and Lubricates**

The mineral oil in Hapla-gel slowly permeates the skin during wear to soften and lubricate and help keep it supple.

### Washable, Reusable, Durable

Careful hand washing and care of Hapla-gel extends the life of the product allowing repeated use after many applications without loss of the original properties.

### **Protects and Cushions**

Pressure is absorbed and redistributed by Hapla-gel's soft elastic structure, which allows movement at one surface without influencing movement at the other, removing the effect of friction on the skin.

### Conforms for greater Comfort

Hapla-gel's softer gel structure allows flow when weight or pressure is applied providing greater comfort even over bony prominences. Once the pressure is removed the gel rapidly returns to its original shape.











### Hapla-gel starter kit (Refillable)

**D5688** - £37.00

This fantastic Starter Pack is a convenient and cost effective way to store and use Hapla-Gel products. The pack offers a selection of the most popular professionally used Hapla-Gel items, making it ideal as a starter pack or for continued use.

Packs of Hapla-Gel products sold separately for individual use & for the refilling of this starter pack can be purchased at Podiacare.



### Digital Cap

D5673 - £9.95 Small **D5674** - £10.20 Medium

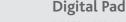
D5675 - £10.45 Large



Elasticated closed end tube with a full polymer gel lining. 6 pieces fully lined with gel pad.

- All round protection including the apex of the toe.
- Ideal for hammer toes.
- Can be cut to a shorter length if required.
- Sizes: Small & Medium.





**D5670** - £10.95 Small **D5671** - £11.40 Medium

D5672 - £11.75 Large



Elasticated tube with a cushioning strip of polymer gel on the inside. 1 x 71cm strip.

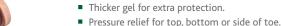
- Protects against pressure and friction on corn sites.
- Softens corns helping and relieving the build up of hard skin.
- Sizes: Small, Medium, Large.



### **Digital Strip**

**D5677** - £11.75 Small **D5678** - £11.75 Medium D5679 - £12.00 Large





- Cut to size as required.
- Sizes: Small, Medium, Large.



### **Digital Tube**

**D5676** - £7.75 Small **D5695** - £8.20 Medium D5696 - £8.35 Large

Elasticated tube with full polymer gel lining. 2 x 15cm tube fully lined with gel.

- All round toe protection.
- Slim design for inshoe comfort.
- Cut to size as required.
- Sizes: Small, Medium, Large.

### Gel Dot

**D5694** - £6.85



WASHABLE

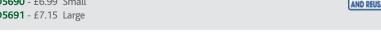
Preformed 100% polymer gel with concave centre. 12 gel pieces.

- Non adhesive soft gel dots offer surrounding protection from pressure or friction on sore spots.
- Can be held in place on skin using retention tape.



### **Metatarsal Band**

**D5690** - £6.99 Small **D5691** - £7.15 Large



Elasticated band with an internal plantar metatarsal shaped gel pad. 1 pair with internal gel pad.

- Protection and cushioning for the full plantar metatarsal area.
- Hallux stitch helps to maintain position and alignment or can be cut if preferred.
- Sizes: Small & Large.
- Small: Size 2-6.
- Large: Size 6.5-12.



### **Bunion Sleeve**

**D4530** - £5.99 Small / Medium D4531 - £6.45 Large / X Large



- S/M or L/XL.
- Stretch to fit.



### **Toe Separator**

**D5680** - £5.85 Small **D5681** - £6.10 Medium **D5682** - £6.35 Large

Preformed 100% polymer gel. 12 piece pack.

- Designed to fit comfortably between toes to reduce pressure and friction.
- Can be trimmed if required.
- Sizes: Small, Medium, Large.



### Toe Spreader

**D5683** - £9.95 Small **D5684** - £10.15 Medium D5685 - £10.25 Large

Preformed 100% polymer gel. 12 pieces.

- Interdigital application protecting and realigning hallux valgus and overlapping toes.
- Soft gel design offers excellent comfort.
- Sizes: Small, Medium, Large.







### **Podiacare Products**

In formulating this unique range of footcare preparations, the natural power of essential oils has been harnessed to provide an effective means to smooth and soften dry skin and to bring relief to sore feet. Some essential oils may improve the circulation whilst others bring a lasting freshness and safeguard against fungal infection.

### Creams



### **Barrier Cream**

P4621 - £5.20 50ml

**P4621-6** - £26.00 6 for the price of 5 **£ SAVER** 

**P4621-12** - £52.00 12 for the price of 10 **£ SAVER** 

A natural cream which creates a barrier to help prevent the spread of infection whilst swimming. Contains essential oils which have been shown to promote healing.



### **Deodorising Cream**

**P4572** - £5.20 50ml pot

**P4572-6** - £26.00 6 for the price of 5 **£ SAVER** 

**P4572-12** - £52.00 12 for the price of 10 **£ SAVER** 

Controls the foul-smelling foot all day with one application. A combination of essential oils which safely deodorise and reduce offensive odour. Natural antiseptics control fungal infections and irritation between toes.



### **Hydromid Skin Softening Cream**

P4593 - £5.20 50ml

**P4593-6** - £26.00 6 for the price of 5 **£ SAVER** 

**P4593-12** - £52.00 12 for the price of 10 **£ SAVER** 

Powerful skin softening cream ideal for use on cracked and fissured feet, leaving the skin softer and pleasant smelling.



### **Warming Cream**

**P4573** - £5.20 50ml pot

**P4573-6** - £26.00 6 for the price of 5 **£ SAVER** 

**P4573-12** - £52.00 12 for the price of 10 **£ SAVER** 

An invigorating cream to help cold feet warm through. Naturally selected oils to invigorate and improve circulation, producing a warming effect to control and improve cold feet.





## NOW YOU KNOW WHY SPLITZ REALLY WORKS

Splitz - clinically formulated for lasting soft, smooth feet.







### **Splitz Cream**

P4570 - £6.15 30ml

**P4570-6** - £30.75 6 for the price of 5 **£ SAVER** 

**P4570-12** - £61.50 12 for the price of 10 **£ SAVER** 

Rough skin, dry heels, split heels, fissures are one of the major problems confronting all practitioners.

Up until now the only products available have been those that just soften the skin and hopefully keep it supple, but do not actually resolve the problem satisfactorily.

Splitz Cream has been specially formulated after several years research.

Its preparation is unique in so far that whilst other products merely moisturize the skin, Splitz Cream gets to the cause of the problem and helps heal fissures, dry and rough skin rapidly.

Said to be the best product available to professionals.



### **The Original Foot Massage** and Lubricating Cream



P4571 50ml - £4.15

**P4571-6** - £20.75 50ml (6 for the price of 5) **£ SAVER** 

**P4571-12** - £41.50 50ml (12 for the price of 10) **£ SAVER** 

P4585 100ml tube - £7.45

**P4585-6** - £37.25 100ml tube (6 for the price of 5) **£ SAVER** 

**P4585-12** - £74.50 100ml tube (12 for the price of 10) **£ SAVER** 

Contains a unique combination of high quality essential oils with their natural power to give a long lasting and refreshing effect. Now in its 21st year.

P1002 - £2.90

**P1002-6** - £14.50 (6 for the price of 5) **£ SAVER** 

### Aloe Vera Soothing Gel 75ml

Soothing – cooling Aloe Vera is unsurpassed. It is a refined gel enhancing the properties of Aloe Vera. Aloe Vera is noted for helping healing in a variety of minor conditions including small burns and itching.



SOOTHING GEL

SOOTHING & COOLING



P1001 - £3.95 - 125ml

**P1001-6** - £19.75 - 125ml (6 for the price of 5) **£ SAVER** 

**P1001-12** - £39.50 - 125ml (12 for the price of 10) **£ SAVER** 

### **Aromall Gold Hydrating Cream 125ml**

Aromall® Gold Hydrating Cream is probably the best in moisturising skin creams. It really does help the skin to return to its normal texture.



PH coded products can only be purchased by qualified members/persons, please state your membership/HCPC number when placing your order.

### Concentrated Chlorhexidine

P4522 - £4.50 250ml

For use as an antiseptic in conjunction with IPA (Isopropyl alcohol).



### **Marigold Tincture**

P4650 - £5.75 10ml

**P4650-6** - £28.75 6 for the price of 5 **£ SAVER** 

**P4650-12** - £57.50 12 for the price of 10 **£ SAVER** 

Used by practitioners for the effective treatment of difficult warts. An ideal mild styptic with anti-verruca properties.

### Phytonail Nail Hygiene

PH4596 - £5.25 10ml

**PH4596-6** - £26.25 6 for the price of 5 **£ SAVER** 

**PH4596-12** - £52.50 12 for the price of 10 **£ SAVER** 

Cosmetic treatment for discoloured nails and helps to restore nails to their former state when used regularly. Effective when used in the treatment of fungal nail infections.

### Tea Tree Oil

P7001 - £2.95 10ml

**P7001-6** - £14.75 6 for the price of 5 **£ SAVER** 

**P7001-12** - £29.50 12 for the price of 10 **£ SAVER** 



Enhanced with lavender and effective in onychomycosis, compliments nature's antiseptic, antifungal and virucidal properties.

### **TT50 Verruca Cream**

**P4575** - £4.70 30ml

**P4575-6** - £23.50 6 for the price of 5 **£ SAVER** 

A deeply penetrating cream that contains Oil of Maleluca and urea to penetrate deeply and help fight HPV, the cause of verrucae.





### **Autoclaves**



### PodiaClave Autoclave 134°C

E1733 - £1,095.00

**E1720** - £51.50 Printer paper (10 rolls) **£ SAVER** 

E1721 - £5.40 Printer paper (single roll)

SELLED.

Ideal for the mobile practitioner, the PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

### **Specifications:**

Dimensions: W: 340mm x H: 355mm Chamber capacity: 9 litres Max. Nett weight: 5.6 kg Sterilising temperature: 134°



See inside back cover for our special offer!

### More features and benefits:

- Lightweight and portable for flexibility of use.
- Supplied complete with printer and instrument basket.
- Superb engineering and superior quality the PodiaClave is made in the UK and comes with a full one year warranty\* for peace of mind. (Warranty excludes lid gaskets and internal furniture).
- Replacement Gasket can be purchased separately from Podiacare.



### Prestige 2100 Classic Autoclave 134° C

**E4718** - £999.00

The 2100 Classic remains the proven choice for all healthcare professionals – whatever their sterilising needs.

### Specifications:

Dimensions: W: 340mm x H: 355mm Chamber capacity: 9 litres Max. Nett weight: 7.1 kg Sterilising temperature: 134°

### More features and benefits:

- An interlock system prevents the lid from being removed whilst pressure remains in the vessel.
- A two stage 'over pressure' protection system incorporating a calibrated pressure release valve and a gasket blowout slot.
- Superb engineering the Classic 134 is manufactured in the UK and comes with a full one year warranty\* for peace of mind. (excludes lid gaskets and internal furniture).
- Replacement Gasket can be purchased separately from Podiacare.
- Supplied with Instrument basket.

\*Please note: Prestige Medical warranties are only valid in Great Britain; they do not have engineers in Ireland. Customers must register their product after purchase by returning the completed warranty card to Prestige Medical.



### **Autoclave Carry Case**

**E1731** - £24.99

Protect your investment with the new Classic Carry Case.

The safe, easy and professional way of transporting your Classic autoclave.

- Lightweight, yet strong, with a fully lined interior
- 2 carry handles and a removable/adjustable padded shoulder strap for extra comfort
- For use with both the PodiaClave Autoclave and the Prestige 2100 Classic Autoclave

### **Autoclaves Accessories**

### **Autoclave Coloured Instrument Cleaning Brush**

M4627 - £1.50

Autoclavable Instrument Cleaning/Scrubbing Brush available in four different colours so easy to distinguish. Blue, Red, Green and Yellow. Please specify colour when ordering.



### **Autoclave Brush**

M4628 - £3.40

Instrument scrubbing brush. Fully autoclavable.



### **Instrument Cleaning Brush**

M4629 - £3.65

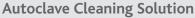
Wire brush for manual cleaning of instruments prior to sterilisation.



### Sterile (Distilled)Water

P4501 - £2.99 1 Litre

Sterile Water is suitable for general surgery use. Suitable for use in Autoclaves.



**E4601** - £17.99 1 Litre

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.



### **Autoclave Test Strips**

M4612 - £20.99 TST Autoclave Test Strips 121°C (pack of 100)

M4613 - £20.99 TST Autoclave Test Strips 134°C (pack of 100) M4616 - £21.99 TST Autoclave Test Strips 126°C (pack of 50)

For use with non vacuum autoclaves (Prestige Classic Autoclave 134°C). The TST Steriliser Control is the most sophisticated chemical control device produced to date, being an integrated control system that registers a PASS only when it has been subjected to the required heat/time ratio in saturated steam.

Class 6 indicator ISO11140 part. Unwrapped loads. TST Control will not register a pass.

TST Autoclave Test Strips 134°C/3.5 mins TST Autoclave Test Strips 121°C/15 mins TST Autoclave Test Strips 126°C/10 mins



### Blue Autoclavable Tray with Lid

M4596 - £6.75

Lightweight, strong and durable - 50% lighter than stainless steel. Comes with a handy lid.

- Improved removal of blood residue compared to stainless steel.
- Grip feature moulded below the rim to improve holding.
- Smooth edges and surfaces eliminate paper rips during packing and sterilization.
- Can be sterilized by Autoclave (up to 135 ° C) , Ethylene Oxide or Hydrogen Plasma.

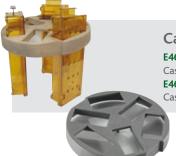
Size: 195mm x 135mm





### Cassette for Autoclaves (2100 Classic and Podiaclave)

**E4663** - £42.99



### Cassette Rack for Autoclaves (2100 Classic and Podiaclave)

E4664 - £132.99

Cassette rack + 3 Cassettes

**E4665** - £17.99

Cassette rack only



### Standard Instrument Basket for Prestige Classic 2100 and Podiaclave E4653 - £49.99



### **Metallic Lubricating Pen**

**T4700** - £5.35

Easy to use dispenser.

For applying to instruments prior to autoclaving.



### **Premixslip Instrument Lubricant**

**T5000** - £4.99 - 125ml Spray Bottle

**T5001** - £12.99 - 500ml Spray Bottle

The only Premixed Instrument lubricant and rust inhibitor clinically tested to be thoroughly steam penetrable and steam sterilizable.

- Stops rusting, spotting and staining
- Keep box locks working perfectly freely.
- Protects sharps during autoclaving
- Non-Oily Non Sticky Non Toxic, Silicone free
- Will not interfere with steam sterilization.



### Replacement Gasket for 126° Autoclave

**E4654** - £33.99

Replacement gasket for Prestige 2100 autoclaves (sold individually).



### Replacement Gasket for 134° Autoclave

**E4647** - £33.99

Replacement gasket for 134° autoclave (sold individually).

### Bur Holder Cylinder

**E4900** - £9.99

Autoclavable Bur Box - Cylinder



### **Bur Holder Sliding Box**

**E4901** - £7.95

Autoclavable Bur Box - Sliding



### **Sterilization Pouches**

M4610 - £6.99 Pouch size 90 x 230 (mm)

M4611 - £10.99 Pouch size 133 x 254 (mm)

**M4619** - £5.99 Pouch size 60 x 100 (mm)

- High quality sterilisation pouches at low prices.
- Self seal, transparent pouches.
- Suitable for steam or gas sterilisation.
- Accurate sterility indicator.
- CE marked.
- 200 Pouches per pack.



### **Dopplers**

### Sonotrax Vascular Doppler

**E4740** - £192.50

Supplied complete with a 4MHz waterproof probe, the Sonotrax Vascular Doppler provides healthcare professionals with a cost-effective and versatile solution for routine examinations.

### Features:

- High-quality sound from 0.5W built-in speaker.
- Supports interchangeable Sonotrax probes.
- Dial operated volume control.
- Automatic power off.
- Requires a single 9 v battery [not supplied].
- Complete with carry case and full user instructions.

### Specifications:

- Dimensions: 32 x 85 x 138mm (D x W x H)
- Weight: 290g



### **Ultrasonic Gel**

**E4770** - £4.99

Available in 60gm tubes. Essential for effective identification of Doppler sounds, and provides patient comfort during Doppler scanning.

NS denotes a non stock item. Please allow up to 21 days delivery.

### Drills

### Hadewe Helius 40 Dust Extraction Drill (NS)

**E7014** - £899.99

Introducing the Hadewe Helius 40 Drill.

This drill is widely popular due to the easy handling and low noise level. The drill provides a powerful suction and an integrated labyrinth technology makes this drill one of the most quiet units in the market.

The handpiece motor is designed for long working hours and skin particles are removed via the effective point suction at the top of the handpiece. This ensures for optimal hygienic and effective work. This drill is certified as a class 2A EU-Medical Device unit for the professional, medical Podiatry field.

- Silent soundproofing.
- Slim and easy to handle handpiece.
- Easy to clean unit surface.
- New smaller unit size allows transportation to become easy.
- Modern, easy to clean membrane keyboard.
- Regular and reverse switch (left/right).
- Suitable for all common burs 2,35mm.
- Low vibration and quiet running.

### **Technical Details**

- Total weight: 4.0kg.
- Size: W 313 x H 142 x D 235 mm.

hodewe

Helius 40

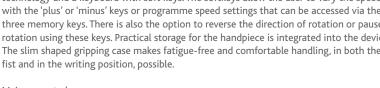
- Voltage 240V, 50 Hz, 550 W, <59 dBA.
- Handpiece: 17-22mm, length: 163mm, weight: 138g.

Please note that this is a non stock item. Please allow up to 21 working days for delivery.

### Twister Portable Drill (NS)

**E6073** - £374.99

The upgraded Twister features an attractive modern design, up-to-date microprocessor technology and a keyboard with soft keys. The softkeys allow the user to vary the speed with the 'plus' or 'minus' keys or programme speed settings that can be accessed via the three memory keys. There is also the option to reverse the direction of rotation or pause rotation using these keys. Practical storage for the handpiece is integrated into the device. The slim shaped gripping case makes fatigue-free and comfortable handling, in both the



Mains operated.

### **Specifications:**

Voltage: 230 Volt / 50/60 Hz Power input: 30 Watt Speed: Max. 30,000 rpm

Controller dimensions: L: 160mm x H: 100mm x D: 205mm

Weight: 1.4kg

Handpiece dimensions: L: 125mm Handpiece weight: 105gms

Designed and manufactured by a leading German manufacturer.

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.

Please note that this is a non stock item. Please allow up to 21 working days for delivery.



### Accessories for Twister Drill (NS)

E6075 - £39.90 Foot Switch ON/OFF E6076 - £70.80 Variable Pedal

NS denotes a non stock item. Please allow up to 21 days delivery.

### Podotronic Genius Spray Jet Drill (NS)

**E6065** Podotronic Genius Spray Jet Drill - £1,150.00

Podotronic Spray device with new pump technology.

With a high performance compressor combined with a medical pump, ensure the finest nebulous spray which is stageless and adjustable. In addition, the level of spray intensity can be adapted to the individual needs of the podiatrist.

Familiar features such as the memory function, to store the speed and spray intensity settings are easy to operate using the soft keys on the front of the GENIUS.

A stand-by function for the spray and a general stand-by for all other functions, as well as the podoTRONIC spray handpiece ensuring the finest spray are a matter of course. The Voluminous water reservoir (410ml) allows a long operation time and its advantageous position with pull-off / plug-in system makes refilling quick and easy.



The handpiece is equipped with a brushless motor and operates at a speed of up to max 40,000 RPM. The new ergonomic shape makes the handpiece particularly easy-to-grasp, not least because of its low weight of only 112g.

- LED handpiece drill option available on request.
- Mains operated.
- Foot Switch or Variable Foot Pedal available (see above)

Dimension - 242(W) x 180(D) x 135(H)mm Dimension - 140(L) x 17-22-24(D)mm Weight unit - 3.0 set Weight handset - 112g Max speed - 40,000 RPM

### Accessories for Genius Spray Jet Drill (NS)

**E6067** Foot Switch - £44.99 E6068 Variable Pedal - £86.50

One year manufacturer's warranty – (prerequisite postage paid shipping back to supplier.) Excludes general wear – e.g. ball bearings, chucks, seals etc.

Please note that this is a non stock item. Please allow up to 21 working days for delivery.

### Saeyang K38 Micromotor Drill

E6090 - £299.99

The lightweight design makes this drill ideal for domiciliary use.

- Compact and simple design with digital RPM speed display
- Non-stage speed control dialling system
- LED display for battery charging level
- Automatic safety overload protection and overload warning LED
- Automatic power saving function after three minutes under no operation
- Select button switch for hand and foot mode

NOTE - This hand piece is easily removed from the motor without tools (not autoclavable). They can be cleaned/lubricated without dis-assembly.

### Motor Handpiece SDE-SH300 (12V)

RPM - 0 - 30,000Input DC - 12V Weight – 140g

Dimension – 118mm (L) x 23mm (D)

Motor Cable Length – 1.5m

### **Control Unit**

K-38

Output - DC 12V 2A

Weight – 277g

Direction - Forward and reverse

### Now in four colours!

Colours Available: RED, WHITE, PINK OR BLACK Colour may vary slightly from photograph. Please state colour when ordering.



NS denotes a non stock item. Please allow up to 21 days delivery.

### **Instrument Bath and Cleaning Solutions**



### Gigasept Instru AF Bath

**E4672** - £30.50

3 litre capacity. Fully autoclavable. Plastic bath with lid and lift out basket. Use in conjunction with P4540 Gigasept Instru AF Solution.

**Dimensions:** (W) 28cm x (H) 12.6cm x (L)18cm



### **Gigasept Instru AF Solution**

P4540 - £49.00 2L Solution

High performance dual action liquid concentrate for cleaning and disinfection of instruments in holding solutions.

- Effectively destroys pathogens to reduce potential contamination before sterilisation
- Effective against a range of microorganisms including HBV, HCV, HIV, TB in 15 minutes at 3% dilution
- Cost effective 3% concentration makes 66L solution from a 2L bottle

Size: 2 Litre



### **Ultrasonic Cleaner Solution**

**E4714** - £35.10

Gleam II will quickly, safely and thoroughly clean instruments, burs, dentures, orthotic appliances, glass slabs, diamonds, aspirator tips and precious metals by removing buffing compounds, pumice, rough, dried blood and soils of all types. Special anti-corrosives make Gleam II particularly kind to metal items.

2 litres. Biodegradable.

Dilution ratio: 1 part solution to 10 parts water.



### Paraffin Wax Bath (NS)

**E4110** - £93.99

Ideal for chronic arthritis & joint pain sufferers for the relaxation and repair of stiff muscles, dry skin, tired & over worked hands & feet and much more.

Paraffin therapy is one of the most effective methods of applying deep heat to relieve pain and stiffness. The warm paraffin also moisturizes for healthier looking, softer skin.

Paraffin bath comes with fully adjustable thermostat, lid and plastic filter. (Supplied without wax and accessories).

Capacity: 3kg



### **Wax Bath Accessories**

**E4604** - £6.60 Lavender Wax **E4684** - £6.60 Peach Wax

### Lavender Wax for Wax Bath

Paraffin Wax with Lavender and Ylang Ylang, 100% pure paraffin wax in 453g bags for application by brush or wax bath. Low melting point wax suitable for use with Therabath. Lavender has soothing properties to calm and relieve stress. Good for skin irritation and rheumatic joints.

### Peach Wax for Wax Bath

Peach helps to detoxify, freshen and relax tired muscles while moisturising dry skin.

NS denotes a non stock item. Please allow up to 21 days delivery.

#### **Stools & Chairs**

#### Lightweight Foldable Tripod Stool

F3050 - £10.99

Lightweight compact tripod stool, perfect for domiciliary work.

- Seat height 41 cm.
- Compact when folded.
- Volume 5 Litres: 60 x 9 x 9 cm.
- Integrated strap for easy carrying.
- Weight: 1kg.
- Simple unfolding system. Elastic strap to keep the tripod folded.
- Excellent strength of tubes and fabric.

Maximum load: 110 kg



#### Saddle Stool (NS)

**F4051** - £199.00

The saddle stool assists with achieving an anatomically correct seating position with the added benefit of a tilting adjustment.

#### Features:

- 1 year unconditional guarantee
- Fire retardant vinyl
- Height adjustment available
- Available in 20 colours (see colour chart)
- Patented anti-microbial technology proven to inhibit the growth of E-Coli and MRSA
- Excellent levels of wear and longevity
- Fully washable and impermeable, to aid infection control
- Suitable for cleaning and disinfecting with dilute solutions of Hypochlorite (10,000ppm)



Please state colour choice when ordering. Colours may vary slightly from those shown.

Carriage charge included in the price.

#### Contemporary Saddle Style Stool (NS)

**F4049** - £81.99

Assisted posture without backrest, this ergonomically designed saddle seat has a modern look for the professional treatment room and has a polished chrome footrest. Revolving seat guarantees correct, natural posture and gas lift height adjustment from 48 - 61 cm high, guarantees correct position for treatment.

#### Supporting weight: 280lb

Carriage charge included in the price.





#### Compact Stool (NS)

**F5520** - £72.99

Gas lift height adjustment stool. A thick (6cm) comfortable, white round foam seat (35cm diameter) and a chromed steel foot ring for comfort and 5 castors for ease of movement. Height adjustment from 51 to an extra high 65cm. Compact rolling base for portability and tight fit areas - only 48cm diameter.

Available in Black or White. Please state colour when ordering.

Supporting weight: 280lb

Carriage charge included in the price.



#### Gas Lift Chair with Backrest (NS)



Generously upholstered with a fully adjustable lumbar support backrest that tilts back to give you maximum comfort. Gas lift instant height adjustment from 47cm to 59cm. Black 5-star base with easy glide double

White contoured seat and back.

Also available in black. Please state colour required when ordering.

Carriage charge included in the price.



F4050 - £175.00 Standard Operators Chair

This Operators Chair is made with extremely durable high specification quality vinyl which is perfect for health environments.

#### Features:

- Vinyl high back operator chair
- 2 year manufacturer guarantee
- Fire retardant vinyl
- 63cm 5 castor base for maximum stability
- Gas lift height adjustment
- Height adjustable back
- Minimal assembly required
- Full choice of colours available

#### Dimensions:

**Basic Chair** 

Seat: 45 cm wide x 44 cm Back: 44 cm wide x 41 cm Base: 63 cm diameter Height: 44cm-58cm approximately

Please see Colour chart and state colour when placing your order.

Colours may vary slightly from those shown.

Carriage charge included in the price.



## Plinth 2000

#### Plinth 50CD (NS)

**F4024** - £1885.00 **F4027** - Optional Foot Switch (2 motor) £110.00

#### **Bariatric Podiatry Chair**

With ever increasing issues over handling overweight or obese patients, Plinth have developed a chair to meet these changing needs. With a 320kg capacity, unbeatable strength, stability, hoist access and all the usual Plinth 2000 features mean that this is the ultimate solution should the need arise to treat clinically obese patients.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/chair (F4022 Plinth 50CDT £2,580.00)

#### Features:

- UK Manufactured
- 16 year average lifespan
- Electric height & back rest operation
- Comfort foam
- Easy operation
- Low running costs
- Hardwearing anti-microbial vinyl

#### Warranty:

Five year manufacturer's warranty on component parts, with lifetime guarantee on the frame. Option to extend the component warranty for a further 5 years.

Safe working load 320kg

- Retractable castors
- Hoist clearance 140mm
- Divided & extending legs
- Removable fold back arm rest
- Breathing hole
- Lifetime frame & 5 year parts guarantee

#### **Dimensions:**

Height – 49 to 98cm approx Width – 78cm approx Length – 184cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order. Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

Full choice of colours available.
Optional foot switch available to buy separately.



#### Plinth 50CDT (NS)

F4022 - £2,580.00 F4029 - Optional Foot Switch (3 motor) £135.00 F4026 - Breathing Hole £37.00

#### **Tilting Bariatric Podiatry Chair**

Tilting bariatric podiatry chair allowing even the heaviest of patients to be positioned with greater comfort and in complete safety. With a 320kg lifting capacity, motorised tilt, motorised back rest, unbeatable strength, stability and hoist access mean that this is the ultimate solution should the need arise to treat clinically obese patients.

#### Features:

- UK Manufactured
- Lifetime frame & 5 year parts guarantee
- 16 year average lifespan
- Electric height, tilt & back rest operation

component warranty for a further 5 years.

Five year manufacturer's warranty on component parts,

with lifetime guarantee on the frame. Option to extend the

- Comfort foam
- Easy operation

Warrantv:

Low running costs

#### **Dimensions:**

■ Hardwearing anti-microbial vinyl

Safe working load 320kg

■ Hoist clearance 140mm

■ Divided & extending legs

Removable fold back arm rest

Retractable castors

Height – 49 to 98cm approx Width – 78cm approx Length – 184cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order. Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

Full choice of colours available.
Optional Foot Switch and Breathing
Hole available to buy separately.

Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.



## Plinth 2000

#### Plinth 93CD (NS)

F4042 - £1,375.00

F4208 - Optional Foot Switch (one motor) £65.00

F4026 - Optional Breathing Hole £37.00

F4020 - Optional Motorised Back Rest £250.00

#### Divided Leg 90° Drop Chair

New single motor treatment chair with a full 90° leg drop and shorter seat allowing unrivalled patient comfort and access. The model has all of the features of the 500 range, but is stronger, more versatile and features smooth gas spring operated back and foot rests.

Also available with a Trendelenburg tilt, with an additional motor to operate the tilt of the couch/chair. (Plinth 93CDT F4021 - £1,705)

#### Features:

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design. Able to lift 225kg from its lowest height.

- Electric height adjustment as standard.
- Backrest and footrest adjustment by gas strut mechanism.
- Adjustable foot for uneven floors.
- Couch goes horizontal for patient recovery in emergency situations.

#### Warranty:

Five year manufacturer's warranty on components, and lifetime guarantee on the frame. Option to extend the component warranty for a further five years.

- Robust retractable castors for excellent mobility and safety.
- CE marked in conformity with MDD 93/42/EEC Annex IX Class 1.
- Full choice of accessories and colours available.

#### **Dimensions:**

Height – 52cm-101cm approx Width – 63cm approx Length – 176cm approx Additional carriage charge of £75 + VAT per couch will be required when placing your order.

Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

#### Plinth 93CDT (NS)

F4021 - £1,705.00

F4027 - Optional Foot Switch (2 motor) £110.00

**F4026** - Optional Breathing Hole £37.00

F4020 - Optional Motorised Back Rest £250.00

#### Tilting Divided Leg Podiatry Chair

This is the two motor version of the 93CD. Two motor podiatry treatment chair with a full  $90^{\circ}$  leg drop, shorter seat and trendelenburg tilt greatly enhancing patient comfort and access whilst doing heel work. This model features smooth gas strut operated back rest and divided & extending leg rests. The stay level, swing back arm rests are removable to allow multi-disciplinary use of the chair in shared clinics.

#### Features

Unique lifetime guarantee, easy operation, low running costs, high density fire retardant foam. Hardwearing anti-microbial vinyl, full 90° leg drop, comfortable moulded swing back arms with level adjustment, divided extending legs, twin lift design. Able to lift 225kg from its lowest height. Full choice of colours and accessories available.

- Lifetime frame and 5 year parts guarantee
- 16 year average lifespan
- Electric operation with trendelenburg tilt
- Comfort foam
- Easy operation
- Low running costs

#### Warranty:

Five year manufacturer's warranty on components, and lifetime guarantee on the frame. Option to extend the component warranty for a further five years.

- Hardwearing anti-microbial vinyl
- Safe working load 250kg
- Retractable castors
- Removable fold back arm rests
- Divided & extending leg rests
- Hoist clearance 130mm

#### Dimensions:

Height – 52cm-101cm approx Width – 63cm approx Length – 176cm approx

Additional carriage charge of £75 + VAT per couch will be required when placing your order. Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

Our Plinth Couches come in the following colours (excluding Economy Couch). Please state colour when ordering.







#### Podiacare Economy Couch (NS)

**F4000** - £775.00

Our great value, flexible three section treatment couch is ideal for clinics. It is suitable for a wide range of techniques and can be made even more versatile by the addition of a few optional accessories. This height adjustable couch has been designed to be clean and simple, whilst offering a truly stable solution for examination and treatment. With a high quality motor and 'twin lift' frame this couch will provide outstanding service for years to come.

- Easy clean powder coated frame in off-white
- Twin lift design
- Strong friction free backrest and footrest support
- 4 toe braked castors for easy movement
- Able to lift 160kg (25 stone)
- Face hole fitted as standard
- UK made

#### Warranty:

Two year warranty on components and frame.

Additional carriage charge of £75 + VAT per couch will be required when placing your order. Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.

- CE marked
- Motor meets IEC 601.1
- Fire retardant upholstery to BS7176 and BS5852
- Choice of 3 colours blue, beige or white
- Wide choice of accessories
- Fast delivery

#### **Dimensions:**

Height - 50cm-96cm approx Width - 64cm approx Length - 180cm approx

#### Optional extras

(please enquire when ordering)

- Paper Towel Holder
- Cot Sides
- Foot Switch
- Fold Back Arm Rests



#### **Electric Couch (NS)**

F4016 - £949.00

This versatile couch also has the 'unique-touch' gas lift assisted headrest adjustment. This 3-section couch is covered with 7.5cm thick upholstery and comes in a choice of colours. The couch is 70cm wide and comes with locking wheels.

#### Dimensions:

Length: 212cm Width: 70cm Height: 58/95cm

This couch is specially made to order. Please allow 2-6 weeks for delivery.

Please select colour required below when placing your order.

Colours may vary slightly from those shown.

Additional carriage charge of £75 + VAT per couch will be required when placing your order. Additional carriage charge of £115 + Vat per couch for Ireland and outside mainland UK.















BLUE

#### Skinmate Elite Couch (NS)

**F6001** - £1,295.00

A functional design providing the performance you expect for treatment success, allowing access from every angle.

- Infinitely adjustable to ensure stature is not compromised and correct working posture is guaranteed
- The simple elegance of the contoured cushions give a greater working surface and increased client comfort
- Adjustable backrest for maximum comfort and access, finished with 7.5cm deep luxury upholstery
- Tilt adjustment for comfortable knees up positioning
- Twin headrest features
- Small base frame footprint will give maximum leg and knee room
- Effortless, silent lift height adjustment, descends low enough for wheelchair transfer
- Abrasion resistant upholstery that is hard wearing
- Unique foldaway, reversible armrests that become part of the upholstery when not in use
- 3 year guarantee on electric motors



Please select colour required below when placing your order.

Colours may vary slightly from those shown.



To increase overall length of couch, a removable extension cushion is available to buy separately (£75 plus Vat).

Please enquire if you would like this option.



#### Lamps

## Portable Daylight Twist LED Lamp F7013 - £45.99

Ideal for domiciliary work, light and easy to fold and carry around. Comes in white/grey.

- Bright, mains operated LED lamp
- "Easy Twist" shade, maximum work space and light angle
- Lightweight, foldable and flicker free
- Removable base
- Height 26cm
- Weight 1.34Kg



#### Daylight Foldi LED Lamp

F7011 - £74.99

Ideal for both domiciliary and surgery. Light and easy to carry around.

- Portable, foldable and lightweight
- Sleek LED lamp with 30 bright daylight LEDs
- 3 AA batteries (not supplied) up to 8 hours battery life
- USB cable supplied
- Available in White or Black (please state when ordering)



#### **Deluxe LED Headband Magnifier**

**F7001** - £44.99

Ideal for both domiciliary work and surgery.

- Detachable and adjustable LED white light
- Five precision ground interchangeable lenses with focal lengths from 60mm to 350mm
- Requires 3 X AAA 1.5v batteries (included)
- Fully adjustable headband with bi-plate lens feature
- Protection case for lenses
- Cleaning cloth



#### Classic Natural Light Magnifying Lamp

**F7000** - £69.99

L.E.D cool natural light magnifying lamp. Features a 3 diopter, 5" glass lens and cover. High Lumen output, yet with low power consumption.

- Energy Saving of 80% plus
- Long Lifespan L.E.D's
- Light without U.V and I.R
- With **FREE** G-clamp included!



#### Portable Magnifying Lamp

**F7007** - £41.85

White ABS body on an 80cm extending spring balanced arm. Circular 10cm diameter 3 diopter clear lens. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.



#### Slimline Magnifying Lamp

**F7006** - £59.00

A 12.5cm diameter, 3 diopter clear, glass lens with diffuser and 22 watt fluorescent Natural light bulb for optimum visual output and low heat.

The slimline head allows access to work underneath, with a 90cm extending arm that is perfectly balanced for extra stability, with fewer moving parts for fast easy adjustment. Complete with a sturdy G-clamp that will attach to any flat surface, trolley or table. Perfect for clinic use and light enough for the domiciliary practitioner.





#### Standard Lamp (NS)

**F7002** - £52.85

The basic lamp in the range has a white body and comes with an extending spring balanced arm. A sturdy G-clamp will attach the lamp to any flat surface.



#### Fixed Height Lamp Stand (NS)

F7014 - £56.00



Fixed height white lamp stand with rolling base with 5-star free wheeling castors. Suitable for all lamps shown in this catalogue. Our lower priced lamp stand.



#### Height Adjustable Lamp Stand (NS)

**F7003** - £90.35

Heavy duty lamp stand on a 5 star free wheeling rolling base. Height adjustable chrome stem with twin locking nuts.



#### Woods Lamp (NS)

**F7009** - £99.99

The Wood's Lamp is a simple non-invasive device used for the diagnosis of infective and pigmentary dermatoses.

- 4 tube hand held unit, mains operated with ON/OFF switch.
- Lens magnification is 3 diopter.
- Blackout hood supplied.

NS denotes a non stock item. Please allow up to 21 days delivery.

#### **Workstations and Trolleys**

#### Moveable Work Station (NS)

**F6202** - £314.99

A neat compact, lightweight unit with height adjustable leg and four castors to allow for mobility. The four storage drawers pull out to full length, with two of them having removable dividers. The pull down shutter covers the drawers to keep the clinic tidy. Comes complete with a standard lamp that is attached by a G-clamp. Can be set up for either left or right handed use.

Dimensions: 98cm W x 48cm D x 74cm H



#### **Contemporary Work Station (NS)**

**F6203** - £279.00

A stylish moveable work station with four storage drawers for dressings, creams and or stationery. Comes complete with a modern slimline lamp which sits on any flat surface.

Dimensions: 111cm W x 48cm D x 74cm H



#### Hygienic Storage Unit (NS)

**F4013** - £159.00

A self contained mobile store for instruments and supplies. The 6 extra side shelves are ideal for storing creams and solutions. Accessible from both sides of the trolley are 4 pullout drawers, 2 of which are divisional and a pullout disposable/waste bin is located in the lower part of the trolley.

**Dimensions:** 46.5cm W x 40cm D x 89cm H





#### Stainless Steel Surgery Trolley (NS)

**F5581** - £199.50

- Top shelf with guard lip on 3 sides and drop lip on front.
- Bottom shelf for storage of equipment.
- Four anti-static 75mm castors, complete with bumpers, and brakes on 2 castors.
- Green ABS plastic corner protectors.
- 2 year warranty

Dimensions: 600(l) x 400(w) x 850(h) mm, (24" x 16" x 34") Weight: 9kg



#### 3-Tier Trolley (NS)

**F4015** - £94.99

White steel frame trolley with 3 easy wipe wooden shelves. Includes a lamp holder on the steel end frame. 4 easy roll castors with the front ones being lockable.

Dimensions: 78 x 39 x 80cm high



#### Skinmate Metal Trolley (NS)

**F4060** - £89.99

F4061 - £41.99 Optional Shelf and drawer pack

Robust all steel construction. Hard wearing white gloss Epoxy coating on all steel shelves and legs. Supplied with top and one other shelf as a 2-tier trolley. The optional shelf and drawer fits in centre or lower position.

Depth: 51cm Width: 31cm Height: 73cm (approx)

 $\textbf{Features:} \ 1 \ \text{year unconditional guarantee. Supplied assembled.}$ 

- Free running salon castors on all feet
- Safety lip feature on shelves
- Optional accessory fittings
- Free Lamp Holder

NS denotes a non stock item. Please allow up to 21 days delivery.

#### **Footrests**

#### Hadewe Adjustable Foot Rest

**F4033** - £85.99

Weighing just over 1kg, the Hadewe Foot Rest is lightweight making it easily portable and therefore perfect for use during domiciliary work. The Foot Rest can easily be manipulated to achieve the perfect foot position through the adjustable height setting (between 460-670 mm) and ability to alter the angle of the cushion. The extra reinforced steel joint also allows you to put up to 20kg of weight on the Foot Rest (Cushion Measurement 220 x 170 x 50 mm) and the legs are designed to spread wide the aid stability when in use.

A carry bag (W  $690 \times H 320 \times D 240 \text{ mm}$ ) is also included with the Foot Rest to assist with transportation and storage.



#### Sturdy Foot Rest (NS)

**F4030** - £58.00

A highly versatile, sturdy, stable patients Footrest. The moulded padded footrest holds the patients leg steady. Height and tilt adjustable.

Height range: 45 - 55cm. Weight: 2.5 kg

Please note: this footstool does not fold down.



#### Gas Lift Podiatry Stool with Foot Rest (NS)

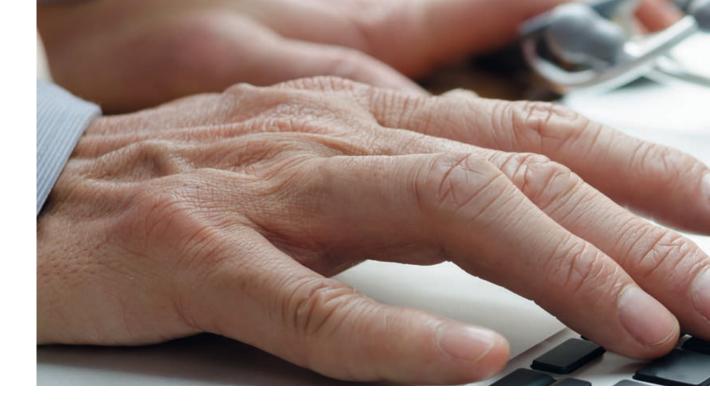
**F8010** - £119.99

This model features a wide diameter seat of 45cm. Dimensions: 62 x 51 x 49cm high.

Gas lift seat adjustment giving height positioning for the Practitioner. The footrest is both height and angle adjustable for client comfort.

Supporting weight: 280lb





All sales are subject to the following terms and conditions. No other conditions shall apply unless agreed in writing prior to placing an order.

#### VAT

Prices quoted are exclusive of VAT and VAT at the current rate will be added to all invoices (except on items which are zero rated for VAT).

#### **PRICES**

Prices may be changed without prior notice. Podiacare Ltd reserves the right to correct clerical omissions and errors in this price list.

For all current pricing, please visit us online.

#### **ORDERS**

Due to credit card / bank charges there is a minimum NET order value £10.00 (i.e. all orders must be to the value of £10.00 NET or above).

Orders below £10.00 net will be charged at the £10.00 net minimum order value rate. Cash transactions are excluded from this clause.

All prices are subject to VAT at the current rate.

#### LIMIT OF LIABILITY

Podiacare Ltd cannot be held responsible in the event of goods not of our manufacture being faulty or delivered late by the delivery agent.

#### **PAYMENT**

Orders, including those paid by installments, must be accompanied by payment in full with a cheque or credit/debit card details. Please make cheques payable to 'Podiacare Ltd'.







#### **INSTALLMENTS**

Payment by installments is only available on specific items/values as indicated by the company and subject to individual application.

Dates to be entered on installment cheques will be supplied in advance by Podiacare Ltd. An administration charge will be applied on default of payment and settlement in full of any outstanding balances automatically becomes due.

Goods remain the property of Podiacare Ltd until payment has been received in full and the final payment has been cleared. On default of payment, we reserve the right to recover the goods and to enter the buyer's premises to do this.

#### WARRANTY

Carriage charges are excluded under all warranties of goods/equipment.

#### STOCK AVAILABILITY

NS denotes a non-stock item. Please allow up to 21 days for delivery.

#### **CARRIAGE**

All orders of FIFTY POUNDS NET OR MORE will be DELIVERED FREE OF CHARGE to UK Mainland only (excluding Scottish Highlands).

All orders under **FIFTY POUNDS NET** will carry a charge of **£5.27 NET** for administration, handling and delivery. UK Mainland only (excluding Scottish Highlands).

For carriage to non-mainland UK (including The Channel Islands, The Scottish Highlands and Islands, The Isle of Man, the Republic of Ireland and Northern Ireland) delivery will be charged at the current rates applicable. We will endeavour to use the most economical means of carriage available. To place orders for non-mainland UK please contact us on 01628 632449 or orders@podiacare.co.uk

Please note: we are unable to deliver outside the U.K.

#### **DELIVERY**

Whilst every effort is made to deliver orders within 5 working days, Podiacare Ltd accepts no responsibility or liability for any kind of failure to deliver within the time quoted due to reasons beyond our control.

Goods will be delivered, by our appointed carrier, to the address given by you at the time of ordering. It is important that this address is accurate. In most instances the parcel will not be left without a signature. If you ask for your delivery to be left somewhere without a signature then this is done at your own risk, we will not be liable for the theft / loss of your package. Please provide us with a delivery address where the parcel can be signed for between 8:00am and 6:00pm. We are able to arrange delivery to your place of work if this is more convenient. We cannot be held liable for any consequential loss caused by late delivery or failure to deliver by our appointed carrier.



## URGENT 24-HOUR DELIVERY (Monday-Thursday only, excludes bank holidays)

#### Order Line 01628 632449

**Orders must be placed by 11.00 am Mon-Thurs.** This option is only available to the UK Mainland only (excluding Scottish Highlands).

Next day delivery will be an additional charge of £9.00 net to your order.

The company reserves the right to select the method of delivery.

The company reserves the right to supply orders in partial shipments and invoice these shipments separately (this will not affect free delivery on orders over £50.00).

#### **RETURNED GOODS - CONDITIONS**

Podiacare Ltd. operates a policy of **NO RETURNS** on Creams and Medicaments under any circumstances. Podiacare will only accept returns of other goods by previous agreement from Podiacare Ltd.

All goods returned should be accompanied by a returns number, the Buyer's customer number and the invoice number on which the goods were supplied. A credit note cannot be issued if this information is not supplied.

Subject to the above conditions, Podiacare Ltd will accept for credit at a sum equal to that which the Buyer paid for the goods;

a) Items returned to and received by Podiacare Ltd in a readily re-saleable condition within 10 days of delivery to the buyer.

b) Items received by the Buyer in an unusable condition; provided that Podiacare Ltd is notified within 3 days of delivery and that the Buyer returns such items unless otherwise instructed, in writing, by Podiacare Ltd.

Creams and or Medicaments will  $\underline{\text{only}}$  be accepted for return and credit for the following reasons:

- To correct an error in delivery
- In response to a product or batch recall instigated by a manufacturer.
- Where products or packages are alleged to be faulty.

All claims for shortages or damaged goods must be made within 3 days from receipt of delivery unless Podiacare Ltd have notified you that there will be a delay in delivery. It is the responsibility of the customer to adequately pack the goods, and return via recorded or registered post. Podiacare Ltd will not take responsibility for lost or damaged goods sent to us.

#### **ORDER QUERIES**

Podiacare Ltd operates a policy of NO RETURNS.

#### INCORRECTLY SUPPLIED ITEMS

We will only accept return of items incorrectly supplied, by prior agreement between Podiacare Ltd and the customer. The customer must make notification of error to Podiacare Ltd within 3 days from receipt of delivery.

#### INCORRECTLY ORDERED ITEMS

Items incorrectly ordered by the customer will not be exchanged. i.e.: If you place an order and fail to give both the product code and a description of the item, Podiacare Ltd reserve the right to either supply, in their considered opinion, the item you require or not supply at all.

#### SHORTAGE OF ITEMS

Items that are to follow will be notified in your delivery. Any shortages excluding items to follow must be reported to Podiacare Ltd within 3 days from receipt of delivery.

#### DAMAGED AND FAULTY ITEMS

Subject to the above conditions, Podiacare Ltd will accept back for replacement, items that are damaged or faulty providing notification is made within 3 days from receipt of delivery.

#### PRODUCT RECALL

Items will be accepted for return or credit in response to a product or batch recall instigated by a manufacturer.

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# Supplying the professional





#### Follow us @Podiacare



#### **PodiaClave Autoclave**

Ideal for the mobile practitioner. The PodiaClave is simple to use. Fully automatic with a simple, one touch operation, it incorporates an integral printer.

#### **Specifications:**

Dimensions: W: 340mm x H: 355mm Chamber capacity: 9 litres Max. net weight: 5.6 kg Sterilising temperature: 134° (Degrees C)

#### **Key features:**

- Lightweight and portable
- Supplied complete with printer and instrument basket
- Superb engineering and superior quality the PodiaClave is made in the UK and comes with a full one year's warranty for peace of mind and comes complete with after sales support.

(Gaskets, printer paper and internal furniture sold separately)

FREE instrument basket included



FREE! WORTH £17.99

AUTOCLAVE

#### **PLUS FREE Autoclave Cleaning Solution**

A solution specially formulated for the care of all bench top autoclaves. An effective solution that works with steam to remove grease and grime and prevent the formation of scale deposits.

## **LIMITED TIME ONLY**

Order online at www.podiacare.co.uk



## **PLUS FREE**

6 X 50ML
FOOT & MASSAGE
LUBRICATING CREAM
WITH EVERY STARTER KIT
(WORTH NEARLY £25!)

## Domiciliary starter kits

NEW!
Mix and match
kits. Choose one
kit, two kits or
all three!

Value packages from Podiacare that allow you to start up in business or refurbish an existing room. (Surgery starter kits also available online)

#### **Starter Kit A**

#### F8097

Swiss File (autoclavable) (T4504)
Swiss File Grits pk 80 (T4506)
Assorted padding set (4 sheets)(D4561)
Pre-mix Chlorhexidine 500ml (P4400)
Oasis Skin Cleansing Wipes pk 50 (D5570)
Clinell Surface Wipes pk 40 (D5586)
Hospiguard Hand Rub 500ml (P4460)
Mefix 5cm x 10m (D5622)
Mepore Roll 5m x 4cm (D5531)
Tubular Foam BX pk 12 (D5524)
Tubular Foam D pk 12 (D5527)
Couch Roll Blue (D5821)
Tubular Gauze size 00 (D5511)



£83 (RRP £88)

Tubular Gauze size 12 (D5513)

#### Starter Kit B

#### F8098

Hadewe Foot Rest (F4033)
Flexible Foot Tray in 5 colours (E4963)
Foldable Tripod Stool (F3050)
Saeyang K38 Drill in 4 colours (E6090)
Lightweight Domiciliary Bag (E4661)
Earloop Face Masks box 50 (M5053)
Daylight LED Portable Lamp Black or white (F7011)
High Filtration Masks (pk 10) (M5000)
Patient Record Cards (pk 100) (S4002)
Continuation Cards (pk 100) (S4003)



#### £565 (RRP £606)

#### **Starter Kit C**

#### F8099

Autoclave with printer (E1733)
Autoclave Cleaning Solution(E4601)
Distilled Sterile Water (P4501)
Sterilisation Pouches Large pk 200 (M4611)
Autoclave Cleaning Brush (M4627)
Blue instrument Tray (M4596)
Straight Cutters x 2 (T4752)
Ingrowing Nipper x 1 (T4685)
Blacks File/Probe x 2 (T4544)
Scalpel Handle x 1 (T4516)
Scalpel Blades 15T box of 100 (T4514)

Self Seal Sterilisation Pouches

£1095 (RRP £1,207)



01628 637 625 or shop online at www.podiacare.co.uk

24 Hour Answer Phone